

MINNESOTA BLIZZARD

PLAYER SPOTLIGHT



2026 GRAD ROURICK GULBRANDSON

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This past fall when I went down to Creekside in Parkville, MO I brought my 10-year-old Blake with to be the bat boy for the weekend. I explained to him that we would hit up as many games as we could over the course of the weekend. The hard part was convincing him to leave the dugout that Rourick aka "Boogs" was in. Boogs plays with a ton of passion, didn't mind Blake hanging on the dugout railing with him and just treated him like he was one of the guys.

Over the course of two games that day I think Boogs and Donny Johnson smiled more than anyone at the park as they were always having fun (of course they were locked in as well). At times I think that is the easiest thing to lose focus of, making sure you have fun playing the game and Boogs does a great job reminding those around him that you can compete and have fun at the same time.

Rourick is a well-built young man with a ton of juice in his lower half that helps provide a punch at the plate. He comes

at you from the left side with a coiled stance in the box but a ton of explosion in the hips. He used the momentum of the fall to earn a varsity roster spot with DeLaSalle. In the field he is typically at first base, but you will also see him roaming the outfield as well. In addition, like so many Blizzard players he can jump on the mound and more than handle his own.

His fall coach Ramon Salcedo had the following to say *"Boogs was an incredible connection piece for my first season. I was surprised with his maturity and energy he brought to the team. Rourick has a bright future in whatever he chooses to pursue because of that leadership and passion he is able to radiate."* As his coach indicated and by Boogs responses to Q&A you can feel his appreciation of the game and those around him that make things possible. He has developed great bonds throughout the program and I for one cannot wait to see what the future brings for this amazing young man!



Q&A with Rourick Gulbrandson - 2026 DeLaSalle Islanders

How many years with Blizzard? 4 years (fall 2020)

What is your favorite memory from this past fall? Every fall with Blizzard has been great. My favorite memory this past fall was playing at Creekside and facing great competition, hitting well and playing well as a team.

What are you looking forward to the most about summer? To continue to focus and concentrate on what I've been doing all winter and see what the results transpire to, traveling with family and being around my teammates. Hopeful to talk with colleges not only with regards to athletics but also academically.

Favorite tourney of the year? Las Vegas, this past year was my first time going and I loved the scenery and playing different teams, but Creekside was a close second.

Favorite baseball movie? 42, who doesn't love Jackie Robinson!

Blizzard teammate you talk with the most and why? Lorenzo Ramos. I've known him since we were little, and our older sisters played fastpitch together. Lorenzo keeps me in good spirits and head space, his parents are my second family and he's my little brother.

What Blizzard coach do you work with the most? 100% coach Bryan Sanchez, although he's never coached a team I've been on. Sanchez is the guy that I've grown to love and admire. He gets me and I can be myself. I'm deeply grateful for everything he's taught me and continues to teach me. I look up to him as a man and he humbles me when I need it and I respect him so much for that. I wouldn't be where I am without him.

Favorite MLB player? David "Big Papi" Ortiz

Best snack food? SunChips - harvest cheddar or cosmic brownies if it's a cheat day.

If you could have dinner with anyone dead or alive, who would it be? My grandpa Steve (my moms dad). I never knew him because I was only three when he suddenly passed away. I've heard a ton of stories from my siblings, and I think he'd love watching baseball. My mom even told me he pitched and was pretty good so 100% grandpa Steve.



**COACH NICK NOVAK AND ROURICK
AT VERO BEACH TOURNEY**



**ROURICK AT ONE OF HIS FAVORITE TOURNEY
STOPS - CREEKSIDE IN PARKVILLE, MO**



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