



NYSA COVID-19 Coaches Safety Protocols

Northshore Youth Soccer Association (NYSA) is committed to the safety of our players, coaches, and their families. These new protocols have been adapted from Sporting Athletic Activities Guidance provided by the Governor's office.

NYSA believes that for the safety and protection of our players and members, adherence is required to the following protocols. As a reminder, returning to play is a personal choice. Families should make the decision on whether they want their player to resume activities in this RTP environment. If a player or family does NOT feel comfortable returning in this phase, this will not affect their position, status, or ability to be placed on an appropriate team in the future. Training and games will include normal soccer contact with other players and scrimmages following the protocols below.

The following protocols are not intended nor implied to be a substitute or alternative to professional medical advice.

PRACTICE Protocols for Coaches:

- Coaches are required to wear a face mask and maintain the physical distance requirements of 6 feet from players.
- Teams will take the field after the previous teams have left the area. Make sure to follow the entering and exiting maps for each practice field.
- Use hand sanitizer before and after interacting with your team.
- Coaches should sanitize all equipment prior to practice. This means to use a sanitizing wipe to clean all equipment.
- Coaches are responsible for setting up all necessary equipment. The coach shall maintain social distancing while setting up. No players or parents should touch any of the equipment.
- As players arrive, the coach should inquire about their recent health. If the player answers yes to any of these questions they should be sent home.

“How are you feeling today”? “Do you have a Fever or Chills, Shortness of breath, Difficulty breathing, Fatigue, Muscle or body aches, Headache, Recent loss of taste or smell, Sore throat, Congestion, Diarrhea, Nausea or Vomiting”?

“Have you had any contact with a sick individual or anyone with a confirmed case of COVID-19”?

- Coaches should communicate any COVID-19 cases or potential exposures (reported to them) to the NYSA DOC.
- No coach that is sick or has signs or symptoms suggestive of COVID-19 should attend.
- Coaches should track player availability for each practice and the reasons they are absent.
- Clustering of players should be avoided. There should be no gathering and socializing before or after training by players. Coaches should **not** assemble their teams closely together for instruction, players should be spaced at least 6 feet apart for team meetings or instruction.
- No handshakes or fist bumps during or after training.
- Players should bring their own labeled soccer ball to training. There is no sharing of water bottles, and players will not touch or share training equipment such as cones or gear bags. Coaches will handle all equipment. Players may be responsible for bringing a light and dark colored shirt for training activities or coaches may permanently issue a practice jersey to players (labeled with their name).
- **Contact.** During active training, players MAY have normal soccer contact when challenging for the ball. Off the ball contact is discouraged, and social distancing should still be in effect when non-active instruction is given from the coaching staff.



Coaches and Assistant Coaches, Managers, if applicable:

I have read and understand the Northshore Youth Soccer Association – RTP Guidelines, as outlined above. I have reviewed this plan with my player and acknowledge that we will do our best to adhere to the protocols in place.

Date: _____

Team Name: _____

Coach Name: _____ Coach Signature: _____