

Club Gold South

Player-Parent Handbook

2026 Season

CONTACT INFORMATION

General

Website: <https://www.clubgoldsouthvolleyball.info>

Email address: clubgoldsouthvolleyball@hotmail.com

Facebook: Club Gold South Volleyball

Board of Directors

Lindsay Huff (Piccolini) – Director

Phone: 740-579-1767, Email: clubgoldsouthvolleyball@hotmail.com

Joyce Piccolini – Assistant Director

Phone: 740-391-0812, Email: paulpic3@comcast.net

Lisa Mick – Assistant Director/Finance Director

Phone: 740-310-2438, Email: lmick250@comcast.net

All uniforms, SportsEngine, registration & account balance questions can be directed to Lisa

Kate Nagel – Assistant to Finance & Sportswear Director

Phone: 740-296-1918, Email: kafry02@gmail.com

Grace White—Boys Director

Phone: 304-790-9086, Email: gracewhite03@gmail.com

Kimberly Jarrett- MAAS Coordinator

Phone: 740-310-7948 Email: kimberlyogilbee@gmail.com

IMPORTANT NOTE REGARDING ALL CORRESPONDENCE:

Please remember to state **player's name and team** on all correspondence. This allows us to help you more quickly and efficiently.

FEES & PAY SCHEDULE

11-18's Regional Schedule Summer Tryouts

Aug 1	\$300
Sept 28	updated OVR membership & uniforms
Sept 28	\$300
Dec 1	\$150
Feb 1	\$250 (if chosen for a travel team in Jan)

Travel Teams Payments Summer Tryouts

Aug 1	\$300
Sept 29	updated OVR membership & uniforms
Sept 29	\$400
Dec 1	\$300
Feb 1	Additional tournaments Fee

11-18's Regional Schedule Fall Tryouts

Nov. 1	\$300
Dec. 1	updated OVR membership & uniforms
Dec. 1	\$300
Feb. 1	\$150
Feb 1	\$250 (if chosen for a travel team in Jan)

Travel Teams Payments Fall Tryouts

Nov. 1	\$300
Dec. 1	updated OVR membership & uniforms
Dec. 1	\$300
Feb. 1	\$300
Feb 1	Additional tournaments Fee

Annual Fees for 2025-2026

Total fees for the 2025-26 Season are \$750 for **regional** teams and \$1000 for **travel** teams. Full or partial payments may be made at any time. You do not have to wait for the payment date. Travel teams may owe more depending on the schedule.

Payments

Payments should be made payable to “Club Gold Volleyball” and mailed to **101 Overbaugh Ave., St. Clairsville, OH 43950**. Please place players name and team in the memo. Allow 2 to 3 days for delivery time.

- Cash payments must be in an envelope with the player’s name, team, and fee payment on the outside of the envelope before submitting.
- Please note that coaches are **NOT** authorized to accept payments. A \$10 late fee will be added to all payments that are more than 7 days late.
- **All fees must be paid by Feb. 1**. Players will not be allowed to participate in practice or tournaments if this obligation is not met.
- If you need financial assistance, please contact Lisa Mick.

Billing

We will not send bills by mail or email, but ask that you follow the previously provided payment schedule. Additional reminders will be posted on Facebook. If you would like an update for your account balance, please contact Lisa Mick at lmick250@comcast.net .

Fee Adjustments

If any fee adjustments are needed, they will be reflected with final payment. Any refunds will be sent out at the end of the season.

CONTRACTS & FORMS

Player/Parent Contract

This form will be filled out during the annual parent meeting. Please read this contract thoroughly before signing.

SOCIAL MEDIA & E-COMMUNICATIONS

Club Gold South recognizes the prevalence of electronic communication and social media in today's world. Many of our players use these means as their primary method of communication. While the Club acknowledges the value of these methods of communication, the Club also realizes that there are associated risks that must be considered.

All communications between a coach or other adult and an athlete must be professional in nature and for the purpose of communicating information about team activities. **The content and intent of all electronic communications must adhere to the USA Volleyball Code of Conduct regarding Athlete Protection.** A coach should not accept any "friend" request from any athlete. In addition, the coach should remind the athlete that this is not permitted.

Players should exercise sound judgment and common sense when posting to social media. All posts should be respectful to their Club, coaches, teammates as well as other clubs and players. When in doubt, don't post. We do not tolerate any online bullying or disrespecting of teammates, coaches, or the club. We do not monitor any player's online presence but will address an issue if brought to our attention.

Pictures & Media

Pictures taken at tournaments can be emailed to cgsphotos@hotmail.com for posting on our Facebook page or website. If you object to any image posted, please contact us and we will have it removed.

Official Club social media Pages

The club has an official Facebook page, Instagram, and Twitter that athletes and parents can "like" for information and updates on team-related matters. Practice cancellations will be posted on social media pages along with important information concerning deadlines for payments and fundraisers. This page should be checked frequently as we will try to post updates and changes in real time.

