

## Part 7: Taking it Serious Shot Chart

**(All shots can be taken from one location or you can move to different spots after each type)**

For 1-10

\*Shoot 5-10 shots for each # (30 min or 1 hour workout) and only focus on the specific step for those shots

\*Check it after each shot

For 11-20 (these are from part 3: building footwork)

\*Shoot 5-10 shots for each # (30 min or 1 hour workout)

\*Check your feet after the shot

\*Put Date and # of Makes for Each Focus Area

[illegible]

[illegible]