

WWW.TORONTOAEROS.COM



2019-20
Media Guide



A Tradition of Excellence

The Toronto Aeros have a long-established reputation for success that other organizations have aspired to emulate. Although winning games is not our primary goal, we are extremely proud of the consistency with which our teams have excelled on the ice. It is a by-product of our ultimate objective of our drive for excellence in all we do, to assist each and every Aero to fulfill their individual all-around potential.

Notably, since the inaugural season of the PWHL in 2004-05, the Junior Aeros have competed in the PWHL Championship Weekend every season, winning the Gold Medal 7 times and reaching the final game an impressive 10 of 15 opportunities to date.

Listed are the achievements of both Junior and Midget teams since 2006-07.

Junior Aeros

PWHL Championships

Gold Medal: 2018, 2016, 2011, 2010, 2007
Silver Medal: 2017, 2012, 2009
Bronze Medal: 2013
Final Four: 2019, 2015, 2014

OWHA Provincials

Gold Medal: 2018, 2016, 2010
Silver Medal: 2014, 2012, 2011
Bronze Medal: 2009
Final Four: 2019, 2015

Midget Aeros

LLFHL Championships

Gold Medal: 2017, 2012, 2009, 2007
Silver Medal: 2010, 2008
Bronze Medal: 2014, 2013, 2011
Final Four: 2015

OWHA Provincials

Gold Medal: 2011
Silver Medal: 2017, 2016
Bronze Medal: 2018

Esso Nationals

Bronze Medal: 2011

Ontario Winter Games

Bronze Medal: 2008



Here's to over one million hockey dreams.

Proud supporter of one million kids. And counting.

Through our support of community hockey, we've given over a million kids the chance to play our nation's game. That's a million kids dreaming big hockey dreams. And it's only the beginning.

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2019 Toronto Aeros Joan Padmore Memorial Scholarship Winner

Congratulations to Natasha Athanasakos,
3 Year Aero 2016-19 (Photo Below):
Matriculating to study Criminology,
University of Toronto, Fall 2019




Gala Celebration!

SATURDAY JANUARY 11TH 2020
Mark your calendars! Details to come.
www.torontoaeros.com



On behalf of the Toronto Aeros Girls Hockey Association, I would first like to extend thanks to our sponsors for their support. With a small organization and limited resources, it would be impossible to sustain an elite program without them. In particular, we owe deep gratitude to our lead sponsor Scotiabank. As we are again entering the "Fifth Season" as they say, our players are encouraged to continue to "Dream Big".

Thank you also to our dedicated staff and volunteers for the investment they make in support of our athletes on and off the ice. The challenge to provide the highest possible levels of hockey and personal development is one we all take extremely seriously.

This season is particularly special as it marks the 45th anniversary of the founding of the Toronto Aeros. When our organization began in 1974, it was uncommon to see girls playing competitive hockey. Our founders envisioned an opportunity for girls to enjoy playing the game at a high level. This season is a special one also for Ken Dufton. Ken began his coaching career with the Don Mills Flyers, which his father played a part in founding. As an experienced coach, Ken was approached to help the Aeros' girls program--the start of 35 years coaching either our Senior, Junior or Midget teams. Over the years Ken has coached a veritable "who's who" of female players, many who have since followed him into the coaching ranks. We have been very fortunate to benefit from his tremendous knowledge and experience. Congratulations Ken!

Today, when our Aeros players learn about the teamwork, discipline and work ethic required to play hockey at the highest levels, we hope they also learn the life skills and values that will lead them into leadership roles and much future success in life.

It therefore gives me great pleasure to announce the winner of the 2019 Joan Padmore Memorial Scholarship for Citizenship valued at \$1000. Natasha Athanasakos epitomizes our Aeros values. As a three year Aero, she graduated with a high nineties average in June while serving as Assistant Captain on our Junior Team in 2018-19. In addition, Natasha continues to inspire others as a dedicated leader, mentor and role model volunteering several hours weekly in various capacities: assisting the Markham Stouffville Bantam AA team, participating with the Elpida Foundation for Autism, and also volunteering as a fitness instructor. We encourage new donations to the Joan Padmore Aeros Endowment Fund to continue to recognize exceptional role models like Natasha in Joan's memory.

Our Tradition of Excellence continues on the ice. This past season, our Midget Aeros placed second in a very competitive division, and our Junior Aeros continued their record participation streak in the PWHL Final Four Championship Weekend. Highlighting the strong caliber of our players, we also maintain representation each year with numerous Team Ontario and National team U18, U22 and NWT camps and rosters.

We sincerely wish each of our players continued success in hockey and life, this season and beyond!

Sincerely,

Ross Hough
President
Toronto Aeros Girls
Hockey Association

TORONTO AEROS GIRLS HOCKEY ASSOCIATION

Business Address: 81 Vanbrugh Ave., Toronto ON M1N 3T1 Canada

Board of Directors:

- Ross Hough *President*
- Deb Kennedy *Vice-President*
- Mark Riseley *Treasurer*
- Jim Tait *Secretary*
- Inese Korbs *Board member*

The Toronto Aeros Girls Hockey Association is registered as a non-profit organization.



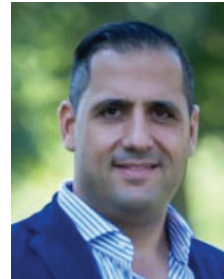
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13	TAYA LEONARD	F	6
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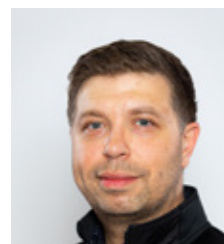
Toronto Aeros Association Staff



Ralph Aiello V.P. Hockey Operations
 A long-time fan and student of hockey, Ralph has extensive experience as both a player and coach. After graduating from New England College (NCAA) as an All-American athlete and leading scorer, he went on to play professional hockey in Europe and the U.S. For the last 20 years, Ralph has been coaching both elite boys (AAA in the GTHL/OMHA) and girls (AA in the OWHHA). His experience includes several seasons as a highly successful Head Coach of the Midget Aeros in the mid-to-late "aughts". Through the years he has had the privilege of helping his players reach their goals as OHL draft picks, signing their first NHL contract, and obtaining scholarships to NCAA/CIS universities such as Harvard, Yale, Dartmouth, McGill and Laurier to name just a few. Ralph believes that hockey can be a means for athletes to develop crucial life skills that will help them become the leaders of the future. At home Ralph and his wife Natalie stay busy with their young girls, Sofia and Amaya. We are very excited to have Ralph return to the Toronto Aeros family as V.P. of Hockey Operations, where he looks forward to sharing his passion for the game with another generation of players and parents. His depth of knowledge of both hockey and the Aeros will be a huge asset to TAGHA. Welcome back Ralph!



Deb Kennedy Education Advisor
 Deb's tenure began in 2006 with her girls' start as Aeros, when then-President Ani Ashwin mentored her in the NCAA recruiting process. Once her daughters went on to play at Harvard and Yale, her role continued to grow through word of mouth within and beyond our Association. Deb developed a roadmap and various tools and checkpoints to help Aeros successfully achieve timely SAT targets and navigate the process to find their best fit. Since 2008, Deb has led annual Education Seminars for us and several other organizations, and provides individualized advising for our athletes as well as outside athletes in multiple sports. With a long track record in helping players overcome obstacles to reach their NCAA goals, Deb is a valuable advising resource in all aspects of the U.S. university selection and admission process. Lou and Deb work closely together to help our players who aspire to NCAA play have all the ongoing knowledge, advice and support they need to access those opportunities. Deb has also been Managing Editor of our Media Guide for the past 13 years.



Lou Vedovat Academic Advisor
 In addition to coaching with the Aeros since 2006, Lou also helps keep our players on track academically to meet Canadian and U.S. university as well as Clearinghouse entry requirements. He has helped players with essays, tutored them in sciences and math, reviewed their course selections and assisted in discussions with University coaches. Lou can proudly say that due to his efforts, more than a few of our less-scholarly Aeros players have made the grade and gone on to University careers.



Sarah Rabinovitch Director of Athletic Therapy
 Sarah's Aeros experience began in 2009, as Athletic Therapist for three seasons with our Junior team. Sarah is now responsible for Concussion Management for all Aeros teams, supervision of our team Athletic Therapists, as well as assisting in some on-site game coverage. With eight years of clinical therapeutic experience and a passion for proper concussion care, she currently works at Thornhill Rehab & Chiropractic Centre specializing in Concussion Therapy. Sarah is a Board Director for the Ontario Athletic Therapist Association, and has degrees in Physical Education & Health from University of Toronto, and Athletic Therapy from Sheridan, as well as an RMT diploma.



Welcome to the 2019-20

Toronto Midget Aeros

Team Mandate

.....
 To provide an elite Midget AA girls' hockey program with high standards of commitment and skill development;

.....
 To prepare players to play at the next level;

.....
 To promote the importance of a higher education for our players;

.....
 To maintain the Aeros reputation as a "high class" organization with a high code of conduct for players and team staff;

.....
 To emphasize continuous improvement of the entire team and all players rather than individual statistics and winning all games.

A Tradition of Excellence



2

**Ahalya
Julien-Medeiros**

Defence

Shoots: Right **Height:** 5' 7"

Graduation Year: 2022
Birth Year: 2004

Hometown: Toronto ON

Previous Team: Vaughan Bantam AA

School: Notre Dame CSS, Grade 10

Academic Interest: The Arts, English, Sociology, Law

Hobbies: Visual Arts, Reading, Writing, Weightlifting, Cross-Fit

Key Achievements: Principal's Award for Student Leadership and Art Award, June 2019 (Blyth Academy Downsview Park School for Elite Athletes); School Ambassador for Hockey Prep Program (Female Athletes), Blyth Academy Downsview Park; Selected to OWHA U16 High Performance Camp, May 2019; Assistant Captain Vaughan Flames Bantam AA Hockey team 2018-19; Assistant Coach St. John C.S. Co-ed Hockey team; Baseball Championship, East York Baseball Association

Favourite Quotation:

It is not how good you are, it is how good you want to be.

