

**Section 5A True Team
Sauk Center - 5/9/2023**

Results

Girls 100 Meter Dash

Name	Yr	School	Finals
Finals			
1 Lydia Fynboh	12	Morris Area/	12.80
2 Brooklyn Frank	10	Paynesville	13.00
3 Cloey Kolb	9	Paynesville	13.21
4 Lydia Prokott	9	Royalton	13.23
5 Mya Lindemann	12	Minnewaska A	13.41
6 Claire Prokott	11	Royalton	13.44
7 Nya Thieschafer	9	Sauk Centre	13.58
8 Abby Streit	12	Holdingsford	13.64
9 Dacia Fleury	10	Minnewaska A	13.70
10 Madison Mitchell	11	Holdingsford	13.97
11 Nina Thieschafer	11	Sauk Centre	13.98
12 Ruby Swenson	11	Morris Area/	14.16
13 Maggie Kling	11	Montevideo	14.85
14 Delaney Dyer	10	St. Cloud Ch	15.21
15 Kiera Foley	11	Montevideo	15.33
16 Megan Madsen	8	St. Cloud Ch	15.43

Girls 200 Meter Dash

Name	Yr	School	Finals
Finals			
1 Cloey Kolb	9	Paynesville	26.46
2 McKenzie Luetmer	12	Minnewaska A	26.78
3 Aurora Walberg	10	Royalton	27.25
4 Abby Streit	12	Holdingsford	27.64
5 Teagan Stark	11	Minnewaska A	27.68
6 Brooklyn Frank	10	Paynesville	27.74
7 Nya Thieschafer	9	Sauk Centre	27.84
7 Lydia Prokott	9	Royalton	27.84
9 Madison Mitchell	11	Holdingsford	28.22
10 Isabel Guerra	10	Morris Area/	28.82
11 Nina Thieschafer	11	Sauk Centre	29.00
12 Jessa Norby	9	Montevideo	29.74
13 Delaney Dyer	10	St. Cloud Ch	30.51
14 Kylee Kron	7	St. Cloud Ch	31.01
15 Lola Schmidgall	7	Morris Area/	31.04
16 Lizzeth Rodriguez-Aviles	11	St. John's P	31.84
17 Emily Valenzuela	10	Montevideo	35.47

Girls 400 Meter Dash

Name	Yr	School	Finals
Finals			
1 McKenzie Luetmer	12	Minnewaska A	1:01.34
2 Maggie Gross	8	Holdingsford	1:02.99
3 Madelyn Schuster	10	Sauk Centre	1:03.08
4 Teagan Stark	11	Minnewaska A	1:03.94
5 Stella Schirmers	11	Sauk Centre	1:06.42
6 Kylee Konsor	8	Holdingsford	1:06.59
7 Ellie Rolfzen	8	St. Cloud Ch	1:08.63
8 Rayna Spanier	10	Paynesville	1:08.81
9 Chloe Fehr	8	Morris Area/	1:08.90
10 Kylee Kron	7	St. Cloud Ch	1:09.30
11 Hana Schutz	10	Morris Area/	1:09.34

12 Lauren Ellefson	7	Paynesville	1:10.29
13 Lizzeth Rodriguez-Aviles	11	St. John's P	1:11.08
14 Nevaeh Halvereon	11	Montevideo	1:13.43
15 Kylie Waytashek	11	Royalton	1:14.28
16 Kaylee Hoheisel	7	Royalton	1:23.15

Girls 800 Meter Run

Name	Yr	School	Finals
Finals			
1 Olivia Pauly	11	St. John's P	2:24.10
2 Brooke Kolstoe	12	Minnewaska A	2:36.17
3 Carly Mitchell	8	Holdingsford	2:37.05
4 Esryn Dahl	8	Minnewaska A	2:38.54
5 Grace Roberg	10	Paynesville	2:39.24
6 Olivia Marsh	9	Sauk Centre	2:39.72
7 Kendal Fischer	8	Morris Area/	2:42.46
8 Julia Wehrman	9	Sauk Centre	2:43.57
9 Gabby Miller	8	Paynesville	2:45.44
10 Jada Mosey	11	Holdingsford	2:45.47
11 Ashley Koehl	11	Morris Area/	2:50.37
12 Abigail Roering	9	Royalton	2:54.79

