

# The National Sports Center Figure Skating

## Winter 2021 <> January 4 – March 4, 2021

This Ice Contract is to request ice sessions for skaters who would like to purchase ice time from January 4 – March 4, 2021  
There will not be an option to purchase the full contract on-line

The session(s) will be added to your MaxG account, and a confirmation of sessions will be emailed to verify the session(s). An invoice will be created for the sessions, emailed, and if you have credit left in your account you will receive a receipt indicating a payment has been made and if there is a balance remaining. If you do not have credit in your account to make a payment towards the invoice you will receive a copy of the invoice to make a payment. **Please double check the confirmation and session selections for any errors.**

Fall 2 Balance must be paid before your Winter 2021 contract will be processed

Since we will be processing the ice contracts in TWO stages you may receive a second batch of emails with additional session confirmations. If your balance has been paid in full, a new invoice will be created, otherwise the current invoice will be updated.

Stage #1 <> Fill freestyle sessions where the session has been confirmed to have a lesson

Stage #2 <> Fill requests for additional practice ice time, filled on a first come first serve basis

- ◆ If you use up your credit you will receive an invoice for the remaining amount and the invoice may be paid in two payments,
  - First payment due January 4
  - FULL balance due February 5

All ice purchased can be viewed in your on-line account, including all payments and remaining credit amount.  
Link: <https://nscsports.maxgalaxy.net/Home.aspx>

### KEY DATES –

**December 29 - 30** <> Athletes will work with their coach to set up lessons and training schedule

**December 31** <> Coaches will turn in their lesson plan and session requests

**December 31** <> Participant numbers verified and work with coaches to make any necessary changes

**January 1** <> Contracts may be turned in starting on this date **at 2 p.m.**

**January 2** <> Contracts are due at 11:59 p.m.

Once coaches have secured lesson times with the figure skating office, these sessions will be held for you as long as your contract is turned in on time. Once the deadline has passed we will start to process the contracts again in the order they were received to fill all additional freestyle session requests (practice sessions without a lesson). These will be filled in the order the contracts were received. Please feel free to indicate 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> choice for practice sessions, if you would like all the practice session selected please make note of that on the contract.

- ◆ **There will be no refunds or session exchanges for ice sessions purchased January 4 – March 4, 2021**
- ◆ **Our facility is working in accordance to the guidelines provided by the Minnesota Department of Health. Please see the Superrink website for the latest guidelines.**
- ◆ 2021 NSC Waiver must be SIGNED and brought with your skater to the first sessions they skate.



# National Sports Center

## LIABILITY WAIVER AND PHOTO RELEASE

This waiver applies to events held at the National Sports Center or organized by the National Sports Center Foundation, Inc. Blaine, MN.

**In consideration of being allowed to participate, the undersigned participant, or if the participant is a minor child, by his or her parent or legal guardian, hereby,**

- Agrees that prior to participating, if present, I will inspect the facilities and equipment. If I believe anything to be unsafe, I will immediately advise my coach or supervisor of such conditions.
- Acknowledges and fully understands that I am voluntarily participating in activities that involve known and unknown risks of injury, including catastrophic injury, permanent disability and/or death, which might result not only from my own actions, inactions, or negligence, but the actions, inactions, or negligence of others, including but not limited to the National Sports Center ("NSC") and the National Sports Center Foundation ("NSCF"), the rules of play, the conditions of the premises, or any of the equipment used.
- Assumes all the foregoing risks as a condition of participation and accepts personal responsibility for the damages following any such injury.
- Unconditionally releases, waives, indemnifies and holds harmless and consents not to sue the NSCF, officers, directors, administrators, agents, coaches, other employees, and volunteers of the NSCF, sponsoring agencies, sponsors, advertisers, Minnesota Youth Athletic Associations, the Minnesota Amateur Sports Commission, Fairview Health Services and its related and affiliated entities and their respective officers, directors, administrators, agents and employees, The University of Minnesota and its related and affiliated entities and their respective officers, directors, administrators, agents and employees, ISD 16-Spring Lake Park Schools, and the State of Minnesota (together "Sponsors"), for any and all liability to the undersigned, his or her heirs, assigns, personal representative and next of kin. This is for any claims or losses on account of participating in any and all of the NSC's official or unofficial activities, events, or competitions, including injury, death, or damage to person or property. To the extent provided for in Minnesota Statutes Section 604.055, this section does not apply to claims or losses resulting from negligence greater than ordinary negligence (i.e. gross negligence).
- Accepts responsibility for all medical expenses incurred whether or not covered by insurance. In case of emergency, accident or illness authorizes ambulance transport to the hospital. Authorizes physicians, athletic trainers, technicians, first aid personnel, nurses and dentists to perform any diagnostic, treatment or operative procedures and x-rays. No guarantee has been given as to the results of examination or treatment. Accepts total responsibility for any and all medical costs.
- Accepts responsibility for the decision to continue participation if suffering from injuries.
- Consents to use by Sponsors, their agents and licensees, of any or all my pictures, voice or likeness, with or without my name ("Image"), in whole, in part or with others, without restriction as to changes or alterations. This permission allows Images to be used, copied and published worldwide through any means of communication, including television, radio, or film coverage for any lawful purpose and is irrevocable and without right of inspection. The undersigned acknowledges that participation in the activities is consideration for this consent.
- Gives permission for medical data to be used anonymously in medical education and published studies of injury statistics and analysis.
- Agrees to receive e-mail communications from the National Sports Center about future events and programs until voluntarily choosing to unsubscribe.

