

Section 4AAA True Team

Elk River - 5/9/2023

Results - All

Girls 100 Meter Dash

Name	Yr	School	Finals
Finals			
1	Jordyn Borsch	12 Maple Grove	12.42
2	Gabriella Keefer	10 St. Michael-	12.72
3	Hannah Horton	12 Champlin Par	12.77
4	Mikayla de Souza	12 Coon Rapids	12.87
5	Jennifer Heilman	11 Rogers	12.91
6	Shynika Chatman	10 Park Center	13.02
7	Anya Schmidt	10 Rogers	13.25
8	Danielle Urey	12 Anoka	13.35
9	Jayi Wilson	10 Champlin Par	13.39
9	Allison Stacy	11 Maple Grove	13.39
11	Payton Young	9 Osseo	13.40
12	Sydney Keckeisen	9 Elk River	13.48
13	Esme Irel	12 Elk River	13.49
14	Avah Shaw	9 Andover	13.62
15	Joy Olowo	12 Rogers	13.63
16	Kari Bork	12 Champlin Par	13.69
17	Marissa Wentland	12 Maple Grove	13.71
18	Claire Kvant	10 St. Michael-	13.73
19	Leila Bakri	11 Elk River	13.75
20	Jada Dahlheimer	11 St. Michael-	13.75
21	Jalayah Diggs	8 Park Center	13.77
22	Marlvina Williams	10 Coon Rapids	13.87
23	Elizabeth Buffie	9 Anoka	13.91
24	Grace Doerfler	11 Andover	14.06
25	Olivia Brown	11 Andover	14.07
26	Bailey Rauh	10 Coon Rapids	14.23
27	Faith Ayobamidele	8 Park Center	14.33
28	Sadie Griffith	9 Anoka	14.36
29	Kiana Davis	9 Osseo	14.39
30	Devonna Newell	9 Osseo	14.99

Girls 200 Meter Dash

Name	Yr	School	Finals
Finals			
1	Jordyn Borsch	12 Maple Grove	24.75
2	Jennifer Heilman	11 Rogers	26.17
3	Mikayla de Souza	12 Coon Rapids	26.32
4	Emma Kvant	9 St. Michael-	26.39
5	Gabriella Keefer	10 St. Michael-	26.43
6	Danielle Saydee	12 Osseo	26.67
7	Sydney Keckeisen	9 Elk River	26.69
8	Amara Easley	11 Champlin Par	27.09
9	Olivia Osonowo	9 Champlin Par	27.25
10	Allison Stacy	11 Maple Grove	27.26
10	Florence Leon	9 Rogers	27.26
12	Shiaflyn Cooper	8 Elk River	27.29
13	Brooke Shaw	9 Rogers	27.38
14	Lillian Waite	9 Maple Grove	27.91
15	Claire Kvant	10 St. Michael-	28.06
16	Esme Irel	12 Elk River	28.16
17	Shamere Chatman	9 Park Center	28.28
18	Avah Shaw	9 Andover	28.34

19	Solange Barkon	9 Coon Rapids	28.39
20	Kya O'Hanlon	11 Andover	28.56
21	Keira Lukandwa	10 Champlin Par	28.66
22	Alexis Hartle	10 Andover	28.84
23	Sabrina Wesseh	12 Osseo	29.09
24	Abigail Leaf	11 Anoka	29.14
25	Logan Brent	11 Anoka	29.78
26	Shanyah Horton	9 Coon Rapids	29.87
27	Elizabeth Buffie	9 Anoka	29.92
28	Amiah Lane	8 Osseo	29.98

Girls 400 Meter Dash

Name	Yr	School	Finals
Finals			
1	Jordyn Borsch	12 Maple Grove	54.54
2	Emma Kvant	9 St. Michael-	56.83
3	Olivia Osonowo	9 Champlin Par	1:00.85
4	Sanae Radloff	9 St. Michael-	1:01.27
5	Rebecca Lang	8 Maple Grove	1:02.07
6	Brianna Villanti	12 Rogers	1:02.73
7	Lamees Abid	8 Osseo	1:03.10
8	Hailey Steffensmeier	9 St. Michael-	1:03.22
9	Elizabeth Fields	10 Andover	1:03.35
10	Odell Kruah	10 Elk River	1:03.84
11	Allison Stacy	11 Maple Grove	1:04.14
12	Florence Leon	9 Rogers	1:05.26
13	Reegan Schmidt	7 Rogers	1:05.67
14	Alexis Hartle	10 Andover	1:05.68
15	Kailey Ruby	9 Elk River	1:07.66
16	Tessa Grecula	12 Andover	1:07.86
17	Logan Brent	11 Anoka	1:08.06
18	Erin Bescheinen	7 Elk River	1:08.20
19	Sydney Larson	10 Anoka	1:09.18
20	Layo Ogunleye	11 Champlin Par	1:09.23
20	Kewanna Yaffa	12 Osseo	1:09.23
22	Mia Prouty	10 Champlin Par	1:11.35
23	Madelyn Wilber	9 Coon Rapids	1:12.11
24	Kloe Porisch	9 Coon Rapids	1:13.22
25	Nala Taylor	9 Coon Rapids	1:13.97