Girls 1600 Meter Run

Name	Yr	School	Finals
Finals			
1 Madison Wendlandt	10	Paynesville	5:29.19
2 Hailey Werk	11	Morris Area/	5:33.22
3 Grace Roberg	10	Paynesville	5:38.79
4 Lauryn Ankeny	9	Minnewaska A	5:39.81
5 Olivia Danielson	9	Minnewaska A	5:56.90
6 Kendal Fischer	8	Morris Area/	6:03.03
7 Alivia Nathe	9	Sauk Centre	6:05.92
8 Mallory White	7	St. Cloud Ch	6:06.97
9 Ella Benson	8	Holdingsford	6:08.64
10 Francesca Rivers	11	Sauk Centre	6:09.55
11 Ruby Opatz	10	Holdingsford	6:19.96
12 Josie Dinger	10	St. Cloud Ch	6:27.15
13 Sarah Bolton	10	St. John's P	6:51.01
14 Arianne Norberg	11	Royalton	8:11.04

Girls 3200 Meter Run

Name	Yr	School	Finals
Finals			
1 Madison Wendlandt	10	Paynesville	12:08.98
2 Hailey Werk	11	Morris Area/	12:25.47
3 Elsey Hagen	12	Minnewaska A	12:46.10
4 Kiearra Wilmes	12	Minnewaska A	12:55.62
5 Loretta Mrosla	9	Holdingsford	12:56.31
6 Raya Sebek	11	Sauk Centre	13:50.68
7 Neila Hartung	8	Holdingsford	13:54.70
8 Alyssa Tegels	8	Sauk Centre	14:07.31
9 Paige Frenchick	11	Paynesville	14:33.70
10 Ava Joy Brophy	8	St. Cloud Ch	15:10.62
11 Alayna Perkins	8	Morris Area/	15:29.18

**Section 5A True Team
Sauk Centre - 5/9/2023**

Results

Girls 100 Meter Hurdles

Name	Yr	School	Finals
Finals			
1	Rilee Breth	9 Holdingford	16.52
2	Chesney Phillip	12 Holdingford	17.28
3	Finley Anfinson	10 Paynesville	17.37
4	Rebekah Walz	12 Paynesville	17.94
5	Brenna Winters	11 Montevideo	18.54
6	Isabelle Motz	9 Morris Area/	18.70
7	Kenna Crider	8 Sauk Centre	18.72
8	Brooklyn Meyer	11 Minnewaska A	19.63
9	Baley Bueckers	11 Royalton	19.67
10	Alanya Stenson	11 Montevideo	20.05
11	Lyla Stadtherr	9 Minnewaska A	20.10
12	Brianna Hansen	8 Sauk Centre	20.24
13	Allison Nohl	9 Morris Area/	20.31

Girls 300 Meter Hurdles

Name	Yr	School	Finals
Finals			
1	Lauryn Ankeny	9 Minnewaska A	48.84
2	Rilee Breth	9 Holdingford	49.71
3	Chesney Phillip	12 Holdingford	50.47
4	Heika Hall	8 Morris Area/	50.63
5	Mackenzie Ritter	11 Sauk Centre	50.67
6	Dacia Fleury	10 Minnewaska A	50.68
7	Kyleigh Tangen	12 Paynesville	50.78
8	Finley Anfinson	10 Paynesville	51.28
9	Allison Nohl	9 Morris Area/	55.43
10	Alanya Stenson	11 Montevideo	59.12
11	Victoria Marthaler	11 Sauk Centre	59.53

Girls 4x100 Meter Relay

Team	Relay	Finals
Finals		
1	Paynesville	53.00
2	Holdingford	53.43
3	Morris Area/	53.83
4	Minnewaska Area	53.86
5	Royalton	53.91
6	Montevideo	56.53
7	Sauk Centre	58.30
8	St. Cloud Christian	1:03.41

