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# Self Evaluation – Fall 2020

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COMPLETE YOUR SELF EVALUATION TO THE BEST OF YOUR ABILITY. ONCE COMPLETE, SEND TO YOUR COACH VIA THE TEAM EMAIL PROVIDED



# *Player Information*

NAME:

TEAM:

FAVORITE POSITION:

FAVORITE PROFESSIONAL PLAYER:

FAVORITE TEAM:

THIS SELF EVALUATION IS TO ALLOW THE PLAYER A DOOR TO EXPRESS THEIR KNOWLEDGE OF THE GAME AND SHOW THEIR COACH HOW THEY HAVE PROGRESSED IN THE FALL SEASON.

REMEMBER, NO ANSWER IS WRONG. THIS IS YOUR VIEW AS A PLAYER ON WHAT YOU HAVE LEARNED AT PRACTICE AND HOW YOU SEE THE GAME.

ENJOY



# Overview

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What are the top two highlights of the fall season training and why?

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# *Athletic Development*

How have you improved athletically?  
List key coaching points when describing them.

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2-

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# *Technical Development*

What two technical improvements have you made?  
List key coaching points when describing them.

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2-

[Blank area for writing the second technical improvement and coaching points]



# *Tactical Development*

What two tactical concepts do you now understand?  
List key coaching points when describing them.

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# *Social Development*

What two areas did you enjoy most when being with your teammates and coaches?  
List descriptive words and ideas when describing them.

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# *Challenges & Solutions*

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What are the two biggest challenges you faced over this Fall and how did you look to deal with them?

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# *Additional Notes*

