

Girls 100 Meter Dash

Name	Year	School	Seed	Finals	H#	Points
Finals						
1 Grace Emineth	11	Shanley	12.57	13.20	6	10
2 Tayghan Wilkerson	8	Hastings	13.16	13.34	6	8
3 Anja Shoenberg	11	Cromwell-Wright	13.48	13.54	6	6
4 Alexandra Niska	10	Duluth East	13.66	13.61	6	5
5 Corrina Marolt	11	Silver Bay	13.53	13.74	6	4
6 Reese Orn	9	Marshall School,	14.20	13.87	5	3
7 Emma Johnson	11	Duluth East		13.89	1	2
8 Makenna Zak	9	Ashland	13.30	13.91	6	1 13.902
9 Bianca Lott	9	Duluth East	13.93	13.91	5	13.910
10 Jordan Schwiesow	9	Ashland	13.90	14.00	5	
11 Madison Kennedy	9	Hastings	13.70	14.04	6	
12 Baamlak Haugen	10	Marshall School,	13.30	14.11	6	
13 Isabelle Sydow	11	Marshall School,	13.70	14.12	5	
14 Mya Poe-Johnson	8	Two Harbors	14.54	14.18	4	
15 Rian Braun	12	Duluth East	14.56	14.45	4	
16 Meagan Bergerson	9	Two Harbors	14.59	14.57	4	
17 Lana Mitchell	12	Duluth Denfeld	14.66	14.65	4	
18 Hannah Marthaler	9	Hastings	14.79	14.70	4	
19 Jenna Marxhausen	8	Two Harbors	14.92	14.71	3	
20 Anna Hay	9	Cook County	14.45	14.72	5	
21 Courtney Dahler	10	Hastings	14.71	14.85	4	
22 Brandi Collman	10	Cromwell-Wright	14.65	14.91	4	
23 Lilka Mojkowski	12	Two Harbors	14.98	15.05	3	
24 Megan Fournier	12	Duluth Denfeld	15.76	15.13	3	
25 Olivia Sajdak	12	South Ridge/Cher	15.04	15.20	3	
26 Payton Dobin	11	Cook County	15.24	15.25	3	15.247
27 Mary Mark	11	Shanley	14.89	15.25	4	15.248
28 Zoe Trip	10	South Ridge/Cher	15.52	15.40	3	
29 Lillian Johnson	11	Marshall School,		15.62	1	
30 Ellen Callender	11	Cook County	16.24	15.70	2	
31 Olivia Danielson	9	Duluth Denfeld	16.08	16.06	2	
32 Maria Hille	9	Carlton	16.00	16.15	2	
33 Joslin Ray	8	South Ridge/Cher	16.34	16.25	2	
34 Morgan Anderson	9	South Ridge/Cher	16.52	16.31	2	
35 Brianna Brown	11	Ashland		16.32	1	
36 Annika Swanson	9	Duluth Denfeld	17.75	16.83	2	
37 Nicole Tibbitts	9	Silver Bay	17.03	17.08	2	
38 Allison Christen	9	Proctor	18.44	17.82	2	
39 Braylee Wall	10	Proctor	18.92	18.60	1	
40 Shanna Isaacs	9	Proctor	19.43	19.18	1	
-- Simone Pruette	9	Moose Lake/Willo	14.09	DNS	5	
-- Ella Thill	10	Proctor	21.74	DNS	1	
-- Jamie Benzie	11	Moose Lake/Willo	14.33	DNS	5	
-- Kamrin Peterson	9	Ashland	14.40	DNS	5	
-- Annie Lynch	10	Cook County	19.34	DNS	1	
-- India Johnson	7	Moose Lake/Willo	15.70	DNS	3	
-- Grace Stephenson	10	Moose Lake/Willo	15.28	DNS	3	

Girls 200 Meter Dash

Name	Year	School	Seed	Finals	H#	Points
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1	Grace Emineth	11	Shanley	25.91	26.76	7	10
2	Makenna Bares	10	Shanley	27.19	27.03	7	8
3	Alexandra Niska	10	Duluth East	27.54	27.28	7	6
4	Tayghan Wilkerson	8	Hastings	27.93	27.60	7	5
5	Makenna Zak	9	Ashland	27.80	27.72	7	4
6	Corrina Marolt	11	Silver Bay	27.68	27.73	7	3
7	Anja Schoenberg	11	Cromwell-Wright	27.63	27.74	7	2
8	Merlea Mrozik	10	Marshall School,	28.90	28.58	6	1
9	Jordan Schwiesow	9	Ashland	28.80	28.61	6	
10	Kaley Towers	12	Proctor	28.86	28.83	6	
11	Samantha Molitor	9	Hastings	30.24	28.97	5	
12	Bianca Lott	9	Duluth East	29.24	29.02	6	
13	Eliana Jouppi	9	Duluth Denfeld	30.00	29.46	5	
14	Emma Johnson	11	Duluth East	29.36	29.81	6	
15	Anna Hay	9	Cook County	30.44	30.17	5	
16	Jenna Marxhausen	8	Two Harbors	30.33	30.18	5	
17	Noelle Stellmaker	12	Duluth East	30.76	30.36	5	
18	Payton Dobin	11	Cook County	31.32	30.37	4	
19	Hannah Marthaler	9	Hastings	30.69	30.60	5	
20	Brandi Collman	10	Cromwell-Wright	30.25	30.75	5	
21	Jada Hollinday	9	Duluth Denfeld	31.77	31.26	4	
22	Lilka Mojkowski	12	Two Harbors	31.22	31.43	4	
23	Lilith Anderson	9	Duluth Denfeld	32.49	31.53	3	
24	Elyse Orn	11	Marshall School,		31.74	1	
25	Bella Kartch	11	Marshall School,		31.92	1	
26	Remington Laveau	12	Carlton	31.43	32.17	4	
27	Ellie Regas	9	Carlton	32.04	32.40	3	
28	Anna Johnson	9	Two Harbors	34.32	32.53	2	
29	Olivia Sajdak	12	South Ridge/Cher	32.03	32.94	4	
30	Clara Lucero	11	Marshall School,		33.01	1	
31	Maria Hille	9	Carlton	33.00	33.06	3	
32	Ellen Callender	11	Cook County	34.04	33.27	3	
33	Emma Terhaar	10	Proctor	34.62	33.30	2	
34	Brianna Brown	11	Ashland		33.42	1	
35	Abby Haugen	12	Proctor	33.84	33.66	3	
36	Harmony Aikey	7	South Ridge/Cher	35.54	33.78	2	
37	Bailey Evers	9	Proctor	35.40	34.06	2	
38	Joslin Ray	8	South Ridge/Cher	33.65	34.12	3	
39	Raina Braun	9	Silver Bay	34.25	35.95	3	
40	Nicole Tibbitts	9	Silver Bay	36.88	36.11	2	
41	Saige Mousseau	7	South Ridge/Cher	36.04	37.07	2	
42	Lillian Hayes	9	Hastings	31.67	43.51	4	
--	Julia Juszczak	9	Moose Lake/Willo	34.72	DNS	2	
--	Payton Smith	8	Cromwell-Wright	29.72	DNS	6	
--	Jamie Benzie	11	Moose Lake/Willo	29.89	DNS	6	
--	Alexxa DeQuevedo	12	Silver Bay	28.38	DNS	7	
--	Simone Pruette	9	Moose Lake/Willo	29.14	DNS	6	
--	Kamrin Peterson	9	Ashland	30.79	DNS	4	
--	Grace Stephenson	10	Moose Lake/Willo	32.14	DNS	3	
--	Anne Kidd	11	Duluth Denfeld	30.69	DNS	5	
--	Meagan Bergerson	9	Two Harbors	30.84	SCR		

#### Girls 400 Meter Dash

Name	Year	School	Seed	Finals	H#	Points	
1	Courtney Werner	10	Proctor	1:01.71	1:01.49	5	10
2	Riley Pohl	12	Duluth Denfeld	1:04.11	1:03.29	5	8
3	Alexandra Niska	10	Duluth East		1:03.40	2	6
4	Shaily Hakamaki	11	Cromwell-Wright	1:03.12	1:03.85	5	5
5	Jordan Schwiesow	9	Ashland	1:05.56	1:04.53	5	4
6	Morgan Laveau	9	Carlton	1:05.31	1:04.87	5	3
7	Allana Carlson	8	Proctor	1:07.05	1:04.89	5	2
8	Paige Renschler	7	Shanley	1:04.40	1:05.52	5	1
9	Ivy Grochowski	12	Duluth Denfeld	1:09.14	1:06.37	4	

10 Kiah Moeller	11 Duluth Denfeld	1:09.77	1:08.20	4
11 Noelle Stellmaker	12 Duluth East	1:10.07	1:09.99	4
12 Angelina Dodge	11 Marshall School,		1:10.29	2
13 Abigail Benser	12 Duluth East		1:10.30	1
14 Anna Hay	9 Cook County	1:09.78	1:10.44	4
15 Jasmin Thygeson	11 Proctor	1:20.05	1:11.26	3
16 Payton Dobin	11 Cook County		1:12.47	4
17 Danielle Weber	10 Marshall School,		1:12.88	1
18 Elizabeth Johnson	10 Duluth East	1:10.75	1:13.23	3
19 Kasey Olson	9 Proctor	1:14.31	1:14.77	3
20 Laramie Prell	9 Marshall School,		1:15.93	2
21 Ellen Callender	11 Cook County		1:17.41	1
22 Maria Hille	9 Carlton	1:17.72	1:18.46	2
23 Amanda Haveri	9 Two Harbors	1:28.06	1:29.99	2
-- Claire Barlass	10 Duluth Denfeld	1:09.80	DNS	4
-- India Johnson	7 Moose Lake/Willo	1:09.58	DNS	4
-- Emily Lemker	12 Marshall School,	1:12.06	DNS	3
-- Alivia Menten	7 Moose Lake/Willo	1:08.93	DNS	4
-- Anja Schoenberg	11 Cromwell-Wright	1:03.58	DNS	5
-- Ella Kelly	9 Hastings	1:12.00	DNS	2
-- Abby Brew	9 Ashland	1:16.00	DNS	2
-- Maya Anderson	10 Ashland	1:14.00	DNS	3
-- Ariana Green	11 Hastings	1:12.50	DNS	3
-- Lillian Hayes	9 Hastings	1:10.18	DNS	2
-- Hannah Schultz	10 Hastings	1:13.96	DNS	3
-- Charis Blacklock	12 Moose Lake/Willo	1:12.22	DNS	3
-- Sophie Eliassen	12 Cook County	1:09.28	SCR	

#### Girls 800 Meter Run

Name	Year School	Seed	Finals	H#	Points
1 Emilia McGiffert	10 Marshall School,		2:33.98	1	10
2 Mia Kraker	10 Duluth East	2:36.51	2:34.96	2	8
3 Morgan Binsfield	10 Proctor	2:40.41	2:36.16	2	6
4 Elizabeth Strandberg	12 Duluth East	2:38.10	2:36.41	2	5
5 Kate Busek	10 Shanley	2:38.84	2:38.30	2	4
6 Ella Bauer	10 Ashland	2:40.00	2:42.75	2	3
7 Malin Anderson	10 Cook County	2:47.00	2:44.04	2	2
8 Amber Collman	11 Cromwell-Wright	2:53.00	2:46.63	1	1
9 Kate Walsberg	11 Two Harbors	2:50.00	2:46.95	2	
10 Shannon Granquist	7 Moose Lake/Willo	2:53.54	2:48.38	1	
11 Elisa Galyen	12 Two Harbors	2:51.00	2:50.19	2	
12 Emma Dinndorf	9 Hastings	2:47.10	2:50.39	2	
13 Laura Erickson	11 Two Harbors	2:50.00	2:50.82	2	
14 Madeline Johnson	12 Duluth East	2:49.42	2:51.47	2	
15 Hannah Feyen	12 Duluth Denfeld	2:48.61	2:52.27	2	
16 Abby Cid	8 Carlton	3:00.10	2:52.33	1	
17 Autumn Adricula	9 Hastings	2:47.69	2:52.91	2	
18 Elaina Seeger	9 Ashland	2:42.00	2:52.95	2	
19 Rachel Skwira-Brown	12 Duluth Denfeld	2:58.55	2:54.33	1	
20 Mackenzie Dwyer	12 Silver Bay	2:55.95	2:54.68	1	
21 Elle Westrum	9 Duluth East	3:08.37	2:56.14	1	
22 Ellie Nielsen	7 Moose Lake/Willo	3:03.75	2:59.03	1	
23 Rachel Bergh	9 Duluth Denfeld	3:06.83	3:00.58	1	
24 Acacia Wahlin	11 Duluth Denfeld	3:10.33	3:04.21	1	
25 Catie McPherson	10 Ashland	3:10.74	3:07.63	1	
26 Sidni Hendren	10 Two Harbors	3:06.38	3:08.32	1	
27 Madison Running	10 Cromwell-Wright	2:59.49	3:08.88	1	
28 Zuly Roach	10 South Ridge/Cher	3:13.47	3:09.82	1	
29 Linnea Hanson	10 Hastings	2:38.10	3:10.33	2	
30 Addie Hanson	7 Moose Lake/Willo	3:06.30	3:10.56	1	
31 Emily Dukwen	11 Cromwell-Wright	3:19.02	3:11.19	1	
32 Amelia Voss	11 Proctor	3:21.34	3:16.90	1	
33 Leilani Cummins	8 South Ridge/Cher	3:45.48	3:20.24	1	

