



TACKLE WEIGH-IN KNOW BEFORE YOU GO

TYFL institutes a weight limit for players eligible for running/advancing the ball on offense for safety purposes. However, there is no weight limit for participation on teams in the league. TYFL sets the ball carrier weight limits prior to each season and all PYSA/TYFL participants will be required to attend a weigh-in prior to the season beginning order to be eligible to carry the ball on offense. Players that do not weigh in, even if they meet weight requirements, will not, by TYFL rules, be a ball carrier and/or line up in the following skilled positions; quarterback, running back, tight end or wide receiver.

*Please note that parents are not permitted into the weigh-in area. Coaches, PYSA/TYFL board members and Commissioners only, please. Thank you in advance for helping our event to run smoothly for all involved. ONE coach will enter the weight room with the team while the others get their badge picture taken.

• **DATE:** Saturday, August 9th

• **NEW LOCATION:** Hughes Elementary

• **TIME:** 8:00 AM – 11:30 AM

WHAT SHOULD PLAYERS WEAR TO WEIGH-INS? Players do not need to wear anything specific, no uniform or pads required while weighing in. Athletic shorts and a t-shirt are fine.

WHAT SHOULD PLAYERS BRING WITH THEM? Each player will need to have their helmet with them (the one they will be wearing this season!) to have this year's identifying sticker put on after weighing in. *Please remove last year's eligibility number sticker from each player's helmet prior to weighing in. This is the circle decal with the number 24 in the center.

Players will not be weighed if they arrive without their helmet. **Bring your HELMET!

2025 MAX WEIGHT BY GRADE:

- 2nd Grade: 90 lbs
- 3rd Grade: 110 lbs
- 4th Grade: 110 lbs
- 5th Grade: 140 lbs
- 6th Grade: 140 lbs.

COACHES -

All verified coaches will have their picture taken at the TYFL weigh-ins. Once you meet briefly with our head referees, and sign a TYFL Code of Conduct, you will pick up your badge. You must present this physical badge at each game (no pictures of the badge), to the officials, for admittance to the field. **A good practice is to leave it in your car! There is a no admittance policy on the field without a *current season* badge.