Girls 4x200 Meter Relay

Team	Relay	Finals
Finals		
1	Minnewaska Area	1:52.40
2	Paynesville	1:53.13
3	Sauk Centre	1:53.34
4	Holdingford	1:53.57
5	Morris Area/	1:57.60
6	Montevideo	1:57.97
7	St. Cloud Christian	2:02.66

Girls 4x400 Meter Relay

Team	Relay	Finals
Finals		
1	Minnewaska Area	4:15.83
2	Holdingford	4:18.50
3	Sauk Centre	4:23.20
4	Paynesville	4:27.06
5	Morris Area/	4:43.74
6	Montevideo	4:47.23

Girls 4x800 Meter Relay

Team	Relay	Finals
Finals		
1	Minnewaska Area	10:40.96
2	Sauk Centre	11:13.62
3	Paynesville	11:35.40
4	Holdingford	11:39.56
5	St. Cloud Christian	11:43.86
6	St. John's Prep	11:46.19
7	Morris Area/	12:12.26

Girls High Jump

Name	Yr	School	Finals
Finals			
1	Aurora Walberg	10 Royalton	5-02.00
2	Chesney Phillip	12 Holdingford	4-10.00
3	Haylie Wolbeck	9 Royalton	4-10.00
4	Kyleigh Tangen	12 Paynesville	4-08.00
5	Phemie Oeltjen	9 Minnewaska A	4-08.00
6	Mya Schmidgall	10 Morris Area/	4-06.00
6	Brooke Rieland	11 Sauk Centre	4-06.00
6	Abby Streit	12 Holdingford	4-06.00
9	Stella Schirmers	11 Sauk Centre	4-06.00
10	Finley Anfinson	10 Paynesville	4-06.00
11	Lizzy Diethelm	10 St. John's P	4-04.00
11	Tiyana Schwinghammer	12 Belgrade-Bro	4-04.00
13	Brooke Kolstoe	12 Minnewaska A	4-04.00
14	Heika Hall	8 Morris Area/	4-02.00
15	Miranda Meyer	11 St. John's P	4-02.00
---	Kylie Zins	9 Belgrade-Bro	NH

Girls Pole Vault

Name	Yr	School	Finals
Finals			
1	Rebekah Walz	12 Paynesville	10-00.00
2	Lexi Bosek	10 Minnewaska A	8-00.00
3	Phemie Oeltjen	9 Minnewaska A	7-06.00
4	Hana Schutz	10 Morris Area/	7-00.00
4	Kenzie Harren	9 Holdingford	7-00.00
6	Francesca Rivers	11 Sauk Centre	6-06.00
6	McKenna Barten	9 Paynesville	6-06.00
8	Angelica Diakite	9 Holdingford	6-00.00
9	Ava Friedrichs	11 Sauk Centre	5-00.00
9	Kiera Foley	11 Montevideo	5-00.00
9	Brenna Winters	11 Montevideo	5-00.00

**Section 5A True Team
Sauk Center - 5/9/2023**

Results

Finals ... (Girls Pole Vault)

Name	Yr	School	Finals
--- Isabel Guerra	10	Morris Area/	NH

Girls Long Jump

Name	Yr	School	Finals
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Finals

1 Cloey Kolb	9	Paynesville	16-06.75
2 Rilee Breth	9	Holdingford	16-05.50
3 Carly Mitchell	8	Holdingford	16-03.25
4 Teagan Epema	10	Montevideo	15-09.25
5 Nina Thieschafer	11	Sauk Centre	15-08.25
6 Nya Thieschafer	9	Sauk Centre	15-02.00
7 Haylie Wolbeck	9	Royalton	15-01.25
8 Claire Prokott	11	Royalton	14-09.25
9 Alia Randt	9	Minnewaska A	14-08.75
10 Lauryn Ankeny	9	Minnewaska A	14-08.25
11 Isabelle Motz	9	Morris Area/	14-02.50
12 Lola Schmidgall	7	Morris Area/	14-00.00
13 Rayna Spanier	10	Paynesville	13-11.00
14 Ellie Rolfzen	8	St. Cloud Ch	13-00.75
15 Mallory White	7	St. Cloud Ch	12-01.50

