

Phase II update pursuant to Directive 033 effective 12:01am on 10/1/2020:

- Field capacity is 250; maintaining 6 feet of social distancing at all times on and off the field
 - Spectators within 25 feet of the sidelines are considered part of the field capacity
 - If social distancing, congestion, or congregation occurs, capacity will be reduced
- Individuals should regularly conduct [self-health screenings](#) by assessing for increased temperature or other symptoms

Restrictions/Recommendations

- Small group drills. No drills greater than groups of 8
- No physical contact. Contact should be avoided during drills
- Field capacity is 250; maintaining 6 feet of social distancing at all times on and off the field. This includes players, coaches, and spectators within 25 feet of the sideline.
- No sharing of equipment, water, or food
- Practice times should be set to maximize social distancing and limit the number of people in a single area to 250 or less
 - Divide large groups into smaller groups and maintain social distancing between each group
 - Recommend a minimum of 30 minutes between end time of one session and the start time of the next
 - If youth need supervision while waiting for pickup, adults should be at least six (6) feet apart, with face coverings

Activities Permitted

- Individual training and technical activities
- Small group drills. No drills greater than small groups of 8
- Shooting on a goalkeeper

Activities Not Permitted

- Activities that may create opportunity for an individual to come in contact with another's equipment. This would include headers, throw-ins, etc.
- No scrimmages, no games and no tournaments