Girls 800 Meter Run

Name	Yr	School	Finals
Finals			
1	Abigail Oakland	10 Maple Grove	2:24.32
2	April Watson	9 Maple Grove	2:24.83
3	Adelyn Hannon	8 St. Michael-	2:25.52
3	Abigail Steiner	12 Maple Grove	2:25.52
5	Rebecca Immer	12 St. Michael-	2:25.85
6	Greta Chmura	8 Rogers	2:26.87
7	Emma Windingland	12 St. Michael-	2:28.77
8	Abigail Namukwaya	11 Anoka	2:31.74
9	Brigid Keran	10 Champlin Par	2:32.58
10	Emily Hoyt	8 Rogers	2:35.68
11	Kieran Pederson	9 Rogers	2:37.26
12	Rachel Miller	12 Champlin Par	2:38.78
13	Hannah King	8 Elk River	2:39.00

Section 4AAA True Team

Elk River - 5/9/2023

Results - All

Finals ... (Girls 800 Meter Run)

Name	Yr	School	Finals
14	Amelia Horton	7 Elk River	2:39.20
15	Kendra McKay	10 Anoka	2:39.63
16	Maria Hoff	12 Osseo	2:39.80
17	Ava Kowalchyk	10 Andover	2:40.48
18	Lily Hoard	10 Elk River	2:42.75
19	Aubrey Kelly	7 Andover	2:44.75
20	Audrey McNeil	10 Osseo	2:45.76
21	Abigail Ostrander	10 Anoka	2:47.36
22	Kendall Martinek	10 Coon Rapids	2:48.63
23	Tessa Del Fratte	10 Coon Rapids	2:48.91
24	Kaylee Buerman	11 Coon Rapids	2:48.98
25	Anne Jendro	9 Andover	2:49.26
26	Two Champlin	Champlin Par	2:54.03
27	Claire Guidry	9 Osseo	3:01.37

Girls 1600 Meter Run

Name	Yr	School	Finals
1	Abigail Steiner	12 Maple Grove	5:11.16
2	Kaelyn Nelson	11 Anoka	5:11.51
3	Abigail Hibbs	10 Champlin Par	5:13.16
4	Rebecca Immer	12 St. Michael-	5:15.30
5	Julia Babineau	12 Andover	5:20.77
6	Makaela Malin	11 St. Michael-	5:27.04
7	Mya Nelson	9 Elk River	5:27.36
8	Jules Davis	11 Osseo	5:28.44
9	Elise Behr	10 Maple Grove	5:33.08
10	Keagan Burke	11 St. Michael-	5:34.87
11	Jasmine Spike	11 Anoka	5:36.80
12	Isabel Grant	8 Andover	5:37.89
13	Alexis Lindquist	8 Rogers	5:41.74
14	Taylor Bailey	8 Rogers	5:44.88
15	Hannah King	8 Elk River	5:45.78
16	Hailey Petersen	9 Maple Grove	5:51.12
17	Camille Friden	8 Osseo	5:51.42
18	Sara O'Dell	12 Andover	5:51.52
19	Stella Bone	9 Coon Rapids	5:52.73
20	Lily Hoard	10 Elk River	5:56.39
21	Kylie Aswegan	9 Champlin Par	5:57.96
22	Maria Hanauska	11 Rogers	6:04.26
23	Mackenzie Solberg	10 Anoka	6:08.95
24	Ella LaGree	9 Coon Rapids	6:20.06
25	Claire Guidry	9 Osseo	6:23.80
26	Sophia Grossman	9 Champlin Par	6:24.50
27	Emmy Fuller	8 Coon Rapids	6:28.54

Girls 3200 Meter Run

Name	Yr	School	Finals
1	Kaelyn Nelson	11 Anoka	11:19.25
2	Abigayle Vossen	8 St. Michael-	11:32.96
3	Julia Babineau	12 Andover	11:41.80
4	Mya Nelson	9 Elk River	11:42.82
5	Natalie Cocking	12 St. Michael-	11:44.89

