

# **ERYSL COVID-19 (SEVERE ACUTE RESPIRATORY SYNDROME 2 [SARS-CoV-2]) RETURN TO PLAY GUIDELINES**

## **EXPECTATIONS FROM THE ERYSL:**

- Distribute and post return to play protocols for all ERYSL Members
- Be understanding to parents/players that may delay in returning to play
- Provide adequate field space for physical distancing (minimum 6 feet)
- Have an effective communication regarding updates and possible infections

## **PARENT RESPONSIBILITIES**

- Check your child's temperature before all activities
- Notify the club immediately if the child falls ill
- Ensure the child has sanitizing products and plenty of water
- Remain in the car or practice social distancing on sidelines
- Masks must be worn if outside the car
- Ensure washing (i.e. hands) takes place before and after every activity
- Ensure clothes and equipment are sanitized before and after every activity
- Ensure player uses the bathroom before coming to the field
- Stay off the field - field use is limited to players, coaches, and board members only

## **COACH RESPONSIBILITIES**

- Follow all return to play protocols
- Temperature check players prior to activity
- Ask each child how they feel prior to activity
- Alert parent and immediately send home players that are not feeling well
- Always provide adequate physical distancing
- Ensure all players are not sharing equipment such as pinnies, goalkeeper gloves, cooling towels and water (ball is permitted)
- Wear a face mask while coaching unless performing strenuous activities
- Only coaches handle equipment such as cones
- Be understanding to parents/players that may delay in returning to play
- Set up a location for each child to leave their bag and water. Each station needs to be 6 feet apart
- During competition keep the players spaced properly on the sideline
- During practice, set up water stations for each child to ensure distancing during a break
- Minimal contact allowed
- Scrimmages allowed
- Sanitize equipment before and after activity

## **PLAYER RESPONSIBILITIES**

- Bring and use hand sanitizer
- Be open and transparent with the coach
- Place bags and equipment 6 feet apart from each other
- Do not touch or share anyone's equipment, water, or other personal items

- No group celebrations, high-5s, hugs, handshakes, fist-bumps, etc
- Respect other's distancing when not practicing or playing
- Wear a mask to and from the field and anytime not playing
- Wash hands thoroughly before and after training and games
- Wash and sanitize your equipment

### **GENERAL RULES FOR ALL TO FOLLOW FOR 2020/2021 SEASON**

- One parent or relative per player permitted to be on premises
- Use the bathroom before coming to the field, bathrooms will be closed until further notice
- Snacks are prohibited during and after games
- Goal gloves cannot be shared
- Pinnies will be provided by ERYSL for each player and are not to be shared
- Parents must remain outside the fence and are not allowed to be on the field during all team activities held at McKenzie field
- Parents should social distance from other families at all times
- No post-game tunnels
- Families and players should leave the field immediately after a game

### **ERYSL PROCEDURE IF POSSIBLE POSITIVE CASE OF COVID-19**

If a child on an ERYSL team tests positive:

#### **PARENTS**

- Alert coaches and ERSYL Board immediately at [eastrutherfordsoccer@gmail.com](mailto:eastrutherfordsoccer@gmail.com)
- Child can return once cleared by the family doctor – note must be provided by the family doctor

#### **COACHES**

- Alert the team that a member of the team has tested positive. There will be no sharing of the player or family name.
- Alert the ERSYL Board of the child on the team who has tested positive

#### **ERYSL BOARD**

- Will alert the team that a child has tested positive. The child's name or family name will not be shared.

- For Travel:

If games have been played, we will provide an alert that a child of a certain team has tested positive to SBSL. Child's name or family name will not be shared. We will go back as far as two weeks to alert teams.

- For Rec:

If games have been played, we will provide an alert that a child of a certain team has tested positive to the parents of the opposition teams. Child's name or family name will not be shared. We will go back as far as two weeks to alert teams.

If a coach tests positive:

**COACHES**

- If a coach tests positive, they will alert the ERSYL Board immediately
- Coach can return once they receive clearance from their doctor
- The Board will alert the team that a member of the coaching staff has tested positive and we will provide a plan when practices can resume

If a child on an opposing team tests positive:

**ERSYL BOARD**

- ERSYL will alert the coaching staff and parents of the team that we have been alert that a child on a recent opponent has tested positive.