

New England Assassins

Intensive Wrestling Camp & Clinic

Training future “hammers” the way NCAA division 1 wrestlers train, the way ASSASSINS TRAIN. Assassins wrestling camp is designed for serious athletes wanting to PUSH themselves and WILLING to BATTLE through 3 days of wrestling agony while training like a champion. This camp tests your physical and mental limits. Wrestlers work on technical/tactical wrestling skills, undergo a rigorous strength and conditioning regimen and come away with the tools necessary to become Wrestling Assassins. We are pleased to announce our wrestling camp and clinic staff will consist of NCAA Division 1 athletes with ties to The University of Wisconsin, The University of North Carolina, Iowa State, Iowa Hawkeyes, Cornell and Lock Haven University. The 2021 winter battles will be here before you know it!

Date: **Camp:** Friday, July 24th Saturday, July 25th & Sunday, July 26th
Clinic: Friday, July 24th and Sunday July 26th times to be determined

Place: Bow High School, 55 Falcon Way, Bow NH

Camp Times: Friday 7 am – 5 pm
Saturday 7 am – 7 pm
Sunday 7 am – 1 pm

Eligibility: **3 DAY CAMP:** Grades 7 – College (grade is defined as your 2020 – 2021 school grade year)
All wrestlers participating in the New England Assassins Intensive Wrestling **Camp** MUST hold an active membership in NH-WAY. If you do not have an NH-WAY card you will be prompted to purchase one during registration.

CLINIC: 3rd grade - Age 112. 2 clinic sessions for Wrestlers and Coaches on Friday & Sunday

Registration Fee: **CAMP:**
Early registration fee (now – June 11th) \$250.00 + processing fees
Registration fee after June 11th - \$300.00 + processing fees
Online registration is required by July 19th
Camp enrollment automatically includes the Clinic

CLINIC:
Registration for clinics is \$100.00 total. There is no discount for only attending one clinic

Meal Plan: We are pleased to offer our Assassins Meal Plan which includes 7 healthy, balanced meals to complement your wrestler’s intense workouts. We ask that you please commit to this meal plan when registering so we can plan accordingly. Meals provided cover the following schedule: Friday - Breakfast & Lunch, Saturday - Breakfast, Lunch & Dinner, Sunday - Breakfast & Lunch.
Cost for all 7 meals is \$50.00

Registration Link: <https://nhway.sportngin.com/register/form/874601218>

2020 Assassins Wrestling Staff:

NAME:	ORGANIZATION:	CAREER HIGHLIGHTS:
Chris Bono	Head Coach University of Wisconsin	Big 12 Coach of the year 4 time NCAA qualifier 3 time All-American for Iowa State 2 time United States National Champion
Jon Reader	Assistant Head Coach University of Wisconsin	Pan American Silver Medalist 3 time All-American for Iowa State NCAA National Champion (39-0 record) 2 time World Team Member
Tony Ramos	Associate Head Coach The University of North Carolina	3 time All-American for Iowa Hawkeyes NCAA Champion at 133 pounds 2 time US World Team trials Champion
Gabe Dean	Assistant Coach Cornell University	2 x NCAA Champion 4 x NCAA All-American 4 x EIWA Champion 2 x Ivy League Wrestler of the Year 152 – 7 Career record
Brock Hoffman	Assassins Camp Director	2018 & 2019 Coach of the Year Lock Haven University
Megan Rheinhardt	Assassins Co-Camp Director	2 time Wrestling Team Mom of the Year ;)

Contact Information: Follow Assassins Wrestling Camp on Facebook
Your Assassins Wrestling Camp Directors can be reached via email: mrheinhardt@comcast.net