6	Cara Back	8 Rogers	11:51.84
7	Jules Davis	11 Osseo	11:58.97
8	Alexis Lindquist	8 Rogers	12:17.97
9	Ruby Demmer	8 Coon Rapids	12:23.76
10	Kelsey Young	10 Maple Grove	12:24.36
11	Avery O'Rourke	12 St. Michael-	12:27.18
12	Jordyn Hirte	12 Andover	12:33.17
13	Camille Friden	8 Osseo	12:35.20
14	Lexy Beer	12 Champlin Par	12:35.44
15	Teresa Shah	11 Osseo	12:39.33
16	Sierra Krull	10 Maple Grove	12:42.45
17	Averi Schirmers	12 Elk River	12:43.92
18	Isabel Grant	8 Andover	12:54.63
19	Gabrielle Wahl	12 Champlin Par	13:00.90
20	Natalie Laurance	10 Maple Grove	13:01.80
21	Loralei Ibeling	9 Rogers	13:21.82
22	Ellie Grossman	11 Champlin Par	13:24.76
23	Kate Hennes	9 Anoka	13:32.63
24	Carissa Edman	12 Elk River	13:44.34
25	Sarah Redepenning	12 Anoka	14:00.46
26	Hannah Berndt	8 Coon Rapids	14:06.08
27	Casey Amelsberg	11 Coon Rapids	14:21.71

Girls 100 Meter Hurdles

Name	Yr	School	Finals
1	Emilynn Molesky	12 St. Michael-	16.24
2	Payton McKnight	9 Andover	16.75
3	Nyebol Jock	11 Coon Rapids	17.40
4	Juslene Chea	10 St. Michael-	17.59
5	Savanna Johnson	12 Elk River	17.60
6	Sylvia Gitamo	12 Anoka	17.70
7	Katherine Bearce	10 Maple Grove	17.80
7	Laya Robertson	9 Rogers	17.80
9	Breanna Benjamin	11 Park Center	17.97
10	Ella Johnson	12 Elk River	18.01
11	Sophia Bowers	9 Rogers	18.02
12	Claire Nelson	9 Park Center	18.04
13	Emily Koch	12 Rogers	18.23
14	Siena Maciej	12 Maple Grove	18.29
15	Araya Benson-Mitchell	11 Osseo	18.51
16	Linnea Noeldner	12 Osseo	18.67
17	Amanda Doe	12 Anoka	18.74
18	Cecilia Tregaskis	9 St. Michael-	18.77
19	Raegan Ellingson	9 Elk River	18.94
20	Sarah Mutamba	11 Andover	19.18
21	Aubrey Steel	9 Maple Grove	19.21
22	Hope Wells	10 Osseo	19.35
23	Namy Arrington	10 Coon Rapids	19.48
24	Ma-Bee Wuo	12 Champlin Par	19.59
25	Araeah McKenzie	8 Coon Rapids	19.66
26	Alexandra Nyenati	11 Andover	20.12
27	Haja Kamara	12 Champlin Par	20.25
28	One Anoka	Anoka	21.03
29	Makayla Shipman	10 Champlin Par	28.43
---	Maya Woods	10 Park Center	DQ

Section 4AAA True Team

Elk River - 5/9/2023

Results - All

Girls 300 Meter Hurdles

Name	Yr	School	Finals
Finals			
1	Hannah Kvant	12 St. Michael-	47.09
2	Laila Moses	8 Park Center	48.59
3	Katherine Bearce	10 Maple Grove	48.95
4	Emilynn Molesky	12 St. Michael-	49.12
5	Aubrey Steel	9 Maple Grove	49.57
6	Hope Wells	10 Osseo	49.82
7	Savanna Johnson	12 Elk River	49.86
8	Payton McKnight	9 Andover	50.09
9	Nyebol Jock	11 Coon Rapids	50.51
10	Angel Tahuite Vasquez	10 Osseo	51.35
11	Claire Nelson	9 Park Center	51.60
12	Emily Koch	12 Rogers	51.84
13	Jordan Langbehn	12 Elk River	52.12
14	Abigale Grant	9 Andover	52.42
15	Sophia Bowers	9 Rogers	52.60
16	Olivia Goddard	11 Anoka	52.69
17	Amanda Doe	12 Anoka	52.74
18	Shayna Fritschel	10 Champlin Par	53.09
19	Gwen Herbst	12 St. Michael-	53.24
20	Gabrielle Parker	12 Maple Grove	53.36
21	Araeah McKenzie	8 Coon Rapids	53.57
22	Laya Robertson	9 Rogers	53.97
23	Raegan Ellingson	9 Elk River	55.00
24	Araya Benson-Mitchell	11 Osseo	55.15
25	Piper Engelby	11 Andover	55.67
26	Namya Arrington	10 Coon Rapids	59.01
27	Favor Okonkwo	12 Champlin Par	59.25
28	Ma-Bee Wuo	12 Champlin Par	1:19.30
---	Sylvia Gitamo	12 Anoka	DQ

Girls 4x100 Meter Relay

Team	Relay	Finals
Finals		
1	Rogers	50.06
2	Champlin Park	50.33
3	Osseo	50.71
4	St. Michael-	50.97
5	Park Center	51.63
6	Anoka	51.75
7	Coon Rapids	51.84
8	Maple Grove	51.98
9	Elk River	53.74
10	Andover	54.40

Girls 4x200 Meter Relay

Team	Relay	Finals
Finals		
1	Champlin Park	1:46.52
2	St. Michael-	1:47.35
3	Elk River	1:47.65
4	Maple Grove	1:48.94
5	Rogers	1:49.34