### COVID-19

IN ADDITIONAL CONSIDERATION for myself and/or my children being permitted to utilize the services, utilize the facilities and/or participate in the programs of National Sports Center Foundation (NSCF) including, but not limited to, use of facilities or equipment, or participation in any program affiliated with the NSCF, the undersigned, on behalf of himself or herself and such participating children and any personal representatives, heirs, and next of kin (hereinafter referred to as "the undersigned") hereby acknowledges, agrees and represents that he or she has inspected and carefully considered such premises, equipment, and facilities and has considered the NSCF's programs and that the undersigned finds and accepts same as being safe and reasonably suited for the use or participation by the undersigned and such participating children.

The undersigned acknowledges that novel coronavirus ("COVID-19") infections have been confirmed throughout the United States, including several cases in the State of Minnesota and locality. In accordance with the most recent guidance and recommendations issued by the World Health Organization (WHO), the Centers for Disease Control and Prevention (CDC), the Minnesota Department of Health (MDH) for slowing the transmission of COVID-19, the undersigned hereby agrees, represents, and warrants that neither the undersigned nor such participating children shall visit or utilize the facilities, services, and/or programs of the NSCF (other than any exclusively online services and programs) within 14 days after

- (i) returning from highly impacted areas subject to a CDC Level 3 Travel Health Notice,
- (ii) exposure to any person returning from areas subject to a CDC Level 3 Travel Health Notice, or
- (iii) exposure to any person who has a suspected or confirmed case of COVID-19.

The CDC Travel Health Network is continuously updating this list and the undersigned agrees that they are aware of this list and the countries listed. The undersigned agrees to check on a daily basis the CDC Travel Health Notices list (<https://www.cdc.gov/coronavirus/2019-ncov/travelers/index.html>) prior to participating in or utilizing the facilities, services, and programs of the NSCF. The undersigned hereby agrees, represents, and warrants that neither the undersigned nor such participating children shall participate in, visit or utilize the facilities, services, and/or programs of the NSCF if he or she:

- (i) experiences symptoms of COVID-19, including, without limitation, fever, cough, loss of sense of taste or smell, or shortness of breath, or
- (ii) has a suspected or diagnosed/confirmed case of COVID-19. The undersigned agrees to notify the NSCF immediately if he or she believes that any of the foregoing access/use restrictions may apply.

The NSCF has taken certain steps to implement certain recommended guidance and recommendations issued by public health agencies for slowing the transmission of COVID-19, including, without limitation, the access/use restrictions set forth above. The NSCF COVID-19 Preparedness Plan may be reviewed at <https://www.nscsports.org/covid19-plan>. The undersigned acknowledges and agrees that the NSCF may revise its procedures at any time based on updated recommended guidance and recommendations issued by public health agencies and further agrees to comply with the NSCF's revised procedures prior to utilizing the facilities, services, and/or prior to participating in the programs of the NSCF. The undersigned further acknowledges and agrees that, due to the nature of the facilities, services, and programs offered by the NSCF, social distancing of 6 feet per person among children and their fellow participants or others is not always possible. The undersigned fully understands and appreciates both the known and potential dangers of participating in the programs and/or utilizing the facilities and services of the NSCF and acknowledges that use thereof by the undersigned and/or such participating children may, despite the NSCF's reasonable efforts to mitigate such dangers, result in exposure to COVID-19, which could result in quarantine requirements, serious illness, disability, and/or death.

