



INVICTA TRAINING CENTER

Hockey specific training is offered for the athlete looking to focus on improving techniques in stick-handling & shooting.

A synthetic ice surface provides the space for small groups to work on stickhandling and shooting in classes specific to each skill.

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DID YOU KNOW?

ITC Stickhandling & Shooting Classes are a great way to get your weekly homework done. Become a member with our low cost membership today!

CONTACT US

- 952-641-6765
- 7320 Bush Lake Road
Edina, MN 55439
- invicta@mnmadehockey.com
- invictatraining.co

only
\$49
per month

check out our full program line-up at
minnesotamadehockey.com

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TWIN CITIES MN
PERMIT NO. 6293



7300 Bush Lake Rd
Edina, MN 55439

Address Return Requested



Sept-April
2026/27
2 sessions

SHOOTING & PUCK PROTECTION

PUCK SKILLS

LOCATED AT:

MINNESOTA MADE HOCKEY
2201 FLORIDA AVE S
ST LOUIS PARK MN 55426



SMALL GROUP

Don't stop improving your individual skills just because the hockey season started. Games and team concepts don't improve the skills needed to reach the next level and accomplish your goals.

Small Group Skills Clinics during the school year can bring the improvement you need to find growing confidence, success and allow you to continue to pursue your hockey goals.

Call today to find out what day and time the best group for your age and ability is.

It is only through discipline and consistency that we reach our goals!

SHOOTING/PUCK PROTECTION

"MORE IMPORTANT THAN THE WILL TO WIN IS THE WILL TO PREPARE TO WIN."

This class will help your Squirt, PeeWee and Bantam age athlete score goals and in turn help them gain confidence in their game. If an athlete can develop a good shot and ability to lift the puck at a young age, they will typically score goals. Scoring goals can be a great way to grow a player's passion for the game.

Class time will also be spent working on a player's ability to protect the puck in tight spots. Being able to protect the puck will enable the athlete to maintain possession and make plays.

- **Two 11-week sessions**

Session I:
September 7 - November 20

Session II
February 1 - April 16

- **Day/Time**

Shooting/Puck Protections
• Fridays at MMIC SLP from 7:00-8:00am

Puck Skills

- Monday - Friday
- at MMIC SLP
- after school 4:00-4:45 and 4:45-5:30 groups



- **More**

Athletes receive homework to practice drills at home each week

\$495/athlete



PUCK SKILLS

A player's ability to handle the puck will end up being the most important aspect of their game. They could be the greatest skater in the world but if they don't have confidence with the puck they won't be effective in the game.

This class will help them learn the basics and get them on the road to being a successful hockey player.

Questions:

SHOOTING/PUCK PROTECTION

FRIDAY @ MMIC SLP
Corey Stark
952-641-6865
coreys@mnmadehockey.com

PUCK SKILLS at MMIC SLP

MON/TUE/THUR
Corey Stark
952-641-6865
coreys@mnmadehockey.com

WEDNESDAY
Chad LaRoche
952-641-6973
chadl@mnmadehockey.com

FRIDAY
Jim Bodick
952-641-6872
jimb@mnmadehockey.com