



WEST MICHIGAN ICE DOGS

HOLLAND HOCKEY ASSOCIATION

HHA Covid-19 Protocol

It is the intention of the Holland Hockey Association to provide an environment that keeps all of our members as safe and healthy as possible during this difficult time. We will continue to abide by and enforce recommendations and protocols from the Center for Disease Control (CDC), Michigan Department of Health and Human Services (MDHHS), Ottawa County Department of Health (OCDPH) and Michigan Amateur Hockey Association (MAHA).

Our association will continue to use the honor system and you are responsible for screening your family members before entering the rink on any given day. If you have questions at any time about our protocols you may contact our Covid-19 Liaison, Jaime Quinn at jaimelynnquinn@gmail.com or 616-638-3495.

Symptoms may appear **2-14 days after exposure to the virus**. If your anyone in your household is experiencing any 1 or more of the common symptoms, and/or any 2 or more of the less common symptoms you should abstain from games/practices to further monitor and look for additional or worsening symptoms. We can not be too careful at this time in order to keep our kids on the ice! No ice time is worth the risk of anyone's health including your player, teammates, families, coaches and rink staff.

Common Symptoms:

- Fever and/or chills
- Cough
- Shortness of breath or difficulty breathing

Less Common Symptoms:

- Fatigue
- Muscle or body aches
- Headache
- New loss or taste or smell
- Sore Throat
- Congestion or runny nose
- Diarrhea

Health Protocols

- Face masks are required by **all persons at all times** upon entering the building. This includes inside locker rooms, on the ice, and in the bleachers.
- Any person experiencing any symptoms of Covid-19 (as listed above) should NOT enter the rink at anytime.
- Any person awaiting results for themselves, or a member of their household, or has come into close contact (within 6 ft of a person who has tested positive for more than 15 cumulative minutes) with some one that is known positive within the last 14 days and/or have been directed by the Health Department to remain quarantined should not enter the rink.
- The honor system is used for all persons. Please take temperatures of your player and any spectators before you arrive at the rink. If you do have or have had in the last 72 hours, a temperature of over 100.4 you should NOT enter the rink.
- Players and coaches will be admitted, through the front doors, of the building 30 minutes before their game/practice time. Everyone is expected to go directly to their respective locker rooms and may dress there.
- Spectators are limited to 2 per player (siblings are not counted in this number) for games and will not be admitted until 10 minutes before game time. Spectators will use the front doors to enter. Once in the building please go directly to the bleachers and stay socially distanced and wearing masks at all times.
- Spectators will exit the building immediately following game times using the side doors, signs will be posted. Please stay socially distanced outside the doors when waiting for players. During practices the front doors can be used for both entrance and exit.

Health Protocols continued

- All children are expected to be in the arena with their parents at all times. Please do not wander around the rink or congregate in spaces.
- Players will exit through the side doors within 15 minutes of the end of their game time. Locker rooms and benches will be sanitized between games once players have cleared. During practices the front doors can be used for both entrance and exit.
- No concessions will be available and no outside food or drink is allowed.
- Sk8's Pro Shop will be open per their hours posted on Facebook. If they are open skate sharpening is available but please do not congregate inside the shop.
- Water fountains are shut down and will not be available for use. Please plan on bringing your own labeled water bottles.

Managing Positive Tests

If a player, coach, manager, spectator or any member of their household tests positive at any time you must inform the Covid-19 Liaison Jaime Quinn at jaimelynnquinn@gmail.com or 616-638-3495.

The Liaison will then notify the appropriate governing bodies from the following:

- Ottawa County Department of Health
- President of the Board
- Griff's Icehouse West and any other facility that player may have been to within the previous 14 days from results
- MAHA officials
- Any teams or players that may have been on the ice with the positive person over the previous 14 days
- Any teams scheduled to compete with the players team in the following 14 days
- Per HIPPA the identity of the person that tested positive will be protected and remain confidential.
- Team activities will be on hold until OCDPH conducts the appropriate contact tracing and gives the next steps, recommendations and ok to move forward.

Family Members

If a players family member in the same household has symptoms severe enough that they need to get a COVID test, all players in the same household should stay away from all team activities until the test result is received.

- If the family member test result is negative the player can return to play.
- If the family member test result is positive (and player lives in the same household) it's assumed to be a close contact and the player will need to stay away from team activities for 14 days beginning from the date of exposure (which is probably the first sign of the family members symptoms) or as determined by the local health department.
- Even if the player is tested and receives a negative result, it is still assumed they have had close contact with the positive family member and the player will be required to quarantine for 14 days.

Players and Coaches

If a player or coach tests positive it is ultimately the direction of the OCDPH, and the county health department of the person, that will determine the players quarantine time and return to play date.

Returning Post Positive

Any person with a confirmed positive case, from any organization or affiliation, may not enter Griff's Icehouse West until they have completed their required quarantine, followed all health department protocols and are symptom free for 48 hours.