– PAUL ARDEN



11

**Lauren
Kader**

Forward

Shoots: Right **Height:** 5' 3"

Graduation Year: 2022
Birth Year: 2003

Hometown: Montreal QC

Previous Team: Midget Aeros

School: Bishop Strachan School, Grade 10

Academic Interest: Engineering

Hobbies: Soccer, Flag Football, Tennis, Cooking, Drawing, Track & Field

Key Achievements: Honour Roll 2015-19, 95% Average; Awarded Grade 9 BSS Entrance Scholarship; Annual Math Contest Winner 2017; U15 Soccer National and GMAA Champions 2018; Captain and MVP Lower Canada College 7& 8 Boys 2017-18; Captain LCC D1 Soccer, MVP LCC D1 Flag Football, and LCC Top Female Athlete 2016; LCC Art Award 2016; 2-time Montreal Meltdown Champion AAA 2016-18; Selected to Peewee Team Quebec 2016, Kitchener/Waterloo Canada Cup Series Midget AA Champions 2018-19; Oakville Tournament Midget AA Champions 2018-19

Favourite Quotation:

If you have everything under control, you aren't moving fast enough.

– MARIO ANDRETTI



13

**Taya
Leonard**

Forward

Shoots: Left **Height:** 5' 5"

Graduation Year: 2022
Birth Year: 2004

Hometown: Stouffville ON

Previous Team: NYS Bantam AA

School: Stouffville DSS, Grade 10

Academic Interest: Medicine, Health Sciences

Hobbies: Volleyball, Swimming, Cottage, Fitness Training

Key Achievements: Honour Roll Student, 90%+ Average; Athlete of the Year Nominee 2019; Principal's Award 2017-18; Three Time Silver Stick Champion 2018, 2017, 2015; LLFHL Bantam AA Final Four Championships 2018-19; Provincial Silver Medalist and Division Regular Season Champion 2014-15; LLFHL Gold Medalist and Division Regular Season Champion 2013-14; Can-Am Challenge Cup Shoot Out Winner 2014 Lake Placid, NY; Currently a Volunteer at the Jennifer Ashleigh Children's Charity

Favourite Quotation:

Hard work beats talent when talent doesn't work hard.

– TIM NOTKE



15

**Jaedyn
Smail**

Defence

Shoots: Left **Height:** 5' 7"

Graduation Year: 2020
Birth Year: 2002

Hometown: Etobicoke ON

Previous Team: NYS Midget A

School: Father John Redmond CSS, Grade 12

Academic Interest: Physics, Biology, Chemistry, Math

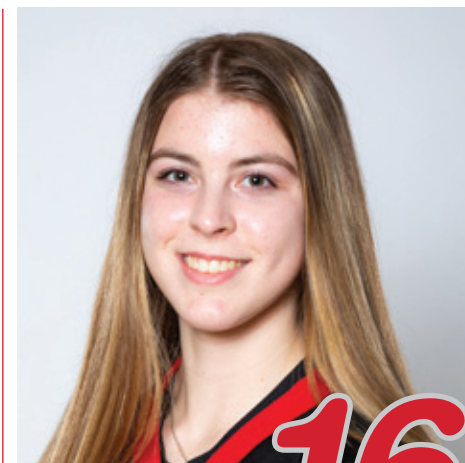
Hobbies: Hockey, Lacrosse, Singing, Guitar, Piano

Key Achievements: Honour Roll 2017-19, 94% Average; Senior Athlete of the Year, MVP Varsity Lacrosse, MVP Varsity Hockey 2018-19; Team Canada Women's Field Lacrosse Prospect 2019 (Top 34); Team Ontario Lacrosse U19 National Championships Alberta 2018; Team Ontario U17 Lacrosse 2015, 2014; Awarded All Star for Ontario Summer Games Lacrosse 2018 and 2016; MVP Mimico Lacrosse 2018, 2017, 2016, 2015, 2014, 2012, 2010; Captain of NYS Hockey 2018-19, 2017-18, 2016-17; 1 Away Camp for Worlds - Carolyn Toll 2016; National Women's Lacrosse Combine 2015; Team Everest 2014, 2013

Favourite Quotation:

If it doesn't challenge you, it won't change you.

– FRED DEVITO



16

**Olivia
Pridham**

Defence

Shoots: Left **Height:** 5' 9"

Graduation Year: 2021
Birth Year: 2003

Hometown: Stouffville ON

Previous Team: Midget Aeros

School: Bill Crothers SS, Grade 11

Academic Interest: Law, English, Sports Media, Business

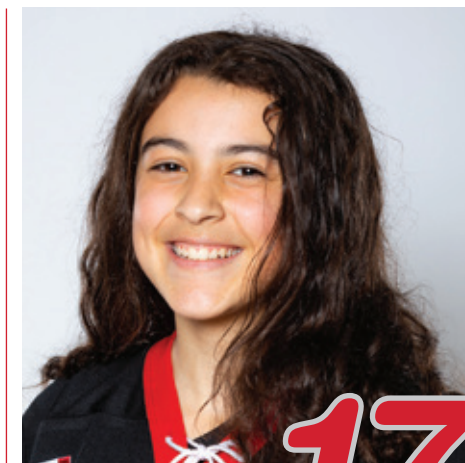
Hobbies: Training, Swimming, Running, Cottage

Key Achievements: Honour Roll 2013-19, 92% Average; Graduating Class Top Academic Award and Female Athlete 2017; Varsity Field Hockey and Varsity Hockey 2017-19; Track and Field Award 2013-2017; K/W Canada Cup Series Midget AA Champions 2018-19; Oakville Tournament Midget AA Champions 2018-19; Hockey Team Captain 2016-17, 2015-16, 2013-14; Rush Inferno Buffalo Champions 2017; Rush Elite Summer Tournament Champions 2016; Toronto Maple Leafs Hockey School Instructor 2016-2017; Bronze Cross Lifeguard

Favourite Quotation:

Winning means you're willing to go longer, work harder, and give more than anyone else.

– VINCE LOMBARDI



17

**Cailey
Davis**

Forward

Shoots: Right **Height:** 5' 5"

Graduation Year: 2021
Birth Year: 2003

Hometown: Sutton ON

Previous Team: Midget Aeros

School: Bill Crothers SS, Grade 11

Academic Interest: English, Sociology, Humanities, Sport Psychology, Law

Hobbies: Field Lacrosse, Soccer, Reading, Field Hockey

Key Achievements: Honour Roll; Student Leadership Conference Delegate; Me To We Humanitarian Volunteer Trip Tanzania 2018; Valedictorian; YRDSB Academic Proficiency Award and Female Athlete of the Year 2017; OFSAA Field Hockey Bronze Medalist 2018; K/W Canada Cup and Oakville Tournament Midget AA Champions 2018-19; Ontario Summer Games (Ice Hockey 2018, Field Lacrosse 2016); Silver Stick Champion Bantam AA, Atom AA; World Selects Invitational (Bolzano 2017, Helsinki 2016); Volunteer with Right to Play, Special Needs Athletic Program, Hyperfit Hockey, Me to We

Favourite Quotation:

Be humble, be hungry and always be the hardest worker in the room.

– DWAYNE JOHNSON



Leah Horowitz

Forward

Shoots: Right **Height:** 5' 5"

Graduation Year: 2020
Birth Year: 2002

Hometown: Thornhill ON

Previous Team: NYS Midget AA

School: Westmount CI, Grade 12

Academic Interest: Biology, Chemistry, Kinesiology

Hobbies: Hockey, Baseball, Basketball, Guitar, Music

Key Achievements: Honour Roll Student 2014–2018, 90% Average; Elected to School Athletic Council 2016-19; TDSSAA Field Hockey Finalist 2017; Varsity Girls Hockey 2017; Varsity Boys Hockey 2016; GTHL West Division Champions, Toronto Wolverines 2016; GTHL City Champions, Toronto Wolverines 2015

Favourite Quotation:
Winners never quit and quitters never win.
– VINCE LOMBARDI



Lauren McEachen

Defence

Shoots: Left **Height:** 5' 8"

Graduation Year: 2022
Birth Year: 2004

Hometown: Scarborough ON

Previous Team: Scarborough Bantam AA

School: R.H. King Academy, Grade 10

Academic Interest: Science, Business

Hobbies: U19 Lacrosse, Varsity Sports, Reading

Key Achievements: Honour Roll, 90% Average; Future Leaders Pathway Program at R.H. King; OFSAA Track & Field 400m & 4x100 Relay 2019; Athlete of the Year 2019, 2018; Ontario Principal Student Leadership Award 2018; TDSB Track & Field City Finals: 1st place 4x100 Relay, 7th place 400m 2018; TDSB Cross Country City Finals 2015-18; TDESAA Girls Softball Conference Champion 2018, 2016; Valedictorian 2016; Bantam AA MVP 2018-19; Ontario Summer Games Hockey Participant 2018; OWFL Field Lacrosse Provincial Silver Medalist 2018; Silver Stick Champion 2017; OWHA Provincial Gold and LLFHL Bronze Medalist 2015

Favourite Quotation:
Hard work beats talent when talent doesn't work hard.
– TIM NOTKE



Victoria Bullock

Forward

Shoots: Right **Height:** 5' 10"

Graduation Year: 2020
Birth Year: 2002

Hometown: Markham ON

Previous Team: Midget Aeros

School: Markham DHS, Grade 12

Academic Interest: Health Sciences

Hobbies: Rugby, Flag Football, Guitar

Key Achievements: Honour Roll 2016-19, 92% Avg.; Athletic Excellence Award 2019, 2018; MDHS Rugby and Hockey MVP 2019; Junior Athlete of the Year 2017; U16 Central Ontario Women's Rugby, 2018 Eastern Nation Rugby Champion; Junior Girls Athlete Awards Winter 2018 and Fall 2016; Varsity Flag Football YRAA Champions 2017; Principal's Award, Dramatic Arts Award and Student Council VP 2016; K/W Canada Cup and Oakville Tournament Midget AA Champions 2018-19; OWHA Provincial Midget AA Bronze Medalist 2018; Bantam AA Asst. Captain and March Madness Champions 2017; Aurora Barbarians Rugby MVP 2018, 2016; Track & Field York Regional Finalist 2016

