



United States Marine Corps/USA Wrestling  
Cadet & Junior National Championships  
North Dakota State University  
Fargo, ND  
July 14-22nd, 2023



## What to bring to Fargo

- Bedding/Sheets/pillow
- Workout clothes (enough for 3-5 workouts)
- Running shoes
- Wrestling shoes
- Bathroom toiletries
- Towels
- Fan
- Laundry detergent (optional – Laundry is FREE at NDSU)
- Additional Snacks/drinks
- Power strip/extension cord
- Garbage bags
- Collapsible cooler

## What **NOT** to bring to Fargo

- TV
- Video game systems
- Air conditioner
- Excess of money

Any questions please contact one of the following people

Dan Mikesell – Junior Team Leader (812)208-3520, [daniel.mikesell@moorevilleschools.org](mailto:daniel.mikesell@moorevilleschools.org)

Greg Schaefer – Cadet Team Leader (317)-258-4084, [gschaefer@evdio.org](mailto:gschaefer@evdio.org)

Theresa Rankin – Women's Team Leader (517)525-7211 [Rankint@trine.edu](mailto:Rankint@trine.edu)