

Power Play Hockey League

Section 6 - Playing Rules

Revised: April 2020



[PPHL Website - Rulebook](#)

ALL PPHL Leagues & Tournaments will be governed by the **USA Hockey Rulebook** with modifications agreed and prepared below by the 'PPHL Department of Player Safety'.

Penalty Lengths:

Minor: 1:30 minutes

Major: 5:00 minutes

Misconduct / Game Misconduct, Match: 10:00 minutes

PPHL Modifications:

- **Face-offs after Penalties.** Face-offs will always go down to the end zone of the team committing the infraction. Icing on delayed penalty will not bring faceoff outside!
- **Hybrid Icing.** *will be in effect; Team icing WILL BE allowed to change IF Icing is called*
 - o Defending Team **Blue Line** determines Icing (**NOT THE RED LINE**)
- **Running Time.** Goal margin must be 6 goals and in 3rd Period. Game clock will stop IF goal margin is 5 goals or less at all times.

Division Head and/or On-Ice Officials hold the right to start running the Game Clock IF game is decided to get "out of hand".
- **Body Checking is NOT allowed!**
 - o Intentional body checking will result in:
 - (a) Minor + Misconduct – Non-injury occurs**
 - (b) Major + Game Misconduct – Injury occurs**
- (4) Penalties / GAME = Game Misconduct
 - o (Removal of the current Game)
 - o Reviewed by DOPS for Game Suspension(s)

- FIGHTING = 5-Minute Major + Game Misconduct

- INTENT TO INJURE = 5-Minute Major + MATCH

REGULAR SEASON PROCEDURES

- 3-Minute Warm-Up
- (3) 13-minute Periods
- NO Time Outs
- NO Over-Time | Game ends in a tie

PLAYOFF PROCEDURES

- 3-Minute Warm-Up
- (3) 13-minute Periods
- (1) 30-Second Time Out
- **OVERTIME PROTOCOL:**
Continuous 13-minute Periods until there is a goal scored.
 - o Teams DO NOT receive new Time-Out for OT

DELAY OF GAME

- **Delaying Start of Game.** 3-minute Warm-up clock begins once the nets are set up along with either option – **(A)** When game time is supposed to begin on Horizon Web Ref, or, **(B)** If rink is running late, once the Zamboni doors are closed. The game clock begins regardless of who is on the ice for teams. *(Special circumstances – Weather, Accidents, etc. – Officials & Scorekeeper will be notified by Seacoast and/or PPHL)*
 - Once 3-minutes is complete, game is to begin. Game may begin when a team has (3) players and Goalie, OR, (4) Players. If a team or both teams do not meet the requirement, game clock is to begin immediately and run until both teams field the proper requirement to begin the game.
 - If one teams is not ready, game clock begins to run. Every three minutes that is completed without other team on the ice, the team ready will receive (1) goal.
 - Once team delaying start of game is ready to play, the game clock will stop, a minor penalty for DELAY OF GAME will be issued and the game will begin at Center Face-off dot. (No Delay of Game will be issued to either team if both teams are late to start at proper time – regardless of which team is ready first)

- **Intermissions.** At the end of each period, 1-minute will be put on the game clock and ran down to zero. At the conclusion of the 1-minute intermission, the game is to begin. If a team delays the start of the next period, the officials will give a 15-second warning to team to send out line-up to start next period within. After 15-seconds, team will be issued a minor for Delay of Game. Official will then issue FINAL 15-SECOND WARNING to send out line-up. Failure to send out line-up will result in Forfeit. *If both teams fail to send out a line-up, after the warnings, the game will be completed with the current score.*
 - If Team who delays game is winning at time, will lose by +1 goal of current score. EXAMPLE: Team A delays game to point of Forfeit and is currently winning 5 to 4 – Team A will lose 6 to 5, in order to give proper stats to players during game.
 - If the Team who delays game to point of Forfeit is losing, current score will be the FINAL SCORE.

ABUSE OF OFFICIALS

PPHL has strict policy regarding Abuse of Official by any player. Physical or Verbal abuse WILL NOT be tolerated and is to be strictly enforced.

- **Verbal Abuse (Arguing Calls)** *(Must be during same altercation):*

Communication is KEY here! The PPHL understands emotions run high in this competitive game, HOWEVER, if situations / disagreements arise within a game, it is the Team Captain who speaks with the Referees to resolve the situation.