-- Allyson Jurek	11 Proctor	3:00.62	DNS	1
-- Emma Cid	10 Carlton	2:48.00	DNS	2
-- Emily Biscoe	11 Hastings	2:37.80	DNS	2
-- Anna Bernhardt	9 Shanley	2:28.63	DNS	2
-- Cece Chmelik	9 Cook County	3:06.00	DNS	1
-- Olivia Johnson	11 Shanley	2:42.89	SCR	

#### Girls 1600 Meter Run

Name	Year School	Seed	Finals	Points
1 Elena George	10 Ashland	5:38.71	5:28.89	10
2 Keegan McAuliffe	9 Marshall School,	5:35.80	5:29.41	8
3 Linnea Urban	10 Hastings	5:34.01	5:33.16	6
4 Lamar Gordon	8 Two Harbors	5:56.47	5:40.31	5
5 Cora Nephew	9 Duluth East	5:42.61	5:44.40	4
6 Ella Bauer	10 Ashland	5:48.03	5:49.60	3
7 Karly Holm	8 Two Harbors	6:00.13	5:50.19	2
8 Amber Collman	11 Cromwell-Wright	6:03.94	5:53.48	1
9 Kelli Granquist	10 Moose Lake/Willo	5:49.93	5:59.30	
10 Crystal Kaczmarczyk	10 Duluth East	5:59.06	6:05.00	
11 Lexi Tekippe	12 Moose Lake/Willo	6:14.43	6:06.36	
12 Sarah Michels	12 Moose Lake/Willo	6:18.32	6:06.94	
13 Emma Cid	10 Carlton	6:02.13	6:11.01	
14 Grace Chandler	9 Duluth East	6:26.50	6:15.12	
15 Jade Westrum	10 Duluth East	6:23.65	6:16.93	
16 Louise Ramberg	10 Cook County	6:28.00	6:20.67	
17 Helen Kliewer	10 Marshall School,		6:29.48	
18 Meghan Granquist	12 Moose Lake/Willo	6:31.94	6:30.30	
19 Abby Brew	9 Ashland		6:32.61	
20 Autumn Adricula	9 Hastings	6:15.26	6:32.88	
21 Emma Hood	9 Hastings	6:48.07	6:39.05	
22 Jocelyn Carr	7 Two Harbors		6:42.13	
23 Elizabeth Jarocki	12 Marshall School,		6:45.76	
24 Cece Chmelik	9 Cook County	7:22.24	6:48.71	
25 Kylie Viren	8 Cook County	7:12.01	6:49.66	
26 Madison Running	10 Cromwell-Wright	6:41.46	7:01.01	
27 Emily Dukwen	11 Cromwell-Wright	7:02.42	7:02.51	
-- Hannah Schultz	10 Hastings	6:36.02	DNS	
-- Sammie Garrity	8 Cook County	7:17.59	DNS	
-- Kiley Craft	9 Shanley	5:58.85	SCR	

#### Girls 3200 Meter Run

Name	Year School	Seed	Finals	Points
1 Elena George	10 Ashland	12:30.00	12:03.33	10
2 Emma Stattelmann	11 Marshall School,	12:55.10	12:07.38	8
3 Sydney Binsfield	12 Proctor	12:22.39	12:15.25	6
4 Cedar Gordon	10 Two Harbors	12:22.65	12:30.37	5
5 Emaleigh Olesiak	7 Cromwell-Wright	12:51.68	12:36.56	4
6 Lilly Petty	7 Moose Lake/Willo		12:56.60	3
7 Kiley Craft	9 Shanley	13:18.49	13:12.70	2
8 Martha Carlson	10 Duluth East	13:44.25	13:50.25	1
9 Eleanor Hasler	8 Duluth East	14:22.40	13:55.39	
10 Helen Kliewer	10 Marshall School,		13:55.74	
11 Savannah Gamst	11 Moose Lake/Willo	13:44.29	14:04.05	
12 Jo Fossum	9 Moose Lake/Willo	14:22.26	14:05.39	
13 Brooke Erickson	10 Hastings	14:33.44	14:34.01	
14 Jaida Uitto	10 Ashland		15:25.04	
-- Linnea Hanson	10 Hastings	13:24.78	DNS	
-- Coriella Sheetz	11 Moose Lake/Willo	13:24.01	DNS	
-- Abby Siebenaler	12 Hastings	14:55.00	DNS	
-- Taylor Schneider	9 Shanley	14:20.00	DNS	
-- Shannon McCullough	11 Hastings	15:30.00	DNS	

## Girls 100 Meter Hurdles

Name	Year	School	Seed	Finals	H#	Points
1 Alexxa DeQuevedo	12	Silver Bay	17.03	17.17	4	10
2 Madeline Smith	12	Duluth East	17.56	17.57	4	8
3 Jaida Larson	11	Ashland	17.60	17.68	4	6
4 Alexis Thompson	9	Carlton	17.77	17.82	4	5
5 Katie Zifko	11	Ashland	17.51	17.97	4	4
6 Rebecca Pero	11	Ashland	17.88	18.10	4	3
7 Hannah Cherro	12	Proctor	18.36	18.24	3	2
8 Rachel Hughes	11	Hastings	18.23	18.96	4	1
9 Ella Palmer	10	Carlton	18.14	19.30	4	
10 Kenna Ridge	8	South Ridge/Cher	19.12	19.49	3	
11 Sophia Kapsner	12	Duluth East	19.73	19.51	3	
12 Kamryn Hill	9	Duluth Denfeld	19.87	19.73	3	
13 Catherine Buffington	11	Duluth East	19.10	20.08	3	
14 Kaylee Overby	11	Two Harbors	19.13	20.09	3	
15 Calli Wright	11	Two Harbors	20.83	20.35	2	
16 Abby Kamp	9	Moose Lake/Willo	20.88	21.11	2	
17 Julia Juszczak	9	Moose Lake/Willo	20.74	21.19	3	
18 Audrey Przybyl	12	Duluth Denfeld	21.38	21.26	2	
19 Anna Johnson	9	Two Harbors	22.28	21.58	2	
20 Raina Braun	9	Silver Bay	21.95	21.82	2	
21 Kate Vogel	9	Proctor	23.29	22.12	1	
22 Kylie Richards	9	Duluth East	22.04	22.21	2	
23 Elizabeth Manly-Spain	9	Hastings	22.79	23.11	2	
24 Zoe Magnuson	9	Proctor	23.24	23.33	1	
25 Molly Moran	9	Hastings	23.30	23.68	1	
26 Taylor Pelava	9	Hastings	20.30	25.61	3	

## Girls 300 Meter Hurdles

Name	Year	School	Seed	Finals	H#	Points
1 Alexxa DeQuevedo	12	Silver Bay	49.31	48.93	4	10
2 Makenna Bares	10	Shanley	47.96	48.94	4	8
3 Jaida Larson	11	Ashland	52.57	50.19	4	6
4 Alexis Thompson	9	Carlton	50.69	50.80	4	5
5 Kenna Ridge	8	South Ridge/Cher	51.92	51.96	4	4
6 Rebecca Pero	11	Ashland	53.10	52.57	4	3
7 Hannah Cherro	12	Proctor	56.43	53.03	3	2
8 Sarah Ostlie	8	Shanley	53.14	53.72	4	1
9 Ariel Carlson	12	Proctor	54.65	54.45	4	
10 Rachel Hughes	11	Hastings	54.77	54.59	3	
11 Kamryn Hill	9	Duluth Denfeld	56.40	55.29	3	
12 Molly Weberg	12	Duluth East	58.24	57.08	3	
13 Kenadi Olson	12	South Ridge/Cher		57.71	1	
14 Elizabeth Jarocki	12	Marshall School,	58.60	57.89	3	
15 Ella Palmer	10	Carlton	55.00	59.41	3	
16 Isabel Schottenbauer	10	Two Harbors	59.56	59.45	2	
17 Kylie Richards	9	Duluth East	1:01.08	59.48	2	
18 Audrey Przybyl	12	Duluth Denfeld	1:02.91	59.72	2	
19 Abby Kamp	9	Moose Lake/Willo	59.51	1:00.36	3	
20 Taylor Pelava	9	Hastings	58.34	1:00.94	3	
21 Calli Wright	11	Two Harbors	1:01.84	1:02.03	2	
22 Elizabeth Manly-Spain	9	Hastings	1:03.83	1:03.92	2	
23 Cassandra Chambers	9	Duluth East	1:05.16	1:04.18	1	
24 Natalya Hermanson	9	Duluth East		1:07.18	1	
-- Molly Moran	9	Hastings	1:06.50	DNS	1	
-- Lily Thygeson	10	Proctor	1:00.98	DNS	2	
-- Kaylee Overby	11	Two Harbors	1:01.46	DNS	2	
-- Sophie Swanson	10	Proctor	1:00.84	DNS	2	

Girls 4x100 Meter Relay

School	Seed	Finals	H#	Points
1 South Ridge/Cherry/North Woods 'A'	53.60	52.80	3	10
1) Joey Lakoskey 10	2) Taylor Mejdrich 12			
3) Sophie Lenz 12	4) Mikayla Mellesmoen 12			
2 Marshall School, Duluth 'A'	54.90	53.48	3	8
1) Isabelle Sydow 11	2) Merlea Mrozik 10			
3) Lillian Johnson 11	4) Baamlak Haugen 10			
3 Hastings 'A'	55.50	53.98	3	6
1) Mallory Brake 12	2) Trinidie Brannon 10			
3) Byrd Brooklyn 11	4) Courtney Dahler 10			
4 Two Harbors 'A'	54.00	54.03	3	5
1) Sami Szendrey 12	2) Morgan Beardsley 10			
3) Meagan Bergerson 9	4) Elise Poe-Johnson 11			
5 Proctor 'A'	57.11	56.10	2	4
1) Kaley Towers 12	2) Amber McRae 12			56.093
3) Abby Haugen 12	4) Miah Switzer 10			
6 Ashland 'A'	56.00	56.10	3	3
1) Kamrin Peterson 9	2) Isabelle Seeger 12			56.097
3) Bailey Nuutinen 12	4) Elaina Seeger 9			
7 Hastings 'B'	57.00	56.23	2	
1) Samantha Molitor 9	2) Hannah Marthaler 9			
3) Taylor McCoy 9	4) Daniella Embu 10			
8 Shanley 'A'	56.00	56.84	3	2
1) Isabelle Snyder 9	2) Mary Mark 11			
3) Allie Emineth 7	4) Sarah Ostlie 8			
9 Duluth East 'A'	53.98	57.59	3	1
1) Rian Braun 12	2) Elizabeth Johnson 10			
3) Katie Kroska 11	4) Rachael Ricketts 10			
10 Moose Lake/Willow River 'A'	56.98	57.90	3	
1) Julia Juscak 9	2) Alivia Mallory 9			
3) Abby Kamp 9	4) Simone Pruette 9			
11 Duluth Denfeld 'A'	58.57	58.13	2	
1) Jada Hollinday 9	2) Lana Mitchell 12			
3) Megan Fournier 12	4) Brooke Maciver 10			
12 Marshall School, Duluth 'B'		58.43	1	
1) Laramie Prell 9	2) Bella Kartch 11			
3) Reese Orn 9	4) Lydia Bacigalupo 9			
13 Carlton 'A'	59.06	58.45	2	
1) Ella Palmer 10	2) Arianna Griak 10			
3) Ellie Regas 9	4) Remington Laveau 12			
14 Proctor 'B'	1:01.01	59.66	1	
1) Marissa Ciurleo 10	2) Summer Rabold 9			
3) Megan Sellers 10	4) Mia LeMire 10			
15 Duluth East 'B'	59.32	1:01.03	2	
1) Emily Homstad 10	2) Sophia Kapsner 12			
3) Denali Kovach 10	4) Rowan Lundell 9			
16 Duluth Denfeld 'B'	1:02.77	1:02.40	1	
1) Olivia Danielson 9	2) Annika Swanson 9			
3) Lilith Anderson 9	4) Gianna Boheim 9			
17 South Ridge/Cherry/North Woods 'B'	59.99	1:03.29	2	
1) Harmony Aikey 7	2) Abby Almer 11			
3) Morgan Anderson 9	4) Johannah Appicelli 8			