Favourite Quotation:
There may be people that have more talent than you, but there's no excuse for anyone to work harder than you do.
– DEREK JETER



Alexia Stratos

Goalie

Catches: Left **Height:** 5' 6"

Graduation Year: 2022
Birth Year: 2004

Hometown: Markham ON

Previous Team: NYS Bantam AA

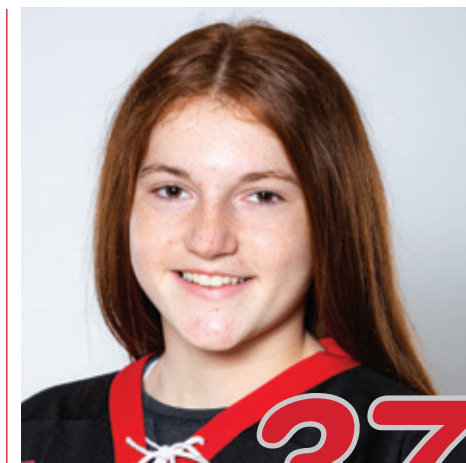
School: Bill Crothers SS, Grade 10

Academic Interest: Science, French

Hobbies: Cooking, Volleyball, Soccer, Field Hockey, Time with Family and Friends

Key Achievements: Honour Roll 2017-18; LLFHL Bantam AA Final Four 2018-19; International Silver Stick Champion 2018, 2017; Beantown Classic Champion 2018; OWHA Provincial Gold Medalist and LLFHL Gold Medalist 2015; LLFHL Bronze Medalist 2014; Montreal Meltdown Champion 2017, 2016; Pink the Rink Champion 2014

Favourite Quotation:
Do not go where the path may lead; go instead where there is no path and leave a trail.
– RALPH WALDO EMERSON



Brooklyn Oakes

Goalie

Catches: Left **Height:** 5' 6"

Graduation Year: 2022
Birth Year: 2004

Hometown: Richmond Hill ON

Previous Team: Midget Aeros

School: Bill Crothers SS, Grade 10

Academic Interest: Science, Kinesiology

Hobbies: Rugby, Volleyball, Travel

Key Achievements: Honour Roll 2016-19, 91% Average; Female Athlete of the Year Award 2017-18; Cross-Country Area Champion 2013-18; Selected For OWHA U16 Camp 2019; Selected as One of Three 2004 Goalies for Toronto Maple Leafs Fuelling the Future Invitational Camp 2018; International Silver Stick Bantam AA Gold Medalist 2018; Kitchener/Waterloo Canada Cup Series Midget AA Champions 2018-19; Oakville Tournament Midget AA Champions 2018-19; York Simcoe Boys AA Hockey Gold Medalist 2017; World Select Invitational Finland Silver Medalist 2016; Boston Beantown Gold Medalist 2016

Favourite Quotation:
Success is a choice.
– JAMIE MCGUIRE, GOALIE INSTRUCTOR



Isabella Greco

Forward

Shoots: Right **Height:** 5' 5"

Graduation Year: 2022
Birth Year: 2004

Hometown: East York ON

Previous Team: NYS Bantam AA

School: East York CI, Grade 10

Academic Interest: Mathematics, Science, Kinesiology

Hobbies: Outdoor Activities, Soccer, Field Hockey, Lacrosse

Key Achievements: Honour Roll Student 2017-19, 91% Average; School Athlete of the Year 2018; LLFHL Bantam AA Final Four 2018-19; International Silver Stick Bantam AA Gold Medalist 2018; Silver Stick Gold Medalist 2017, Silver Stick MVP 2017; LLFHL League Champions 2015; OWHA Provincial Silver Medalist 2015; OWHA Provincial Bronze Medalist

Favourite Quotation:
There may be people who have more talent than you, but there's no excuse for anyone to work harder than you do – and I believe that.
– DEREK JETER



Georgia Sambrano

Defence

Shoots: Left **Height:** 5' 4"

Graduation Year: 2023
Birth Year: 2005

Hometown: Mississauga ON

Previous Team: NYS Bantam AA

School: St. Martin SS, Grade 9

Academic Interest: Law, Sports Psychology, Architecture

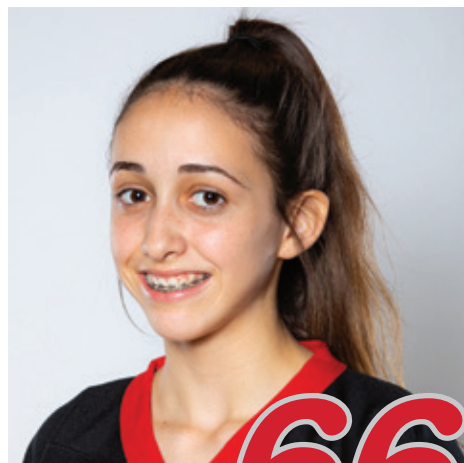
Hobbies: Playing Guitar and Drums, Reading, Training

Key Achievements: Honour Roll, 85% Average; Dolphin Sr. Middle School Female Student Athlete of the Year 2019; Dolphin Invitational Tier 1 Middle School Gold Medalist, Tournament MVP; Deb MacDonald 3 on 3 Gold Medalist 2019; LLFHL Bantam AA Final Four 2018-19; LLFHL Peewee AA Division Champions 2017-18; OWHA Provincial Peewee AA Bronze Medalist 2018; U15 World Select Invitational Gold Medal and Tournament MVP (Italy) 2019; Top Tier DGF 05 Gold Medalist and Ponytail DGF 05 Gold Medalist 2019

Favourite Quotation:

It's not how good you are. It's how good you want to be.

– PAUL ARDEN



Montelene Dymond

Forward

Shoots: Right **Height:** 5' 8"

Graduation Year: 2023
Birth Year: 2005

Hometown: Barrie ON

Previous Team: NYS Bantam AA

School: St. Joan of Arc, Grade 9

Academic Interest: Science, Social and Environmental Studies, Geography

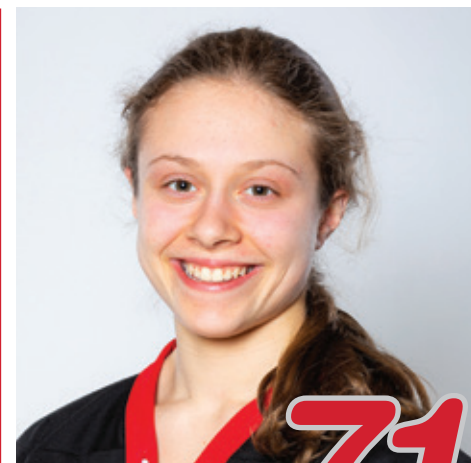
Hobbies: Art, Working out, Running

Key Achievements: Honour Roll, 82% Average; Female Athletics Award 2019; Senior Hockey District Champions 2019; Track & Field District Gold Medalist 200M, 400M, Relay and Long Jump 2019; Track & Field District Gold Medalist 100M, 200M, 400M, 800M, Relay, Long Jump and Ball Throw in 2018, 2017, 2016, 2015; Rep Soccer, Barrie Soccer Club 2013-19; U13 Ontario Cup Soccer Finalist 2018; Cross-Country District Silver Medalist 2017, 2016; Cross-Country District Gold Medalist 2015, 2014; Achieved Taekwondo Black Stripe Belt 2016; Bell Capital Cup Gold Medalist 2017, 2016, 2015: 2x MVP, 3x Player of the Game, 2x Skills Competition Winner

Favourite Quotation:

Everything will be okay in the end. If it's not okay, it's not the end.

– JOHN LENNON



Michela Lio

Forward

Shoots: Left **Height:** 5' 5"

Graduation Year: 2021
Birth Year: 2003

Hometown: Toronto ON

Previous Team: Midget Aeros

School: Villanova College, Grade 11

Academic Interest: Criminal Justice, Kinesiology, Sports Management

Hobbies: Fitness Training, All Sports, Time with Friends and Family

Key Achievements: Honour Roll, 93% Average; Principal's Award (Every Class 90%+ Average) Grade 9 and 10; Graduating Class Valedictorian 2017; Captain and MVP Jr. Varsity Volleyball 2018-19; Jr. Varsity Soccer CISAA Champions 2018; Captain and MVP for Jr. Varsity Basketball 2018-19; YRAA Track & Field Championships 2018-19; Female Athlete of the Year and Captain of School Hockey, Softball, Soccer, Basketball and Volleyball 2016-17; OWHA U16 High Performance Camp 2018; Silver Stick BAA Champions 2018; K/W Canada Cup and Oakville Tournament Midget AA Champions 2018-19

Favourite Quotation:

When you want to succeed, as bad as you want to breathe, then you'll be successful.