6	Osseo	1:50.11
7	Andover	1:51.62
8	Coon Rapids	1:52.39
9	Anoka	1:56.03

Girls 4x400 Meter Relay

Team	Relay	Finals
Finals		
1	Maple Grove	4:10.33
2	St. Michael-	4:10.51
3	Rogers	4:15.39
4	Champlin Park	4:22.92
5	Andover	4:27.26
6	Elk River	4:28.99
7	Anoka	4:31.82
8	Osseo	4:36.68
9	Coon Rapids	4:37.65

Girls 4x800 Meter Relay

Team	Relay	Finals
Finals		
1	St. Michael-	9:48.22
2	Rogers	9:53.41
3	Maple Grove	9:53.63
4	Osseo	10:32.17
5	Elk River	10:33.69
6	Anoka	10:45.33
7	Coon Rapids	10:46.03
8	Andover	10:54.62
9	Champlin Park	11:10.71

Girls High Jump

Name	Yr	School	Finals
Finals			
1	Avah Shaw	9 Andover	5-00.00
2	Sophia Mahnke	11 Rogers	5-00.00
2	Ella Johnson	12 Elk River	5-00.00
4	Cail Jahnke	9 St. Michael-	5-00.00
5	Erika Imdieke	11 Maple Grove	5-00.00
6	Danielle Urey	12 Anoka	4-08.00
7	Brooke Engebretson	9 Elk River	4-08.00
8	Sylvia Gitamo	12 Anoka	4-08.00
8	Ella Maurer	11 Rogers	4-08.00
8	Araya Benson-Mitchell	11 Osseo	4-08.00
11	Arianna Strand	12 Anoka	4-08.00
11	Emma Frost	11 Andover	4-08.00
13	Ava Lee	11 Maple Grove	4-06.00
13	Allison Mauss	10 Rogers	4-06.00
13	Jessica Roth	11 St. Michael-	4-06.00
13	Lori Omollo	11 Elk River	4-06.00
13	Ali Dehnicke	9 Andover	4-06.00
18	Isabel Rankin	9 St. Michael-	4-06.00
19	Kendel Poppe-Boehm	12 Osseo	4-06.00
20	Olivia Osonowo	9 Champlin Par	4-04.00
20	Abigail Safack	10 Park Center	4-04.00
22	Sophia Olson	8 Osseo	4-04.00

Section 4AAA True Team

Elk River - 5/9/2023

Results - All

Finals ... (Girls High Jump)

Name	Yr	School	Finals
22 Akeria Barnes	10	Coon Rapids	4-04.00
24 Rian Giles	12	Champlin Par	4-04.00
25 Sara Stern	8	Maple Grove	4-02.00
26 Sophia Greiner	12	Coon Rapids	4-00.00
--- Diitek Kier	9	Coon Rapids	NH
--- Brigid Keran	10	Champlin Par	NH

Girls Pole Vault

Name	Yr	School	Finals
Finals			
1 Sofia Condon	12	Anoka	13-00.00
2 Maria Byrnes	11	Anoka	10-06.00
3 Ava Gross	11	Andover	10-00.00
4 Alyson Herfel	11	St. Michael-	9-00.00
4 Michelle Lukitsch	11	Coon Rapids	9-00.00
4 Ally Rekstad	10	Elk River	9-00.00
4 Jada Dahlheimer	11	St. Michael-	9-00.00
8 Macie Beall	11	Anoka	9-00.00
9 Sasha Kowalski	9	Maple Grove	8-06.00
10 Paige Herbst	10	St. Michael-	8-06.00
11 Lily Bruemmer	9	Osseo	7-06.00
12 Rachel Kalevik	12	Rogers	7-06.00
13 Whitney Kowalski	11	Maple Grove	7-00.00
13 Penelope Buffham	9	Andover	7-00.00
15 Mollie Voss-Goeb	9	Elk River	7-00.00
15 Ella Adler	12	Rogers	7-00.00
15 Sara Stern	8	Maple Grove	7-00.00
18 Abigail Egerstrom	10	Park Center	7-00.00
19 Tessa Grecula	12	Andover	7-00.00
19 Breanna Allen	9	Elk River	7-00.00
21 Elizabeth Denler	9	Champlin Par	6-06.00
21 Trinity Garcia	12	Osseo	6-06.00
21 Dana Gau	10	Champlin Par	6-06.00
24 Elizabeth Saucedo Palmer	10	Rogers	6-06.00
25 One Osseo		Osseo	6-00.00
26 Tessa Del Fratte	10	Coon Rapids	6-00.00
--- Savun Khamvan	10	Park Center	NH
--- Hailey Gau	12	Champlin Par	NH
--- Maria Marble	12	Park Center	NH
--- Kira Eklund	10	Coon Rapids	NH

