



Thank you for stepping up and volunteering to coach in our Intramural/LDT program – here are some guidelines to help you prepare for the season:

- 1) **Risk Management** – Our Risk Management is through East Hudson/ENYYSА- Risk Management/Background Search is necessary to continue working with youth soccer. ENYYSА now uses the GotSport registration system. East Hudson has entered your information in the GotSport system. Go to www.system.gotsport.com . Enter your email address and, since your information has been uploaded by your league, click on FORGOT PASSWORD. Once you receive the password, log back in to www.system.gotsport.com, and enter your email and password. Once in your account, click on the DASHBOARD in your profile. The three (3) risk management requirements will be listed:
 - Background Check – once every two years
 - Heads Up Concussion Awareness – once every two years
 - Safe Sport – yearly renewal with refresher courses

Over to the right of each it will say MORE INFO and when you click on that, it will take you to that test to be completed. Any questions, call Diana at ENYYSА - 516-766-0849. LaGrange Soccer specific registration questions can be answered by our Intramural Registrar at intramuralregistrar@lagrangesoccer.org
- 2) **Practice Times** Email our Field Coordinator at Field.coordinator@lagrangesoccer.org and request your preferred practice night and time – time slots are typically 5-6:30 and 6:30-8
- 3) **Game Schedules** – Schedules for our Saturday games are posted on our website late August for the Fall season and late March for the spring season - www.lagrangesoccer.org – under Programs->Intramural/LDT->Select your age group for Saturday game schedules
- 4) **Communicate with your team** – once rosters are released (mid to late August) you can use our online registration system to communicate with families – contact info is already loaded and there is a convenient app that families can utilize to keep them organized SportsSignUp Play app - from your computer <http://lagrangesoccer.sportssignup.com/site/>
- 5) **Coaches Meeting** - Attend the coaches meeting (check the LSC website Calendar for date/time/location) – this is a great opportunity to meet other coaches and meet our Director of Coaching – Rob Esposito to get training ideas and learn about the upcoming season. Uniforms and practice time assignments may be available during this meeting as well.

6) **Uniforms** - For those players that registered before August 15th (Fall season) and March 10th (new players to Spring season) – uniforms are ordered and will be delivered at the coaches meeting

7) **Training/Practice Ideas** – If you need help with rules of the game/practice ideas please reach out to our Director of Coaching – Rob Esposito - coaching.director@lagrangesoccer.org

Thank you again for volunteering to coach - have FUN with it - and please remember a positive word and enthusiasm goes along way with the kids! As for the parents - patience is key and communication is essential!

Please feel free to reach out with any additional questions – Kara Gadonniex can be reached at LSCintramurals@gmail.com