– ERIC THOMAS



Madison McNeil

Defence

Shoots: Left **Height:** 5' 5"

Graduation Year: 2021
Birth Year: 2003

Hometown: Toronto ON

Previous Team: NYS Midget AA

School: Northview Heights SS, Grade 11

Academic Interest: Social Sciences, Criminology

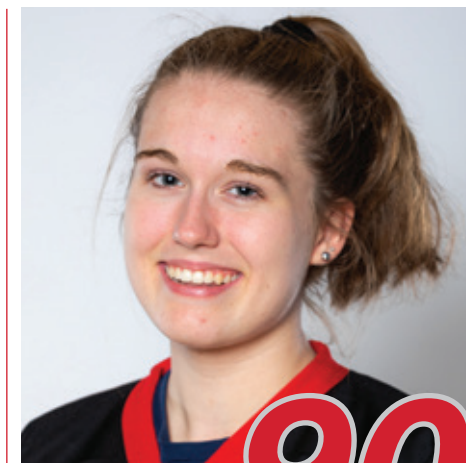
Hobbies: Soccer, Working Out, Time with Family and Friends

Key Achievements: Honour Roll 2016-19, 83% Average; Indoor Girls Varsity Soccer TDSB Regional Champions and TDSB Championship Semi Finalist 2019; Outdoor Girls Varsity Soccer TDSB Regional Semi Finalist; Varsity Softball 2018; Female Athlete of the Year 2017; City of Toronto Award 2017; Aurora Silver Stick Bantam AA Champion 2017; LLFHL Central Division Bantam A Champion 2016 and Championship Weekend Bronze Medalist 2016; Spring Hockey Top Tier U16 Champion 2018; Ponytail U19 Semi Finalist 2018; Queens of the Rings U16 Champion

Favourite Quotation:

Sometimes you win, sometimes you learn.

– JOHN C. MAXWELL



Gillian Miller

Forward

Shoots: Left **Height:** 5' 9"

Graduation Year: 2020
Birth Year: 2002

Hometown: Oakville ON

Previous Team: Midget Aeros

School: Oakville Trafalgar HS, Grade 12

Academic Interest: Performance Music, Law

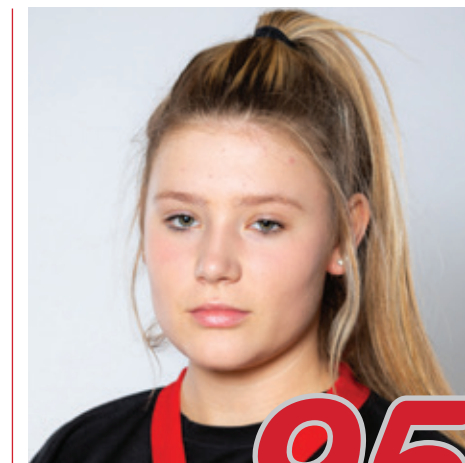
Hobbies: Piano, Saxophone, Jazz and Wind Ensemble Bands, Drama Club, Link Leader Organization

Key Achievements: Honour Roll (French Immersion), 96% Avg; Media Club President 2017-20; School Ambassador Committee 2018-20; Debate Club VP 2018-20; Halton Speech Competition Silver Medalist 2018; Wind Ensemble Nationals Silver 2019, Bronze 2018, Gold Medalist 2017; Senior Jazz Band Nationals Gold Medalist 2019, Silver Medalist 2018; Asst. Captain Midget Aeros 2018-19; OWHA Provincial Midget AA Bronze Medalist 2018; LLFHL Division Champions Midget AA 2017-18; OWHA U16 High Performance Camp 2017; Grade 9 Conservatory Piano; Weekly Volunteer at Senior's Centre

Favourite Quotation:

We are what we repeatedly do; Excellence, then, is not an act but a habit.

– ARISTOTLE



Caitlin Hollands

Forward

Shoots: Right **Height:** 5' 6"

Graduation Year: 2021
Birth Year: 2003

Hometown: Uxbridge ON

Previous Team: Midget Aeros

School: Uxbridge SS, Grade 11

Academic Interest: French, Law, Math

Hobbies: Rugby, Watersports, Snowboarding, Time with Friends

Key Achievements: Honour Roll 2019; Athletic Council 2018-19; Student Council 2016-18; OFSAA Varsity Hockey Finalist, LOSSA Champions 2019; OFSAA Senior Rugby Finalist, LOSSA Champions 2019; Jr. Rugby Barbarian Cup Winners 2019, 2018; OFSAA Rugby 15's Bronze Medalist 2018; OFSAA Rugby 7's Gold Medalist 2017; Grade 9 Female of the Year Award 2018; Leadership Camp Candidate, Principal and French Award Nominee 2017; K/W Canada Cup and Oakville Tournament Midget AA Champions 2018-19; OWHA U16 High Performance Camp 2017-18; Hockey Instructor 2016-19; Markham Fair Committee Member 2015-19; Bible Camp Youth Leader 2016-19

Favourite Quotation:

The pain you feel today will be the strength you feel tomorrow.

– RITU GHATOUREY



Toronto Midget Aeros Staff



Ken Dufton *Head Coach*

It is our privilege to have Ken coaching with the Aeros for 35 years. Ken won 4 National and 15 Provincial Championships with our former Senior Women's program. He coached with the Canadian National Women's team as Associate Coach, winning World Championships in 1999 and 2004. Ken was also an Assistant with the National U22 team, and Head Coach of the 1993 Team Ontario National U18 Champions. In 2006 & 2007 he coached the Junior Aeros to back-to-back PWHL and Provincial Gold Medals, with an undefeated season in league play in 2005-06, PWHL Gold Medals in 2010 and 2011, and a PWHL Silver Medal in 2012. As Midget Head Coach since 2012-13, Ken led the team to back-to-back OWSA Provincial Silver Medals in 2016 and 2017, a Bronze Medal in 2018, and the LLFHL Gold Medal in 2017. In addition to the Aeros, Ken is the long time Varsity Hockey Head Coach at The Bishop Strachan School and has been Associate Coach with Ryerson since 2014.



Anna Blando *Associate Coach*

Anna graduated from Lakehead University with an Honours Degree in Kinesiology, Bachelor of Education and a MSc in Kinesiology. She has over 15 years experience at every level from Atom to Junior A with her HP1 certification. Over the years Anna has been an Associate Coach with Thunder Bay, Saugeen-Maitland and Markham Stouffville. She has also been an Associate Coach at the 2012 and 2014 Ontario Winter Games, winning a Silver Medal in 2012. Anna was a Head Coach at the 2016 and 2018 Ontario Summer Games. In addition, Anna has been involved with summer hockey teams for many years in both Canada, U.S., and on Tour in Europe with the Selects Hockey Program. In her 6 seasons with the Midget Aeros to date, the team has won one Bronze and two Silver Medals at OWSA Provincials, and LLFHL Gold and Bronze Medals. Anna is also an Assistant Coach at Western. We are happy to see Anna return for her 7th season.



Jamie McGuire *Goaltending Coach*

Jamie is Co-Founder of Goaltending Consultant Group (GCG). He was Head Coach and General Manager of the CWHL's Vaughan Flames from 2008-10, and was Goalie Coach of the York Lions from 2009-14. In 2011-12, Jamie was Goalie Coach of Team Canada U18. Jamie was also the Head Coach of the 2012 ISIJF World Champion National Standing Amputee Team. This is Jamie's first season with the Aeros. Welcome Jamie!



Anthony Qiang *Athletic Therapist*

Anthony graduated with a Masters in Physiotherapy at UofT and is working as a registered physiotherapist in Toronto. Prior to this, Anthony completed his undergrad at Queen's and worked abroad in Singapore for a year. Anthony has a strong interest in sports physiotherapy and is currently pursuing his Sports Physiotherapy Certificate. Outside of hockey he has experience as an emergency first responder in basketball, box lacrosse, field lacrosse, badminton, soccer and football. Most recently, he worked as a part-time trainer for the Etobicoke Eagles Football Junior and Senior Varsity teams. This is Anthony's first year with the Aeros. Welcome Anthony!



Scott Bullock *Team Manager*

This will be Scott's 3rd season as the Manager for the Midget AA team. Before joining the Aeros organization Scott has been a coach, manager and Executive Board member for both the Markham Stouffville Stars in the OWSA and the Markham Waxers of the OMHA. In addition to his role with the Aeros, Scott is also a Coach and Head of Girls Junior Development with the Aurora Barbarians Rugby Football club. Scott's 20 years experience as a volunteer in Minor Hockey is a major asset to the organization.



Lou Vedovat *Associate Coach*

Lou played minor hockey at the AAA level in the MTHL, as well as four years of Junior hockey. After graduating from St. Michaels College, Lou received a hockey scholarship to play at New England College. In 2000 he was voted an All-American Scholar Athlete and his team won the ECAC East Championship in 2001. In 2002 he graduated with a BSc in Health and Sports Science. Lou has instructed at hockey schools throughout Ontario and New Hampshire for many years, and has considerable experience as a GTHL Boys AAA Head Coach. Lou has been an Aeros Associate coach for 13 consecutive seasons, with both Midget and Junior Aeros experience. With the Midget team for the past 8 seasons, his achievements include back-to-back OWSA Provincial Silver Medals in 2016 and 2017, as well as Bronze in 2018, and the 2016-17 LLFHL Championship. We are thrilled to have Lou return to the Aeros once again.



Mercedes Watson *Associate Coach*

An NCCP D1 Coach, Mercedes has over 10 years experience, dedicating most of her coaching career to Midget men's and women's programs; she believes this is a critical age for player development in both athletic and personal growth. Mercedes has a Masters in Kinesiology in Coaching Science from UBC, and is a certified Exercise Physiologist and Strength & Conditioning Coach. Welcome back!



Peter Manza *Associate Coach*

Peter is excited to be back with the Midget Aeros for a fourth season in 2019-20. He has been Head or Assistant Coach in boys and girls minor hockey at many levels from A to AAA levels for over 35 years. Peter has Intermediate coaching certification. Welcome back Peter!



Toronto Aeros Alumnae

Since its inception, the Toronto Aeros Girls Hockey Association has achieved an impressive record of success in assisting players to accomplish their aims for higher education, while continuing their athletic career at the next level.

Over the past 10 seasons alone, 111 players graduating from the Aeros program have continued to play at the NCAA Division I, Division III or CIS level. With the majority of our players during that time period moving up to compete at NCAA Division I universities (75 players), the Toronto Aeros have established a long track record as the foremost source in North America for Division I student-athlete placement. Since 2010, 26 Aeros Alumnae – nearly ¼ of these graduating players – have successfully matriculated to Ivy League educational opportunities.

