



SKILLS FOR HOCKEY

VALUES FOR LIFE

## **Summer Hockey Development Elite Skills and Tactic's Camp - Session 3**

### **Daily Schedule**

<b>Time</b>	<b>Activity</b>	<b>Location</b>
1:00 to 1:15 PM	Registration	Rutland East Arena
1:30 to 2:30 PM	Dryland	Rutland Field
2:45 to 3:30 PM	Power Skating	Rutland West Arena
3:45 to 4:45 PM	On-ice Skills	Rutland West Arena
5:00 to 6:00 PM	On-ice Skills	Rutland West Arena

\*Rutland Twin Arena, 645 Dodd Rd, Kelowna, BC V1W 5H1