

See Tabs Below for Additional Information

Minor Penalty Time Frames.

Rule 402, pg. 34 of USAH Rule Book 2021-25. USAH shortened minor penalties based on length of period for all 10U and 12U division: minor penalties for 14U (includes 13U) as well. CAHA elected to keep minors for 13U/14U and older at 2 minutes.

In summary minor penalties are now as follows in the state of Colorado (no option for leagues or associations to alter):

- 10U and 12U with period length 12 minutes or less = 1:00.
- 10U and 12U with period length greater than 12 minutes and less than 17 minutes - 1:30.
- 10U and 12U with period length 17 minutes or greater - 2:00.
- 13/14U and older no matter the length of the period - 2:00.

Games that have varying time frames will run minor penalties based on the length of each period. For example 2 15 minute run period during the first two periods and 1:00 during the third period.

Be aware that there could be a 10U game with 15 minute periods, which would have 1:30 minors and a 12U game with 12 minute period.

Major and Misconduct Penalty Time Frames.

Rule 403, pg. 35 of USAH Rule Book 2021-25. Major penalties remain at 5 minutes in the state of Colorado.

Rule 404, pg. 36 of USAH Rule Book 2021-25. Misconduct penalties remain at 10 minutes in the state of Colorado.

Other USAH Rule Changes.

Rule 630 - pg. 85. Tag up offsides for all age levels (youth and girls) with the exception of High School have been eliminated.

Rule 624, pg. 79. Icing during a PK for all age levels (youth and girls) with the exception of High School has also been eliminated.

Rule 401, pg. 33. A player receiving 4 penalties in one game will be issued a game misconduct. This used to be 5 penalties in a game.

Rule 401, pg. 33. A team receiving 12 penalties in a game will have their head coach suspended for the next game. This used to be for 10 penalties.

A few more things to note -

There are no more stand alone major penalties (each major must be associated with a game misconduct or match penalty); changes in