We are incredibly proud of all of our alumnae in the realization of their efforts to achieve their full academic, athletic and personal potential, at the university of their choice. It is our hope that their time as an Aero helped instill in them the value of excellence in all they do, and wish them well as they continue their journey in pursuit of life-long success!

Listed below are those Aeros Alumnae graduating in the past 4 seasons who continue to combine athletics and academics at the next level. For a complete list of Alumnae, see www.torontoaeros.com.



2019 Alumnae	Natasha Athanasakos	<i>UofT</i>	Katelyn Knoll	<i>Northeastern</i>
	Sydney Bard	<i>Colgate</i>	Kennedy Macalpine	<i>Merrimack</i>
	Alexa Feasby	<i>Guelph</i>	Mia Morano	<i>Ryerson</i>
	Lexi Giorgi	<i>Queens</i>	Avery Peer	<i>Guelph</i>
	Teagan Grant	<i>Wisconsin</i>	Amelia Van Vliet	<i>Syracuse</i>
	Alex Grudzinski	<i>Boston U</i>	Kaitlyn Yearwood	<i>UConn</i>
	Shannon Hollands	<i>Harvard</i>		
2018 Alumnae	Courtney Correia	<i>Boston U</i>	Gillian Thompson	<i>Robert Morris</i>
	Claire Dalton	<i>Yale</i>	Natalie Thompson	<i>Ryerson</i>
	Lauren Ianni	<i>Guelph</i>	Natalie Pantaleo	<i>Ryerson</i>
	Sophie Jaques	<i>Ohio State</i>	Nicole Posesorski	<i>Queens</i>
	Mackenzie Krasowski	<i>Robert Morris</i>	Gabrielle Underwood	<i>Guelph</i>
2017 Alumnae	Madeline Albert	<i>UofT</i>	Lauren Moriyama	<i>Yale</i>
	Blaire Allison	<i>UOIT</i>	Julia Paton	<i>Queens</i>
	Emma Buckles	<i>Harvard</i>	Camryn Tait	<i>Providence</i>
	Melanie Camacho	<i>Ryerson</i>	Kayla Wormsbecher	<i>Dartmouth</i>
	Avery Mitchell	<i>Clarkson</i>		
2016 Alumnae	Taylor Baker	<i>RIT</i>	Stephanie Neatby	<i>Princeton</i>
	Claudia Black	<i>RIT</i>	Sabrina Repaci	<i>Rensselaer</i>
	Céline Frappier	<i>Mercyhurst</i>	Haley Shugart	<i>Union</i>
	Victoria Haywood	<i>RIT</i>	Claire Thompson	<i>Princeton</i>
	Emma Low-A-Chee	<i>Robert Morris</i>	Neve Van Pelt	<i>Providence</i>
	Erin Near	<i>Lindenwood</i>		



*WISHING THE TORONTO
AEROS THE BEST OF LUCK
IN THE 2019/2020 SEASON!*



PROUD TO SUPPORT THE AEROS



TORONTO AEROS GIRLS HOCKEY ASSOCIATION 2019-20

Welcome to the 2019-20

Toronto Junior Aeros

Team Mandate

.....
To provide an elite Junior women's hockey program with high standards of commitment and skill development;

.....
To prepare players to play at the University and Senior levels and possibly National Team levels;

.....
To promote the importance of a higher education for our players;

.....
To maintain the Aeros reputation as a "high class" organization with a high code of conduct for players and team staff;

.....
To emphasize continuous improvement of the entire team and all players rather than individual statistics and winning all games.

A Tradition of Excellence



4

Tory Mariano

Defence

Shoots: Right **Height:** 5' 7"

Graduation Year: 2021
Birth Year: 2003

Hometown: Buffalo NY

Previous Team: Buffalo Bisons U19

School: Nichols School, Grade 11

Academic Interest: Spanish, Science, English

Hobbies: Cooking, Snowboarding, Travel

Key Achievements: 3.6 GPA; Selected to USA Select 16/17 Camp 2019, USA Select 15 Camp 2018, USA Select 14 Camp 2017; New York State Section IV Hockey Champions 2017; Western New York Girls Hockey Federation Champions 2017; Selects Invitational in Stockholm & Helsinki 2016

Favourite Quotation:

Good players inspire themselves, great players inspire others.

– UNKNOWN



5

Teghan MacRae

Defence

Shoots: Left **Height:** 5' 6"

Graduation Year: 2021
Birth Year: 2003

Hometown: Innisfil ON

Previous Team: Midget Aeros

School: Bradford DHS, Grade 11

Academic Interest: Kinesiology, Science, Math, P.T., Neuroscience

Hobbies: Softball, School Sports

Key Achievements: Honour Roll, 90% Avg.; Most Outstanding Student Award 2017; Ontario Summer Games Gold Medalist 2018; K/W Canada Cup Series and Oakville Tournament Midget AA Champions 2018-19; Silver Stick Bantam AA Gold Medalist 2018; East Coast Selects 2017 (Italy) 2016 (Finland); LLFHL Bronze Medalist 2015-16; LLFHL Gold Medalist 2013-14; LLFHL Silver Medalist 2011-12; Concept Hockey Camp Counselor 2016-Present; OSSTA Softball Silver Medalist 2015 and Gold Medalist 2013; Tier 1 Softball

Favourite Quotation:

Somewhere behind the athlete you've become and the hours of practice and the coaches who've pushed you, is a little girl who fell in love with the game and never looked back... play for her.

– MIA HAMM



7

Cameron Sikich

Defence

Shoots: Left **Height:** 5' 5"

Graduation Year: 2021
Birth Year: 2003

Hometown: Thornhill ON

Previous Team: Midget Aeros

School: Bill Crothers SS, Grade 11

Academic Interest: Math, Science, Business, Law

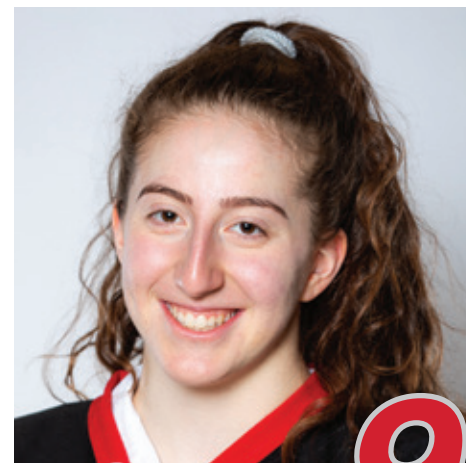
Hobbies: Rugby, Reading, Music

Key Achievements: Honour Roll 2013-19, 97% Avg.; Highest Grade 9 Female Academic Achievement Award 2018; Outstanding Achievement in Math and Science Awards 2018; Valedictorian, Athlete of the Year, Top Overall Average, Woodland PS 2017; Student Council Co-VP 2017; Eastern National Rugby Champions 2018; Coaches Award, U17 Girls Rugby Club 2018; Best Forward Award, U14 Girls Rugby Club 2017; YRAA Varsity Girls Rugby Champion 2018; K/W Canada Cup and Oakville Tournament Series Midget AA Champions 2018-19; Ontario Summer Games Hockey Bronze Medalist 2018; Silver Stick Bantam AA Champions 2018; Thornhill Terry Fox Run Participant & Volunteer 2012-18

Favourite Quotation:

In the end we only regret the chances we didn't take.

– LEWIS CARROLL



9

Issy Wunder

Forward

Shoots: Right **Height:** 5' 11"

Graduation Year: 2021
Birth Year: 2003

Hometown: Toronto ON

Previous Team: Midget Aeros

School: Tanenbaum CHAT, Grade 11

Academic Interest: English, Mathematics, Criminal Law

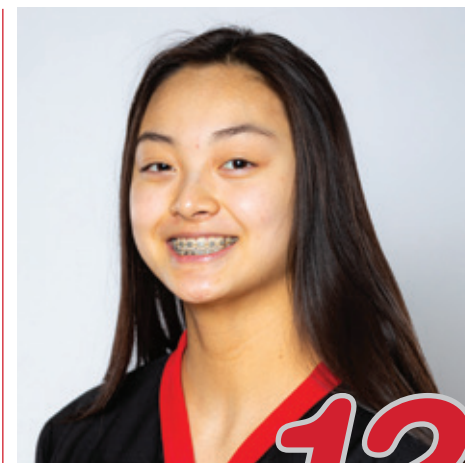
Hobbies: Soccer, Reading, Waterskiing, Time with Friends

Key Achievements: Achieved 30 ACT; Jr. Varsity Athlete of the Year 2018-19, 2017-18; Captain and MVP, Jr. Girls Basketball 2018-19; Asst. Captain, TDCAA Championship Varsity Boys Hockey; Hockey and Flag Football MVP 2018; Valedictorian 2017; Elected Student Council Treasurer 2016-17; Athlete of the Year 2017; Overall Student of the Year Award 2017, 2016; U18 OWHA High Performance, Strength and Conditioning Camps 2019; Represented OWHA Canada U16 Series vs Japan, 2019; K/W Canada Cup Series and Oakville Tournament Midget AA Champions 2018-19; Ontario Summer Games U16 Hockey 2018; Silver Stick Bantam AA Gold Medalist 2018

Favourite Quotation:

If you can't stop thinking about it, don't stop working on it.

