

Cy Woods

Lady Wildcat Golf

2022-2023

Welcome to the Cy Woods Lady Wildcat Golf team. I am very excited about this upcoming season. I know that each of you will grow as a person and competitor.

Golf tryouts will be Wednesday December 7th at Cypress Lakes starting at 3:15. It will cost the girls \$20 for tryouts, which is a great price!

We will take 5 to 12 girls to each tournament. The girls will play around 6 to 8 tournaments before district. The schedule includes a mixture of JV and V level tournaments. The tryouts and placement of the girls will be determined by their scores, work ethic, and attitude. The girls are expected to be at each practice. If something should arise then practices may be made up.

Good luck to each of you and please call if you have any questions.

Head Coach: Coach Cabby
Office: 281-213-1877
Mobile: 214-725-7631
E-mail: ashley.Caballero@cfisd.net

Sign Up Form



MISSION STATEMENT:

A Lady Wildcat will not only represent herself, but she represents her school, her team, her community, and her family. She will gain the tools necessary to conduct herself in such a manner as to bring credit to these institutions. We will provide safe and supportive learning environments for our athletes and coaches. We will teach competitiveness through fundamentals and encourage love of the sport. Cy Woods Golf provides outlets for athletes to learn lifelong skills such as teamwork, integrity, communication, competition, and positive thinking.

PHILOSOPHY:

Cy Woods Golf is driven by our core values. “Our Core Values,” are innovation, motivation, teamwork, integrity and the pursuit of excellence. Our core values and the, “Pursuit of Excellence,” becomes our philosophy. Winning itself, is not the defining value, it is the outcome. Remember our Core Values and the Pursuit of Excellence is worth doing, even if no one else can see it.

CYPRESS-FAIRBANKS INDEPENDENT SCHOOL DISTRICT

Transportation Release for Off-Campus Practices or Contests

Dear Parent:

Student athletes and their parents will be responsible for providing transportation to and from practices or competitions for the following sports: swimming, tennis, wrestling and golf.

Please complete the following release form below and return to your student's coach.

My son/daughter _____

_____ Will be driving his/her own car to practice/or in-district contest
_____ We will be arranging and or taking care of our son/daughters
transportation.

I hereby release the Cypress-Fairbanks Independent School District, any sponsoring staff member, from all liability in connection with travel to and from practice or contests.

I also understand that when my son/daughter is released from school to go to practice, it is his/her responsibility to be where he/she is assigned. Leaving school early for practice is a privilege and any abuse (i.e. not going to assigned area, unsafe driving, inappropriate attire or attitude at practice or contest) may result in suspension of these privileges and removal from the athletic period. If your son/daughter must leave school early for any other reason (work, doctor, etc.) he/she must bring a note from you to that effect and school policy will be followed with regard to releasing him/her that day.

Parent/Guardian _____

Date _____

**CY-WOODS HIGH SCHOOL
LADY WILDCAT GOLF**

13550 Woods Spillane Blvd.
Cypress, Texas
77429

7th Period Athletic Release

We the parents of _____, give our approval for our son/daughter to leave school 6th period to practice golf at their golf course. We do so with the acknowledgement and understanding of the following guidelines:

1. The placement of students in this period is by the recommendation of the coach.
2. Students are responsible for their own transportation
3. Students must report to the field house for roll check with their teacher prior to leaving campus.
4. Practice facility arrangements are the responsibility of the athlete unless other arrangements are made by the coach.
5. Cy-Woods High School or any employees thereof cannot be held liable for accidents involving students in this period.
6. There will not be any faculty supervision provided on the golf course during the Fall Semester.
7. I understand that failure of my son/daughter to cooperate with the guidelines set up by the administration and coach may cause possible suspension from the squad and forfeiture of this early release privilege.

(Signature of Student)

(Signature of Principal)

Cy Woods Golf Player Policies

Playing Cy Woods Golf is considered a privilege and should be treated as such. Along with privileges come responsibilities. A Lady Wildcat not only represents herself, but she represents her school, her team, and her family. She has the responsibility to conduct herself in such a manner as to bring credit to these institutions.

DUE TO COVID-19 THERE MAY BE ADJUSTMENTS TO SOME OF THE POLICIES.

HOW DO I REPRESENT?

