



Date: _____ Field Location: _____

Coach Name: _____ Team Name: _____

Contact Phone: _____ Email: _____

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I understand the guidelines below set forth by USA Softball of Alaska and Golden Heart Softball Association. I will abide by them and follow its guidance as well as be responsible for all my team members due to the seriousness of this pandemic. Failure to do so may hinder my ability to further rent from GHSA under this capacity.

2020 Back to the Ballpark Guidelines

The following are guidelines & recommendations we will follow at our events until the time comes when we can resume normal activities.

No player/member may enter GHSA if they have had recent symptoms consistent with COVID-19. Please regard this message in all seriousness, as these guidelines are strict and mandatory.

Recommendations:

- 1) Players, Coaches, Umpires & Staff are asked to wear a mask at the ballpark. Masks may be homemade or store bought.
- 2) Teams are encouraged to provide hand sanitizer for their team for use before, during & after the game.
- 3) Umpires & Staff need to have &/or use their own hand sanitizer.
- 4) Wash your hands after each game &/or use hand sanitizer.

Requirements:

- 1) No team huddles. Communication with the team needs to be spread out following distancing protocols.
- 2) Pitchers cannot go to their mouth to wet their fingers and then touch the ball.
- 3) Pre-game coin flip will be at the pitcher's mound. 1 coach per team & no players at the coin flip. Umpire will be stationed on the pitcher's mound with the coaches outside the circle. No handshakes.
- 4) At the conclusion of the game, no handshakes. Instead, we are asking teams to line up on the first base and third base line (similar to when awards are presented) and wave to the other team. This should be initiated by the coaches & umpires.
- 5) Spectators are expected to follow the 6 feet social distancing guidelines. Failure to do so will result in the removal of all spectators from the event.

These guidelines are meant as precautionary measures to enable us to get back to the ballpark. If you feel you cannot meet these guidelines, then please do not enter any event until such time as you and your team are able to do so or until after the recommendations & requirements have been removed.

GHSA Requirements:

- 1) Outdoor activity is limited to no more than 50 individuals, no spectators at this time please. No more than 5 players in a dugout, and face protection encouraged, as well as adequate distancing maintained.
- 2) Please keep practices to batting or fielding mechanics only and no scrimmages at this time, unless it is a loose play where there is no contact or closeness within a players general area on the field, so that

distancing protocols are maintained. Absolutely, no contact whatsoever.

- 3) Coach it is your responsibility to unlock the gate, and ensure it is locked when you leave as well.
- 4) No vehicles in the complex, unless authorized.

PLEASE NOTE > Play at your own risk. USA Softball team insurance will not cover any medical costs or any expenses that arise from the Covid-19 virus or any illness. The insurance is for accidents only.

If someone contracts the virus as a result of participating in an event, USA Softball of Alaska, will not be held liable. **As always – follow the guidelines – keep your distance, wash your hands, cover your mouth & nose and use hand sanitizer.**

USA Softball of Alaska and GHSA reserves the right to update or amend the guidelines at any time as may become necessary.

Please list all players and phone numbers that will participate in your practice tonight.

(Failure to report all parties on the field may result in suspension of practices for your team and members until further action.)

Thank you. Any questions, please contact 907.388.6993.

(Fields have not been maintained in this current climate, so practicing is at your own risk. We will not be responsible for any injuries incurred, as the season is not in session.)

Please email or text me a copy of this sheet when you have completed your session today.

Kat Copeland
GHSA President