Girls Triple Jump

Name	Yr	School	Finals
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Finals

1 Mya Yourczek	12	Royalton	34-04.25
2 McKenzie Luetmer	12	Minnewaska A	32-07.50
3 Dacia Fleury	10	Minnewaska A	32-00.25
4 Maggie Gross	8	Holdingford	31-11.25
5 Mya Schmidgall	10	Morris Area/	30-06.00
6 Rayna Spanier	10	Paynesville	30-05.50
7 Tessa Libbesmeier	10	Paynesville	30-01.00
8 Brianna Middendorf	9	Sauk Centre	29-11.00
9 Brenna Winters	11	Montevideo	29-09.25
10 Hazel Hall	8	Morris Area/	29-05.50
11 Ava Friedrichs	11	Sauk Centre	27-06.50
12 Izzy Westling	9	St. John's P	27-02.50
13 Kirstyn Sand	11	Holdingford	27-00.75
14 Maddy Carroll	11	Belgrade-Bro	25-07.00
15 Faith Legatt	9	St. Cloud Ch	21-10.50
16 Lucy Bechtold	7	St. John's P	21-02.75

Girls Shot Put

Name	Yr	School	Finals
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Finals

1 Jayda Kolstoe	9	Minnewaska A	36-09.00
2 Mya Yourczek	12	Royalton	34-03.00
3 Alicia Jennissen	12	Sauk Centre	34-03.00
4 Katie Uhlenkamp	12	Paynesville	33-07.00
5 Makenna Hohbein	11	Holdingford	32-03.00
6 Alivia Schaefer	8	Paynesville	31-04.00
7 Maddie Fehr	10	Morris Area/	29-04.00
8 Addison Pilarski	10	Holdingford	28-08.00
9 Elizabeth O'Malley	9	Montevideo	28-07.00
10 Carmen Loxtercamp	11	Sauk Centre	28-04.00

11 Olivia Danielson	9	Minnewaska A	28-00.00
12 Britta Schmidgall	10	Morris Area/	27-04.00
13 Alanya Stenson	11	Montevideo	24-07.00
14 Megan Madsen	8	St. Cloud Ch	20-10.00
15 Samantha Roering	7	Royalton	18-05.00
16 Faith Legatt	9	St. Cloud Ch	16-10.00

Girls Discus Throw

Name	Yr	School	Finals
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Finals

1 Jayda Kolstoe	9	Minnewaska A	117-02.50
2 Olivia Danielson	9	Minnewaska A	92-08
3 Mylie Fehr	8	Morris Area/	91-01
4 Emma Kobernusz	9	Holdingford	90-01.50
5 Katie Uhlenkamp	12	Paynesville	87-02.50
6 Maddie Fehr	10	Morris Area/	85-07
7 Carmen Loxtercamp	11	Sauk Centre	85-05
8 Alicia Jennissen	12	Sauk Centre	83-08
9 Alivia Schaefer	8	Paynesville	80-00.50
10 Elizabeth O'Malley	9	Montevideo	78-10
11 Kiersten Wheat	12	Holdingford	73-05
12 Alanya Stenson	11	Montevideo	69-05
13 Ella Prokott	7	Royalton	62-08.50
14 Presley Detloff	11	Belgrade-Bro	58-08
15 Brianna Chalich	9	St. John's P	56-07
16 Samantha Roering	7	Royalton	55-09.50
17 Abbey Schoumaker	10	Belgrade-Bro	53-02

Boys 100 Meter Dash

Name	Yr	School	Finals
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Finals

