

Recommendations and Guidelines for Coaches

- Priority is to ensure safe environment, complete coach certification and safe sport.
- Coaches hold an online pre-activity orientation with players and parents regarding safety protocols– i.e., social distancing, modified training, pick up and drop off, hand washing, cough suppression, no spitting or nose clearing, etc., prior to commence your first training.
- **Coaches should wipe down personal and field equipment using the disinfected swabs or towels, before and immediately after each session (do not go home and then clean – contaminated items may travel into the home environment).**
- Only Coaches/Staff should handle equipment.
 - **One member of Coaching Staff should be designated to set up and collect equipment such as cones, etc. and clean the equipment per above prior to transporting the equipment. Please see Recommendations for Equipment section for further guidelines. (Field marshal may also be designated in this role)**
- Avoid using shared pinnies/bibs or any other additional equipment.
- ****Wear face masks****
 - **Mandatory for Coaching Staff. Reusable/Washable Recommended.**
- **Wear latex/plastic gloves during training session and for set up/collection of equipment.**
 - **Mandatory for coaching staff. Gloves will be provided.**
- Structure activities to maximize physical distancing.
- Age appropriate considerations may need to be taken when designing activities,
- Design activities so athletes may stay within their existing small groups to reduce amount of contact with different people.
- **No heading, chest or hand contact with ball (feet only).**
- Regular sanitization breaks combined with water breaks.
- Use cones and other equipment to ensure appropriate spacing is in place to support distancing.

- Frequently clean all surfaces, including counters, door handles, benches, tables, etc.
- Soap or hand sanitizer should be made available to all people in various locations throughout facility.

- Note. Bradford Wolves Soccer Club aims to make the job of coaching as easy as possible and will be appointing field marshals to undertake equipment set-up and sanitation protocols, including cleaning of equipment.

We want our coaching staff to be able to solely focus on coaching during this phase as much as possible.

- **Recommendations and Guidelines for Equipment**

- Personal Equipment

Bradford Wolves Soccer Club has added these particular equipment guidelines as an added precaution.

Personal Equipment (Players/Coaching Staff)

We recommend all participating players to carry personal hand sanitizing Gel or wipes within their sports bag. (In addition to sanitation equipment provided by the club)

General Hygiene Protocol

- Wash hands with hand sanitizer immediately before leaving home and after soccer activities and during scheduled breaks.

- **Do not spit at any time.**

- **Clearly label your own water bottle.**

- **Do not share bottles.**

- Any individual equipment used should be taken home and washed separately from others in the household (e.g. uniform).

- **Carry hand sanitizer in order to enable good personal hygiene.**

- Cover mouth and nose with a tissue or your elbow (not your hands) when you cough or sneeze.

- Avoid the use of public toilets, however if necessary, ensure hands are washed thoroughly.

- Avoid touching eyes, nose or mouth.

- Shower at home before and after training.

Bradford Wolves Soccer Club kindly requests that all members and staff follow the guidelines set out above and respect teammates, coaches, parents, guardians and match officials whilst we adjust to the new protocols.

Coaching Staff are required to sign below in acknowledgment of these Recommendations and Guidelines.

Name of Coach) (print)

Signature

Date