

## **Dual Meet Scoring (one team vs. one team):**

Below is a description on how swim & dive meets are scored.

**Big Picture:** There are 12 events total - 9 individual events, and 3 relays.

- There are two meets happening at the same time: JV and Varsity.
- Varsity will always be one single heat.
- JV may have several heats.
- The JV heats are totaled together and scored the same as the Varsity (see below), so there will be two totals at the end of the night.
- Varsity is the one score that will be used to decide conference standings.

### **Individual Events:**

- Up to 6 lanes will swim in the heat.
- The top 5 out of 6 score points (16 possible points per individual event):
  - 6 points for 1st
  - 4 points for 2nd
  - 3 points for 3rd
  - 2 points for 4th
  - 1 point for 5th
- Here you can win the points race without getting first. If we were to get 2nd, 3rd, and 4th the score would be 9-7 (in our favor). Depth matters more than speed often in these races. Simply staying out of last place - so that all three of our athletes score means that the opponent only has two possible scoring athletes, and we have a good chance of out-pointing the opponent.

### **Relays:**

- Only the top 3 places score points (14 possible points):
  - 8 points for 1st
  - 4 points for 2nd
  - 2 points for 3rd
- In relay events, only the top 2 of the 3 relays from each team may score points.
- Here getting 1st is the only way to outpoint the opponent. Even if we were to get 2nd and 3rd - we would still be 2 points behind (6 to 8).
- Getting 1st and 3rd is truly getting ahead in the score (10 to 4).
- There are 3 relays in every meet: 200 Medley, 200 Free, and 400 Free.  
It is our goal to score more than half of the available points in each event. If we do this, the total will always be in our favor.

### **The Math:**

Once a team has scored its 94th point - it cannot lose as it now has more than half the total number of points possible. It's possible for both teams to score 93 and tie.

### **Here is the secret to winning:**

Every time we win a close race, it is at least one more point for us, and one less for the opponent. A two-point swing in our favor - each time that happens. If we can win more than 50% of the close races - we are extremely hard to beat.