Girls 4x200 Meter Relay

School	Seed	Finals	H#	Points
1 Shanley 'A'	1:49.00	1:49.39	2	10
1) Makenna Bares 10	2) Allie Emineth 7			
3) Grace Emineth 11	4) Paige Renschler 7			
2 Two Harbors 'A'	1:54.00	1:52.31	2	8
1) Morgan Beardsley 10	2) Mya Poe-Johnson 8			

3) Elise Poe-Johnson 11	4) Sami Szendrey 12				
3 Proctor 'A'	1:55.02	1:54.93	2	6	
1) Jaime Haugen 10	2) Amber McRae 12				
3) Ariel Carlson 12	4) Miah Switzer 10				
4 South Ridge/Cherry/North Woods 'A'	2:00.00	1:55.34	2	5	
1) Courteney Sajdak 10	2) Harmony Aikey 7				
3) Abby Almer 11	4) Morgan Anderson 9				
5 Two Harbors 'B'		1:55.79	1		
1) Grace Swanson 8	2) Autumn Smith 9				
3) Mary Libby 11	4) Sydney Haugan 11				
6 Ashland 'A'	1:58.00	1:57.94	2	4	
1) Katie Zifko 11	2) Rebecca Pero 11				
3) Elaina Seeger 9	4) Isabelle Seeger 12				
7 Duluth Denfeld 'A'	2:00.63	2:02.06	1	3	
1) Anne Kidd 11	2) Kamryn Hill 9				
3) Brooke Maciver 10	4) Claire Barlass 10				
8 Carlton 'A'	1:59.30	2:03.63	2	2	
1) Morgan Laveau 9	2) Ellie Regas 9				
3) Arianna Griak 10	4) Remington Laveau 12				
9 Hastings 'A'	2:05.11	2:04.73	1	1	
1) Trinidie Brannon 10	2) Elizabeth Ellsworth 12				
3) Lillian Hayes 9	4) Christine Larson 10				
10 Marshall School, Duluth 'A'	1:59.20	2:05.06	2		
1) Baamlak Haugen 10	2) Danielle Weber 10				
3) Megan Laws 11	4) Merlea Mrozik 10				
11 Hastings 'B'	2:08.00	2:06.97	1		
1) Brooklyn Byrd 11	2) Courtney Dahler 10				
3) Daniella Embu 10	4) Lara Deshler 9				
12 Proctor 'B'	2:08.34	2:09.44	1		
1) Aubrey Garner 10	2) Emma Terhaar 10				
3) Kasey Olson 9	4) Marissa Ciurleo 10				
13 Duluth Denfeld 'B'	2:07.54	2:10.33	1		
1) Gianna Boheim 9	2) Lilith Anderson 9				
3) Olivia Danielson 9	4) Katelyn McCall 9				
14 Duluth East 'B'	2:10.77	2:11.11	1		
1) Emily Homstad 10	2) Denali Kovach 10				
3) Rowan Lundell 9	4) Sophia Przybyl 9				
15 Duluth East 'A'	1:59.61	2:16.96	2		
1) Rachael Ricketts 10	2) Kylene Schubitzke 10				
3) Katie Kroska 11	4) Emma Johnson 11				

#### Girls 4x400 Meter Relay

School	Seed	Finals	H#	Points
1 Proctor 'A'	4:20.62	4:21.01	2	10
1) Ariel Carlson 12	2) Morgan Binsfield 10			
3) Kaley Towers 12	4) Courtney Werner 10			
2 Shanley 'A'	4:32.00	4:27.69	2	8
1) Kate Busek 10	2) Azure Ries 10			
3) Allie Emineth 7	4) Sarah Ostlie 8			
3 Hastings 'A'	4:25.50	4:32.63	2	6
1) Linnea Urban 10	2) Emily Biscoe 11			
3) Tayghan Wilkerson 8	4) Lillian Hayes 9			
4 Carlton 'A'	4:34.60	4:36.36	2	5
1) Morgan Laveau 9	2) Elizabeth Hey 10			
3) Arianna Griak 10	4) Alexis Thompson 9			
5 Duluth Denfeld 'A'	4:41.22	4:38.76	2	4
1) Ivy Grochowski 12	2) Megan Fournier 12			
3) Claire Barlass 10	4) Lana Mitchell 12			
6 Ashland 'A'	4:42.00	4:40.08	1	3
1) Ella Bauer 10	2) Elena George 10			
3) Katie Zifko 11	4) Jaida Larson 11			
7 Hastings 'B'	4:35.00	4:42.93	2	
1) Autumn Adricula 9	2) Emma Dinndorf 9			

3) Ella Kelly 9	4) Hannah Schultz 10				
8 Duluth East 'A'		4:46.83	4:43.17	1	2
1) Elizabeth Johnson 10	2) Bianca Lott 9				
3) Noelle Stellmaker 12	4) Elizabeth Strandberg 12				
9 Proctor 'B'		5:02.94	5:08.99	1	
1) Kate Vogel 9	2) Summer Rabold 9				
3) Megan Sellers 10	4) Jessica Haedrich 10				
-- Moose Lake/Willow River 'A'		4:32.54	DNS	2	
1) India Johnson 7	2) Alivia Menten 7				
3) Kelli Granquist 10	4) Sarah Michels 12				
-- Cromwell-Wright 'A'		4:26.25	DNS	2	
1) Anja Schoenberg 11	2) Payton Smith 8				
3) Brandi Collman 10	4) Shaily Hakamaki 11				

#### Girls 4x800 Meter Relay

School	Seed	Finals	Points
1 Two Harbors 'A'	10:19.55	9:57.64	10
1) Sydney Haugan 11	2) Mary Libby 11		
3) Autumn Smith 9	4) Grace Swanson 8		
2 Proctor 'A'	10:38.71	10:15.27	8
1) Sydney Binsfield 12	2) Morgan Binsfield 10		
3) Jaime Haugen 10	4) Courtney Werner 10		
3 Marshall School, Duluth 'A'	10:33.80	10:18.49	6
1) Emma Stattelmann 11	2) Angelina Dodge 11		
3) Keegan McAuliffe 9	4) Emilia McGiffert 10		
4 Duluth Denfeld 'A'	10:50.11	10:42.82	5
1) Riley Pohl 12	2) Hannah Feyen 12		
3) Kiah Moeller 11	4) Rachel Skwira-Brown 12		
5 Hastings 'A'	10:52.12	10:45.77	4
1) Emily Biscoe 11	2) Emma Dinndorf 9		
3) Autumn Adricula 9	4) Linnea Hanson 10		
6 Moose Lake/Willow River 'A'	11:05.44	10:51.45	3
1) Jo Fossum 9	2) Kelli Granquist 10		
3) Lilly Petty 7	4) Lexi Tekippe 12		
7 Shanley 'A'	10:40.00	10:57.00	2
1) Kate Busek 10	2) Olivia Johnson 11		
3) Azure Ries 10	4) Kiley Craft 9		
8 Duluth East 'A'	11:08.24	10:59.57	1
1) Gretchen Haggenmiller 11	2) Sophia Revoir 9		
3) Elizabeth Strandberg 12	4) Amelia Wise 8		
9 Duluth Denfeld 'B'	11:20.21	11:39.56	
1) Ivy Grochowski 12	2) Audrey Przybyl 12		
3) Rachel Bergh 9	4) Acacia Wahlin 11		
10 Two Harbors 'B'	11:40.00	11:45.33	
1) Isabel Schottenbauer 10	2) Paige Haugan 9		
3) Brooklyn Smith 12	4) Calista Bergerson 12		
11 Ashland 'A'	11:50.00	11:48.71	
1) Maya Anderson 10	2) Jaida Uitto 10		
3) Abby Brew 9	4) Catie McPherson 10		
12 Cook County 'A'	11:47.00	11:50.49	
1) Malin Anderson 10	2) Louise Ramberg 10		
3) Sammie Garrity 8	4) Kylie Viren 8		
13 South Ridge/Cherry/North Woods 'A'	12:00.00	12:09.33	
1) Paris Fierke-Lepp 9	2) Isabelle Baasi 8		
3) Olivia Baasi 11	4) Jamie Broman 11		

#### Girls High Jump

Name	Year School	Seed	Finals	Points
1 Eliana Jouppi	9 Duluth Denfeld	4-09.00	4-10.00	10
2 Catherine Buffington	11 Duluth East	5-00.00	4-08.00	7
2 Lander Friederichs	10 Shanley	4-11.00	4-08.00	7

4	Mayella Brinker	11	Ashland	4-02.00	4-08.00	5
5	Elizabeth Emmel	11	Duluth Denfeld	4-06.00	4-06.00	3.50
5	Karly Holm	8	Two Harbors	4-06.00	4-06.00	3.50
7	Morgan Binsfield	10	Proctor	4-06.00	4-06.00	1.50
7	Noelle Stellmaker	12	Duluth East	4-03.00	4-06.00	1.50
9	Emma Johnson	11	Duluth East	4-04.00	4-06.00	
9	Mekedelawet Radiate	9	Hastings	4-06.00	4-06.00	
9	Paris Fierke-Lepp	9	South Ridge/Cher	4-06.00	4-06.00	
12	Chloe Konrady	9	Hastings	4-02.00	4-03.00	
12	Makenna Zak	9	Ashland	4-06.00	4-03.00	
12	Kalli Kimmes	9	Hastings	4-02.00	4-03.00	
12	Kenadi Olson	12	South Ridge/Cher	4-06.00	4-03.00	
12	Gianna Boheim	9	Duluth Denfeld	4-00.00	4-03.00	
12	Taylor Schneider	9	Shanley	4-07.00	4-03.00	
18	Madison Kennedy	9	Hastings	4-04.00	4-00.00	
18	Kate Vogel	9	Proctor	4-00.00	4-00.00	
18	Allana Carlson	8	Proctor		4-00.00	
18	Elena Brinker	12	Ashland	4-07.00	4-00.00	
--	Brooke Maciver	10	Duluth Denfeld	4-00.00	NH	
--	Katie Kroska	11	Duluth East	4-00.00	NH	
--	Jenna Marxhausen	8	Two Harbors	4-02.00	NH	
--	Ariel Carlson	12	Proctor	4-06.00	NH	
--	Isabelle Snyder	9	Shanley	4-07.00	NH	
--	Chloe Hietala	11	Two Harbors	4-06.00	DNS	
--	Alivia Mallory	9	Moose Lake/Willo	4-08.00	DNS	
--	Sarah Michels	12	Moose Lake/Willo	4-00.00	DNS	
--	Charis Blacklock	12	Moose Lake/Willo	4-06.00	DNS	
--	Allyson Jurek	11	Proctor	4-06.00	SCR	

#### Girls Pole Vault

Name	Year	School	Seed	Finals	Points	
1	Makenzie Adams	11	Proctor	9-00.00	8-06.00	10
2	Elizabeth Emmel	11	Duluth Denfeld	8-00.00	8-00.00	8
3	Katie Zifko	11	Ashland	8-00.00	8-00.00	6
4	Kiah Moeller	11	Duluth Denfeld	8-00.00	8-00.00	5
5	Hannah Feyen	12	Duluth Denfeld	7-00.00	8-00.00	4
6	Claire Brickley	10	Duluth East	6-06.00	7-00.00	3
7	Bianca Lott	9	Duluth East	7-00.00	7-00.00	2
8	Mary Mark	11	Shanley	6-03.00	6-06.00	1
--	Isabelle Snyder	9	Shanley	6-00.00	NH	
--	Bailey Nuutinen	12	Ashland	9-00.00	NH	
--	Audrey Przybyl	12	Duluth Denfeld	7-00.00	NH	
--	Molly Weberg	12	Duluth East	7-06.00	DNS	