I HAVE CAREFULLY READ THIS ADDENDUM TO THE NSCF LIABILITY WAIVER AND PHOTO RELEASE AND VOLUNTARILY SIGN THIS ASSUMPTION OF RISK, RELEASE AND WAIVER OF LIABILITY, AND INDEMNITY AGREEMENT AND FURTHER AGREE THAT NO ORAL REPRESENTATIONS, STATEMENTS OR INDUCEMENT APART FROM THE FOREGOING WRITTEN AGREEMENT HAVE BEEN MADE. I AM AWARE THAT BY AGREEING TO THIS AGREEMENT I AM GIVING UP VALUABLE LEGAL RIGHTS, INCLUDING THE RIGHT TO RECOVER DAMAGES FROM THE NSCF IN CASE OF ILLNESS, INJURY, DEATH OR PROPERTY LOSS OR DAMAGE, INCLUDING, FOR THE AVOIDANCE OF DOUBT AND WITHOUT LIMITATION, EXPOSURE TO COVID-19 AT ANY NSCF FACILITY OR DURING PARTICIPATION IN ANY PROGRAM AND ANY ILLNESS, INJURY OR DEATH RESULTING THEREFROM. I UNDERSTAND THAT THIS DOCUMENT IS A PROMISE NOT TO SUE AND A RELEASE OF AND INDEMNIFICATION FOR ALL CLAIMS. IF SIGNING ON BEHALF OF MINOR: I ALSO UNDERSTAND THAT THIS AGREEMENT IS MADE ON BEHALF OF MY MINOR CHILD(REN) AND/OR LEGAL WARDS AND I REPRESENT AND WARRANT TO THE NSCF THAT I HAVE FULL AUTHORITY TO SIGN THIS AGREEMENT ON BEHALF OF SUCH MINOR(S).

**I have read and agree to the terms of the NSC Liability Waiver and Photo Release.**

Program/Activity/Event \_\_\_\_\_

Participant Name \_\_\_\_\_ Participant Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_

Parent/Guardian Name (for Minors) \_\_\_\_\_

Email Address: \_\_\_\_\_

Participant/Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_/\_\_\_\_/\_\_\_\_

**SKATERS NAME** \_\_\_\_\_ <> **WINTER 2021**

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ ZIP: \_\_\_\_\_

PHONE NUMBER: \_\_\_\_\_

PARENT(S)/GUARDIAN(S) NAME: \_\_\_\_\_

EMAIL ADDRESS: \_\_\_\_\_

COACHES NAME: \_\_\_\_\_

<b>Monday</b>						
Session Number	Time	Weeks	Price	Will you be receiving a lesson during this ice time	Select session	Notes
1	12:15 – 1p Freestyle	6	\$72			No Ice Jan 18 No Ice Feb 8 No Ice Feb 15
2	1 – 1:30p Freestyle	6	\$48			No Ice Jan 18 No Ice Feb 8 No Ice Feb 15
3	1:45 – 2:15p Freestyle	7	\$56			No Ice Feb 8 No Ice Feb 15
4	2:15 – 3p Freestyle	7	\$84			No Ice Feb 8 No Ice Feb 15
5	3:15 – 3:45p Freestyle	8	\$64			No Ice Feb 8
6	3:45 – 4:15p Freestyle	8	\$64			No Ice Feb 8
7	4:15 – 4:45p Freestyle	8	\$64			No Ice Feb 8
8	5 – 5:30p Freestyle	8	\$64			No Ice Feb 8
9	5:30 – 6p Freestyle	8	\$64			No Ice Feb 8
10	6:15 – 7p Freestyle	8	\$96			No Ice Feb 8
11	7 – 7:45p Freestyle	8	\$96			No Ice Feb 8

<b>Tuesday</b>						
Session Number	Time	Weeks	Price	Will you be receiving a lesson during this ice time	Select session	Notes
12	12:15 – 1p Freestyle	9	\$108			
13	1 – 1:30p Freestyle	9	\$72			
14	1:45 – 2:15p Freestyle	9	\$72			
15	2:15 – 3p Freestyle	9	\$108			
16	3:15 – 3:45p Freestyle	9	\$72			
17	3:45 – 4:15p Freestyle	9	\$72			
18	4:30 – 5:15p Freestyle	9	\$108			
19	5:15 – 6p Freestyle	9	\$108			