Girls Long Jump

Name	Yr	School	Finals
Finals			
1 Mikayla de Souza	12	Coon Rapids	17-02.25
2 Brianna Villanti	12	Rogers	16-11.50
3 Avah Shaw	9	Andover	16-10.75
4 Gabriella Keefer	10	St. Michael-	16-09.50
5 Payton Young	9	Osseo	16-03.75
6 Juslene Chea	10	St. Michael-	16-03.50
7 Emma Kvant	9	St. Michael-	16-03.25
8 Shynika Chatman	10	Park Center	16-01.00
9 Keaira Walker	10	Rogers	16-00.75
10 Jayi Wilson	10	Champlin Par	16-00.50

11 Jaliyah Diggs	8	Park Center	15-11.75
12 Britta Demar	11	Elk River	15-11.00
13 Mario'ana Watson	9	Osseo	15-10.25
14 Arthurline Quaqua	12	Anoka	15-08.50
15 Gabrielle Parker	12	Maple Grove	15-07.75
16 Ali Dehnicke	9	Andover	15-06.50
17 Aubrey Steel	9	Maple Grove	15-06.25
18 Elizabeth Ikubese	10	Rogers	15-06.00
19 Kyra Nelson	12	Osseo	14-04.50
20 Ashley Ege	12	Elk River	14-03.25
21 Shayna Fritschel	10	Champlin Par	14-00.25
22 Shanyah Horton	9	Coon Rapids	13-09.50
23 Abigail Leaf	11	Anoka	13-07.00
24 Gabby Worloma	10	Elk River	13-05.75
25 Ava Kowalchuk	10	Andover	13-04.75
26 Emmanuela Gatera	10	Champlin Par	13-01.00
27 Eliana Maciej	12	Maple Grove	12-08.25
28 Arvina Smith	10	Anoka	12-05.25
29 Solange Barkon	9	Coon Rapids	9-04.00

Girls Triple Jump

Name	Yr	School	Finals
Finals			
1 Mario'ana Watson	9	Osseo	38-01.00
2 Gabriella Keefer	10	St. Michael-	36-10.00
3 Shiaflyn Cooper	8	Elk River	35-07.00
4 Payton Young	9	Osseo	35-05.00
5 Ava Lee	11	Maple Grove	35-00.00
6 Juslene Chea	10	St. Michael-	34-10.00
7 Keaira Walker	10	Rogers	34-01.00
8 Arthurline Quaqua	12	Anoka	33-09.00
9 Maya Woods	10	Park Center	33-05.00
10 Elizabeth Ikubese	10	Rogers	32-11.00
11 Aubrey Steel	9	Maple Grove	32-01.00
12 Britta Demar	11	Elk River	32-01.00
13 Mackenzie Rossum	9	Anoka	32-00.00
14 Shelby Fischer	9	St. Michael-	31-06.00
15 Sara Stern	8	Maple Grove	31-05.00
16 Emma Frost	11	Andover	31-01.00
17 Shanyah Horton	9	Coon Rapids	30-08.00
18 Raegan Ellingson	9	Elk River	30-07.00
19 Piper Engelby	11	Andover	30-03.00
20 Peyton Swenson	10	Anoka	29-11.00
21 Courtney Meyers	12	Rogers	29-09.00
22 Hope Wells	10	Osseo	29-09.00
23 Diana Orina	9	Coon Rapids	29-07.00
24 Keira Lukandwa	10	Champlin Par	29-03.00
25 Kaylee Smith	11	Coon Rapids	28-11.00
26 Brigid Keran	10	Champlin Par	28-03.00
27 Greta Feine	9	Andover	27-09.00
28 Haja Kamara	12	Champlin Par	25-10.00
--- Breanna Benjamin	11	Park Center	ND

Section 4AAA True Team

Elk River - 5/9/2023

Results - All

Girls Shot Put

Name	Yr	School	Finals
Finals			
1	Hannah Bruskiewicz	12 Rogers	41-05.00
2	Anya Schmidt	10 Rogers	39-02.50
3	Lydia Lakanen	11 Anoka	37-03.00
4	Andi Mehrer	12 Elk River	36-04.00
5	Nina Thomas	9 Osseo	36-03.00
6	Audrey Kormann	12 Maple Grove	35-11.25
7	Achsah Dawson	12 Maple Grove	35-05.00
8	Kendyl Dawson	8 Rogers	34-07.00
9	Lexi Kemmetmueller	12 St. Michael-	34-06.50
10	Aisha Sidibe	10 Champlin Par	34-05.00
11	Isabella Novak	10 Andover	34-00.00
12	Rebecca Pewu	10 Champlin Par	33-09.00
13	Jasmine Cummings	11 Andover	32-03.00
14	Audrey Kanu	11 St. Michael-	32-01.00
15	Deborah Ayeni	9 Anoka	31-05.50
16	Lena Sampy	11 Osseo	31-01.00
16	Madison Babbs	11 Andover	31-01.00
18	Makayla Shipman	10 Champlin Par	30-05.00
19	Grace Morphew	11 Anoka	30-00.00
20	Amadion Flores	11 Coon Rapids	29-09.75
21	Amelia Siewert	11 Maple Grove	29-07.00
22	Rachel Lin	12 Elk River	29-06.00
22	Armani Brewer-Meehan	9 Park Center	29-06.00
24	Dillon Mehrer	10 Elk River	29-03.00
25	Mamie Wallace-Hopkins	12 Coon Rapids	28-11.50
26	KAYLIE COX	11 St. Michael-	28-07.50
27	Adrian Hayden	11 Coon Rapids	26-07.00
28	Zainab Camara	10 Osseo	24-00.50
29	Bryalla Roseman	12 Park Center	22-01.25
30	Victoria Otunga	9 Park Center	21-09.00

