

Southern MN Spring Volleyball League - 2026 Schedules

3 Team Pool: 3 sets to 25

	Home	Away	Ref
Match 1	A	B	C
Match 2	B	C	A
Match 3	C	A	B

4 Team Pool: 2 sets to 25

	Home	Away	Ref
Match 1	A	C	B
Match 2	B	D	C
Match 3	A	B	D
Match 4	C	D	A
Match 5	B	C	D
Match 6	D	A	C

Divisions

- **10s:** 3rd–4th Grade
- **12s:** 5th–6th Grade
- **14s:** 7th–8th Grade

Team Policies

- Teams may be all boys, all girls, or co-ed
- 10s & 12s must use a Vollelylite ball; 14s must use a regulation volleyball

Warm-Ups

- First & second matches of the pool (10 minutes)
 - 2 min shared net; 4 min serving team on the net; 4 min receiving team on the net
 - Teams **must serve during their net time**
- All other matches (4 minutes): 2 min shared net, 2 min shared serving **✗ NO HITTING ALLOWED**

Officiating

The officiating team must provide: 1 referee with whistle (R2 optional), 2 line judges and 2 scorekeepers

- ✓ An athlete is encouraged to serve as R1 with a coach standing next to, or below, to assist.
- ✓ A **coach or knowledgeable adult MUST be courtside** to assist all officiating players.

Match Start

- The first pool play match will start at **8:00am** OR **11:30am**, depending on the pool
- Set 1: Home team serves first; Set 2: Away team serves first
- In a 3-team pool, coin toss before set 3. The winner can choose to serve or receive.
- Teams stay on the same side of the net the entire match
- Teams will shake hands at the end of the match only

Match Policies

- 2 timeouts per set; 30 seconds each
- 3 team pools play 3 sets all to 25 points. You must win by 2 points
- 4 team pools play 2 sets each to 25 points. You must win by 2 points. **NO THIRD SET IS PLAYED**
- Serving Rules
 - 10s-12s can serve as far up as needed, up to the 10 foot line; Rotate after 5 consecutive serves
 - 14s must start behind the end line to serve, but no foot faults will be called
 - All divisions may catch or drop their first toss. An additional 5 seconds is allowed to serve

Unsportsmanlike Conduct (athlete, coach or spectator)

- First offense → Warning
- Second offense → Point awarded to opponent
- Third offense → Ejection from the gym
- Report any issues immediately to League Director Sarah Kirby at mnattack@gmail.com

Season Format

- Each team plays 6 sets per playdate (March 28, April 11, April 18, April 25)
- Bracket play tournament (May 2)
 - Bracket is based on records from the first 4 playdates; Bracket released by April 29
 - All teams will be guaranteed 2 matches on May 2