#### Girls Long Jump

Name	Year	School	Seed	Finals	Points	
1	Grace Emineth	11	Shanley	19-02.00	16-04.25	10
2	Amber McRae	12	Proctor	15-05.00	15-03.50	8
3	Elise Poe-Johnson	11	Two Harbors	15-04.00	14-11.00	6
4	Makenna Zak	9	Ashland		14-09.75	5
5	Taylor Mejdrich	12	South Ridge/Cher	15-07.00	14-02.00	4
6	Isabelle Seeger	12	Ashland	14-06.00	14-00.50	3
7	Eliana Jouppi	9	Duluth Denfeld	14-09.50	14-00.00	2
8	Jaime Haugen	10	Proctor	12-09.50	13-11.50	1
9	Elaina Seeger	9	Ashland	13-10.50	13-08.50	
10	Linnea Hanson	10	Hastings	14-00.50	13-05.00	
11	Reese Orn	9	Marshall School,	13-01.00	13-03.00	
11	Azure Ries	10	Shanley	15-09.25	13-03.00	
11	Paris Fierke-Lepp	9	South Ridge/Cher	12-09.00	13-03.00	
11	Lander Friederichs	10	Shanley	14-10.75	13-03.00	
15	Courtney Dahler	10	Hastings	12-09.00	13-02.50	

16 Rian Braun	12 Duluth East	14-05.50	13-02.00
16 Morgan Laveau	9 Carlton	14-08.00	13-02.00
18 Elyse Orn	11 Marshall School,		12-09.00
19 Elizabeth Manly-Spain	9 Hastings	12-00.00	12-08.50
19 Elizabeth Jarocki	12 Marshall School,		12-08.50
19 Madeline Smith	12 Duluth East	14-05.50	12-08.50
22 Morgan Beardsley	10 Two Harbors	12-09.00	12-06.00
23 Kallista Spurgeon	12 Hastings	13-07.00	12-03.00
24 Emma Terhaar	10 Proctor	12-01.00	12-02.00
25 Bella Kartch	11 Marshall School,		11-11.00
26 Lilith Anderson	9 Duluth Denfeld		11-09.50
27 Jamie Broman	11 South Ridge/Cher	10-00.00	11-07.00
28 Abigail Benser	12 Duluth East	13-10.00	10-06.50
29 Sophie Swanson	10 Proctor	12-01.00	9-07.00
30 Kylene Schubitzke	10 Duluth East	13-01.50	9-06.00
-- Mya Poe-Johnson	8 Two Harbors	13-02.00	ND
-- Annika Swanson	9 Duluth Denfeld		ND
-- Alexis Thompson	9 Carlton	14-09.00	ND
-- Kamrin Peterson	9 Ashland	13-10.00	ND
-- Zoe Trip	10 South Ridge/Cher	12-03.00	ND
-- Sarah Ostlie	8 Shanley	14-03.75	DNS
-- India Johnson	7 Moose Lake/Willo	11-09.00	DNS
-- Alivia Mallory	9 Moose Lake/Willo	12-09.00	DNS
-- Alivia Menten	7 Moose Lake/Willo	10-10.00	DNS

#### Girls Triple Jump

Name	Year School	Seed	Finals	Points
1 Sophie Lenz	12 South Ridge/Cher	31-11.00	32-08.00	10
2 Lillian Johnson	11 Marshall School,	33-09.00	32-01.00	8
3 Mary Mark	11 Shanley	31-10.75	30-08.50	6
4 Bailey Nuutinen	12 Ashland	30-05.00	30-08.00	5
5 Madeline Smith	12 Duluth East	30-00.00	30-05.00	4
6 Rian Braun	12 Duluth East	31-08.00	30-03.50	3
7 Azure Ries	10 Shanley	32-10.00	29-06.00	2
8 Rachel Hughes	11 Hastings	29-04.00	29-02.00	1
9 Maya Anderson	10 Ashland	29-02.00	28-06.00	
10 Linnea Urban	10 Hastings	28-06.00	28-05.00	
11 Kallista Spurgeon	12 Hastings	27-11.00	27-06.00	
12 Amelia Voss	11 Proctor	27-05.00	26-02.00	
13 Julia Juszczak	9 Moose Lake/Willo	28-02.00	25-10.00	
14 Jada Hollinday	9 Duluth Denfeld	24-11.00	25-03.00	
15 Natalie Beaupre	12 Proctor		23-03.50	
16 Rachel Bergh	9 Duluth Denfeld		21-11.00	
-- Rachel Skwira-Brow	12 Duluth Denfeld	21-08.25	ND	
-- Makenzie Adams	11 Proctor		DNS	
-- Rachael Ricketts	10 Duluth East		DNS	
-- Alivia Mallory	9 Moose Lake/Willo	30-05.50	DNS	
-- Chloe Hietala	11 Two Harbors	28-08.50	DNS	

#### Girls Shot Put

Name	Year School	Seed	Finals	Points
1 Lacie Zoeller	11 Cromwell-Wright	32-00.00	32-01.00	10
2 Jessica Davison	12 Hastings	32-10.50	31-06.00	8
3 Moriku Hakim	10 Shanley	36-05.00	31-00.50	6
4 Megan Tietjen	12 Hastings	31-00.00	30-02.00	5
5 Ellie Anderson	12 Moose Lake/Willo	29-10.00	30-00.50	4
6 Mayella Brinker	11 Ashland	31-11.00	29-06.00	3
7 Kennedy Janke	12 Moose Lake/Willo	28-04.50	29-03.00	2
8 Allison Kaiser	10 Silver Bay	27-09.00	29-00.00	1
9 Megan Larson	9 Two Harbors	31-00.75	28-09.50	
10 Victoria Ellsworth	10 Hastings	29-11.00	28-09.00	

11 Sam Chingo	9 Ashland	29-02.00	28-00.50
12 Elena Brinker	12 Ashland	29-10.00	27-08.50
13 Mariah Burd	10 Shanley	28-09.00	27-07.00
14 Mackenzie Franko	11 Moose Lake/Willo	25-11.00	27-06.50
15 Sydney Cox	11 Two Harbors	26-03.00	27-01.50
16 Kathryn Jacobs	11 Mcgregor	27-07.00	26-09.00
17 Tara McRae	12 Proctor	25-11.00	26-06.50
18 Desi DeKeyser	9 Shanley	27-09.00	26-03.50
19 Kyra Word	12 Duluth Denfeld	25-06.00	26-02.00
20 Heather Songsteng	9 Ashland	25-00.00	25-01.00
21 Tricia Osbakken	11 Two Harbors	25-09.00	24-11.00
22 Annabell Whelan	11 Two Harbors	25-05.00	24-06.00
23 Kylene Schubitzke	10 Duluth East	29-04.25	24-02.00
24 Ayla Syck	11 Duluth East	23-03.50	23-08.00
25 Jazimine Ojibway	9 Cromwell-Wright	20-08.50	23-06.00
26 Addison Postal	11 Moose Lake/Willo	22-05.00	23-01.00
26 Tawny Plentyhorse	10 Duluth Denfeld	24-02.50	23-01.00
28 Kimmie Blevins	10 Proctor	20-10.00	23-00.00
29 Jessie Peterson	11 Proctor	22-08.50	22-09.00
30 Laura Stauersboel	11 Duluth East	22-09.00	22-02.00
31 Haley Adkins	10 Carlton	22-05.00	21-08.00
32 Cooper Antikainen	8 South Ridge/Cher		21-06.50
33 Kaitlyn Johnson	12 Carlton	22-10.00	21-01.00
34 Katie Sellers	12 Proctor	22-00.50	21-00.00
35 Madison Lind	9 South Ridge/Cher	19-05.00	20-05.00
36 Jordan Walsh	9 Hastings	20-00.00	20-02.00
37 Maja Andersen	11 Duluth East	19-06.75	19-06.00
38 Abby Leininger	10 Shanley	22-07.00	19-01.00
39 Janessa Serson	7 South Ridge/Cher		18-11.50
40 Annie Lynch	10 Cook County	13-11.00	17-03.00
41 Alaina Kiehl	9 Carlton	20-00.00	15-01.00
-- Hailey Smith	10 Cook County	28-05.00	DNS
-- Amelia Armstrong-Dougher	9 Duluth Denfeld	18-07.25	DNS

#### Girls Discus Throw

Name	Year School	Seed	Finals	Points
1 Jessica Davison	12 Hastings	122-10	115-06	10
2 Lacie Zoeller	11 Cromwell-Wright	108-00	109-06	8
3 Megan Tietjen	12 Hastings	86-09	91-10	6
4 Joella Chamberlain	11 Hastings	85-01	89-01	5
5 Kennedy Janke	12 Moose Lake/Willo	82-04	87-03	4
6 Ellie Anderson	12 Moose Lake/Willo	87-00	83-09	3
7 Kathryn Jacobs	11 Mcgregor	85-03	81-01	2
8 Allison Kaiser	10 Silver Bay	80-09	81-00	1
9 Desi DeKeyser	9 Shanley	80-11	79-10	
10 Tricia Osbakken	11 Two Harbors	72-00	79-01	
11 Moriku Hakim	10 Shanley	101-02	76-09	
12 Sam Chingo	9 Ashland	79-07	74-04	
13 Mariah Burd	10 Shanley	81-09	74-02	
14 Lucia Chamberlain	9 Hastings	71-09	71-05	
15 Megan Larson	9 Two Harbors	81-03	71-02	
16 Annabell Whelan	11 Two Harbors	80-04	70-07	
17 Elena Brinker	12 Ashland	78-02	67-10	
18 Olivia Vetter	9 Shanley	59-06	67-01	
19 Hannah Feyen	12 Duluth Denfeld	64-01	65-01	
19 Mayella Brinker	11 Ashland	75-01	65-01	
21 Sydney Cox	11 Two Harbors	68-04	65-00	
22 Haley Adkins	10 Carlton	67-11	64-04	
23 Mackenzie Franko	11 Moose Lake/Willo	71-02	63-04	
24 Acacia Wahlin	11 Duluth Denfeld	45-03	62-06	
25 Madison Lind	9 South Ridge/Cher	59-08	60-03	
26 Kimmie Blevins	10 Proctor	58-07	59-07	
27 Jazimine Ojibway	9 Cromwell-Wright	53-08	59-02	

28	Kylene Schubitzke	10	Duluth East	63-02	58-05
29	Sydney Kowarsch	9	South Ridge/Cher	57-10	52-08
30	Ayla Syck	11	Duluth East	47-09	52-04
31	Kaitlyn Johnson	12	Carlton	53-05	51-04
32	Kjersten Weisert	12	Moose Lake/Willo	64-02	50-02
33	Heather Songsteng	9	Ashland	55-00	47-08
33	Laura Stauersboel	11	Duluth East	55-03	47-08
35	Alexa Johnson	12	Proctor	49-06	47-01
36	Kristina Wuorio	10	Carlton	47-02	46-11
37	Mara Meyer	11	Proctor	50-01	45-05
38	Janessa Serson	7	South Ridge/Cher	71-05	45-04
39	Annie Lynch	10	Cook County		42-03
40	Maja Andersen	11	Duluth East	39-07	31-04
--	Tara McRae	12	Proctor	59-05	ND
--	Amelia Armstrong-Dougher	9	Duluth Denfeld	41-08	DNS
--	Hailey Smith	10	Cook County	73-10	DNS
--	Tawny Plentyhorse	10	Duluth Denfeld	45-08	DNS

