

2023/24 ACL Practice Schedule

Day	Date	Time	Team 1	Team 2	Team 3	Notes
Monday	11/6/2023	9:00-10:00 PM	2005	2006	2007	
Tuesday	11/7/2023	8:45-10:00 PM	2008	2009	2010	
Wednesday	11/8/2023	8:00-8:45 PM	Goalie Sessions			
Saturday	11/11/2023	3:00-4:00 PM	Southeast	Pacific		SDAHA Girls Weekend & Senior Showcase
Sunday	11/12/2023	5:00-5:45 PM	Central	Northwest	Pacific	
Sunday	11/12/2023	5:45-6:30 PM	Atlantic	Northeast	Southeast	
Monday	11/13/2023	9:00-10:00 PM	Northeast	Northwest		
Tuesday	11/14/2023	8:45-10:00 PM	Atlantic	Central		
Wednesday	11/15/2023	8:00-8:45 PM	Goalie Sessions			
Saturday	11/18/2023	3:00-4:00 PM	Southeast	Pacific		
Sunday	11/19/2023	5:00-5:45 PM	Central	Northwest	Pacific	
Sunday	11/19/2023	5:45-6:30 PM	Atlantic	Northeast	Southeast	
Monday	11/20/2023	9:00-10:00 PM	Northeast	Northwest		
Tuesday	11/21/2023	8:45-10:00 PM	Atlantic	Central		
Wednesday	11/22/2023	8:00-8:45 PM	Goalie Sessions			
Saturday	11/25/2023	3:00-4:00 PM	Southeast	Pacific		
Sunday	11/26/2023	5:00-5:45 PM	Central	Northwest	Pacific	
Sunday	11/26/2023	5:45-6:30 PM	Atlantic	Northeast	Southeast	
Monday	11/27/2023	9:00-10:00 PM	Northeast	Northwest		
Tuesday	11/28/2023	8:45-10:00 PM	Atlantic	Central		
Wednesday	11/29/2023	8:00-8:45 PM	Goalie Sessions			
Saturday	12/2/2023	3:00-4:00 PM	Southeast	Pacific		Squirt A & B Tournament
Sunday	12/3/2023	5:00-5:45 PM	Central	Northwest	Pacific	Squirt A & B Tournament
Sunday	12/3/2023	5:45-6:30 PM	Atlantic	Northeast	Southeast	Squirt A & B Tournament
Monday	12/4/2023	9:00-10:00 PM	Northeast	Northwest		
Tuesday	12/5/2023	8:45-10:00 PM	Atlantic	Central		
Wednesday	12/6/2023	8:00-8:45 PM	Goalie Sessions			
Saturday	12/9/2023	3:00-4:00 PM	Southeast	Pacific		
Sunday	12/10/2023	5:00-5:45 PM	Central	Northwest	Pacific	
Sunday	12/10/2023	5:45-6:30 PM	Atlantic	Northeast	Southeast	
Monday	12/11/2023	9:00-10:00 PM	Northeast	Northwest		
Tuesday	12/12/2023	8:45-10:00 PM	Atlantic	Central		
Wednesday	12/13/2023	8:00-8:45 PM	Goalie Sessions			
Saturday	12/16/2023	3:00-4:00 PM	Southeast	Pacific		
Sunday	12/17/2023	5:00-5:45 PM	Central	Northwest	Pacific	
Sunday	12/17/2023	5:45-6:30 PM	Atlantic	Northeast	Southeast	
Monday	12/18/2023	9:00-10:00 PM	Northeast	Northwest		
Tuesday	12/19/2023	8:45-10:00 PM	Atlantic	Central		
Wednesday	12/20/2023	8:00-8:45 PM	Goalie Sessions			
Saturday	12/23/2023	3:00-4:00 PM	No ACL Activities			Christmas Break
Sunday	12/24/2023	5:00-5:45 PM	No ACL Activities			Christmas Break
Sunday	12/24/2023	5:45-6:30 PM	No ACL Activities			Christmas Break
Monday	12/25/2023	9:00-10:00 PM	No ACL Activities			Christmas Break
Tuesday	12/26/2023	8:45-10:00 PM	No ACL Activities			Christmas Break
Wednesday	12/27/2023	8:00-8:45 PM	Goalie Sessions			
Saturday	12/30/2023	3:00-4:00 PM	Atlantic	Central		Team Practice Rotations
Sunday	12/31/2023	5:00-5:45 PM	Central	Northwest	Pacific	
Sunday	12/31/2023	5:45-6:30 PM	Atlantic	Northeast	Southeast	
Monday	1/1/2024	9:00-10:00 PM	Southeast	Pacific		
Tuesday	1/2/2024	8:45-10:00 PM	Northeast	Northwest		
Wednesday	1/3/2024	8:00-8:45 PM	Goalie Sessions			