Girls Discus Throw

Name	Yr	School	Finals
Finals			
1	Anya Schmidt	10 Rogers	135-01
2	Andi Mehrer	12 Elk River	134-00
3	Hannah Bruskiewicz	12 Rogers	113-09
4	Audrey Kormann	12 Maple Grove	107-01
5	Lydia Lakanen	11 Anoka	104-11
6	Rachel Lin	12 Elk River	100-11
7	Rebecca Pewu	10 Champlin Par	98-05
8	Lexi Kemmetmueller	12 St. Michael-	97-03
9	Madison Babbs	11 Andover	96-08
10	Lena Sampy	11 Osseo	96-04
11	Kayla Cook	10 Elk River	95-01
12	Isabella Novak	10 Andover	92-06
13	Nina Thomas	9 Osseo	91-11
14	Achsah Dawson	12 Maple Grove	91-04
15	Mackenzie Jones	10 Andover	90-01
16	Kaitlyn Schossler	12 Champlin Par	89-09
17	Krysti Achu-Chick	11 Rogers	88-01
18	Jessica Jensen	10 Anoka	83-06

19	Grace Morphew	11 Anoka	83-05
20	Chelsea Neba	11 St. Michael-	81-10
21	Soraya Ekoue	11 Coon Rapids	77-02
22	Bryalla Roseman	12 Park Center	72-00
23	Angelene Klitz	11 Maple Grove	71-01
24	Manuella Adokpo	10 Park Center	70-02
25	Adrian Hayden	11 Coon Rapids	69-00
26	Aisha Sidibe	10 Champlin Par	68-09
27	KAYLIE COX	11 St. Michael-	67-09
28	Armani Brewer-Meehan	9 Park Center	67-04
29	Olivia Tanem	11 Coon Rapids	65-06
30	Emma Peterson	10 Osseo	64-09

Boys 100 Meter Dash

Name	Yr	School	Finals
Finals			
1	Richlu Tudee	12 Champlin Par	11.02
2	Charles Rausch	12 Maple Grove	11.27
3	Matthew Beaudry	12 Elk River	11.28
4	Alvin Thomas	11 Champlin Par	11.38
5	Emmit Tutt	12 Champlin Par	11.43
6	Muhiz Bada	11 St. Michael-	11.43
7	KhiJohn Cummings	11 Coon Rapids	11.47
8	Maverick Kneefe	11 St. Michael-	11.47
9	Cameron Begalle	10 Andover	11.48
10	Praise Jibunor	12 Anoka	11.54
11	Ahmed Khadar	12 Osseo	11.55
12	Landon Habben	12 Anoka	11.62
13	Obe Eyafe	11 Andover	11.62
13	Anthony Powell	12 Rogers	11.62
15	Yaya Sibide	12 Coon Rapids	11.66
16	Levi Harris	9 Elk River	11.71
17	Levi Moore	12 Andover	11.80
18	Darioh Balisidya	12 Elk River	11.81
19	Reggie Davis	12 Coon Rapids	11.81
20	Trevis Tonan	11 Osseo	11.83
21	Isaiah Day	9 Park Center	11.88
22	Ahmed Bundu	12 Osseo	11.92
23	Amos Sieh	12 Park Center	11.96
24	Zachary Sidibe-welch	10 Anoka	11.98
25	Ben Midthun	10 Rogers	12.06
26	Anthony Colotti	10 St. Michael-	12.09
27	Tymon Groves	11 Park Center	12.10
28	Drake Wegscheid	9 Maple Grove	12.24
29	Samuel Jacobson	8 Maple Grove	12.26
30	Tyler Kiel	10 Rogers	12.60

Boys 200 Meter Dash

Name	Yr	School	Finals
Finals			
1	Richlu Tudee	12 Champlin Par	22.08
2	Alvin Thomas	11 Champlin Par	22.69
3	Ahmed Khadar	12 Osseo	22.73
4	KhiJohn Cummings	11 Coon Rapids	22.74
5	Lomax Wilson	12 Champlin Par	22.87
6	Thomas Radtke	11 Anoka	23.00

Section 4AAA True Team

Elk River - 5/9/2023

Results - All

Finals ... (Boys 200 Meter Dash)

