



Covid-19 Guidelines

The following document serves as guidelines. At all times, the Warjacks Youth Hockey Association will adhere to local and state guidelines in which the practice/events are being conducted. With that in mind, please be aware information may be updated/changed on a routine basis.

This document is an acknowledgement that you agree, on behalf of your family, to comply by these rules and understand the risk associated with being a player, coach, and/or spectator. Failure to comply with the following Covid-19 policy will result in being asked to leave the premises and may result in punishment by the Board of the Warjack Association.

Each Team will have a COVID-19 contact person. In the event that you have any questions or concerns regarding COVID, these individuals will be your FIRST contact person. ALL INQUIRIES WILL REMAIN CONFIDENTIAL

- **Mini-Mite Level Contact:** JJ Deffner Call/Text: 715-297-7946
Email: jenniferjotto@gmail.com
- **Mite Level Contact:** Jessica Pergolski Call/Text: 715-581-2798
Email: jessandericpergo@yahoo.com
- **Squirt Level Contact:** Bill Kolb Call/Text: 715-573-5652
Email: william.kolb@ci.wausau.wi.us
- **PeeWee Level Contact:** Brittany Tesch Call/Text: 715-212-2151
Email: brittanylesch3@gmail.com
- **Bantam Level Contact:** Bill Kolb Call/Text: 715-573-5652
Email: william.kolb@ci.wausau.wi.us
- **Warjacks Association President:** Chris Toner
Email: ctoner09@gmail.com

- When reaching out to Covid contact person, please give the following info: Name, Type of symptoms, Date/time of symptom onset, most recent dates at the rink with players and /or any other related information

If you are feeling ill-- PLEASE STAY HOME.

Skaters/coaches and family members will not be allowed to attend practices and games if he/she develops any **one** of the following symptoms:

- new/worsening cough
- Shortness of breath or difficulty breathing
- Loss of taste or smell

And/or **two** or more of the following symptoms:

- Fever over 100.4/chills
- Sore throat
- Cough/congestion or runny nose
- Headache
- Fatigue, muscle/body aches
- Nausea/vomiting/diarrhea

The skaters/coaches may return to the rink with proof of a negative **PCR covid test** (See Potential Options in Scenario #1 guidelines) or an alternate diagnosis from a medical practitioner.

*****If you choose not to be tested**, the person is presumed positive and **must stay home for 10 days**, be fever-free for 24-hours, without fever-reducing medication and have improvement of symptoms before returning to the rink.

SCENARIO #1- If “close contact” with someone with confirmed COVID-19 (please see description below for “what is a close contact”)

What is a **CLOSE CONTACT?**

- You were within 6 feet of someone who has COVID-19 for at least 15 minutes
- Live in the same household of someone that has tested positive for COVID-19
- You provided care at home to someone who is sick with COVID-19
- You had direct physical contact with the person (touched, hugged, or kissed them)
- You shared eating or drinking utensils
- They sneezed, coughed, or somehow got respiratory droplets on you
- You have been told you were a close contact from your school and are on quarantine (virtual school)

❖ **ACTION Required:**

- **Notify Covid-19 contact person**
- ***Vaccinated-* must monitor symptoms for 14 days-if symptoms begin, notify Covid-19 contact person- Begin self-quarantine**

**You are considered fully vaccinated 2 weeks after your 2nd vaccination or 2 weeks after the Johnson & Johnson vaccination.*

- ***Unvaccinated-* Begin self-quarantine** as soon as exposure is identified
- **Quarantine period is for 10 days since LAST EXPOSURE to positive Covid-19 person**

Potential options to reduce quarantine include:

*After day 7 (return possible on day 8), if asymptomatic and a negative **PCR test** (test MUST occur on day 6 or later.)

- ***Recovered Covid-19 Positive:*** Persons who have had Covid-19, recovered, and completed isolation, then during the 90 days following the end of isolation, come into close contact with someone with Covid-19 **must** monitor symptoms for 14 days- **if symptoms begin, notify Covid-19 contact person- Begin self-quarantine**

*Once past the 90 days-follow applicable vaccination status above.

****Please Note: Over the entire 14 day period everyone should monitor for symptoms regardless of vaccination status or previous Covid status.****

SCENARIO #2- PENDING COVID-19 RESULTS?

If you or a family member within your household, have been tested and result is Pending

❖ **ACTION Required:**

- **Notify COVID-19 contact person**
 - **Remain under quarantine**
 - You **MAY NOT** return to practice while waiting for your result
 - Guidelines for return to practice, will be based on results
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SCENARIO #3- CONFIRMED POSITIVE COVID-19:

❖ **ACTION Required:**

- **Notify your COVID-19 contact person**
 - **Begin self-quarantine** as soon as symptoms occur
Positive Covid-19 persons will not be allowed to return to the rink until 10 days after symptom onset--be fever free for 24-hours, without fever-reducing medication and have improvement of symptoms OR local health authorities have given a lesser quarantine timeline.
 - **Please note:** any and all family members within the household will also have to follow the quarantine timeline in Sceniaro #1 and will be considered a close contact
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- ❖ The Warjacks Youth Hockey Association may shut down a youth team if a player/coach has symptoms 48 hours after a team game, practice or function. And that team could be shut down for two weeks.

- ❖ For other guidance, you may contact Marathon County Health Department at:

715-261-1900