

KANSAS CITY ICE CENTER

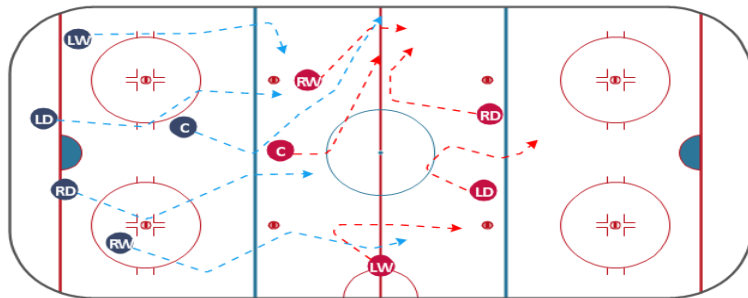
U8 & New Player Clinic

The 5 skills in hockey...

LEARN THEM... WORK THEM... PERFECT THEM...

- ❖ Skating
- ❖ Passing
- ❖ Shooting
- ❖ Puck handling
- ❖ Battles

This clinic focuses on 5 hockey skills including skating, passing, puck handling, shooting and battles geared for U8 and new players. All drills will be designed to be executed in a high-tempo manner, so that skills are learned and developed at full speed rather than half speed. Development and refinement of these basic skills will allow you to read the ice, set up plays, react quicker and make better decisions in high-tempo game situations.



Innovative training techniques will be used to incorporate the 5 skills of hockey into your game.

Camp will feature on ice rotating stations.

Bring shorts & tennis shoes for off-ice conditioning and skills games.

Flip-flops are not acceptable.

Lead Instructor:

Dean Nelson - KCIC/KC Stars Hockey Director

Assisted By:

Simon Watson and Jordan Maloney

Jets Players & KCIC Staff will also assist

Player Name: _____ DOB: _____
Hockey Level: _____
Parent Names: _____
Parent E-Mail: _____
Parent Phone Number: _____

To register please e-mail Dean Nelson dnelson@kcicecenter.com, mail in this form with a check to KCIC - 19900 Johnson Dr. Shawnee, KS 66218, or turn in at KCIC.

Date: July 12-14 or August 9-11
(Circle One)

Time: 1:00pm-4:15pm

Cost: \$125

Age Groups: 2013, 2014, 2015,
2016 & New Players

4 goalies - free
E-Mail dnelson@kcicecenter.com
to reserve spot.

**Camp limited to the first 30
players.**