UNIFORMS & SPORTSWEAR

Sportswear Orders

Sportswear purchases are optional. This year sportswear will be available through **Midwest Volleyball** on our team store. They will be doing two shipments with the first one shipping out before Christmas. The second shipment will be after the season starts. We will also be using **SquadLocker** which is an online store on our website. Orders will ship directly to the buyer's address. You may combine orders to save on shipping prices. Please go to www.clubgoldsouthvolleyball.info to purchase.

Additional Logo Information: In order to protect the brand and image of the club, we ask that you do not use our name, likeness or logo without permission when creating additional sportswear items. If your team would like to create a specific item for an event, please email the club at clubgoldsouthvolleyball@hotmail.com for approval.

Uniform Orders

All uniform order forms must be turned in by the player/parent meetings and can be paid for only by check or cash. (Checks should be made payable to **Club Gold Volleyball**. No credit cards will be accepted.) Cash payments should be placed in an envelope with the players name, team, and amount on the front. Any questions about sizing can be taken care of at this time. The items required will be listed as such. All other items are optional and not required. All uniforms must be paid before the order is submitted.

Uniform numbers will be selected for each player on a seniority basis. If you want to change your number from a previous club season you must purchase new jerseys and note the change on your order form.

Regional teams must purchase 2 uniform jerseys and spandex. **Travel** teams that attend 3 day tournaments will be required to purchase an additional jersey.

If you are unable to attend the player/parent meeting, the uniform and payment can be mailed to Lisa Mick

PRACTICE & TOURNAMENTS

Practices

Players are expected to attend all practices except in the case of conflict with school related activities or sickness. Any player with Covid or flu-like symptoms should not attend practice. Practice will be held twice a week during the season. Schedules will be emailed at the beginning of each month and placed online. Practice will begin in January.

Parking: When attending practices at St. Mary's, we ask that you park in the church parking lot. The circle is used for **drop-off only**. We are required to leave space for emergency vehicles and parents need to be able to get through to drop off. **Do not park and wait for your athlete in this circle, please use the lower lot.** For practices at the St. Clairsville Recreation Center please alert any ticket takers that you are there for volleyball practice if there is a school event happening. If we use a private gym, please be considerate and conscious that no one is blocked in while parking.

Attendance: We do ask that our players make a commitment to attend practices, but we do understand that they may have conflicts with school related activities. Many of our practices are later in the evening after school activities. It is important that players participating in other sports/activities manage their time concerning schoolwork and activities. Our coaches cannot train their players if they are constantly missing practice. If you are unable to make 75% of practices, you might want to rethink your commitment to the club. Even if you arrive late, please attend as an hour of practice is better than none and allows coaches to work on team line ups.

Coaching: We use a group approach to coaching which means that your child may have different coaches instructing depending on the skill or concept being taught. Our goal is to give each player the best instruction available. We ask that players treat each coach with the same courtesy they would give their team coach.

Practice Cancellation Policy

It may be necessary to cancel practices due to weather conditions. We are unable to judge weather conditions in all areas we service so we ask that parents/players use their discretion on whether it is safe to attend. We do ask that you text your coach if not attending is a last-minute decision, as they may be unable to get emails.

Notifications

We will use Facebook, email, text and SportsEngine chat to get information out on practice cancellations and changes. Practice will not automatically be cancelled if school is cancelled. We have added SportsEngine and will be able to communicate through the app. Please download this app as it will

come into hand when we need to quickly reach parents! Remember to turn on your notifications during season for the app!

Tournaments

All teams will be scheduled for 5 to 6 tournaments with a guarantee of 5 tournaments. If less than 5 are played, you will receive a refund at end of the season or a credit on your last payment. If teams play a surplus of tournaments there may be a small fee attached to cover additional entry fees.

Tournaments have different start times and we ask everyone to check the OVR website for the tournament details. Players are asked to arrive 1 hr before their duties or play time. *Players are to bring all uniforms to every tournament.* **Tournament directions and information can be found on the OVR website: www.ovr.org/index.php** . If you are attending a JVA event, you will need to check the AES website for tournament information.

Officiating: This is the shared responsibility of the entire team. Each coach will determine a procedure for their team to follow for officiating assignments. All players are asked to take the officiating courses that can be found through the OVR website under Juniors/junior official training info. There is no cost but you will need your web point login. **Every athlete is required to stay at the tournament until the entire team can leave.** Electronic whistles will be available from their coach but if any player who preforms the R2 duties regularly and would like their own whistle, we have them available for \$2.