#### Boys 100 Meter Dash

Name	Year	School	Seed	Finals	H#	Points
1	Henry Collins	10	Shanley	10.93	11.31	7 10
2	Jack Haussner	12	Cook County	11.83	11.82	7 8
3	Dalton Visser	11	Shanley	11.64	11.89	7 6
4	Joey Janke	12	South Ridge/Cher	12.03	11.92	7 5
5	Nathan Scollard	11	Mcgregor	11.59	11.93	7 4
6	Karsen Holm	11	Two Harbors	12.14	12.42	6 3
7	Luke Jaeger	10	Ashland	12.20	12.44	6 2
8	Logan Peterson	12	Moose Lake/Willo	12.29	12.47	6 1
9	Andrew Hulst	12	Two Harbors	12.03	12.48	7
10	Anders Wakefield	9	Duluth East	12.37	12.50	5
11	Ricky Steel	12	Proctor	12.26	12.54	6
12	Nathan Specht	12	Duluth East	12.32	12.64	6
13	Dominic Klaas	12	Duluth Denfeld	12.48	12.65	5
14	Paul Ripley	10	Proctor	12.30	12.72	6
15	Clayton Janssen	10	South Ridge/Cher	12.53	12.74	5
16	Oscar Dingels	10	Marshall School,		12.79	1
17	Kesandu Igwe	11	Marshall School,	12.50	12.81	5
18	Edward Snyder	11	Shanley	12.11	12.82	6
19	Anakin Oswald	12	Moose Lake/Willo	12.33	12.98	6
20	Juan Pablo Linares	12	Two Harbors		13.00	1
21	Matthew Podolsky	12	Duluth East	12.43	13.06	5
22	Riley Harkness	10	Silver Bay	12.39	13.12	5
23	Cash Williams	7	Silver Bay	12.94	13.14	4 13.132
24	Andrew Nelson	9	Proctor	13.00	13.14	4 13.136
25	Isaiah Foster	10	South Ridge/Cher	12.45	13.17	5
26	Felix Kubari	9	Shanley	12.85	13.30	4
27	Andrew Libbon	12	Cromwell-Wright	12.95	13.31	4
28	Matt Laine	12	Moose Lake/Willo	13.34	13.42	3
29	Joseph Bong	12	South Ridge/Cher	13.04	13.55	4
30	Sean Jungers	12	Moose Lake/Willo	13.45	13.66	3
31	Austin Wick	9	Marshall School,		13.75	1
32	Tyler Borgeson	10	Hermantown	13.94	13.81	3
33	Dylan Schwartz	7	Silver Bay	13.26	13.91	3
34	Bennett Hille	10	Carlton	13.33	13.95	3
35	Jacob Wright	12	Hermantown	13.90	14.11	3
36	Blaze Dess	12	Mcgregor	13.20	14.21	4
37	Jay Atkinson	9	Mcgregor	13.10	14.25	4
38	Carlo Enriquez	10	Duluth Denfeld	14.32	14.38	2
39	Eulogio Lopez	11	Carlton	14.14	14.74	3
40	Erik McPhail	9	Carlton	14.90	14.97	2
41	Carter Stine	11	Marshall School,		15.11	1
42	Eric Langen	10	Hermantown	14.00	15.12	3
43	Andrew Werhman	7	Silver Bay	18.31	15.95	2

44	Jack Dobinson	9	Hermantown	16.10	16.03	2
45	Dawson McLean	10	Proctor	16.29	16.41	2
46	Haddon Taylor	8	Cook County	18.19	16.70	2
47	Kyler Hansen	8	Cook County	18.42	16.79	2
48	Andrew Hallberg	7	Cook County	20.12	18.39	2
--	Jaylen King	11	Ashland	12.10	DNS	7
--	Derek Daniels	11	Duluth East	11.52	DNS	7
--	John Bochler	10	Ashland	12.90	DNS	4
--	Maison Oliver	12	Duluth Denfeld	12.78	DNS	5

Boys 200 Meter Dash

Name	Year	School	Seed	Finals	H#	Points
1	Henry Collins	10	Shanley	22.18	22.39	7 10
2	Wryott Gerson	12	Duluth Denfeld	22.78	22.43	7 8
3	Jack Christl	11	Shanley		23.22	6 6
4	Darby Gamradt	10	Hermantown	23.41	23.66	7 5
5	Jack Hausner	12	Cook County	24.04	23.77	7 4
6	Cody Lustig	9	Ashland	23.80	24.02	7 3
7	Grant Gores	11	Shanley	24.09	24.41	6 2
8	Grant Pettit	10	Moose Lake/Willo	24.30	24.57	6 1
9	Anders Wakefield	9	Duluth East	25.43	25.04	6
10	Ricky Steel	12	Proctor	24.96	25.05	6 25.047
11	Michael Beauregard	12	Duluth East	25.70	25.05	5 25.049
12	Sam Lohn	11	Marshall School,		25.49	1
13	Kesandu Igwe	11	Marshall School,		25.63	2
14	Drew Dean	10	Mcgregor	25.12	25.64	6
15	Oscar Dingels	10	Marshall School,		25.80	1
16	Tem Chaoyon	10	Cromwell-Wright	26.41	25.83	5
17	Evan Bowen	9	Proctor	27.02	26.00	5
18	Jake Backstrom	11	Hermantown	26.70	26.05	5
19	Harrison Nistler	10	Mcgregor	26.20	26.38	5
20	Daylin Arseneau	10	Duluth Denfeld	27.37	26.76	4
21	Colton Harrington	9	South Ridge/Cher	27.00	27.01	5
22	Chase Dow	8	Silver Bay	30.22	27.17	3
23	Charles Mikrot	11	Moose Lake/Willo	27.78	27.21	4
24	Felix Kubari	9	Shanley	27.27	27.28	5 27.277
25	Mason Branstrator	9	Duluth East		27.28	2 27.280
26	Riley Harkness	10	Silver Bay	25.60	27.52	5
27	Matt Laine	12	Moose Lake/Willo	27.74	27.61	4
28	Dylan Schwartz	7	Silver Bay	27.54	27.99	4
29	Jay Atkinson	9	Mcgregor	28.90	28.27	3
30	Bennett Hille	10	Carlton	28.12	28.44	4
31	Owen Zabrocki	8	Silver Bay	29.34	28.55	3
32	Tarius Lovejoy	11	South Ridge/Cher	28.59	28.81	4
33	Josh Kahlbough	10	Hermantown	31.10	28.95	2
34	Eulogio Lopez	11	Carlton	30.19	29.24	3
35	Dante Stratioti	10	Proctor	29.00	29.55	3
36	Carlo Enriquez	10	Duluth Denfeld	29.82	29.87	3
37	Eric Langen	10	Hermantown	30.10	30.06	3
38	Payton Witcher	9	South Ridge/Cher	30.62	30.15	2
39	Erik McPhail	9	Carlton	30.04	30.31	3
40	Raymond Degroat	10	Cook County		32.70	1
41	Cody Olson	9	Proctor	33.24	33.31	2
42	Kyler Hansen	8	Cook County	36.56	35.24	2
43	Andrew Hallberg	7	Cook County	39.33	39.77	2
--	Joey Janke	12	South Ridge/Cher	23.93	DNS	7
--	Derek Daniels	11	Duluth East	23.43	DNS	7
--	Jaden Gronner	12	Cromwell-Wright	25.05	DNS	6
--	Austin Wick	9	Marshall School,		DNS	2
--	Nathan Scollard	11	Mcgregor	23.29	DNS	7
--	Sean Jungers	12	Moose Lake/Willo	28.25	DNS	4
--	Seth Mlodozyniec	10	Carlton	28.02	DNS	4
--	John Bochler	10	Ashland	25.50	DNS	6

-- Matt Fetner 11 Shanley 25.34 SCR

Boys 200 Meter Dash Wheelchair

Name	Year	School	Seed	Finals	H#	Points
-- Baylen Meyers	12	Hermantown		SCR		
-- Cameron Pietrusa	10	Hermantown		SCR		
-- Trent Mershon	10	Hermantown		SCR		

Boys 400 Meter Dash

Name	Year	School	Seed	Finals	H#	Points
1 Wryott Gerson	12	Duluth Denfeld	52.11	50.57	6	10
2 Ben Hansen	11	Cromwell-Wright	52.81	52.67	6	8 52.661
3 Cody Lustig	9	Ashland	54.40	52.67	6	6 52.669
4 Julian Beckrich	12	Duluth Denfeld	55.21	54.50	5	5
5 Carson Dean	10	Shanley	53.49	54.52	6	4
6 Nathan Scollard	11	Mcgregor	54.20	54.62	6	3
7 Carter Kochmann	10	Shanley	53.50	55.01	6	2
8 Mason Branstrator	9	Duluth East	54.78	55.14	6	1
9 Grant Pettit	10	Moose Lake/Willo	55.44	55.23	5	
10 Sam Stadin	10	Moose Lake/Willo	56.07	55.81	5	
11 Carter Brown	10	Ashland	55.24	55.85	5	
12 Drew Dean	10	Mcgregor	55.90	56.19	5	
13 Zach Schnabel	9	Proctor	56.00	56.47	5	
14 Wyatt Loken	9	Hermantown	56.90	56.71	5	
15 Nolan Mehle	10	Proctor	54.00	56.97	6	
16 Cole Anticliff	10	Hermantown	57.30	57.47	4	
17 Adam Hey	11	Carlton	58.50	57.78	4	
18 Nicholas LaFontaine	10	Duluth East	56.97	57.96	5	
19 Daylin Arseneau	10	Duluth Denfeld	1:02.11	58.12	3	
20 Marcus Pocernich	12	Cromwell-Wright	59.34	58.71	4	
21 Edward Snyder	11	Shanley	58.69	59.20	4	
22 Blake Crawford	10	Duluth East	1:01.68	1:00.01	3	
23 Isaac Fredrickson	11	Proctor	59.00	1:00.91	4	
24 Andrew Libbon	12	Cromwell-Wright	1:00.91	1:01.05	4	
25 Kevin Scott	10	Ashland	1:02.00	1:01.36	3	
26 Owen Zabrocki	8	Silver Bay	1:02.45	1:02.19	3	
27 Aiden Cox	9	Hermantown	1:04.28	1:02.92	3	
28 Blaze Dess	12	Mcgregor	1:03.74	1:03.40	3	
29 Tanner DeBoer	10	Cook County	1:02.11	1:04.16	3	
30 Felix Kubari	9	Shanley		1:04.55	1	
31 Kobey Manninen	9	Proctor	1:06.37	1:04.94	2	
32 Seth Mlodozyniec	10	Carlton	1:04.98	1:05.94	2	
33 Ben Rex	8	Cook County	1:04.08	1:07.81	3	
34 Andrew Werhman	7	Silver Bay	1:09.91	1:10.28	2	
35 Eulogio Lopez	11	Carlton		1:11.24	1	
36 Haddon Taylor	8	Cook County	1:21.83	1:20.36	1	
37 Ben Talarico	11	Carlton	1:19.78	1:20.72	2	
-- John Hoeksema	10	Duluth East	1:01.50	DNS	4	
-- Parker Jones	12	South Ridge/Cher	58.00	DNS	4	
-- George Wright	9	Hermantown	1:08.10	DNS	2	
-- Chase Dow	8	Silver Bay	1:05.54	DNS	2	

Boys 800 Meter Run

Name	Year	School	Seed	Finals	H#	Points
1 Taylor DeVine	12	Shanley	2:03.63	2:04.75	2	10
2 Dominic Miller	12	Duluth Denfeld	2:07.67	2:05.23	2	8
3 Wyatt Haugan	12	Two Harbors	2:07.27	2:05.43	2	6
4 Cameron Dickey	11	Cromwell-Wright	2:07.10	2:05.68	2	5
5 John Werner	10	Proctor	2:09.82	2:06.56	2	4

6	Oliver Hasler	12	Duluth East	2:16.09	2:09.78	2	3
7	Zach McCormick	11	Shanley	2:14.88	2:10.75	2	2
8	Zach Zotti	11	Hermantown	2:12.30	2:13.76	2	1
9	Arik Arseneau	11	Duluth Denfeld	2:16.54	2:15.67	2	
10	Tan Dipman	11	Moose Lake/Willo	2:18.99	2:16.83	2	
11	Drew Schmitz	8	Hermantown	2:23.10	2:18.69	1	
12	Marcus Pocernich	12	Cromwell-Wright	2:19.84	2:19.82	2	
13	Declan Hutchinson	10	Marshall School,	2:20.90	2:20.73	2	
14	Daniel Mikrot	8	Moose Lake/Willo	2:23.12	2:21.28	1	
15	Joseph Mikrot	9	Moose Lake/Willo	2:28.59	2:22.24	1	
16	Nate Bilben	9	Silver Bay	2:18.65	2:22.61	2	
17	Elias Schue	11	Ashland	2:22.00	2:23.00	2	
18	Brydon Kolenda	9	Proctor	2:24.23	2:24.21	1	
19	Nick Persch	11	Duluth Denfeld	2:24.38	2:24.63	1	
20	Parker Jones	12	South Ridge/Cher	2:12.91	2:25.69	2	
21	Ian Thorpe	8	Two Harbors	2:31.23	2:26.96	1	
22	Ethan Carlson	10	Proctor	2:36.48	2:28.60	1	
23	Nathan Eliason	9	Cromwell-Wright	2:32.41	2:32.96	1	
24	Andrew Richeson	9	Ashland	2:35.00	2:35.21	1	
25	Samson Ward	12	Duluth East	2:42.60	2:36.35	1	
26	Devon Sipe	10	Mcgregor	2:50.43	2:38.78	1	
27	Anthony Mickendrow	10	Duluth East		2:48.13	1	
28	Blake Eaton	9	Duluth Denfeld	3:09.60	2:50.41	1	
29	Jake Bergstedt	11	Two Harbors	2:57.20	2:52.31	1	
30	Oskar Koivisto	10	South Ridge/Cher	2:23.42	2:53.12	1	
31	Rutger Van Hees	9	Hermantown	2:54.20	2:53.86	1	
32	Jimmy Zupancich	10	South Ridge/Cher	2:25.59	3:01.45	1	
33	Ben Talarico	11	Carlton	3:22.51	3:18.02	1	
--	Levi Nelson	10	Two Harbors	3:07.60	DNS	1	
--	Carter Fuchs	12	Proctor	2:13.78	DNS	2	
--	Kevin Scott	10	Ashland	2:25.00	DNS	1	
--	Joseph Anderson	12	Duluth East		DNS	1	
--	Michael Ogston	11	Hermantown	2:19.10	DNS	2	
--	Hunter Dow	10	Silver Bay	2:21.06	DNS	2	

