

QUICK REFERENCE GUIDES – NFHS RULE EXCEPTIONS

LSJBA RECREATIONAL DIVISION

Participation Rule – all grades.

Each player must play a FULL QUARTER per half and sit a FULL QUARTER per game. Five minutes split between quarters DOES NOT comply to the rule. Injured players may be substituted and their participation in that quarter will be considered full.

Grade	Timing	Court	LANE	Ball Size	Special Rules
1 st	Running Clock Stops on Team & Official Time outs only	8' Goal 9' Free Throw Players line up below block	5 sec	27.5	Do not keep score. Man to Man defense (3 feet) Cannot steal from ball handler in control – defender cannot tie up the ball handler in control (No Jump Balls).
2 nd	Running Clock Stops on Team & Official Time outs only	8' Goal 9' Free Throw Players line up below block	5 sec	27.5	Man to Man defense (3 feet) Cannot steal from ball handler in control - defender cannot tie up the ball handler in control (No Jump Balls) until AFTER holiday break.
3 rd / 4 th	LSJBA Rules	9' Goal (3 rd) 10' Goal (4 th) 12' Free throw Players line up below block	3 sec	28.5	No Zone Defense (Defender cannot be in the lane unless an offensive player is within 2 feet of lane). Full Court Press – 4 th Quarter only.
5 th / 6 th	LSJBA Rules	Regulation	3 sec	28.5	No Zone Defense (Defender cannot be in the lane unless an offensive player is within 2 feet of lane).
7 th – 12 th	LSJBA Rules	Regulation	3 sec	29.5	None

LSJBA COMPETITIVE DIVISION

Grade	Timing	Ball Size	Goal Height
3 rd	LSJBA Rules	28.5	9' Players line up below block.
4 th – 6 th	LSJBA Rules	28.5	Regulation
7 th	LSJBA Rules	29.5	Regulation