



Terrapins Swim Team
"Desire - Dedication - Determination"
(925) 680-8372
WWW.TERRAPINSWIM.COM



2021-2022 High School Pre-Season Training Program

DECEMBER 13TH – FEBRUARY 3rd

Monday through Thursday 5:45-7:15pm

Welcome Swimmers and Parents!!!

The Terrapins Swim Team wishes to welcome you to the 2021-22 season. We look forward to working with you over the next few months to help prepare you for a successful High School season. Getting in some pre season training will make a HUGE difference in your upcoming HS season.

The Terrapins are one of USA Swimming's most prestigious clubs. Our HS swimmers have been very successful at both league and NCS and we invite you to experience similar results. A professional staff, a progressive philosophy and a program based on education with sound physiological principles are what set the Terrapins apart. Our HS pre season program is geared specifically to help HS swimmers prepare for the upcoming HS season. Get a jump on your competition and Join TODAY!!

All practices are held at the Concord Community Pool Mon thru Thur

Dec 13th through February 3rd

COST - 545.00 PER SWIMMER

ALL PACIFIC SWIMMING REGISTRATION FEES INLCUDED IN PROGRAM FEES. ALL PARTICIPANTS WILL RECEIVE A TEAM CAP & T-SHIRT.

To register your swimmer please register online or fill out the registration card and mail in:

ON LINE REGISTRATION:

We encourage all participants to register using the TERA “on line registration” system located on the TERA web site at www.terrapinswim.com. This will insure that your spot is reserved and you will receive immediate confirmation of your payment and registration. **Online registration will be open after October 10th 2021**

MAIL IN REGISTRATION OPTION:

- #1 Fill out the registration card completely.
(Each swimmer must have their own card. Feel free to duplicate.)
- #2 Mail program registration card & with full fees payable to **Terrapins Swim Team:**
HS PRE-SEASON PROGRAMS
PO Box 21127
Concord, CA. 94521

To receive additional registration packets or for additional information, log on to our web page at www.terrapinswim.com

Terrapin 2021-22 Program Registration Card
(ALL INFORMATION MUST BE FILLED IN COMPLETELY)

Swimmer’s First Name	Last Name	MI	Birth Date	Age	Gender
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Address	City	Zip	Phone #	E-mail
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E-mail address (most of team communication is done via e-mail. Include all addresses you wish to receive team communication)

HS PRE-SEASON PROGRAM COST IS 545.00 PER SWIMMER

ALL WORKOUTS ARE MONDAY THROUGH THURSDAY AT THE CONCORD COMMUNITY POOL—
3501 COWELL RD, CONCORD 94518

REGISTERED PARTICIPANTS IN WILL RECEIVE A TERRAPIN T-SHIRT AND A TEAM CAP

Swim Fee: _____