

# Edwardsville Wrestling Club

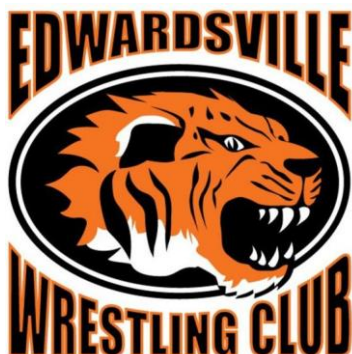
## OPEN HOUSE REGISTRATION



**Tuesday, October 5<sup>th</sup>**

**Jon Davis Wrestling Center**

**6:00 pm—7:30 pm**



**Thursday, October 7<sup>th</sup>**

**Jon Davis Wrestling Center**

**6:00 pm—7:30 pm**

### PARTICIPANTS:

6 Divisions  
Girls, 6 & Under, 7 & 8, 9 & 10, 11 & 12, 13 & 14

### REGISTRATION REQUIREMENTS:

\*\$45 goes towards USA Wrestling card

1. Registration and Waiver Form (located on-line)
2. Copy of Birth Certificate (only if a new wrestler)  
\$105 Registration Fee (7-14 yr olds)  
(+ \$50 deposit refundable upon equipment return & 8 parent volunteer hours)  
\$80 Registration Fee (6 & Under)  
(+ \$25 deposit refundable upon equipment return & 4 parent volunteer hours)

**\*\*REGISTER ON-LINE ANYTIME\*\***

**PRACTICE SCHEDULE:** Monday and Wednesday beginning November 1<sup>st</sup> held at:

**JON DAVIS**

WRESTLING CENTER

6168 Center Grove Rd (Across from Edwardsville High School)

**TOURNAMENT SCHEDULE:** Tournament have divisions for each age and weight group. Schedule will be distributed and posted on-line.

For More Information: Contact [jondavisewc@gmail.com](mailto:jondavisewc@gmail.com) or visit us on-line at [www.edwardsvillewrestling.com](http://www.edwardsvillewrestling.com)



# EDWARDSVILLE WRESTLING CLUB

**OUR MISSION** to enrich the lives of our Wrestlers and Parents through the sport of wrestling

## WHY WRESTLING?

Wrestling cultivates character building, creates accountability and builds fortitude. It gives young people the opportunity to be a part of a team while at the same time allowing them to control the outcome of their success.

### COACHING STAFF



Pat McNamara  
EWC Program Director  
Assistant Wrestling Coach:  
*Central Michigan,  
Virginia, Missouri*  
Head Coach  
*SIUE, Edwardsville, IL*  
3 X All-American Michigan State

Pat McNamara has been involved with the sport of wrestling for the past 38 years. Having worked with all levels of wrestlers, from the college ranks, through the kids club level. Pat believes his experience has helped him understand how to successfully develop wrestlers.



Sarah Doty  
EWC Women's Coach  
Associate Head Coach:  
*Missouri Baptist University, St. Louis*  
Head Coach:  
*Southwestern College, Winfield, KS*  
3 x All-American Missouri Baptist

Sarah Doty has been involved in the sport of wrestling for 22 years. She believes EWC is the best place to grow a lasting foundation for women's wrestling. "I am excited to be involved in the growth of the girls program at EWC and wrestling as a whole."

## THE CLUB

EWC provides kids, ages 5-14, the opportunity to learn the sport of wrestling in an organized environment. EWC teaches the fundamentals for wrestling not only to prepare wrestlers to excel at the Middle School and High School levels but also to excel in life.

**Discipline**      **Team Participation**  
**Sportsmanship**      **Service**  
**Academic Excellence**

.....are all emphasized

The Edwardsville Wrestling Club (EWC) is a not-for-profit organization. The EWC is not a part of the Edwardsville School District Unit 7. However, it works in conjunction with the School District and it's Wrestling Programs (ie, High School & Middle School teams). Many of the varsity wrestlers at the Middle School and High School are former EWC wrestlers. This is because of the high level of physical endurance, mat time, and wrestling technique training received during EWC practice and tournament participation.

The EWC is financed by the Edwardsville Wrestling Booster Club. The Booster Club consists of volunteers from all three levels of wrestling in Edwardsville (EWC, Middle School, & High School) and holds fundraisers each year.