

THE NEW ANATOMY OF AN ACADEMY PRACTICE

- **PART 1: THE WARM-UP**

- Will help the kids understand that practice is officially starting
- Get the kids excited to be on the fields

- **PART 2: SMALL-SIDED GAME #1**

- Will introduce the skill that we wish to teach in a fun format

- **PART 3: SMALL-SIDED GAME #2**

- Will re-emphasize the SAME SKILL through a different format

- **PART 4: MATCH TIME!**

- Let the kids play, let the kids have fun, let the kids be kids

- **PART 5: SNACK TIME AND PARENT SUMMARY**

- The kids will get snacks at every event starting 4/23/18
- Snack time will allow the kids to wind down
- Parent summary will be a singular event where coaches can meet with parents
- Questions and concerns from parents can be addressed at this time