1. Practice:

- 📌 Practice is **MANDATORY**.
- 📌 All players have a calendar and are responsible for attending all practices. **Work or vacation is not an excuse to miss practice.**
- 📌 The only excused absence from practice is an illness and you will need a doctor's note.
- 📌 If an athlete is late or misses the entire practice, the athlete will meet with their coach and loss of practice time must be made up. Continual misses could result in the loss of playing and eventually dismissal from the team. [Make-up practice will be accepted as long as they have been discussed and approved; unexcused absence will automatically be a loss of playing time.
- 📌 An injured player is expected to check in at the normal practice time and will be sent to the trainer to do rehab. Injury does not mean that you do not attend team functions.
- 📌 Be early for practice. Have all your equipment ready to go. A player should be ready for practice 10 minutes before it starts.
- 📌 When you leave the locker room, have a collared or appropriate golf shirt, shoes and socks on, and hair up. Look like a golf player.
- 📌 During practice you must strive to produce results. You will practice harder than we compete. You must want to practice. ****Remember, practice doesn't make perfect, perfect practice makes perfect.**
- 📌 We make changes in practice. You must be "coachable" and disciplined, accept comments and make corrections.
- 📌 **LEAVE IT OFF THE COURSE!** When you are having a difficult time with your head and heart, you cannot affect the team's positive attitude or your ability to learn and be successful in practice.
- 📌 **LEAVE IT ON THE COURSE!** During your practice time, give 110%. At the end of practice, you should be able to walk away knowing that you had nothing else left to give.
- 📌 Practice like a champion: Competitive, mature, tough, challenging, effective, & efficient. You will become a champion!

2. Games:

- ☒ If you miss a tournament:
 - Call before you miss.
 - You may not play in the next game, unless it was excused, i.e. illness or death in the family. You must make up the missed time with the coach.
- ☒ When we come out of the locker room, before or after a tournament, we have shirts that look nice, shoes and socks on, our hair up, and either all of our uniform or none of it. No partial uniforms.
- ☒ Players will be placed on the varsity or junior varsity team by their scores, attitude, and academic standing. The head coach will determine the placement for each player.
- ☒ Your game is your on-stage performance of behind-the scene rehearsals. It is special because that one game can never be played again. You should become confident because you will be prepared.
- ☒ We will have alternate players who will replace a player who is not able to attend. If the alternate player outscores a player several times, then the players may be switched.

3. Discipline:

- ☒ Each member of the Golf team and athletic program will follow the district code of conduct and athletic department rules.
- ☒ No member of the Golf program should be in DMC at any time, for any reason. Any trip to DMC will result in a game suspension and 6:30 am conditioning. More than three referrals to DMC in one year will result in a removal from the program.
- ☒ We are examples for the entire school. Being a part of the Golf program, you must accept these guidelines. We want to make the best grades possible. We respect our teachers even when we don't agree with them. We are on time for every class. We live by a higher standard than other students do in our school.
- ☒ On a player's first offense, she will visit with the head coach and be assigned discipline.
- ☒ On player's second offense, she will be suspended from games until a conference with her, her parents or guardians, and an arrangement is made for her to change her behavior.
- ☒ Any further offenses will result in the player being removed from the program.
- ☒ Do not put yourself in a situation that MIGHT get you in trouble. Use good judgment at school and away from school. Remember that you do not have to be guilty for someone to say or think that you are guilty.
- ☒ Flagrant disrespect towards any coach could result in immediate removal from the team.

4. Transportation:

- ☒ All players will be dressed neatly to travel to and from games. No cutoff shorts or shirts, shirts (that should be (tucked) tucked in, and shoes will be worn.
- ☒ When riding on a bus, you act like you are in a small vehicle. No loud talking, no yelling, no spraying perfume or hairspray, no moving from seat to seat. You are preparing to compete.

5. Travel

- ☒ All team members must stay with the team on all away matches.
- ☒ All athletes are encouraged to stay for the whole tournament, but will be allowed to leave in order to complete homework or attend a family event. Parents will be required to sign their athlete out releasing CWHHS from any liability. If a parent is not in attendance, their athlete will ride home on the bus.
- ☒ As a courtesy to the coaches or other staff members, have rides arrive at least 5 minutes before the end of practice or arrival back to campus to ensure that you have been picked up safely.