#### Boys 1600 Meter Run

Name	Year	School	Seed	Finals	H#	Points	
1	Isaac Swanson	10	Two Harbors	4:31.56	4:31.04	2	10
2	Brenden Seipke	11	Two Harbors	4:49.52	4:38.90	2	8
3	Jacob Gontjes	11	Marshall School,	4:47.10	4:43.72	2	6
4	Isaac Fink	10	Duluth Denfeld	4:48.35	4:45.35	2	5
5	Sebastian Haugen	12	Duluth Denfeld	4:51.29	4:49.13	2	4
6	Andrew Gannon	12	Ashland	4:56.34	4:53.38	2	3
7	Evan Leonidas	11	Duluth East		4:55.74	1	2
8	Jackson DesCombaz	9	Duluth East	4:56.79	4:56.36	2	1
9	Nate Bilben	9	Silver Bay	5:08.84	4:56.69	2	4:56.685
10	John Worley	11	Duluth East	5:04.98	4:56.69	2	4:56.689
11	JC Holman	11	Two Harbors	4:58.01	4:58.12	2	
12	Noah Foster	8	Cromwell-Wright		4:59.07	2	
13	Elias Schue	11	Ashland	5:05.00	5:00.37	2	
14	Drew Schmitz	8	Hermantown	5:04.46	5:00.48	2	
15	Kevin Viren	10	Cook County	5:15.00	5:01.56	2	
16	Josh Knight	9	Proctor	5:05.87	5:03.42	2	
17	Ethan Lantz	8	Shanley	5:14.56	5:09.73	2	
18	Jack McCormick	11	Duluth Denfeld	5:07.45	5:11.32	2	
19	Connor Clausen	8	Moose Lake/Willo	5:22.12	5:14.06	1	
20	Joseph Mikrot	9	Moose Lake/Willo	5:41.34	5:15.58	1	
21	James Hille	10	Carlton	5:18.57	5:17.42	2	
22	Thomas Rawlyk	10	Duluth East		5:19.31	1	
23	Spencer Hoeffling	11	Carlton	5:24.51	5:19.44	1	
24	Jacob Gelineau	9	Duluth Denfeld	5:10.88	5:21.17	2	
25	Daniel Mikrot	8	Moose Lake/Willo	5:37.14	5:21.62	1	
26	Aaron Nicolson	9	Proctor	5:54.00	5:26.35	1	

27	Chance Hanel	9	Two Harbors	5:34.99	5:28.39	1
28	Thomas Barden	10	Mcgregor	5:32.56	5:29.62	1
29	Noah Geffre	9	Shanley	5:35.59	5:30.30	1
30	Keegan Morrison	11	Cook County	5:40.95	5:34.28	1
31	Ryan Larson	11	Proctor	5:41.72	5:37.67	1
32	Charlie Hapka	10	Shanley	5:34.77	5:46.49	1
33	Brayden Schmidt	7	Cook County	5:50.00	5:53.29	1
34	Anthony Katzmarek	10	Proctor	6:06.43	5:54.85	1
35	Devon Sipe	10	Mcgregor	6:06.34	6:00.25	1
36	TJ Surbaugh	8	Cook County	6:27.42	6:16.82	1
--	Chance Thorsteinson	11	Shanley	5:19.99	DNS	2
--	Rylan Mueller	10	Hermantown	6:11.93	DNS	1

#### Boys 3200 Meter Run

Name	Year	School	Seed	Finals	Points	
1	Maverick Koecher	10	Moose Lake/Willo	10:51.22	10:27.99	10
2	Will Surbaugh	11	Cook County	10:11.00	10:30.33	8
3	Noah Smith	11	Two Harbors	10:57.15	10:41.50	6
4	Andrew Gannon	12	Ashland		10:52.50	5
5	Noah Foster	8	Cromwell-Wright	10:51.95	10:55.97	4
6	Isaiah Manninen	10	Proctor	11:16.13	10:58.82	3
7	Trent Bagne	9	Carlton	11:20.34	11:14.75	2
8	Chance Lunde	8	Moose Lake/Willo		11:18.89	1
9	Johnathan Danelski	9	Moose Lake/Willo	11:30.54	11:20.78	
10	Joey McCormick	10	Duluth Denfeld	12:21.41	11:36.40	
11	Tanner Levings	10	Ashland	11:48.07	11:40.15	
12	Blake Bortnem	9	Duluth East	11:54.34	11:58.33	
13	Cade Erie	9	Duluth Denfeld	12:24.31	11:59.91	
14	Zach Andrew	10	Duluth East	12:52.16	12:23.72	
15	Joe Francisco	10	Duluth Denfeld	12:17.60	12:31.89	
16	Hendrick Hicks	9	Proctor	13:03.00	12:38.41	
17	Derek Andrew	9	Duluth East		12:45.67	
18	Patrick Connors	11	Ashland		12:51.61	
19	Luke Bettendorf	9	Proctor	12:55.37	12:51.80	
20	Noah Geffre	9	Shanley	12:42.51	12:57.08	
21	Andrew Fox	9	Duluth East		13:16.59	
--	Trent Spry	11	Cook County	14:29.14	DNS	
--	Isaac Swanson	10	Two Harbors	9:48.90	DNS	
--	Chance Thorsteinson	11	Shanley	12:30.38	DNS	
--	Thomas Walters	10	Proctor	12:55.39	DNS	
--	Charlie Hapka	10	Shanley	12:45.30	DNS	
--	. 15		Duluth East		SCR	
--	Thomas Barden	10	Mcgregor	12:38.67	SCR	
--	Garrison Miller	9	Shanley		SCR	

#### Boys 110 Meter Hurdles

Name	Year	School	Seed	Finals	H#	Points
1	Jack Haussner	12	Cook County	15.93	15.85	3 10
2	David Cornelius	12	Hermantown	16.45	16.81	3 8
3	Jayden Watson	9	Carlton	17.80	17.38	3 6
4	Isaak Livingston	11	Ashland	17.33	18.00	3 5
5	Nate Jungers	11	Moose Lake/Willo	18.68	18.39	2 4
6	Nicholas Jauhola	10	Proctor	18.99	19.00	2 3
7	Nick Zepczyk	10	Ashland	17.80	19.06	3 2
8	Zach Halverson	11	Duluth Denfeld	20.14	19.55	2 1
9	Joe Gigliotti	10	Hermantown	19.00	19.57	2
10	Gabriel Kelly	11	Duluth East	20.18	19.59	2
11	Connor Feyen	12	Duluth Denfeld	17.44	20.01	3
12	Landin Kurhajetz	9	Moose Lake/Willo	20.25	20.26	1
13	Joshua Rabold	9	Duluth East	19.51	20.39	2
14	Connor Sullivan	11	Silver Bay	20.32	20.63	1

15 Gabe Castleman	10 Proctor	21.07	20.75	1	
16 Bryn Weberg	10 Duluth East	21.19	22.01	1	
17 William Watson	11 Duluth East	20.12	22.02	2	
-- Armand Andersen	11 Shanley	17.28	DQ	3	Hitting hurdles
-- Caleb Mattison	10 Proctor	21.48	DNS	1	
-- Dylan Baker	11 Hermantown	17.78	DNS	3	
-- Tyler Myhre	11 Hermantown	19.00	DNS	2	

Boys 300 Meter Hurdles

Name	Year School	Seed	Finals	H#	Points
1 Jack Christl	11 Shanley	41.71	41.94	4	10
2 Isaak Livingston	11 Ashland	44.26	43.79	4	8
3 Connor Feyen	12 Duluth Denfeld	45.12	45.18	4	6
4 Joe Gigliotti	10 Hermantown	46.60	46.65	4	5
5 Kyle Siiter	10 Carlton	47.75	47.53	3	4
6 Tony Cummins	9 South Ridge/Cher	47.00	48.00	4	3
7 Matt Fetner	11 Shanley	47.09	48.11	4	2
8 Jayden Watson	9 Carlton	47.65	48.25	3	1
9 Armand Andersen	11 Shanley	48.39	48.57	3	
10 Gabe Castleman	10 Proctor	50.15	49.88	2	
11 Dillon Gorsma	10 South Ridge/Cher	47.20	49.95	4	
12 Nicholas Jauhola	10 Proctor	50.89	50.60	2	
13 Zach Halverson	11 Duluth Denfeld	50.18	50.63	2	
14 Joey Davidson	12 Ashland	49.50	51.14	3	
15 Adam Nelson	9 Two Harbors	53.51	53.48	1	
16 Bryce Symens	9 Duluth East		54.64	1	
17 Bryn Weberg	10 Duluth East	57.07	56.15	1	
-- Tyler Myhre	11 Hermantown	51.60	DNS	2	
-- Noah Torgerson	11 Hermantown	50.80	DNS	2	
-- Joshua Rabold	9 Duluth East	50.67	DNS	2	
-- Connor Sullivan	11 Silver Bay	48.26	DNS	3	
-- Dylan Baker	11 Hermantown	48.32	DNS	3	
-- William Watson	11 Duluth East	46.37	DNS	4	
-- Joseph Bong	12 South Ridge/Cher	49.54	DNS	3	
-- Caleb Mattison	10 Proctor	48.65	DNS	3	

Boys 4x100 Meter Relay

School	Seed	Finals	H#	Points
1 Shanley 'A'	46.20	45.92	2	10
1) Carter Kochmann 10				
2) Dalton Visser 11				
3) Matt Fetner 11				
4) Grant Gores 11				
2 Two Harbors 'A'	47.21	46.25	2	8
1) Andrew Hulst 12				
2) Sam Johnson 11				
3) Karsen Holm 11				
4) Jeremy Carter 12				
3 South Ridge/Cherry/North Woods 'A'	47.23	46.40	2	6
1) Isaiah Foster 10				
2) Joey Janke 12				
3) Clayton Janssen 10				
4) Ian Sherman 12				
4 Hermantown 'A'	46.40	46.50	2	5
1) David Cornelius 12				
2) Noah Torgerson 11				
3) Zach Zotti 11				
4) Darby Gamradt 10				
5 Ashland 'A'	47.30	47.79	2	4
1) Luke Jaeger 10				
2) Justin Miller 12				
3) Kevon Powell 10				
4) Jaylen King 11				
6 Duluth East 'A'	46.41	48.27	2	3
1) Nathan Specht 12				
2) Michael Beauregard 12				
3) David Ierino 10				
4) Derek Daniels 11				
7 Moose Lake/Willow River 'A'	48.38	48.30	2	2
1) Logan Peterson 12				
2) Anakin Oswald 12				
3) Duane Broughton 9				
4) Adam Olson 10				
8 Marshall School, Duluth 'A'		49.35	1	1
1) Kesandu Igwe 11				
2) Austin Wick 9				

3) Oscar Dingels 10	4) Sam Lohn 11			
9 Moose Lake/Willow River 'B'		50.65	49.46	1
1) Nate Jungers 11	2) Matt Laine 12			
3) Sean Jungers 12	4) Phillip Sheetz 9			
10 Duluth Denfeld 'A'		49.89	49.62	1
1) Caden Rathke 12	2) Maison Oliver 12			
3) Daylin Arseneau 10	4) Dominic Klaas 12			
11 Duluth East 'B'		49.36	50.05	1
1) Mark Muthami 12	2) David Sirois 10			
3) Matthew Ball 10	4) Anthony Provinzino 12			
12 Proctor 'A'		49.00	50.10	2
1) Keegan Dinh 11	2) Trevor Lindberg 10			
3) Austin Mooers 9	4) JJ Hicks 10			
13 Carlton 'A'		54.80	51.97	1
1) Bennett Hille 10	2) Dante Thompson 7			
3) Nick Dodson 9	4) Jayden Swanson 12			
14 Proctor 'B'		51.00	53.47	1
1) Nathaniel Onken 10	2) Andrew Nelson 9			
3) Dante Stratioti 10	4) Owen Mooers 11			
15 Hermantown 'B'		54.50	54.94	1
1) Nick Mattson 10	2) Ethan Luiten 9			
3) Josh Kahlbough 10	4) Rutger Van Hees 9			