– MICHAEL JORDAN



12

Claudia Yu

Forward

Shoots: Right **Height:** 5' 6"

Graduation Year: 2020
Birth Year: 2002

Hometown: Stouffville ON

Previous Team: Junior Aeros

School: Bill Crothers SS, Grade 12

Academic Interest: Sciences, Law

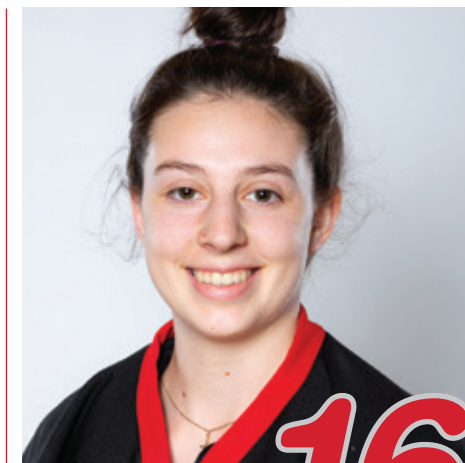
Hobbies: Reading, Listening to Music, Watching Movies

Key Achievements: Honour Roll Student; PWHL Final Four 2018-19; OWHA Provincial Midget AA Bronze Medalist 2017-18; LLFHL Midget AA Division Champions 2017-18; Selected to OWHA U16 High Performance Camp 2017; Selected to Ontario Summer Games 2016; Ridley College Tournament Midget AA Gold Medalist and Ottawa Showcase Midget AA Silver Medalist 2017-18; Lifesaving Society Bronze Medallion; Lifesaving Society Emergency First Aid Certified; Contributed 62 points Bantam AA 2016-17 and 55 points Peewee AA 2014-15

Favourite Quotation:

It's not whether you get knocked down, it's whether you get up.

– VINCE LOMBARDI



16

Logan Biggs

Forward

Shoots: Left **Height:** 5' 4"

Graduation Year: 2020
Birth Year: 2002

Hometown: Toronto ON

Previous Team: Midget Aeros

School: Bishop Strachan School, Grade 12

Academic Interest: Kinesiology, Health Sciences

Hobbies: Fitness Training, Sports, Time with Family and Friends

Key Achievements: Honour Roll, 90% Avg.; Varsity Hockey CISAA Tier 1 2016-19; Softball CISAA Tier 1 2016-19; School Softball MVP Award 2019, 2018 and 2017; Basketball CISAA Tier 1 2017-19, 2017-18; Varsity Field Hockey CISAA Tier 1 2016-17; OWHA Provincial Midget AA Bronze Medalists 2017-18; LLFHL Midget AA Division Champions 2017-18; LLFHL Bantam AA Division Champions 2016-17; Math Award 2015-16; TCDSB Girls Hockey Gold Medalist 2015-16; TCDSB Co-ed Hockey Silver Medalist 2015-16; TCDSB Girls Softball Silver Medalist 2015-16; Mentor to Etobicoke Novice A Team; Volunteer at Canadian Food For Children Charity; Instructor with Fierce Hockey

Favourite Quotation:

Alone we can do so little; together we can do so much.

– HELEN KELLER



**Kassidy
McCarthy**

21

Forward

Shoots: Right **Height:** 5' 8"

Graduation Year: 2020
Birth Year: 2002

Hometown: Clarington ON

Previous Team: Brampton Junior

School: Bowmanville HS, Grade 12

Academic Interest: Psychology

Hobbies: Time with Family and Friends, Running, Playing Sports

Key Achievements: Honour Roll Student 2016-19, 84% Average; Respect Award 2017, Sports Award 2016

Favourite Quotation:

If your dreams don't scare you, they aren't big enough.

– MUHAMMAD ALI



**Annmarie
FitzGerald**

25

Forward

Shoots: Left **Height:** 5' 6"

Graduation Year: 2019
Birth Year: 2001

Hometown: Shaker Heights OH

Previous Team: Gilmour Academy Girls U19

School: Graduated Gap Year

Academic Interest: Psychology, Forensic Science

Hobbies: Being on the Lake with Friends, Travel

Key Achievements: Graduated on Honour Roll 4.0 GPA; News Channel 5 Student Athlete of the Week, December 2018; Head of School Award (Top 10% in Class) May 2017; 77 Camp Attendee June 2018; 66 Camp Attendee June 2017; Achieved 21 ACT (retaking)

Favourite Quotation:

Those who dare to fail miserably can achieve greatly.

– JOHN F. KENNEDY



**Celeste
Beaudoin**

29

Forward

Shoots: Left **Height:** 5' 5"

Graduation Year: 2020
Birth Year: 2002

Hometown: Stouffville ON

Previous Team: Junior Aeros

School: Bill Hogarth SS, Grade 12

Academic Interest: Law, Accounting, Business

Hobbies: Lacrosse, Reading, Swimming

Key Achievements: Honour Roll (French Immersion); Valedictorian; First Aid Certification 2019; MVP Awards Varsity Volleyball and Hockey 2018-19; Athlete of the Year 2018-19; PWHL Final Four 2018-19; OWHA Provincial and LLFHL Midget AA Bronze Medalist 2017-18; OWHA U16 High Performance Camp 2017; Principal's Leadership Award, Learning Strategies Award, Female Athlete of the Year 2015-16; Top Point Leader Bantam AA 2016-17; OWHA Provincial and LLFHL Bantam AA Bronze Medalist 2016-17; Ontario Summer Games Hockey Gold Medalist 2016; Provincial Silver Medalist Field Lacrosse 2016

Favourite Quotation:

Success is failure after failure without loss of inspiration.

– WINSTON CHURCHILL



**Paege
Pilon**

55

Defence

Shoots: Left **Height:** 5' 3"

Graduation Year: 2020
Birth Year: 2002

Hometown: Sharon ON

Previous Team: Brampton Junior

School: Huron Heights SS, Grade 12

Academic Interest: Criminology, Psychology

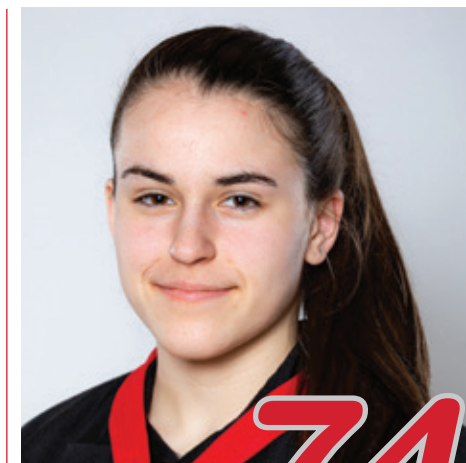
Hobbies: Volleyball, Photography

Key Achievements: Honour Roll Student 2016-19, 85% Average; Achieved Leadership Awards 2017-18 and 2015-16

Favourite Quotation:

Good, better, best. Never let it rest. Until your good is better and your better is best.

– ST. JEROME



**Julia
Jackson**

74

Forward

Shoots: Left **Height:** 5' 4"

Graduation Year: 2020
Birth Year: 2002

Hometown: Uxbridge ON

Previous Team: Junior Aeros

School: Uxbridge SS, Grade 12

Academic Interest: Health Sciences

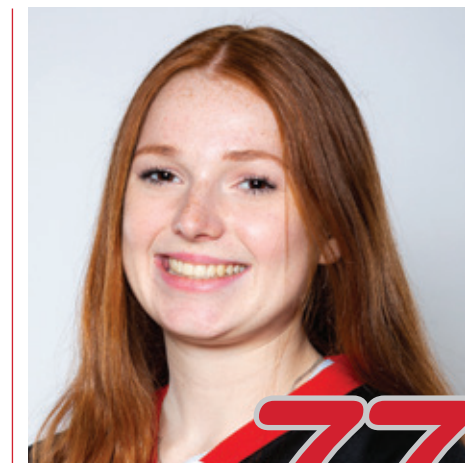
Hobbies: Ball Hockey, Going to the Cottage, Friends and Family

Key Achievements: Honour Roll 2015-19; Ontario Ball Hockey Federation Team Ontario White 2019; U18 High Performance Camp 2019; U18 Strength and Conditioning Camp 2019; PWHL Final Four 2019; Varsity Hockey OFSAA Participant and LOSAA Champions 2019; Ball Hockey World Junior Gold Medalist and All-Star Forward/MVP Award 2018; World Junior Ball Hockey Assistant Captain; U20 Team Canada Ball Hockey 2018; OWHA Provincial Midget AA Bronze Medalist 2018; LLFHL Regular Season Midget AA Champions 2018; LLFHL Regular Season Bantam AA Champions 2017; Varsity Basketball and Varsity Soccer 2017-19; Female Athlete of the Year 2015-16

Favourite Quotation:

Work hard in silence; let your success be your noise.

– FRANK OCEAN



**Bailey
Oakes**

77

Defence

Shoots: Right **Height:** 5' 10"

Graduation Year: 2021
Birth Year: 2003

Hometown: Richmond Hill ON

Previous Team: Midget Aeros

School: Bill Crothers SS, Grade 11

Academic Interest: Arts/Graphic, Digital Design, English

Hobbies: Volleyball, Track & Field Throws, Field Hockey, English

Key Achievements: Honour Roll 2016-19; OFSAA Jr. Girls Shotput Gold Medalist 2019; YRAA Top Track & Field Athlete 2019, 2018; Valedictorian, Principals Award 2017; Represented OWHA Canada U16 Series vs Japan, 2019; OWHA U18 Selection Camp and Strength & Conditioning Camp 2019; Ontario Summer Games Participant 2018; OWHA U16 Selection Camp 2017; K/W Canada Cup Series and Oakville Tournament Midget AA Champions 2018-19; Silver Stick Bantam AA Gold Medalist 2018; Rush All-Star Game 2017, Rush Showcase Silver Medalist 2017, Gold Medalist 2016; Beantown Classic Champions 2016; World Select Silver Medalist, Finland 2016

Favourite Quotation:

Dreams don't work unless you do.

– JOHN C. MAXWELL



Emma Catalano

Goalie

Catches: Left **Height:** 5' 5"

Graduation Year: 2020
Birth Year: 2002

Hometown: Toronto ON

Previous Team: Midget Aeros

School: Michael Power SJ HS, Grade 12

Academic Interest: Human Kinetics, Health Sciences, Biology, History

Hobbies: Ball Hockey, Volleyball, Badminton, Weight Training, Boxing

Key Achievements: Honour Roll 2015-19, 93% Avg.; MPSJ MVP Award 2019, 2017; Junior Achievement Award for Academic and Athletic Excellence 2017-18; Volunteer Mentor/Instructor at Team Shutout 2015-19; World Selects U18 Prague Tournament 2018; OBHA Provincial Champions 2018, 2017; TDCAA School Hockey Finalist 2017; Ontario Summer Games Hockey Participant 2016; Awards for Mathematics, Geography, Outstanding Performance in French and ICS Special Leadership 2015-16; Honours Certificate for International Languages Program 2015-16; K/W Canada Cup Series and Oakville Tournament Midget AA Champions 2018-19; OWHHA Provincial Midget AA Bronze Medalist 2018

Favourite Quotation:

Success is not final, failure is not fatal; it is the courage to continue that counts.

