

# 2019 Summer Skills Clinic

## Train for Varsity Hockey!!

Step your game up this summer! This is your players chance to work with area high school players as they train all summer! We work with players from all schools and programs, and the sessions are led by multiple coaches, recent graduates getting ready for college hockey, and some upper classmen. We break the groups based on age and experience and can work with all ages. For younger than bantam, I would recommend attending with a friend or friends to ensure the right competition that day. This clinic has filled up in the past, and we are doing only two days a week this year, I highly recommend you reserve space early. If you have to change your schedule and communicate in advance, there are no issues with changes.



### Randy Schlesinger

Hockey Director and Head Coach – Deerfield High School Hockey  
Head Coach – Winnetka Warriors

Former coach at New Trier, GBN, Wilmette, Northbrook, Skokie

#### On Ice We Teach:

- Skating - edgework, turns, pivots, stops and starts
- Stickhandling – in traffic and open ice
- 1 on 1 corner and open ice battles, breaking down a defender in 2 on 1, beating a goalie in 2-0 situations
- Cross ice 3v3 and full ice scrimmage
- Fast-paced game-situation drills with proper go-rest ratios that mimic game shifts

#### Off Ice/Dry Land We Teach:

- Legwork agility and strength for skating-specific muscles
- Core training
- Stickhandling
- Shooting

Location: all sessions held at [North Shore Arena on the full ice.](#)

Fees, Dates/Times – \$500 bulk rate for all, \$35/day advanced paid by 6/1.

\$40 per session after 6/1. (each day is 60 min on plus 60 min off ice training). Walk-ins accepted on a first come first serve basis. Advanced registration recommended.

On ice 4:20-5:20, off ice 5:30-6:30.

Tuesday June 11, Thursday June 13

Tuesday June 18, Thursday June 20

Tuesday June 25, Thursday June 27

Tuesday July 2

Tuesday July 9, Thursday July 11

Tuesday July 16, Thursday July 18

Tuesday July 23, Thursday July 25

Tuesday July 30, Thursday August 1

Tuesday August 6, Thursday August 8

Tuesday August 13(4 PM start), Thursday August 15 ( 4 PM start)

# Designed for competitive youth through high school

We build reps, drills and scrimmages in age and experience appropriate groups

To reserve a space mail this form w/payment

Randy Schlesinger  
5701 N Sheridan Apt 30U  
Chicago, IL 60660

\$35 per session if paid by June 1,  
\$40 after June 1, Please list the  
sessions attending below.  
Goalies free-limit 4. We expect to  
have regular goalie instruction, and  
they get a ton of reps!

**Questions?** Please call Randy at 847-366-4462 or email at  
randy.dhsh@gmail.com

**THIS CAMP HAS LIMITED SPACE - REGISTER EARLY**

Player Name \_\_\_\_\_ birth year \_\_\_\_\_

Parents Name \_\_\_\_\_

List dates here >>>

New BULK  
Rate - \$500  
for all

Address \_\_\_\_\_

Email Address \_\_\_\_\_

Phone Number \_\_\_\_\_

Special Medical Condition \_\_\_\_\_

**Assumption of Risk:** I am aware that ice hockey involves certain inherent risks, dangers and hazards that can result in serious personal injury or death. I am also aware that ice skating/ ice hockey areas contain potential dangers to those participating in ice hockey activities. As such, I freely agree to assume and accept any and all known and unknown risks of injury while participating in camp and ice hockey activities.

**Release and Waiver of Claim Agreement:** In consideration of allowing my child to participate in these hockey and ice programs, I hereby agree to the fullest extent permitted by law, as follows: The participant consents to be bound by the rules and regulations of the instructors and agrees coaches, instructors, and organizers will not be held responsible for any accident or loss however caused, and agrees to release Randy Schlesinger, James Schlesinger, Tom Schlesinger, Tommy Haras, Sam Weinstein, Luke Lovcik, Carl Johanson, Corey Rybka, Dan Kaster and any and all assistant coaches, instructors, and organizers from any and all claims or dangers which may arise as a result of, or reason of such accident, injury or loss.

Parent Name \_\_\_\_\_

Parent Signature \_\_\_\_\_ dated \_\_\_\_\_

**Before you mail this – SAVE THE DATES!!!!**