#### Boys 4x200 Meter Relay

School	Seed	Finals	H#	Points
1 Cromwell-Wright 'A'	1:37.04	1:35.65	2	10
1) Ben Hansen 11				
3) Jaden Gronner 12				
2) Cameron Cahoon 12				
4) Cameron Dickey 11				
2 Shanley 'A'	1:35.00	1:37.62	2	8
1) Jack Christl 11				
3) Dalton Visser 11				
2) Carter Kochmann 10				
4) Grant Gores 11				
3 Two Harbors 'A'	1:39.00	1:38.92	2	6
1) Sam Johnson 11				
3) Karsen Holm 11				
2) Jeremy Carter 12				
4) Ryan Nowacki 12				
4 Hermantown 'A'	1:41.70	1:39.87	2	5
1) Mitchell Warmington 10				
3) Michael Ogston 11				
2) Noah Torgerson 11				
4) Wyatt Loken 9				
5 Duluth East 'A'	1:38.70	1:39.98	2	4
1) Nathan Specht 12				
3) Nicholas LaFontaine 10				
2) Anders Wakefield 9				
4) Michael Beauregard 12				
6 Ashland 'A'	1:39.00	1:40.21	2	3
1) Carter Brown 10				
3) Nick Zepczyk 10				
2) Kevon Powell 10				
4) Justin Miller 12				
7 Moose Lake/Willow River 'A'	1:39.24	1:41.48	2	2
1) Logan Peterson 12				
3) Michael Olson 11				
2) Anakin Oswald 12				
4) Adam Olson 10				
8 Proctor 'A'	1:40.00	1:41.49	2	1
1) Paul Ripley 10				
3) Dylan Hom 11				
2) Trevor Lindberg 10				
4) Ricky Steel 12				
9 Moose Lake/Willow River 'B'	1:42.15	1:42.88	1	
1) Duane Broughton 9				
3) Nate Jungers 11				
2) Landin Kurhajetz 9				
4) Phillip Sheetz 9				
10 Duluth East 'B'	1:45.80	1:45.93	1	
1) Matthew Ball 10				
3) Anthony Provinzino 12				
2) Mark Muthami 12				
4) David Sirois 10				
11 Proctor 'B'	1:52.00	1:47.02	1	
1) Austin Mooers 9				
3) JJ Hicks 10				
2) Nicholas Jauhola 10				
4) Brydon Kolenda 9				
12 Carlton 'A'	1:46.54	1:48.49	1	
1) Jayden Watson 9				
3) Nick Dodson 9				
2) Dante Thompson 7				
4) Seth Mlodozyniec 10				
13 Duluth Denfeld 'A'	1:44.36	1:49.70	1	
1) Caden Rathke 12				
2) Maison Oliver 12				

3) Arik Arseneau 11	4) Dominic Klaas 12			
14 Silver Bay 'A'		1:44.52	1:51.72	1
1) Cash Williams 7	2) Mason Ollman 11			
3) Hunter Dow 10	4) Riley Harkness 10			
15 Hermantown 'B'		1:51.20	1:52.81	1
1) Aiden Cox 9	2) Ethan Luiten 9			
3) Tyler Borgeson 10	4) Nick Mattson 10			

#### Boys 4x400 Meter Relay

School	Seed	Finals	H#	Points
1 Shanley 'A'	3:33.50	3:30.93	2	10
1) Jack Christl 11	2) Henry Collins 10			
3) Carson Dean 10	4) Taylor DeVine 12			
2 Hermantown 'A'	3:42.10	3:39.46	2	8
1) Mitchell Warmington 10	2) Zach Zotti 11			
3) Wyatt Loken 9	4) Darby Gamradt 10			
3 Duluth Denfeld 'A'	3:42.85	3:41.00	2	6
1) Julian Beckrich 12	2) Sebastian Haugen 12			
3) Arik Arseneau 11	4) Dominic Miller 12			
4 Cromwell-Wright 'A'	3:39.15	3:41.59	2	5
1) Cameron Cahoon 12	2) Jaden Gronner 12			
3) Cameron Dickey 11	4) Ben Hansen 11			
5 Moose Lake/Willow River 'A'	3:50.49	3:48.00	2	4
1) Grant Pettit 10	2) Adam Olson 10			
3) Phillip Sheetz 9	4) Landin Kurhajetz 9			
6 Duluth East 'A'	3:43.03	3:53.80	2	3
1) Mason Branstrator 9	2) Nicholas LaFontaine 10			
3) Simon Rendorf 10	4) Oliver Hasler 12			
7 Ashland 'A'	3:55.00	4:00.77	1	2
1) Carter Brown 10	2) Isaak Livingston 11			
3) Kevin Scott 10	4) Jaylen King 11			
8 Silver Bay 'A'	4:08.24	4:04.17	1	1
1) Cash Williams 7	2) Mason Ollman 11			
3) Hunter Dow 10	4) Nate Bilben 9			
9 Proctor 'B'	3:54.00	4:07.11	1	
1) Kobey Manninen 9	2) Brydon Kolenda 9			
3) Kayden Rengo 9	4) Evan Bowen 9			
10 Duluth East 'B'	3:51.22	4:09.74	2	
1) Matthew Ball 10	2) Jack Hilken 10			
3) Elliot Hoole 9	4) David Sirois 10			
11 Carlton 'A'	4:04.91	4:13.05	1	
1) James Hille 10	2) Spencer Hoeffling 11			
3) Kyle Siiter 10	4) Adam Hey 11			
12 Cook County 'A'	4:02.00	4:22.24	1	
1) Tanner DeBoer 10	2) Ben Rex 8			
3) Kevin Viren 10	4) Keegan Morrison 11			
13 Duluth Denfeld 'B'	4:12.24	4:22.57	1	
1) Nick Persch 11	2) Cade Erie 9			
3) Joe Francisco 10	4) Jack McCormick 11			
-- Marshall School, Duluth 'A'		DNS	1	
1) Jacob Gontjes 11	2) Declan Hutchinson 10			
3) Sam Lohn 11	4) Jack Stauffenencker 11			
-- Proctor 'A'	3:40.00	DNS	2	
1) John Werner 10	2) Carter Fuchs 12			
3) Zach Schnabel 9	4) Nolan Mehle 10			

#### Boys 4x800 Meter Relay

School	Seed	Finals	Points
1 Duluth Denfeld 'A'	8:35.38	8:38.59	10
1) Isaac Fink 10	2) Julian Beckrich 12		
3) Sebastian Haugen 12	4) Dominic Miller 12		

2 Duluth East 'A'	9:55.04	8:58.72	8
1) Jackson DesCombaz 9	2) Oliver Hasler 12		
3) Evan Leonidas 11	4) John Worley 11		
3 Proctor 'A'	9:04.00	9:01.65	6
1) Carter Fuchs 12	2) Josh Knight 9		
3) Isaiah Manninen 10	4) John Werner 10		
4 Shanley 'A'	8:28.00	9:07.51	5
1) Carson Dean 10	2) Zach McCormick 11		
3) Ethan Lantz 8	4) Chance Thorsteinson 11		
5 Cook County 'A'	9:47.00	9:36.36	4
1) Will Surbaugh 11	2) Brayden Schmidt 7		
3) Kevin Viren 10	4) Keegan Morrison 11		
6 Carlton 'A'	9:39.80	9:38.52	3
1) James Hille 10	2) Spencer Hoeffling 11		
3) Adam Hey 11	4) Kyle Siiter 10		
7 Ashland 'A'	10:00.00	9:52.20	2
1) Joey Davidson 12	2) Tanner Levings 10		
3) Kevin Scott 10	4) Patrick Connors 11		
8 Duluth Denfeld 'B'	9:29.45	9:52.99	
1) Jacob Gelineau 9	2) Jack McCormick 11		
3) Nick Persch 11	4) Joey McCormick 10		
9 Two Harbors 'A'	10:00.00	9:54.80	1
1) Henry Rennwald 9	2) Adam Nelson 9		
3) Oaklee Breeden 11	4) Hayden Johnson 10		
10 Proctor 'B'	10:00.00	10:19.53	
1) Devon Johnson 11	2) Matthew Bernard 11		
3) Isaac Fredrickson 11	4) Elias Lund 11		
11 South Ridge/Cherry/North Woods 'A'	11:50.00	10:58.98	
1) Quinn Fierkelepp 7	2) Hunter Bryant 7		
3) Cameron Posey 8	4) Isaac Gagnon 8		
12 Cook County 'B'	10:20.00	11:54.30	
1) Tanner DeBoer 10	2) Ben Rex 8		
3) Trent Spry 11	4) TJ Surbaugh 8		

#### Boys High Jump

Name	Year School	Seed	Finals	Points
1 Simon Randorf	10 Duluth East	5-08.00	5-10.00	10
2 Ian Sherman	12 South Ridge/Cher	6-04.00	5-10.00	8
3 Nate Jenkins	12 Marshall School,	5-10.00	5-08.00	6
4 David Cornelius	12 Hermantown	6-00.00	5-08.00	5
5 Thomas Anderson	10 Duluth East	5-04.00	5-06.00	4
6 Nick Zepczyk	10 Ashland	5-06.00	5-06.00	3
7 Kevon Powell	10 Ashland	5-10.00	5-03.00	1
7 Cash Williams	7 Silver Bay	5-04.00	5-03.00	1
7 Dylan Hom	11 Proctor	5-02.00	5-03.00	1
10 Duane Broughton	9 Moose Lake/Willo	5-02.00	5-03.00	
10 Dominic Klaas	12 Duluth Denfeld	5-02.00	5-03.00	
12 Weston Stroschein	10 South Ridge/Cher	5-00.00	5-00.00	
12 Armand Andersen	11 Shanley	5-06.00	5-00.00	
12 Kayden Rengo	9 Proctor	4-10.00	5-00.00	
12 Jacob Smith	12 Proctor	4-10.00	5-00.00	
12 Juan Pablo Linares	12 Two Harbors	5-04.00	5-00.00	
17 Bennett Hille	10 Carlton	4-10.00	4-09.00	
17 Landin Kurhajetz	9 Moose Lake/Willo	5-02.00	4-09.00	
-- Ben Talarico	11 Carlton	4-09.00	NH	
-- Seth Mlodozyniec	10 Carlton	4-09.00	DNS	
-- Nathan Eliason	9 Cromwell-Wright		DNS	
-- Joey Davidson	12 Ashland	5-02.00	DNS	
-- Caden Rathke	12 Duluth Denfeld	5-00.00	DNS	

#### Boys Pole Vault

Name	Year School	Seed	Finals	Points
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1	Luke Jaeger	10	Ashland	12-00.00	12-00.00	10
2	Zach Halverson	11	Duluth Denfeld	11-06.00	11-06.00	8
3	Maison Oliver	12	Duluth Denfeld	9-06.00	10-06.00	6
4	Gabriel Kelly	11	Duluth East	9-06.00	10-00.00	5
5	Ryan Anderson	12	Duluth East	10-06.00	9-06.00	4
6	Connor Feyen	12	Duluth Denfeld	10-00.00	9-06.00	3
7	Dan Graves	10	Ashland	9-06.00	8-06.00	2
8	Dalton Visser	11	Shanley	8-00.00	8-06.00	1
9	Tanner Levings	10	Ashland	8-00.00	8-00.00	
10	Johnathan Danelski	9	Moose Lake/Willo	7-06.00	7-06.00	
10	Bryce Symens	9	Duluth East	7-00.00	7-06.00	
--	Collin Bretting	12	Ashland	8-06.00	DNS	

