



The E-Train facility is located on the upper level between Rink 1 and Rink 2. Enter through Rink 1 and proceed up the stairs to the very east end (opposite the glass doors). Please wait outside the entrance until an E-Train employee brings your team in.

What to Wear

-) Athletic attire
(shorts, athletic pants, t-shirt or tank top)
-) Tennis shoes
-) Mask

What to Bring

-) Skates
-) Stick
-) Helmet
-) Gloves
-) Water Bottle

DO NOT get your skates sharpened prior to going to E-Train. The treadmill and synthetic ice are hard on the skate blades and the edging will not keep. It is highly recommended to have your skates sharpened before your next game or practice after an E-Train session.