– WINSTON CHURCHILL



Hannah Murphy

Goalie

Catches: Left **Height:** 5' 10"

Graduation Year: 2021
Birth Year: 2003

Hometown: Bradford ON

Previous Team: Aurora Junior

School: Bradford DHS, Grade 11

Academic Interest: Health Sciences

Hobbies: Waterskiing, Ultimate Frisbee, Volleyball, Reading

Key Achievements: Honour Roll 2017-19, 93% Average; Selected to Team Ontario U16, Japan 2019; Ontario Summer Games Participant 2018; Female Athlete of the Year 2017; Hockey Camp Volunteer/Instructor 2016-18

Favourite Quotation:

It always seems impossible until it's done.

– NELSON MANDELA



Brooke Carriere

Forward

Shoots: Left **Height:** 5' 6"

Graduation Year: 2020
Birth Year: 2002

Hometown: Aurora ON

Previous Team: Junior Aeros

School: Aurora HS, Grade 12

Academic Interest: Teaching

Hobbies: Music, Camping, All Sports

Key Achievements: Esso Cup National Championships Midget AA 2018; OWHHA Provincial Champions Midget AA 2018; Field Lacrosse U16 Team Ontario High Performance Camp 2017 and U19 Provincial Champions 2017; Ontario Summer Games Field Lacrosse Participant 2016; York Region Basketball Junior High School Champions 2016; York Region Elementary Soccer & Volleyball Champions 2015; York Region Elementary Basketball Champions 2014; OWHHA Provincial Peewee AA Gold Medalist 2015; Brampton Citizen Award 2015

Favourite Quotation:

Talent wins games, but teamwork and intelligence wins championships.

– MICHAEL JORDAN



Marie Morfidis-Toporowski

Defence

Shoots: Right **Height:** 5' 6"

Graduation Year: 2020
Birth Year: 2002

Hometown: Toronto ON

Previous Team: Midget Aeros

School: HumberSide CI, Grade 12

Academic Interest: Engineering, Business

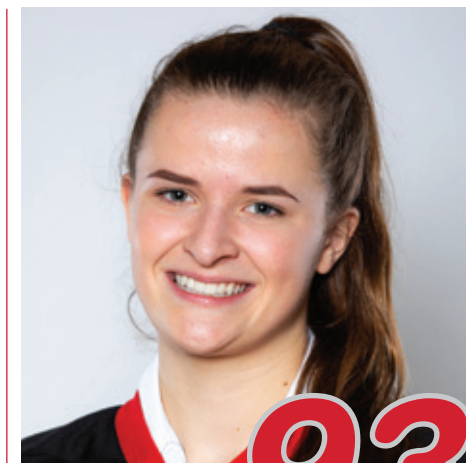
Hobbies: Cycling, Reading, Music

Key Achievements: Honour Roll (French Immersion) 2016-19; Proficiency Awards in Business and French 2017-19; Midget Aeros Assistant Captain 2018-19; LLFHL Midget AA Division Champions 2017-18; Bantam AA Captain 2016-17 and Assistant Captain 2015-16; Varsity Hockey Assistant Captain; Tawny Richards Memorial Hockey Tournament Coach, Mentor to Etobicoke Novice A team, Math Tutor 2015-present

Favourite Quotation:

I've failed over and over and over again in my life; that is why I succeed.

– MICHAEL JORDAN



Sophie Hudson

Forward

Shoots: Right **Height:** 5' 11"

Graduation Year: 2021
Birth Year: 2003

Hometown: Maple ON

Previous Team: Midget Aeros

School: Country Day School, Grade 11

Academic Interest: Math, Science

Hobbies: Wakeboarding, Rugby, Family Time

Key Achievements: Honour Roll 2015-19, 90% Average; School House Captain 2019-20; MVP CDS Varsity Women's Hockey 2019; Detroit Bantam AA Champions 2017-2018; MVP CDS Rugby 2018, 2017; Ontario Summer Games Hockey Participant 2018; LLFHL Bantam AA Champions 2017-18; LLFHL Regular Season Champions Bantam A 2015-16; Captain of Mississauga Bantam A, Silver Stick Champions 2014; World Select Invitational Spring Hockey Participant 2016-17, 2015-16 (Finland, Italy)

Favourite Quotation:

There may be people that have more talent than you but there's no excuse for anyone to work harder than you.

– DEREK JETER



Paige Lester

Forward

Shoots: Left **Height:** 5' 7"

Graduation Year: 2020
Birth Year: 2002

Hometown: Oakville ON

Previous Team: Junior Aeros

School: King's Christian Collegiate, Grade 12

Academic Interest: Law, Math, Business

Hobbies: Wake Surfing/Boarding, Swimming, Skiing, Fitness

Key Achievements: Honour Roll Student, 4.0 GPA; OWHHA U18 High Performance Camp 2019; OWHHA U16 High Performance Camp 2017; PWHL Final Four 2018-19; OWHHA Provincial Midget AA Bronze Medalist & LLFHL Division Champions 2017-18; Graduated Grade 8 Honour Roll with Academic Distinction, GPA 4.0 2015-16; Female Athlete of the Year, School Leadership & Community Service Award 2015-16; Selected as Student Mentor for Elementary Students 2012-16; OWHHA Provincial Gold Medalist 2013, 2012, Silver Medalist 2011; LLFHL Silver Medal 2013, 2011; 4th Place Canadian Tire National Female Hockey Skills Competition 2012

Favourite Quotation:

Why not you...Believe!

– JENNIFER BOTTERILL



Toronto Junior Aeros Staff



Dave Gwyn *Head Coach*

Dave's coaching career started with AAA boys for eight years. With girls in Scarborough, he led the Midget AA Sharks to the inaugural Esso Cup, taking the Silver Medal as the OWHa Champion Ontario representatives in 2009. In the 2009-10 season, Dave won the PWHL Coach of the Year award with Etobicoke. He was named Assistant Coach to Team Canada Women's U22 that won MLP Cup Gold in 2011, Head Coach of OWHa Team Red in 2012 and Team Blue in 2013. In 2015, Dave was again on the coaching staff for Team Ontario and the Canada Winter Games. Dave joined the Aeros organization in 2011-12, coaching our Midget team to the LLFHL Gold Medal in his first season. With the Junior Aeros, he has led the team to PWHL Bronze in 2012-13, OWHa Provincial Silver in 2013-14, a sweep of PWHL and Provincial Gold Medals in both 2015-16 and 2017-18, and the PWHL Silver Medal in 2016-17. He has NCCP HP 2 Coaching Certification, and has been a hockey instructor over ten years. Dave also assists with player and coach development for Aeros affiliated NYS Peeewe and Bantam AA teams.



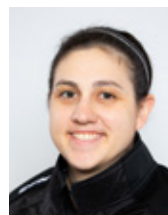
Jason McNeil *Associate Coach*

Jason is very excited to join the Junior Aeros for the 2019-20 season. An NCCP D1 coach, Jason brings a passion and love for the women's game. Jason has 13 years of coaching experience - 8 years coaching in the female game and 5 years in the GTHL. Jason has been involved in the Aeros Program of Excellence for the last 4 years coaching with the North York Storm PeeWee AA affiliate team. His team earned an LLFHL Championship and OWHa Provincial Silver Medal in 2016-17 and OWHa Provincial Bronze Medal in 2017-18. Jason is looking forward to this new opportunity. Welcome to the Aeros Jason!



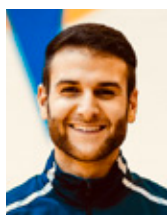
Jamie McGuire *Goaltending Coach*

Jamie is Co-Founder of Goaltending Consultant Group (GCG). He was Head Coach and General Manager of the CWHL's Vaughan Flames from 2008-10, and was Goalie Coach of the York Lions from 2009-14. In 2011-12, Jamie was Goalie Coach of Team Canada U18. Jamie was also the Head Coach of the 2012 ISHIF World Champion National Standing Amputee Team. This is Jamie's first season with the Aeros. Welcome Jamie!



Erin Weston *Associate Coach*

A graduate of Elmira College in 2015, Erin helped the hockey team to a NCAA National DIII Championship in 2013 and runner-up in 2015. In her senior season she was named Assistant Captain. In 2009, she was a OWHa Provincial Midget AA Gold as well as Esso Cup National Silver Medalist, winning MVP honours. Erin returns for her fifth season as Junior Associate. Welcome back Erin!



Sydney Hassoun *Athletic Therapist*

Sydney joins us this season as an Athletic Therapy Candidate, graduated from York U with a BSc Hon. in Kinesiology. While at York, Sydney worked with varsity athletes through to elite national champions including the Toronto Argonauts. His experience includes Ryerson hockey, UofT football, York basketball, and multiple women's rugby teams. Sydney strongly believes combining sport specific exercises with manual therapy is critical to achieve the best outcomes. He enjoys travel, beach volleyball, skiing, and hiking exploration. Welcome Sydney!



Kayla Carnegie *Associate Coach*

Kayla comes with a strong education and knowledge of sport. Kayla achieved a scholarship to fulfill her dreams of playing hockey in the NCAA. Unfortunately, Kayla suffered a career ending concussion two weeks after her commitment. This concussion led Kayla to obtain a Bachelor of Arts Degree in Sport Psychology at Laurentian University. With a newfound devotion to the mental side of sport, Kayla gained hands on experience working with Junior level hockey players by participating in two internships during her fourth year at Laurentian. She then attended Brock University where she completed a thesis study benefiting the research being done to help understand mental health in student-athletes. From Brock, Kayla completed a Post-Graduate Certificate at Humber College in Sport Business Management. Kayla has transferred her love of playing hockey into coaching hockey with previous experience in the Sudbury Lady Wolves organization. With a desire to coach hockey at a high level, Kayla is very eager to join the Junior Aeros staff. Welcome to the Aeros Kayla!