Boys Long Jump

Name	Year	School	Seed	Finals	Points	
1	Wryott Gerson	12	Duluth Denfeld	22-11.00	21-08.00	10
2	Ian Sherman	12	South Ridge/Cher	20-03.00	20-03.50	8
3	Carter Kochmann	10	Shanley	20-02.00	19-06.50	6
4	Jack Haussner	12	Cook County	20-01.00	19-04.50	5
5	Nate Jenkins	12	Marshall School,	18-10.00	19-02.00	4
6	David Ierino	10	Duluth East	20-09.50	18-10.00	3
7	Duane Broughton	9	Moose Lake/Willo	17-11.00	18-06.00	2
8	David Cornelius	12	Hermantown	19-00.50	18-03.00	1
9	Darby Gamradt	10	Hermantown	19-04.00	17-11.25	
10	Sam Lohn	11	Marshall School,		17-08.00	
11	Jayden Swanson	12	Carlton	17-02.50	17-03.00	
12	Kevon Powell	10	Ashland	17-09.00	16-11.00	
12	Andrew Libbon	12	Cromwell-Wright	16-00.00	16-11.00	
14	Drew Dean	10	Mcgregor	17-07.00	16-09.00	
15	Blake Crawford	10	Duluth East	16-08.00	16-01.00	
15	Dominic Miller	12	Duluth Denfeld	18-05.00	16-01.00	
15	Kyle Siiter	10	Carlton	17-02.00	16-01.00	
18	Edward Snyder	11	Shanley	17-01.00	16-00.00	
19	Darby Patterson	9	Duluth East	17-02.00	15-10.50	
20	Tristin Johnson	11	South Ridge/Cher	16-06.00	15-02.50	
21	Dylan Hom	11	Proctor		14-10.75	
22	Zach Schnabel	9	Proctor	16-02.50	14-10.50	
23	Jack Hilken	10	Duluth East	15-10.50	14-10.00	
24	Arik Arseneau	11	Duluth Denfeld	15-04.00	14-09.00	
25	Declan Hutchinson	10	Marshall School,		14-03.00	
26	Evan Bowen	9	Proctor	14-09.50	13-10.50	
27	Jay Atkinson	9	Mcgregor	15-01.00	13-06.50	
28	Tristin Paulson	12	South Ridge/Cher	15-00.50	13-06.00	
29	Jacob Wright	12	Hermantown	14-03.00	12-10.25	
30	Ethan Byram	9	South Ridge/Cher		12-08.50	
31	Erik McPhail	9	Carlton	12-06.00	12-07.00	
32	Jack Dobinson	9	Hermantown	14-00.00	11-09.50	
33	Matt Harnell	9	Proctor	11-09.00	11-07.50	
34	Carter Stine	11	Marshall School,		11-05.00	
--	Tem Chaoyon	10	Cromwell-Wright	13-00.00	ND	
--	Michael Olson	11	Moose Lake/Willo	17-06.50	ND	
--	Dante Thompson	7	Carlton	15-01.00	ND	
--	Caden Rathke	12	Duluth Denfeld	18-05.00	DNS	
--	Chance Hanel	9	Two Harbors		DNS	
--	Hayden Johnson	10	Two Harbors	17-04.00	DNS	
--	Justin Miller	12	Ashland		DNS	
--	Logan Peterson	12	Moose Lake/Willo	13-11.00	DNS	
--	Phillip Sheetz	9	Moose Lake/Willo		DNS	
--	Jaylen King	11	Ashland	17-10.00	DNS	

Boys Triple Jump

Name	Year	School	Seed	Finals	Points
1 Wryott Gerson	12	Duluth Denfeld	47-01.00	44-09.00	10
2 David Ierino	10	Duluth East	42-04.00	40-09.00	8
3 Jayden Swanson	12	Carlton	39-04.75	39-00.00	6
4 Nick Zepczyk	10	Ashland	37-08.00	37-05.00	5
5 Harrison Nistler	10	Mcgregor	38-04.00	36-10.50	4
6 Tristin Johnson	11	South Ridge/Cher	37-02.00	36-06.50	3
7 Weston Stroschein	10	South Ridge/Cher	35-09.00	35-07.00	2
8 Mason Ollman	11	Silver Bay	35-06.50	34-10.00	1
9 Joe Gigliotti	10	Hermantown	33-09.00	33-07.00	
10 Andrew Richeson	9	Ashland	33-07.00	33-05.00	
11 Andrew Libbon	12	Cromwell-Wright	34-04.00	33-04.50	
12 Wyatt Loken	9	Hermantown	32-02.00	32-07.00	
13 Joey Davidson	12	Ashland	34-00.00	32-04.50	
14 Blake Crawford	10	Duluth East	33-07.00	31-11.00	
15 Kobey Manninen	9	Proctor	31-06.00	31-08.00	
16 Nathan Eliason	9	Cromwell-Wright	31-00.50	30-07.00	
17 Kayden Rengo	9	Proctor		30-06.00	
18 Nathaniel Onken	10	Proctor	31-03.00	30-03.50	
19 Ethan Nelson	8	South Ridge/Cher	36-05.00	29-01.00	
20 Ethan Carlson	10	Proctor	27-06.00	28-05.00	
-- Jack Hilken	10	Duluth East		ND	
-- Edward Snyder	11	Shanley		DNS	
-- Brody Motz	10	Moose Lake/Willo	34-10.50	DNS	
-- Dante Thompson	7	Carlton	31-08.75	DNS	
-- Michael Olson	11	Moose Lake/Willo	36-08.50	DNS	
-- Tem Chaoyon	10	Cromwell-Wright	26-09.00	DNS	

#### Boys Shot Put

Name	Year	School	Seed	Finals	Points
1 Hunter Powless	12	Ashland	44-08.00	45-01.00	10
2 Grant Steger	11	Duluth Denfeld	43-02.00	41-07.00	8
3 Evan Bubach	11	Shanley	42-04.00	40-10.50	6
4 Ross Hilton	12	Ashland	39-04.50	38-08.00	5
5 Marshall Johnson	11	Hermantown	40-11.50	38-01.50	4
6 Luke Beiswenger	11	Shanley		37-10.00	3
7 Brayden Rohweder	11	Proctor	39-10.50	37-06.00	2
8 Braeden Bloch	10	Shanley	38-03.50	37-01.50	1
9 Will Johnson	11	Two Harbors	33-03.00	37-01.00	
10 Gage Jones	11	Cromwell-Wright	41-00.50	36-05.00	
11 Benjamin Anderson	12	Duluth East	34-10.00	35-03.00	
12 Connor Feyen	12	Duluth Denfeld	36-02.50	35-02.50	
13 Jace Wiggins	10	Ashland	31-00.00	33-10.00	
14 Owen Brenna	10	Proctor	32-00.00	32-08.00	
15 Reid Ehle	11	Hermantown	33-05.00	32-06.50	
16 Quincy Clark	12	Proctor	33-04.00	32-04.00	
17 Sean Janes	9	Duluth Denfeld	33-00.25	31-09.50	
18 Matt Miller	11	Shanley		30-07.00	
19 Joseph Perry-Spears	9	Marshall School,		30-05.00	
19 Brody Motz	10	Moose Lake/Willo	30-05.00	30-05.00	
21 Hudson Steger	9	Duluth Denfeld	32-07.00	30-04.50	
22 Curtis Jackson	9	Mcgregor	29-06.00	30-03.00	
23 Joseph McGee	10	Duluth East	34-02.50	29-06.00	
24 Kaden Edlund	10	Two Harbors	28-01.75	28-11.00	
25 Tanek Kittilson	10	Duluth East	33-02.25	28-10.50	
26 Jaeger Goranson	10	Cromwell-Wright	29-08.25	28-09.00	
27 Garrett Jones	11	Cromwell-Wright	27-10.00	28-07.00	
28 Ethan Maas	9	Two Harbors	28-01.00	28-06.00	
29 Seth Johnson	11	Hermantown	27-09.50	28-04.00	
30 Lucas Pinnell	9	Two Harbors	28-11.00	28-02.00	
31 Ben Steen	10	Moose Lake/Willo	26-07.00	27-00.50	
32 Brock Huard	10	Moose Lake/Willo	30-04.00	26-05.00	

33	Isaak Hackbarth	9	Duluth East	23-08.50	26-04.00
34	Raymond Degroat	10	Cook County		26-00.50
35	Jack Gerth	10	Hermantown	25-11.00	25-08.00
36	Jake Story	11	Proctor	29-00.00	25-05.00
37	Ian Jensen-Fichtner	11	Moose Lake/Willo	26-06.00	25-04.00
38	Ryan Bilben	10	Silver Bay	24-02.00	21-07.00
--	Matthew Scribner	10	Marshall School,	31-05.00	DNS
--	Aiden Harms	12	Shanley		SCR
--	Joe Kava	11	Shanley	44-07.50	SCR
--	Isaac Berglind	11	Shanley	42-07.00	SCR

Boys Shot Put Wheelchair

Name	Year	School	Seed	Finals	Points	
1	Danny Lilya	12	Moose Lake/Willo	20-06.50	20-08.00	10

Boys Discus Throw

Name	Year	School	Seed	Finals	Points	
1	Gage Jones	11	Cromwell-Wright	126-08	129-01	10
2	Thomas Anderson	10	Duluth East	120-01	114-00	8
3	Marshall Johnson	11	Hermantown	91-09	111-02	6
4	Evan Bubach	11	Shanley	123-09	111-00	5
5	Joseph McGee	10	Duluth East	111-07	110-11	4
6	Grant Steger	11	Duluth Denfeld	132-04	110-07	3
7	Benjamin Anderson	12	Duluth East	121-04	109-06	2
8	Jake Backstrom	11	Hermantown	95-05	108-02	1
9	Brayden Rohweder	11	Proctor	106-00	106-00	
10	Braeden Bloch	10	Shanley		102-06	
11	Jackson Savre	10	Hermantown	98-04	100-04	
12	Brody Motz	10	Moose Lake/Willo	94-04	98-01	
13	Will Stave	11	Hermantown	93-00	97-08	
14	Oaklee Breeden	11	Two Harbors	97-11	96-01	
15	Maverick Virden	11	Proctor	83-08	95-08	
16	Brendan Lampela	9	Two Harbors	103-06	94-07	
17	Sean Janes	9	Duluth Denfeld	89-03	92-10	
18	Hunter Powless	12	Ashland	98-00	92-04	
19	Tanek Kittilson	10	Duluth East	89-00	91-06	
20	Jaeger Goranson	10	Cromwell-Wright	84-02	84-05	
21	Curtis Jackson	9	Mcgregor	83-11	83-08	
22	Blake Oquist	11	Moose Lake/Willo	70-01	83-01	
23	Hudson Steger	9	Duluth Denfeld	76-08	76-02	
24	Ethan Maas	9	Two Harbors	77-08	75-08	
25	Garrett Keinanen	11	Moose Lake/Willo	88-10	74-00	
26	Matthew Motschenbacher	11	Shanley	97-02	70-09	
27	Raymond Degroat	10	Cook County		68-05	
28	Garrett Jones	11	Cromwell-Wright	62-10	65-09	
29	Ross Hilton	12	Ashland	70-01	64-01	
29	Jason Nelson	10	Proctor	51-04	64-01	
31	Tem Chaoyon	10	Cromwell-Wright	57-11	63-02	
32	William Thiry	9	Proctor	50-00	63-00	
33	Ryan Bilben	10	Silver Bay	68-01	62-05	
34	Tae Kosmo	9	Two Harbors	67-08	62-01	
35	Brock Huard	10	Moose Lake/Willo	87-00	61-06	
36	Jace Wiggins	10	Ashland	70-00	54-01	
--	Matt Miller	11	Shanley	106-04	ND	
--	Joe Kava	11	Shanley	122-09	SCR	
--	Trace Olson	9	Shanley		SCR	

Women - Team Rankings - 18 Events Scored

1) Shanley	98	2) Ashland	94
3) Proctor	76.50	4) Hastings	72

5) Duluth East	69.50	6) Duluth Denfeld	52.50
7) Marshall School, Duluth	52	8) Two Harbors	44.50
9) Cromwell-Wright	37	10) South Ridge/Cherry/North	33
11) Silver Bay	29	12) Carlton	20
13) Moose Lake/Willow River	19	14) Mcgregor	2
14) Cook County	2		

Men - Team Rankings - 19 Events Scored

=====			
1) Shanley	119	2) Duluth Denfeld	111
3) Ashland	81	4) Duluth East	73
5) Hermantown	54	6) Two Harbors	48
7) Cromwell-Wright	42	8) Cook County	39
9) Moose Lake/Willow River	37	10) South Ridge/Cherry/North	35
11) Carlton	22	12) Proctor	20
13) Marshall School, Duluth	17	14) Mcgregor	11
15) Silver Bay	3		