1 Connor Patrick	12	Holdingford	11.55
2 Alex Helgeson	8	Sauk Centre	11.84
2 Fox Huber	12	Montevideo	11.84
4 Antanas Martinaitis	11	Holdingford	11.91
5 Jeric Schloegl	10	Sauk Centre	11.98
6 Asante Adams	9	Minnewaska A	12.00
7 Marc Davis	12	Paynesville	12.08
8 Carter Meyer	10	Minnewaska A	12.12
9 Sergio Matamoros	11	Montevideo	12.40
10 Brysen Hiltner	10	Paynesville	12.71
11 Vladimir Rosillo Lara	12	Morris Area/	13.30
12 Kris Neupauer	8	St. Cloud Ch	13.58
13 Miles Rassier	7	St. Cloud Ch	13.75
14 Leo Boese	10	Morris Area/	14.09
15 Kyler Panek	12	Royalton	14.20
16 Taylor Gleisner	7	Royalton	15.14

Boys 200 Meter Dash

Name	Yr	School	Finals
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Finals

1 Connor Patrick	12	Holdingford	23.00
2 Edan Smith	11	Montevideo	23.31
3 Antanas Martinaitis	11	Holdingford	23.83
4 David Gilmore	9	Sauk Centre	23.92
5 Alex Helgeson	8	Sauk Centre	24.18

Section 5A True Team
Sauk Center - 5/9/2023

Results

Finals ... (Boys 200 Meter Dash)

Name	Yr	School	Finals
6 Fox Huber	12	Montevideo	24.26
7 Asante Adams	9	Minnewaska A	24.39
8 Marc Davis	12	Paynesville	24.59
9 Blake Bruns	12	Morris Area/	25.04
10 Josh Hippe	10	Minnewaska A	25.17
11 Noah Malek	11	Morris Area/	25.64
12 Preston Kascht	9	Paynesville	25.75
13 Cameron Thompson	12	St. John's P	27.10
14 Miles Rassier	7	St. Cloud Ch	27.82
15 Taylor Gleisner	7	Royalton	31.26
16 Gavin Skaja	7	Royalton	31.32

Boys 400 Meter Dash

Name	Yr	School	Finals
1 Maeson Tank	11	Minnewaska A	51.21
2 Connor Patrick	12	Holdingford	53.80
3 Garrett Frink	10	Holdingford	53.86
4 Reese Blondin	12	Sauk Centre	53.95
5 Derick Sorenson	12	Sauk Centre	54.10
6 Blake Bruns	12	Morris Area/	54.12
7 Chaz Psyck	9	Royalton	55.06
8 Carter Lieser	12	Paynesville	55.08
9 Adrian Norman	11	Montevideo	55.42
10 Ethan Andresen	10	Montevideo	56.14
11 Eli Psyck	11	Royalton	56.19
12 Noah Malek	11	Morris Area/	56.92
13 Hunter Kloos	12	Minnewaska A	57.76
14 Cameron Thompson	12	St. John's P	59.29
15 Kris Neupauer	8	St. Cloud Ch	1:01.58
16 Micah Schneider	9	St. Cloud Ch	1:02.22

Boys 800 Meter Run

Name	Yr	School	Finals
1 Brandon Kampsen	12	Sauk Centre	1:55.83
2 Maeson Tank	11	Minnewaska A	2:02.69
3 Aiden Pellett	11	Holdingford	2:05.34
4 Nathaniel Lahr	12	Sauk Centre	2:05.58
5 Dawson Hofer	8	Holdingford	2:09.04
6 Adam VanBinsbergen	8	Montevideo	2:11.94
7 James Ward	12	Minnewaska A	2:12.52
8 Nelson Velasquez	10	Montevideo	2:14.92
9 Landon Lowe	8	St. Cloud Ch	2:19.77
10 Will Vix	9	St. John's P	2:21.58
11 Noah Voss	11	Paynesville	2:22.26
12 Michael Zimmerman	12	Royalton	2:23.06
13 Jacob Buhl	10	Morris Area/	2:24.69
14 Charlie DeNeui	9	Morris Area/	2:24.73
15 Micah Schneider	9	St. Cloud Ch	2:31.12
16 Lathan Rien	8	Paynesville	2:49.32
17 Christopher Novak	12	Royalton	2:58.03