Name	Yr	School	Finals
7 Landon Habben	12	Anoka	23.27
8 Charles Rausch	12	Maple Grove	23.32
9 Muhiz Bada	11	St. Michael-	23.41
10 Logan Luckas	12	Anoka	23.50
11 Reggie Davis	12	Coon Rapids	23.58
12 Obe Eyafe	11	Andover	23.58
13 Trevis Tonan	11	Osseo	23.61
14 Yaya Sibide	12	Coon Rapids	23.65
15 Richard Walker	12	Andover	23.68
16 Jacob Dinius	11	St. Michael-	23.83
17 Cade Osterman	12	Elk River	24.05
18 Charlie Hanson	10	Rogers	24.11
19 Samuel Audette	10	Andover	24.24
19 James Sornberger	11	St. Michael-	24.24
21 Ben Midthun	10	Rogers	24.27
22 Ahmed Bundu	12	Osseo	24.48
23 Amos Sieh	12	Park Center	24.55
24 Beck Cleaveland	9	Elk River	24.60
24 Hileme Missite	12	Maple Grove	24.60
26 Tyler Dube	11	Rogers	24.72
27 Gavin Schmidt	10	Elk River	24.82
28 Vincent Guadagno	11	Maple Grove	25.44
29 Capus Kalley	12	Park Center	26.09
30 Isaac Ondeyo	11	Park Center	26.18

Boys 400 Meter Dash

Name	Yr	School	Finals
1 Ahmed Khadar	12	Osseo	49.77
2 Alvin Thomas	11	Champlin Par	49.98
3 Emmitt Tutt	12	Champlin Par	50.65
4 Thomas Radtke	11	Anoka	50.98
5 Logan Harens	11	Maple Grove	51.07
6 Owen Westberg	10	Elk River	52.57
7 Alexander Artmann	12	Elk River	52.74
8 Tate Songstad	11	St. Michael-	52.80
9 Levi Harris	9	Elk River	52.83
10 Jerry Freeman	11	Coon Rapids	52.84
11 Harrison Dwinal	12	Champlin Par	52.90
12 Aaron Peterson	9	Anoka	53.00
13 Keynan Allee	9	Maple Grove	53.04
14 William Barthel	11	St. Michael-	53.25
15 Nolan Potvien	10	Andover	53.39
16 Chad Adler	11	Coon Rapids	54.29
17 Paul Aminga	12	Andover	54.60
18 Hudson Stone	11	St. Michael-	54.68
19 Wyatt Rothrum	10	Anoka	54.96
20 Carnell Robinson	10	Coon Rapids	55.25
21 Ty Swanson	11	Osseo	55.36
22 Bo Draheim	10	Maple Grove	55.95
23 Tyler Dube	11	Rogers	56.02
24 Easton Colby	11	Rogers	56.91
25 Jibrill Hall	9	Osseo	56.92
26 Ryan Fieck	11	Andover	56.97

27 Prince Axel-Assogba	7	Park Center	1:02.62
28 Jordan Oghumah	8	Park Center	1:03.41

Boys 800 Meter Run

Name	Yr	School	Finals
1 Oliver Retrum	10	Maple Grove	2:03.36
2 Danny Ness	12	Anoka	2:03.42
3 Tyler Kyes	12	Champlin Par	2:04.66
4 Sawyer Rueckert	11	Elk River	2:04.71
5 Earl Peter	11	Osseo	2:06.66
6 Anders Skarphol	12	Anoka	2:06.79
7 Kyan Burns	12	Anoka	2:06.92
8 Joshua Ringsmuth	12	Maple Grove	2:07.49
9 Peyton Martinek	12	Coon Rapids	2:07.85
10 Joshua Kieser	10	Maple Grove	2:09.13
11 Davin Dufner	10	St. Michael-	2:09.29
12 Ben Sanvik	9	Osseo	2:10.52
13 William Maher	10	Champlin Par	2:11.66
14 Sam Rueckert	11	Elk River	2:11.82
15 Carter Stevens	10	Andover	2:12.13
16 Conner Smith	11	St. Michael-	2:12.16
17 Jaxon Young	10	Coon Rapids	2:13.39
18 Duressa Yoseph	11	Andover	2:13.56
19 Ezra Severin	11	Champlin Par	2:13.65
20 Vossen Tyler	10	Coon Rapids	2:13.83
21 Owen Negaard	11	St. Michael-	2:14.45
22 Keiran Hollingshead	11	Osseo	2:14.88
23 Lukas Widmark	11	Andover	2:16.08
24 Jared Bunch	11	Rogers	2:16.77
25 Spencer Feyo	7	Rogers	2:19.49
26 Declan Ahern	8	Rogers	2:22.75
27 Nathaniel Johnson	9	Elk River	2:24.88
28 Samuel Elinger	7	Park Center	2:39.47
29 Seth Elinger	8	Park Center	2:42.58