Play Time: *We do not guarantee equal playing time on any team or at any event. Our club philosophy is that what you pay for is instruction time during practices. Playing time for athletes is determined by performance, attendance, attitude, effort, the team's need at the moment and is left solely at the discretion of the Club Gold coach. The coaching decision is not up for debate or question. Athletes are encouraged to ask what they can improve on to receive more playing time. Parents are asked to not approach coaches concerning coaching issues during tournaments. If a parent has a confrontation with a coach during the tournament, the player may be released from the club with no refund of fees. If there is a problem you would like to discuss, you should make an appointment with the coach or director before or after a practice. For any issue, please allow 24 hours to pass before contacting the director or coach to ensure both parties have had time and space to effectively communicate.*

Tournament Behavior: We ask that the team enjoys the benefits of their camp site and use that time to bond together. We ask that additional parties spend time with the families and allow the team to bond as needed. Please no significant others at the team's camp area.

Family Volunteer Time: We are asking each family to supply 2 hours of volunteer time/or food donations at club events though out the season including our home tournaments at The ECO Center.

Questions: If you have any questions on the upcoming tournament, please ask them at practice. Do not wait till the last minute. Tournament info on the OVR site may be unavailable either the night before or the morning of and you may not be able to access it. *If you are unable to attend a tournament unexpectedly within a 48 hour of the tournament's start time please call or text to coach to confirm they know you will not be attending.*

Travel Team Hotels: Players on travel teams will get notification of hotel bookings and we ask that you book in a timely matter. If we are able to book a group block, it will be for a limited amount of time and then the rooms are released. If you miss the deadline it will be your responsibility to find accommodations. Some travel tournaments are STAY TO PLAY, meaning that if you do not book hotels through their site the team will be refused entry.

Grievance Procedure: Should you have an issue that needs discussed further, please follow the below steps.

1. The player should communicate the frustration to the coach directly in an attempt to work out a solution one on one.
2. A parent or player may contact the director/coach for a sit-down meeting or phone call if a resolution is not reached after speaking with the coach.
3. Speak up EARLY! Most issues can be avoided with early and clear communication. Let us work together to find a solution!

PLAYERS/PARENTS SHOULD CHECK THEIR EMAIL/FACEBOOK BEFORE PRACTICES AND TOURNAMENTS FOR UPDATES.

RECRUITING

Club Gold South offers a variety of recruiting services that are included within their fees for athlete's 9th grade and above. We will always work to help your child reach the next level of volleyball if that is their desire. Over the years we have placed athletes at a variety of levels from NAIA to D1. You can see our CGSV Alumni who are currently playing in college on our website. Deciding to play in college is a commitment and the process should begin as soon as possible. It is never too late to start, but starting early and getting your name out there is extremely beneficial. The recruiting process should be an active process with the athlete seeking guidance from coaches and parents but taking the lead in regards to emails, updating their online profiles, adding videos and reaching out to coaches. There is no substitute for a personal email specific to the school and coach that you are interested in.

To schedule a meeting with Lindsay please email the club at clubgoldsouthvolleyball@hotmail.com. You may set up a phone call, video call, or in person meeting to get started with your recruiting journey! For more information on recruiting, you can go to our website!

FieldLevel

FieldLevel is an online recruiting profile you can sign up for, free of charge, where you can advertise your athlete. We offer free premium profiles and highly suggest that you update your profile, add highlight videos, and select your target schools. Athletes should be the primary communicator with coaches and have picked target schools and updated their profile before contacting the club for assistance.

Targets schools should be 10-15 schools that you feel you would fit in best at. These schools should have players similar to your specific height, build and skill level and have school degrees that you wish to pursue.

Considering financial assistance should also be a consideration when selecting schools.

Please go to <https://fieldlevel.org> to create and update your profile!

TRAINING & SMALL GROUP SESSIONS

MAAS Training

Starting in November, we will offer strength and conditioning sessions for CGSV athletes. We will post these events and openings on our Facebook page and once season begins, we will have in person signups for future months. Sessions are \$7 per student for an hour of guided group training or \$20 for the whole month. Trevor Ging and his coaches will guide our athletes through core workouts, strengthening exercising and a variety of movements to help improve the safety and stability in our athletes while on the court. <https://maastraining.com>

You may email clubgoldsouthvolleyball@hotmail.com to sign up or be placed on a waiting list. We need at least 20 athletes per session at a minimum and ask for immediate notification if you can NOT make a session you are scheduled to be at. We do have a waitlist athletes can be placed on in the instance that a spot opens up.

MAAS's training facility is located at 273 E Main Street, St.Clairsville, Ohio 43950. Please wear athletic gear, good athletic shoes, and bring a water bottle.

Position Specific Training Sessions

Starting in December we will offer position specific training sessions. These sessions are \$10 an hour or \$15 for an hour and half. Players will receive focused guidance on footwork, position specific techniques tips and tricks as well as advanced knowledge that relates to their individual position during the game. We will email and post these sessions on our website and social media pages. You may email the club to sign up.

Private or Small Groups Session

There may be times through the year that we offer small group or private sessions. We will post these on our Facebook or send out an email about openings. These are first come first serve sessions that range anywhere from \$10 to \$25 a session depending on the number of athletes attending.