Boys 1600 Meter Run

Name	Yr	School	Finals
1 Brandon Kampsen	12	Sauk Centre	4:38.33
2 Dawson Hofer	8	Holdingford	4:47.87
3 Aiden Pellett	11	Holdingford	4:48.64
4 Brady Andrews	12	Montevideo	4:49.73
5 Will Vix	9	St. John's P	4:51.45
6 Silas Dinger	12	St. Cloud Ch	4:54.37
7 Jackson Kerfeld	9	Sauk Centre	5:09.67
8 Nick Ankeny	12	Minnewaska A	5:11.05
9 Blake Andrews	10	Montevideo	5:13.81
10 Zachary Palmer	10	Minnewaska A	5:14.80
11 Gavin Stallman	12	Morris Area/	5:15.48
12 Wyatt Gerads	10	Royalton	5:21.73
13 Jacob Buhl	10	Morris Area/	5:22.86
14 Samuel Busch	9	St. Cloud Ch	5:32.23
15 Lathan Rien	8	Paynesville	5:59.02
16 Ben Novak	7	Royalton	6:03.14
--- Tyler Schwandt	9	Paynesville	DNF

Boys 3200 Meter Run

Name	Yr	School	Finals
1 Jacob Drevlow	9	Sauk Centre	10:34.41
2 Brady Andrews	12	Montevideo	11:02.82
3 Logan Wiehoff	8	Sauk Centre	11:08.31
4 Lucas Provo	12	Holdingford	11:16.35
5 Carson Lynner	11	Montevideo	11:17.41
6 Hunter Rademacher	8	St. Cloud Ch	11:21.11
7 Zachary Palmer	10	Minnewaska A	11:34.01
8 Lane Olson	10	Royalton	11:34.94
9 Owen Klish	10	Holdingford	11:41.41
10 Ian Mills	10	Minnewaska A	11:52.10
11 Lane McIntyre	9	St. John's P	11:56.97
12 Carlos Rivera	11	Morris Area/	11:57.30
13 Everett Coran	10	St. Cloud Ch	12:02.96
14 Grady Stallman	10	Morris Area/	12:07.46
15 Christopher Novak	12	Royalton	15:57.42

Boys 110 Meter Hurdles

Name	Yr	School	Finals
1 Jacob Ochsendorf	11	Montevideo	16.06
2 Aaron Kerfeld	12	Sauk Centre	16.25
3 Gavin Sales	9	Holdingford	16.83
4 Spencer Marthaler	12	Sauk Centre	17.12
5 Derek Waldbeser	11	Morris Area/	17.33
6 James Vannurden	12	Royalton	17.56
7 Owen Meulebroeck	10	Minnewaska A	17.69
8 Lewis Nohl	12	Morris Area/	17.77
9 Hunter Stadsvold	11	Minnewaska A	18.22
10 Devin Ashling	11	Montevideo	18.44
11 Grant Krattenmaker	8	Holdingford	19.61

**Section 5A True Team
Sauk Center - 5/9/2023**

Results

Boys 300 Meter Hurdles

Name	Yr	School	Finals
Finals			
1 Aaron Kerfeld	12	Sauk Centre	42.50
2 Owen Meulebroeck	10	Minnewaska A	43.47
3 Spencer Marthaler	12	Sauk Centre	43.58
4 Jacob Ochsendorf	11	Montevideo	43.96
5 Hunter Stadsvold	11	Minnewaska A	45.45
6 Grayson Gibson	9	Morris Area/	45.71
7 Lewis Nohl	12	Morris Area/	45.96
8 Carter Gross	10	Holdingford	46.03
9 Grant Krattenmaker	8	Holdingford	46.30
10 Carson Boike	11	Montevideo	47.55
11 Cole Johnston	8	St. Cloud Ch	1:02.93

Boys 4x100 Meter Relay

Team	Relay	Finals
Finals		
1 Sauk Centre		45.74
2 Montevideo		45.96
3 Minnewaska Area		46.36
4 Holdingford		46.47
5 Morris Area/		49.07
6 Royalton		52.05
7 Paynesville		1:01.35