Saturday	1/6/2024	3:00-4:00 PM	Atlantic	Central		Bantam A & B Tournament
Sunday	1/7/2024	5:00-5:45 PM	Atlantic	Northeast	Southeast	Bantam A & B Tournament
Sunday	1/7/2024	5:45-6:30 PM	Central	Northwest	Pacific	Bantam A & B Tournament
Monday	1/8/2024	9:00-10:00 PM	Southeast	Pacific		
Tuesday	1/9/2024	8:45-10:00 PM	Northeast	Northwest		
Wednesday	1/10/2024	8:00-8:45 PM	Goalie Sessions			
Saturday	1/13/2024	3:00-4:00 PM	Atlantic	Central		
Sunday	1/14/2024	5:00-5:45 PM	Atlantic	Northeast	Southeast	
Sunday	1/14/2024	5:45-6:30 PM	Central	Northwest	Pacific	
Monday	1/15/2024	9:00-10:00 PM	Southeast	Pacific		
Tuesday	1/16/2024	8:45-10:00 PM	Northeast	Northwest		
Wednesday	1/17/2024	8:00-8:45 PM	Goalie Sessions			
Saturday	1/20/2024	3:00-4:00 PM	Atlantic	Central		
Sunday	1/21/2024	5:00-5:45 PM	Atlantic	Northeast	Southeast	
Sunday	1/21/2024	5:45-6:30 PM	Central	Northwest	Pacific	
Monday	1/22/2024	9:00-10:00 PM	Southeast	Pacific		
Tuesday	1/23/2024	8:45-10:00 PM	Northeast	Northwest		
Wednesday	1/24/2024	8:00-8:45 PM	Goalie Sessions			
Saturday	1/27/2024	3:00-4:00 PM	Atlantic	Central		PeeWee A & B Tournament
Sunday	1/28/2024	5:00-5:45 PM	Atlantic	Northeast	Southeast	PeeWee A & B Tournament
Sunday	1/28/2024	5:45-6:30 PM	Central	Northwest	Pacific	PeeWee A & B Tournament
Monday	1/29/2024	9:00-10:00 PM	Southeast	Pacific		
Tuesday	1/30/2024	8:45-10:00 PM	Northeast	Northwest		
Wednesday	1/31/2024	8:00-8:45 PM	Goalie Sessions			
Saturday	2/3/2024	3:00-4:00 PM	Denny Day - No Practice			Denny Day - No Practice
Saturday	2/3/2024	TBD	ACL Northwest	ACL Northeast		Denny Day
Saturday	2/3/2024	TBD	ACL Southeast	ACL Pacific		Denny Day
Saturday	2/3/2024	TBD	ACL Central	ACL Atlantic		Denny Day
Sunday	2/4/2024	5:00-5:45 PM	Atlantic	Northeast	Southeast	
Sunday	2/4/2024	5:45-6:30 PM	Central	Northwest	Pacific	
Monday	2/5/2024	9:00-10:00 PM	Atlantic	Central		
Tuesday	2/6/2024	8:45-10:00 PM	Southeast	Pacific		
Wednesday	2/7/2024	8:00-8:45 PM	Goalie Sessions			
Saturday	2/10/2024	3:00-4:00 PM	Northeast	Northwest		Team Practice Rotations
Saturday	2/10/2024	3:00-4:00 PM	Northeast	Northwest		Falls Freeze Might Fest
Sunday	2/11/2024	5:00-5:45 PM	Atlantic	Northeast	Southeast	Falls Freeze Might Fest
Sunday	2/11/2024	5:45-6:30 PM	Central	Northwest	Pacific	Falls Freeze Might Fest
Monday	2/12/2024	9:00-10:00 PM	Atlantic	Central		
Tuesday	2/13/2024	8:45-10:00 PM	Southeast	Pacific		
Wednesday	2/14/2024	8:00-8:45 PM	Goalie Sessions			
Saturday	2/17/2024	3:00-4:00 PM	Northeast	Northwest		
Sunday	2/18/2024	5:00-5:45 PM	Atlantic	Northeast	Southeast	
Sunday	2/18/2024	5:45-6:30 PM	Central	Northwest	Pacific	
Monday	2/19/2024	9:00-10:00 PM	Atlantic	Central		
Tuesday	2/20/2024	8:45-10:00 PM	Southeast	Pacific		
Wednesday	2/21/2024	8:00-8:45 PM	Goalie Sessions			
Saturday	2/24/2024	3:00-4:00 PM	Northeast	Northwest		
Sunday	2/25/2024	5:00-5:45 PM	Atlantic	Northeast	Southeast	
Sunday	2/25/2024	5:45-6:30 PM	Central	Northwest	Pacific	
Monday	2/26/2024	9:00-10:00 PM	Atlantic	Central		
Tuesday	2/27/2024	8:45-10:00 PM	Southeast	Pacific		
Wednesday	2/28/2024	8:00-8:45 PM	Goalie Sessions			