6. Parental Involvement:

- ☒ Players are expected to build responsibility. Therefore, we have two rules about dealing with parents.
 1. Coaches will not discuss a player's problem with the parent until the player has come in to discuss her problem herself.
 2. Parents will need to call and arrange a time for a conference. Coaches will not have discussions before, during, or after a contest. Every effort will be made to meet with parents in the most convenient and timely way possible. We encourage you to call, if needed, to the coaches' office.
- ☒ All parents are encouraged to watch us play and support our success at all levels.
- ☒ We ask for positive encouragement from our parents. Things won't always go our way. Just like in life, we will learn lessons on dealing with success and failure, being disciplined, having honor and integrity and responsibility, and we will grow as individuals and as members of a group.

7. Academics:

- ☒ All players are responsible for their grades and classroom behavior. If you are having trouble in a class, talk to your coach and teacher. If you are sitting by a group in class that gets in trouble, MOVE.
- ☒ Our goal is to have a 0% failure rate in the entire program!
- ☒ Accept the fact that if you have a problem in a class, it is YOUR responsibility to study more, do more homework, listen in class more, and visit with your teacher in a respectful, polite manner to learn what else you can do to become successful in that class.
- ☒ Any player with an 80 average or below will be required to go to tutoring with "Coach". If you are going to tutoring on your own, **you must get a pass from the teacher in order to get into practice. You must have a 24-hour advance written notice.** Any practice time must be made up.

8. Training Expectations

Team members will:

- ☒ Work hard to improve upon their potential (a maximum effort is required at every team function).
- ☒ Build and maintain physical fitness and health throughout academic year.
- ☒ Remain active during the summer months. **{I cannot require an athlete to do anything during the summer, but I highly recommend it.}**
- ☒ Report to the athletic trainer and coaching staff concerning any and all injuries,

no matter what the severity. Seek rehabilitation programs from your physician, a physical therapist, or our trainer.

9. Performance Expectations

- ☒ Maintain elite performance. This is dependent upon open lines of communication among team members and staff. Team members will respect each other as people and as athletes both on and off the court. Even if you are involved in club sports or other outside activities, being loyal to your team and the Golf program should be your top priority during season.
- ☒ School sports come first. If a club sport is in season at the same time, club comes after school. If practice is missed for club, the practice will be unexcused, and will need to be made up, and will result in a loss of playing. If try-outs are missed, you will not be allowed to make it up. This will result in not making the team for that season.

10. Alcohol and Drug Violations:

- ☒ All athletes must keep their bodies in top condition to compete at the maximum of their potential. Tobacco, alcohol, and drugs produce harmful effects on the human body.
- ☒ Besides being harmful to an athlete's performance, they are also illegal.
- ☒ Involvement with these substances will result in disciplinary action with possible suspension or dismissal.
- ☒ All athletes will comply with the drug testing mandated by the district. Any failure to comply with those rules can result in removal from the program.

11. Earning a Varsity Letter

- ☒ Complete the Golf season in good standing; AND participate during entire season as a varsity player. Any athlete moved up to Varsity from JV at any point during the season, will letter at the discretion of the coach.

12. Rule Infractions

- ☒ Concerning all infractions:
 1. Each athlete will have the opportunity to defend or deny her action.
 2. The coaching staff will review each case and prescribe action on an individual basis.

I, _____, have read and understand the policies above. My parents and I understand that being a part of this program will require a tremendous amount of dedication. My commitment to this team is one that I have made and will keep throughout the season. I am ready to be on the Road to Tradition.

Athlete Signature

Date

Parent Signature

Date

CYPRESS WOODS GOLF SOCIAL MEDIA CONTRACT

In an effort to continue to promote Cypress Woods High School and our Golf program, your daughter will be held accountable for what she posts via social media. This includes, but is not limited to, Facebook, Twitter, SnapChat, Instagram, and BeReal.

Terms: Any negative/or derogatory comments towards coaches, players, and opponents will not be allowed. Profanity is not allowed. Players are encouraged to use the social media by only sending positive messages and images.

Anything outside of these terms is subject to disciplinary consequences and possible dismissal from the Golf program.

I have read and accept the social media contract

Player _____ **Date** _____

Parent _____ **Date** _____