Boys 4x200 Meter Relay

Team	Relay	Finals
Finals		
1 Montevideo		1:35.52
2 Sauk Centre		1:36.20
3 Holdingford		1:36.94
4 Minnewaska Area		1:37.20
5 Morris Area/		1:37.96
6 Paynesville		1:40.77
7 Royalton		1:46.99

Boys 4x400 Meter Relay

Team	Relay	Finals
Finals		
1 Sauk Centre		3:31.82
2 Holdingford		3:34.77
3 Montevideo		3:46.78
4 Minnewaska Area		3:50.51
5 Royalton		4:00.00
6 Morris Area/		4:10.05
7 St. Cloud Christian		4:15.37

Boys 4x800 Meter Relay

Team	Relay	Finals
Finals		
1 St. John's Prep		8:25.81
2 Minnewaska Area		8:33.58
3 Sauk Centre		8:52.40
4 Montevideo		9:02.87
5 Holdingford		9:19.66

6 Royalton	9:23.23
7 Morris Area/	9:24.51
8 St. Cloud Christian	9:35.73

Boys High Jump

Name	Yr	School	Finals
Finals			
1 James Vannurden	12	Royalton	6-02.00
2 Max Vannurden	8	Royalton	5-10.00
3 Devin Ashling	11	Montevideo	5-06.00
4 Jacob Robischon	11	Sauk Centre	5-04.00
4 Carter Gross	10	Holdingford	5-04.00
6 Andrew Drevlow	11	Sauk Centre	5-04.00
7 Jorge Rodrigues	9	Morris Area/	5-02.00
8 Grayson Gibson	9	Morris Area/	5-02.00
9 James Ward	12	Minnewaska A	5-00.00
10 Jeffrey Hall	11	Holdingford	4-10.00
11 Hensel Andino	10	Montevideo	4-06.00
--- Mason Danielson	9	Minnewaska A	NH

Boys Pole Vault

Name	Yr	School	Finals
Finals			
1 Braden Nelson	11	Montevideo	11-06.00
2 Noah Malek	11	Morris Area/	10-00.00
3 Devin Ashling	11	Montevideo	10-00.00
4 Jacob Robischon	11	Sauk Centre	9-06.00
5 Jayce Kovarik	11	Minnewaska A	9-06.00
5 Grayson Gibson	9	Morris Area/	9-06.00
7 Mason Bengston	11	Holdingford	9-00.00
8 Preston Kascht	9	Paynesville	9-00.00
9 Broden Gustafson	9	Holdingford	8-06.00
10 Conner Stein	12	Minnewaska A	8-00.00
11 Tyler Schwandt	9	Paynesville	7-00.00
11 Owen Christians	12	Sauk Centre	7-00.00

Boys Long Jump

Name	Yr	School	Finals
Finals			
1 Connor Patrick	12	Holdingford	20-03.00
2 James Vannurden	12	Royalton	19-09.00
3 Ben Anderson	12	Sauk Centre	19-01.00
4 Brysen Hiltner	10	Paynesville	18-10.50
5 Corey McCoy	12	Sauk Centre	18-03.25
6 Jacob Ochsendorf	11	Montevideo	18-02.25
7 Garrett Frink	10	Holdingford	18-00.75
8 Blake Andreas	12	Minnewaska A	17-10.75
9 Marc Davis	12	Paynesville	17-07.25
10 Tosten Christenson	9	Montevideo	17-02.75
11 Liam Spsychala	10	St. John's P	17-02.00
12 Kendall Waldbeser	9	Morris Area/	17-00.00
13 Kaiden Harvey	10	Minnewaska A	16-09.75
14 Max Vannurden	8	Royalton	16-04.75
15 Everett Coran	10	St. Cloud Ch	16-01.75
16 Jacob Buhl	10	Morris Area/	15-10.00
17 Taylor Pieper	9	Belgrade-Bro	15-05.50

**Section 5A True Team
Sauk Center - 5/9/2023**

Results

Finals ... (Boys Long Jump)

Name	Yr	School	Finals
18 Miles Rassier	7	St. Cloud Ch	13-11.75

Boys Triple Jump

Name	Yr	School	Finals
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Finals

