

AWYBA 10,000 Shot



SHOT EXAMPLES	April		May		June		July		August		September		Ball Handle Bonus
Right & Left Sides	Date	Date	Date	Date	Date	Date	Date	Date	Date	Date	Date	Date	Examples
APRIL	1-	16-	1-	16-	1-	16-	1-	16-	1-	16-	1-	16-	Crossover
MIKAN DRILL	2-	17-	2-	17-	2-	17-	2-	17-	2-	17-	2-	17-	Spider
Do Dishes	3-	18-	3-	18-	3-	18-	3-	18-	3-	18-	3-	18-	Behind Back
Left Hand Layups	4-	19-	4-	19-	4-	19-	4-	19-	4-	19-	4-	19-	Figure 8
Rip - 2 Dribble - Shot	5-	20-	5-	20-	5-	20-	5-	20-	5-	20-	5-	20-	Between the Legs
Baseline Shots	6-	21-	6-	21-	6-	21-	6-	21-	6-	21-	6-	21-	Around Left Leg
3 point Shots / 5th & UP	7-	22-	7-	22-	7-	22-	7-	22-	7-	22-	7-	22-	2 Ball High
Reverse Layups	8-	23-	8-	23-	8-	23-	8-	23-	8-	23-	8-	23-	Around Right Leg
Post Moves	9-	24-	9-	24-	9-	24-	9-	24-	9-	24-	9-	24-	2 Ball Low
Clean Bedroom	10-	25-	10-	25-	10-	25-	10-	25-	10-	25-	10-	25-	Around Head
Be Creative	11-	26-	11-	26-	11-	26-	11-	26-	11-	26-	11-	26-	2 Ball Opposite
Have fun!!	12-	27-	12-	27-	12-	27-	12-	27-	12-	27-	12-	27-	Ball Slaps
Right Hand Layups	13-	28-	13-	28-	13-	28-	13-	28-	13-	28-	13-	28-	Rips
Vacum House	14-	29-	14-	29-	14-	29-	14-	29-	14-	29-	14-	29-	Behind Back Cross
Spin-Outs	15-	30-	15-	30-	15-	30-	15-	30-	15-	30-	15-	30-	Jab and Rips
				31-				31-		31-			

Player Name:		Player Grade: 2020-2021		Coach:		Grand Total Shots:	
Phone Number:		Player Address:					
E-Mail Address:							
Contest Ends September 30th, 2020				Parents are not required to watch every shot .			
Please E-Mail Completed Form by September 30, 2020				We only ask that you monitor your child and the goals they are working towards.			
Email to: AWYBA10,000@yahoo.com	T-Shirt Size:	Youth or Adult	S - M - L - XL	Parent Signature:			