

# Are you "Tough Enough"?

## INTRODUCTION TO WRESTLING

SEPTEMBER 21<sup>ST</sup> & 22<sup>ND</sup>

6:30-7:45 (MAY ATTEND ONE OR BOTH)

23333 Griswold Road, South Lyon

THE MICHIGAN MATCATS ARE THE LARGEST WRESTLING CLUB IN MICHIGAN AND RECOGNIZED NATIONALLY FOR OUR COMMITMENT TO TEACHING OUR ATHLETES AND COACHES ABOUT MORE THAN JUST WRESTLING.



MICHIGAN  
**MATCATS**

**WRESTLING**

**K-8<sup>TH</sup> GRADE**

**FREE!!!**

**SOCKS, T-SHIRT,  
SHORTS AND WATER  
BOTTLE ARE ALL  
THAT ARE  
REQUIRED**

**WRESTLING  
PROMOTES**

- \*INCREASED ATHLETICISM
- \*COMPLIMENTS OTHER SPORTS
- \*PERSONAL RESPONSIBILITY
- \*TEAM WORK
- \*ACCOUNTABILITY
- \*WORK ETHIC
- \*AND SO MUCH MORE....

**OUR WRESTLERS  
DEVELOP**

- \*IMPROVED GRADES
- \*IMPROVED SOCIAL SKILLS
- \*HUMBLE DEMEANOR
- \*CONFIDENCE
- \*AND SO MUCH MORE....

**FOR INFORMATION  
PLEASE CONTACT**

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