The PPHL is not saying Players cannot speak to the Referees. However, Players who are constant will be identified and corrected IF boundaries are crossed.

Penalties to be called if situation arises:

- Warning #1 – Referee warns Player to Skate away & stop verbal abuse
- Minor Penalty Assessed – Unsportsmanlike Conduct (1:30)
- Warning #2 – Referee warns Player to stop
- Misconduct – Abuse of Official (10:00)
- Warning #3 – Referee warns Player to stop
- Game Misconduct – Abuse of Official (10:00)

- Match – A player who refuses to get off the playing surface after receiving a Game Misconduct will receive a Match penalty and Suspended Indefinitely

Player may not participate in ANY PPHL League before attending meeting with the PPHL Department of Player Safety. Failure to attend meeting before trying to participate in any PPHL games will result in forfeit of participated games and 1-year suspension from PPHL with no refund.

- **First Violation** = Automatic 3 Games + Other Penalties Assessed
- **Second Violation** = Remainder of Season (NO REFUND)

- **Physical Abuse**

No Player is to or attempt to – touch, push, shove, intent to injure, or spit on an Official.

- Match Penalty – Physical Abuse of Official (10:00)

Alcohol / Tobacco Policy

All Players will not be allowed to bring Alcohol or ANY type of Tobacco on the ice while participating in any PPHL events. Any items under the category of "Alcohol" or "Tobacco" that are found on team bench or used by a player will result penalty(ies) below. Offenses below are PER Game basis. Any team that is found guilty of either infraction more than ONE TIME will result in Automatic Game Termination AND FORFEIT.

PPHL respects safe drinking before and after each game within the rules of each rink and State Law. Please respect the PPHL, the rink, and the State Law.

ALCOHOL

- **1st Offense:** Any player found with any type of Alcohol on the bench will receive a minor penalty for Delay of Game.
 - BEFORE Game continues, both benches will be searched by the On-Ice Officials for all Alcoholic Beverages.
 - IF more is found, all Beverages will be confiscated and brought over to the Scorekeeper Booth.

- **2nd Offense:** If ANY player from either team is found with Alcohol, the game is then ended with the team found guilty of the second offense losing the game in a forfeit by one goal of the current score.

TOBACCO

The PPHL, Department of Player Safety, and the Supervisor of Officials all agree on Harsh penalties for tobacco while on the ice. No player should use any type of product while playing in PPHL events, nor spit their products on the ice while Officials have to pick up the puck. There is a ZERO TOLERANCE for this, and no excuse will be accepted if caught.

- **1st Offense:** Any player caught using any type of Tobacco on the ice will be called for 5-Minute Major + Game Misconduct for **Abuse of Officials**.

 - **2nd Offense:** Any player caught using any type of Tobacco on the ice for a second time in a season will be Suspended indefinitely and will be scheduled a meeting with the PPHL Department of Player Safety. Player will not be eligible to play until meeting.
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Equipment

All Players will wear proper equipment under 'Section 3- Equipment' in the Official Rulebook of the PPHL in order to participate in PPHL games.

Any player who does not follow 'Section 3 – Equipment' guidelines, will not be eligible to participate in any games and will be asked to exit the playing surface.

Any player that refuses to get off the ice will initiate the Protocol: 'Delay of Game', which could ultimately end the game in a forfeit to team whose player refuses to exit the playing surface.

Skates

Players must use Hockey Skates. All other styles of ice skates will not be allowed

Stick

Players must abide by USA Hockey Rulebook in regard to hockey sticks.

Helmets

Helmet must have the following:

1. HECC certified Helmet – Must have proper padding inside of helmet
2. Plastic Ear Loops
3. Proper Chin Strap – Fastened properly under players chin.

Protective Equipment

The PPHL has mandated protective equipment to be worn while participating in PPHL events, except the following equipment:

- Shoulder pads
- Neck Guards
- Mouth Pieces
- Protective face shield (Cage, Shield, or Half-shield)

Though the above-mentioned equipment is not mandated in order to participate, the PPHL highly recommends that all players do wear the recommended list above. By not wearing said equipment above, Players understand the possible consequences of not wearing the equipment.
