

# Return To Play Responsibilities

## ORGANIZATION

- Distribute COVID-19 Preparedness Plan
- Distribute Return to Play Responsibilities
- Train and educate about the details of the Preparedness Plan and Return to Play Responsibilities
- Support players and parents that may be uncomfortable with returning to play
- Provide adequate field space for social distancing
- Provide workers with adequate training on approved social distancing & youth sports return to play requirements and guidelines
- Continue to adapt to changes and guide participants through the various phases of returning to play in a safe and responsible manner

## COACH

- Follow all Return to Play protocols
- Help educate the players about social distancing and return to play responsibilities
- Send athletes home if they are not feeling well
- Ensure players are not sharing equipment or water bottles
- Ensure activities provide adequate social distancing, when applicable
- Wear a cloth mask or face covering while coaching or interacting with players
- Respect players, parents, and caregivers by accommodating those that may not yet be comfortable returning
- Monitor athletes for any symptoms of anxiety, depression, or distress
- No high 5's, handshakes, knuckles, or group celebrations

## PARENT

- Notify Homegrown Lacrosse organization IMMEDIATELY if your child begins to feel ill
- Ensure all equipment has been cleaned and disinfected
- Provide athlete with hand sanitizer and disinfectant wipes
- Check child's temperature and utilize [Health Screener Checklist](#) prior to attendance
- Ensure your athlete has plenty of drinking water, there will be no communal water or working drinking fountains
- Stay in your car when dropping off & picking up
- Monitor your athlete for any symptoms of anxiety, depression, or distress

## PLAYER

- Stay at home if you are feeling sick
- Clean and disinfect all equipment (remove mouthguard)
- Do not share your equipment or water bottles
- Thoroughly wash hands with soap and water
- Bring hand sanitizer and disinfectant wipes
- Cover your coughs and sneezes
- Arrive dressed and ready
- Minimize the use of communal areas (restrooms, locker rooms, etc.)
- Bring your own water (and lots of it!)
- Respect and practice social distancing
- No high 5's, handshakes, knuckles, or group celebrations