



## **CASA GENERAL HYGIENE AND SAFETY PROTOCOLS**

To be followed regardless of which phase, and until further notice from the PA Department of Health and the CDC.

- Wash your hands frequently
- Have hand sanitizer available for all at times
- No sharing of water, snacks or equipment
- No shaking hands, high fives, fist bump, hugs, etc.
- Social distancing = 6 feet apart
- No player or coach can attend if they are feeling sick
- Sick players or coaches must quarantine as required by CDC/PA Dept. of Health. Can only return with a Doctor's approval. Must show notice to the club
- Disinfect all training equipment – cones, goals, flags etc. Only coaches can touch or move equipment
- Coaches to wear a face mask as per CDC/PA Dept. of Health at all times
- Players to wear face mask when not involved in soccer activities or on the bench. Player may wear mask during activity at parents or players discretion
- Scrimmage vests washed after every session. Should consider it personal equipment, and provide each player with their own
- Each ball sanitized before/after every practice or game
- Only one coach may attend to an injured player. Must wear mask and gloves
- Minimize contact with other teams before, during and after each session