1 James Vannurden	12	Royalton	40-10.50
2 Nathaniel Lahr	12	Sauk Centre	39-03.50
3 Ben Anderson	12	Sauk Centre	38-01.50
4 Blake Andreas	12	Minnewaska A	37-06.00
5 Liam Spychala	10	St. John's P	37-01.50
6 Kaiden Harvey	10	Minnewaska A	36-03.75
7 Carson Boike	11	Montevideo	36-03.25
8 Devin Ashling	11	Montevideo	36-02.50
9 Gavin Sales	9	Holdingford	35-04.75
10 Max Vannurden	8	Royalton	35-03.00
11 Jeffrey Hall	11	Holdingford	35-02.50
12 Kendall Waldbeser	9	Morris Area/	34-11.00
13 Noah Voss	11	Paynesville	34-09.00
14 Samuel Busch	9	St. Cloud Ch	31-00.50
--- Jacob Buhl	10	Morris Area/	ND

Boys Shot Put

Name	Yr	School	Finals
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Finals

1 Francis O'Malley	11	Montevideo	52-00.00
2 Mitchell Moser	10	Morris Area/	43-04.00
3 Carter Schuster	12	Sauk Centre	40-00.00
4 Vladmir Rosillo Lara	12	Morris Area/	39-08.00
5 Kyler Panek	12	Royalton	38-01.00
6 Corey McCoy	12	Sauk Centre	37-03.00
7 Chris Wentland	9	Holdingford	36-04.00
8 Kenneth Czech	11	Minnewaska A	36-03.00
9 Wyatt Miller	12	Holdingford	36-01.00
10 Fox Huber	12	Montevideo	35-05.00
11 Drew Winter	10	Minnewaska A	33-00.00
12 Mason Commerford	11	Belgrade-Bro	30-05.00
13 Anthony Heroux	10	St. John's P	30-04.00
14 Zachary Weis	10	Paynesville	29-09.00
15 Nate Geer	9	Belgrade-Bro	29-09.00
16 Kim Jinmaidongzhu	10	St. John's P	28-04.00
17 Brice Messer	9	Paynesville	26-07.00
18 Christopher Novak	12	Royalton	21-07.00

Boys Discus Throw

Name	Yr	School	Finals
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Finals

1 Francis O'Malley	11	Montevideo	154-11
2 Corey McCoy	12	Sauk Centre	119-04.50
3 Caleb Krattenmaker	9	Holdingford	118-11.50
4 Mitchell Moser	10	Morris Area/	117-05.50
5 Vladmir Rosillo Lara	12	Morris Area/	117-01
6 Carter Schuster	12	Sauk Centre	107-05.50
7 Wyatt Miller	12	Holdingford	104-06.50
8 Klay Poppe	11	Montevideo	103-08

9 Kenneth Czech	11	Minnewaska A	91-08
10 Liam Spychala	10	St. John's P	84-11.50
11 Preston Kascht	9	Paynesville	77-02.50
12 Anthony Heroux	10	St. John's P	75-06
13 Brice Messer	9	Paynesville	73-09.50
14 Taylor Gleisner	7	Royalton	53-01.50
15 Henry Hofstad	8	Royalton	46-01

Women - Team Rankings - 18 Events Scored

1) Minnewaska Area	563
2) Paynesville	535.5
3) Holdingford	520.5
4) Sauk Centre	460
5) Morris Area/Chokio-Alberta	418.5
6) Royalton	243.5
7) Montevideo	208
8) St. Cloud Christian	155
9) St. John's Prep	91.5
10) Belgrade-Brooten-Elrosa	27.5

Men - Team Rankings - 18 Events Scored

1) Sauk Centre	590.5
2) Montevideo	523.5
3) Holdingford	522.5
4) Minnewaska Area	443.5
5) Morris Area/Chokio-Alberta	386.5
6) Royalton	295
7) Paynesville	196.5
8) St. Cloud Christian	145
9) St. John's Prep	141
10) Belgrade-Brooten-Elrosa	19