Danielle Tobias *Athletic Therapist*

Danielle is currently in her fourth year at Sheridan College where she is obtaining a BAHSc. in Athletic Therapy. Previous to this, she completed her undergrad at McMaster University with a BSc. in Life Science. Her experience includes working with the Leaside Junior Wildcats, OWHa at the Ontario Summer Games in 2018, and George Brown College Cross Country and Women's Volleyball. This summer, she was a student intern at the Canadian Sport Institute of Ontario working for Rugby Canada's Development Academy in addition to Field Hockey Ontario, where she worked closely with the U15/U18/U23 programs.

Anna Catalano *Team Manager*

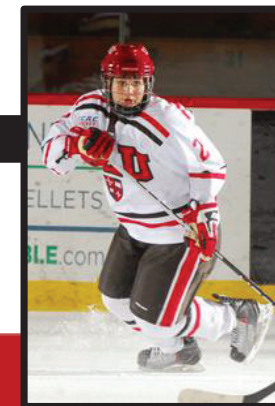
Anna was a Co-Manager with Scott on the Midget Aeros last season. Anna brings her administrative and financial skills to the role of Team Manager for the Junior Aeros in 2019-20.

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Junior Aeros PWHL Season Schedule 2019-20

Sat. Sep. 7	4:30 PM	York	Home vs. Barrie	Sat. Dec. 14	1:55 PM	Stronach ARC	Away vs. Central York
Sun. Sep. 8	1:00 PM	York	Home vs. Brampton	Sun. Dec. 15	1:00 PM	York	Home vs. Leaside
Sat. Sep. 28	4:30 PM	York	Home vs. Nepean	Sat. Dec. 21	4:30 PM	York	Home vs. Waterloo
Sun. Sep. 29	1:00 PM	York	Home vs. Whitby	Sun. Dec. 22	1:00 PM	York	Home vs. Stoney Creek
Sat. Oct. 5	1:15 PM	Century Gardens	Away vs. Brampton	Sun. Jan. 12	1:00 PM	York	Home vs. Cambridge
Sun. Oct. 6	12:00 PM	Mainway	Away vs. Burlington	Thu. Jan. 16	8:15 PM	Mastercard	Away vs. Etobicoke
Fri. Oct. 18	8:30 PM	East Bayfield	Away vs. Barrie	Sat. Jan. 18	4:30 PM	York	Home vs. Oakville
Sun. Oct. 20	1:00 PM	Kitchener Aud	Away vs. Waterloo	Sun. Jan. 19	1:00 PM	York	Home vs. Ottawa
Sun. Oct. 27	12:30 PM	Invista Centre	Away vs. Kingston	Wed. Jan. 22	8:55 PM	Leaside Arena	Away vs. Leaside
Fri. Nov. 8	8:30 PM	Joshua Creek	Away vs. Oakville	Sat. Jan. 25	4:30 PM	York	Home vs. Kingston
Sun. Nov. 10	1:00 PM	York	Home vs. London	Sun. Jan. 26	1:00 PM	York	Home vs. Etobicoke
Fri. Nov. 15	7:40 PM	Preston Memorial	Away vs. Cambridge	Sat. Feb. 1	4:30 PM	Nepean Sportsplex	Away vs. Nepean
Sat. Nov. 16	3:15 PM	London Sports Park	Away vs. London	Sun. Feb. 2	2:15 PM	Cardel RC—Goulbourn	Away vs. Ottawa
Sat. Nov. 23	4:30 PM	York	Home vs. Durham West	Sat. Feb. 8	8:10 PM	Ajax CC	Away vs. Durham West
Sun. Nov. 24	1:00 PM	York	Home vs. Burlington	Sun. Feb. 9	3:10 PM	McKinney Centre	Away vs. Whitby
Sat. Nov. 30	3:35 PM	Gateway	Away vs. Stoney Creek	Sat. Feb. 15	4:30 PM	York	Home vs. Bluewater
Sun. Dec. 1	1:00 PM	York	Home vs. Mississauga	Sun. Feb. 16	1:00 PM	York	Home vs. Southwest
Sat. Dec. 7	4:40 PM	Forest Glade	Away vs. Southwest	Sat. Feb. 22	4:30 PM	York	Home vs. Central York
Sun. Dec. 8	11:00 AM	Gemini	Away vs. Bluewater	Sun. Feb. 23	12:00 PM	Iceland	Away vs. Mississauga

Junior Aeros Tournament Line-up 2019-20

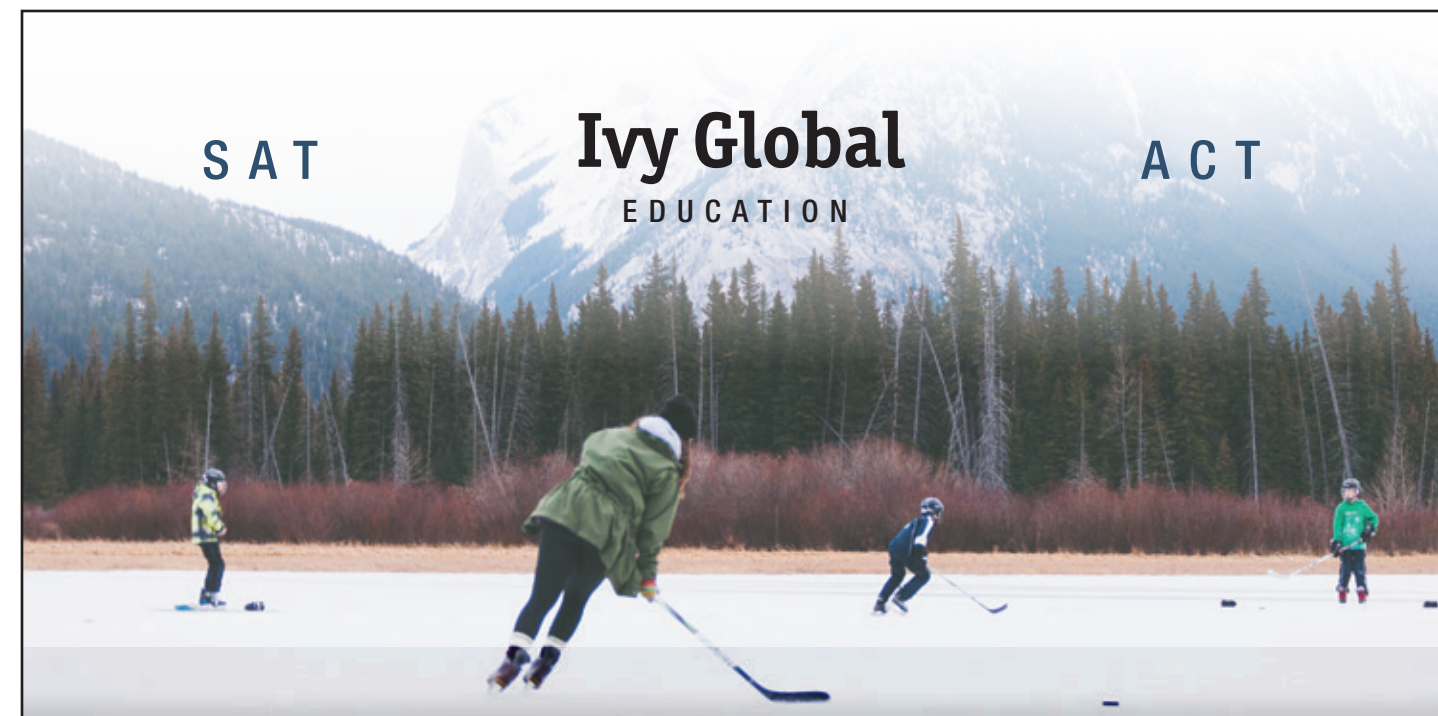
Sep. 13-15	Stoney Creek University Showcase	TBA	PWHL Final Four*
Jan. 4-6	Aeros Holiday Classic	Apr. 3-5	OWHA Provincial Championship

Midget Aeros Tournament & Exhibition Line-up 2019-20

Tournaments		Exhibition Games	
Sep. 6-8	Stoney Creek Midget Showcase	Sat. Sep. 14	6:30 PM McKinney Away vs. Whitby
Sep. 20-22	Ridley College Exhibition Series	Sun. Sep. 15	12:00 PM Seneca Home vs. Markham
Nov. 9-11	Oakville "Best in the Nest" Tournament	Fri. Sep. 27	7:10 PM The Rinx Away vs. Leaside
Dec. 6-8	K-W USA-Canada Cup Series		
Jan. 3-5	Aeros Holiday Classic		
Mar. 27-29	LLFHL Midget AA Championship*		
Apr. 3-5	OWHA Provincial Championship*		* pending qualification

Please note: all game schedules noted above are provisional at time of printing and subject to change. The League Schedule for the Toronto Midget Aeros was not available for inclusion at time of printing. Please visit www.torontoaeros.com for schedule updates and additions.

Credits Managing Editor: Deb Kennedy • Art Direction, Design and Printing: Ryswin Graphix, 370 Tapscott Rd. Scarborough



Ivy Global is proud to support Aeros hockey. Last year, we helped numerous PWHL and LLFHL players, including Aeros team members, prepare for the SAT/ACT and navigate the U.S. College Admissions process. Many of the athletes were admitted to Ivy League schools and other top US colleges. Register for our seminar at: ivy.gl/freeseminar

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Toronto Aeros Mission

To support highly motivated athletes in realizing their full academic, athletic and personal potential through high performance women's hockey, in pursuit of life-long success.