The ISI Freestyle Class, Learn to Skate Plus & Learn to Skate are available as a separate registration ON-LINE

<b>Wednesday</b>						
Session Number	Time	Weeks	Price	Will you be receiving a lesson during this ice time	Select session	Notes
20	12:15 – 1p Freestyle	9	\$108			
21	1 – 1:30p Freestyle	9	\$72			
22	1:45 – 2:15p Freestyle	9	\$72			
23	2:15 – 3p Freestyle	9	\$108			
24	3:15 – 3:45p Freestyle	9	\$72			
25	3:45 – 4:15p Freestyle	9	\$72			
26	4:30 – 5:15p Freestyle	9	\$108			
27	5:15 – 6p Freestyle	9	\$108			
28	6 – 6:45p Freestyle	9	\$108			

The Learn to Skate is available as a separate registration ON-LINE

<b>Thursday</b>						
Session Number	Time	Weeks	Price	Will you be receiving a lesson during this ice time	Select session	Notes
29	12:15 – 1p Freestyle	9	\$108			
30	1 – 1:30p Freestyle	9	\$72			
31	1:45 – 2:15p Freestyle	9	\$72			
32	2:15 – 3p Freestyle	9	\$108			
33	3:15 – 3:45p Freestyle	9	\$72			
34	3:45 – 4:15p Freestyle	9	\$72			
35	4:15 – 4:45p Freestyle	9	\$72			
36	5 – 5:30p Freestyle	9	\$72			
37	5:30 – 6p Freestyle	9	\$72			
38	6:15 – 7p Freestyle	9	\$108			
39	7 – 7:45p Freestyle	9	\$108			

<b>Friday</b>						
Session Number	Time	Weeks	Price	Will you be receiving a lesson during this ice time	Select session	Notes
40	12:15 – 1p Freestyle	6	\$72			No Ice Jan 22 No Ice Feb 12
41	1 – 1:30p Freestyle	6	\$48			No Ice Jan 22 No Ice Feb 12
42	1:45 – 2:15p Freestyle	6	\$48			No Ice Jan 22 No Ice Feb 12
43	2:15 – 3p Freestyle	6	\$72			No Ice Jan 22 No Ice Feb 12
44	3:15 – 3:45p Freestyle	8	\$64			
45	3:45 – 4:15p Freestyle	8	\$64			
46	4:30 – 5:15p Freestyle	8	\$96			
47	5:15 – 6p Freestyle	8	\$96			

<b>Saturday</b>							
Session Number	Time	Weeks	Price	Will you be receiving a lesson during this ice time	Select session	Notes	
48	7:15 – 8a Freestyle	8	\$96			Jan 9 – Rink 5 Jan 16, 23 – Rink 8 Feb 13, 20 – Rink 8	
49	8 – 8:45a Freestyle	8	\$96			Jan 9 – Rink 5 Jan 16, 23 – Rink 8 Feb 13, 20 – Rink 8	
50	9 – 9:30a Freestyle	8	\$64			Jan 9 – Rink 5 Jan 16, 23 – Rink 8 Feb 13, 20 – Rink 8	
51	9:30 – 10a Freestyle	8	\$64			Jan 9 – Rink 5 Jan 16, 23 – Rink 8 Feb 13, 20 – Rink 8	
52	10 – 10:30a Freestyle	8	\$64			Jan 9 – Rink 5 Jan 16, 23 – Rink 8 Feb 13, 20 – Rink 8	

**If you are selecting practice ice time sessions (no lesson) please be sure to indicate 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> choice for the best opportunity for additional ice time options. If you would like all the practice session selected please make note of that on the contract.**

**All confirmed sessions may be viewed in your on-line account.**

Link: <https://nscsports.maxgalaxy.net/Home.aspx>

There will not be an option to purchase the full contract on-line. Once all contracts are processed, any remaining spots will be sold on line under Random Figure Skating.

As of June 24 per Minnesota guidelines will allow a maximum of 25 people on all sessions, with all sessions running on FULL ICE. **If you are planning for a lesson you must coordinate the session with your coach to insure your coach has coaching access on that session.** Skaters are welcome to skate on sessions without a lesson.