



2025 Coach Pitch Rules

General Rules

1. Regular baseballs will be used for all games.
2. All players must play a minimum of 2 innings in the infield before any player plays a 3rd inning in the infield.
3. Games will be 1 hour 45 minutes in length or 6 Innings. No new innings will start after 1 hour 30 minutes of play unless there is a tie. If the game is tied after 1.5 hours or 6 innings, it is up to the discretion of the 2 head coaches as to whether the game continues.
4. 3 outs or 5 runs scored ends an inning.
5. Home team is responsible for bringing the bases on/off the field (if removable) and making sure they are secured before leaving.

Pitching Rules

1. Coach will pitch 7 pitches to the player. If the player is unable to get a hit; the player is out.
2. Towards the end of the year (last couple games) and if the coaches believe there are some players able to pitch, a player can pitch no more than 2 innings or 42 pitches per game (whichever comes first), if the 42nd pitch falls during an at bat, they pitcher may finish off at that batter. The following year of baseball is player pitch so this could help prepare kids for the next year. If players are going to pitch during a game, this decision should be made by both coaches before the game starts.

Hitting and Base Running Rules

1. No walks, bunting, or stealing.
2. Consecutive batting – all players will bat.
3. Players cannot advance on an overthrow to any base.
4. Players may advance on a hit to the outfield until the ball gets back to the infield.
5. Players can advance to the next base if they are at least 1/2 way to the next base when an infielder gains control of the ball.
6. Batters are not allowed to hold a bat until they are up to bat. No one should have a bat until walking up to the plate. There are no “on deck” practice swings!
7. Runners must stay in the baseline or they will be called out. Fielders cannot be in the baseline unless they have the ball. Runners should not have to run around fielders without the ball, the fielder is interfering, and the runner gets the base.

Fielding Rules

1. All outfielders must line up approximately 10 feet into the outfield grass. If the grass line varies from what your players are used to, it's the coach's responsibility to communicate with the opposing coach **before** the game starts, to agree on an appropriate distance for outfielders in relation to the bases.
2. Outfielders and pitchers must throw to a base to make an out. Outfielders cannot field ground balls in the infield unless the ball is hit beyond all infielders.
3. Player fielding pitcher position (if they are not pitching) must play within 3' of the pitching coach.
4. Catchers must be positioned in the proper location behind the plate. Catchers must be in a squat position, so non-protected areas are not exposed to the pitch.
5. No player may play catcher for more than 2 innings in any game.
6. Players are to play no more than 2 innings at any single position during the game.

MOST IMPORTANT RULE: Every player should have fun!

If you have questions, please direct them to Kelsie Buchanan, ARAA Jr. House Director.