



We remain committed to protecting our Summit Gymnastics and Summit Ninja families and employees by following a specific Wellness Protocol that will help prevent the spread of disease.

Summit Gymnastics Academy Wellness Protocol

Protocols are subject to change if needed and you will be notified if changes are made

Employee Guidelines

- ✓ Staff will follow illness policy including temperature checks
- ✓ Staff will adhere to PPE requirements set by the CDC and the Arizona Dept of Health
- ✓ Staff will have limited direct physical contact with children (spotting is limited to necessity for all instructional classes)
- ✓ Employee travel will be monitored and isolation following travel will adhere to the AZ Dept. of Health

Building Preparation

- ✓ Summit Gymnastics will spray hospital grade sanitizer and use other recommended products effective against Covid-19, as well as, installing air scrubber/negative air machines with HEPA filters
- ✓ All surface areas will be disinfected/sanitized multiple times daily
- ✓ Hand sanitizer dispensers have been placed throughout the gym and will be monitored for refills
- ✓ Drinking fountain will be covered and students are encouraged to bring water bottles.
- ✓ The pit will be covered with mats so it can be sanitized properly

Entering the Building

- ✓ Drop off/Pick up of child without parent coming inside is preferable
- ✓ No more than one adult per child in the building
- ✓ Temperature check of students; athletes who appear ill or who have a temperature over 99.5 will be sent home
- ✓ Students will be required to sanitize/wash hands upon entering the gym and between rotations

Traffic Flow Physical Distancing Facility Ratio

- ✓ Ninja and Preschool Gymnastics will enter through the back entrance
- ✓ Recreational and Team Gymnastics will enter through the front door
- ✓ Parents will be directed by program where to sit and view class to control social distancing and flow-seating will be extremely limited
- ✓ We have created zones in the gym and each group will have no more that 8 athletes per zone.

Prior to Class

- ✓ Students will be required to sanitize their hands upon entering the gym
- ✓ Employees will have disinfected/sanitized all equipment, entrance and exit points of program, parent areas
- ✓ Students will have temperature check upon entering gym; students who appear ill or who have a temperature over 99.5 will be sent home

During Class

- ✓ Athletes will sanitize hands after every rotation
- ✓ Lesson plans will be modified to omit partner activities and props that cannot be wiped down (All other props will be sanitized after each individual student's use)
- ✓ Stations and activities will be modified to allow safe distance between children
- ✓ Porous surface such as carpet squares and bean bags will be temporarily taken out of use

After Class

- ✓ Athletes will be dismissed one at a time
- ✓ Employees will begin disinfecting/sanitizing all areas of their department to get ready for the next group