Boys 1600 Meter Run

Name	Yr	School	Finals
1 Cade Sanvik	11	Osseo	4:23.20
2 Max Salas	10	St. Michael-	4:29.29
3 Gannon Farrens	10	Maple Grove	4:30.58
4 Aidan Gomes	11	Andover	4:32.45
5 Joshua Ringsmuth	12	Maple Grove	4:35.75
6 Quinlan Rundquist	10	Osseo	4:36.47
7 Charles Hibbs	11	Champlin Par	4:36.57
8 Ethan Wellman	12	Anoka	4:37.82
9 Sawyer Rueckert	11	Elk River	4:40.24
10 Peyton Martinek	12	Coon Rapids	4:43.24
11 Danny Ness	12	Anoka	4:45.11
12 John Downs	10	Andover	4:45.74
13 Earl Peter	11	Osseo	4:46.23
14 Cyrus Shrestha	8	Rogers	4:47.84
15 Dustin Larson	10	Anoka	4:51.05
16 Thomas Picconatto	9	Maple Grove	4:55.18
17 Carter Stevens	10	Andover	4:55.65

Section 4AAA True Team

Elk River - 5/9/2023

Results - All

Finals ... (Boys 1600 Meter Run)

Name	Yr	School	Finals
18 Sam Rueckert	11	Elk River	4:56.14
19 Benjamin Matzke	10	Champlin Par	4:56.52
20 William Negaard	11	St. Michael-	4:56.94
21 Marek Dalton	10	St. Michael-	5:01.09
22 Micah Kringen	8	Rogers	5:01.74
23 Cole Burnett	10	Coon Rapids	5:10.13
24 Akanimo Jones	12	Champlin Par	5:17.56
25 Max Bruers	7	Rogers	5:18.26
26 Marco Velasquez	10	Coon Rapids	5:21.19
27 Maxwell Hite	12	Elk River	5:31.35
28 David Krolnik	10	Park Center	5:39.41

Boys 3200 Meter Run

Name	Yr	School	Finals
1 Max Salas	10	St. Michael-	9:43.77
2 Aidan Gomes	11	Andover	9:44.19
3 Cade Sanvik	11	Osseo	9:47.22
4 Gannon Farrens	10	Maple Grove	10:09.46
5 Nathan Isaak	12	Maple Grove	10:19.16
6 Quinlan Rundquist	10	Osseo	10:19.64
7 John Downs	10	Andover	10:21.29
8 Jack Jendro	11	Andover	10:28.33
9 Colin Vaughn	12	Osseo	10:28.95
10 Austin Back	11	Rogers	10:41.56
11 Benjamin Femrite	10	Maple Grove	10:41.80
12 Samuel Gaines	9	Anoka	10:49.14
13 Justin Bauer	9	Coon Rapids	10:57.83
14 Owen James	10	Coon Rapids	10:58.18
15 William Negaard	11	St. Michael-	10:58.96
16 Caleb Osterberg	9	Champlin Par	11:04.55
17 Ethan Wellman	12	Anoka	11:06.17
18 Mitchell Hansen	12	Rogers	11:07.04
19 Owen VanDeRiet	12	St. Michael-	11:07.97
20 Blake Beaver	8	Park Center	11:17.15
21 Connor Dow	11	Anoka	11:19.40
22 Garrison Finke	11	Champlin Par	11:27.88
22 Blake Frazer	9	Champlin Par	11:27.88
24 Gavin Hanson	9	Elk River	11:29.76
25 Caleb Cullen	11	Coon Rapids	11:30.83
26 Will Campbell	11	Rogers	11:36.00
27 Tanner Martin	12	Elk River	11:40.92
28 Beck Cleaveland	9	Elk River	12:25.72

Boys 110 Meter Hurdles

Name	Yr	School	Finals
1 Jackson Smith	12	Coon Rapids	15.33
2 Afanna Ibekwe	10	Anoka	15.67
3 Linton McPherson	11	Osseo	15.72
4 Christopher Dean	12	Coon Rapids	15.73
5 Edward Fields	12	Andover	15.97
6 Darioh Balisidya	12	Elk River	16.30
7 Brecken Keoraj	10	Elk River	16.45

8 Calvin Kolleh	11	Rogers	16.47
9 Carl Anderson	11	Andover	16.60
10 Caleb Monseth	10	St. Michael-	16.66
11 Benjamin Cataldo	12	Maple Grove	16.72
12 Dan Powell	12	St. Michael-	16.78
13 Shae Wyszynski	11	Andover	16.93
14 Kyle Erickson	10	Champlin Par	17.02
15 Max Miley	10	Maple Grove	17.04
16 Trey Borchers	10	Anoka	17.09
17 Joe Kamara	12	Elk River	17.50
18 Mason Reitmeier	12	Maple Grove	17.78
19 Kendric Kissi	10	Osseo	18.77
20 Jarrett Moore	11	Coon Rapids	19.19
21 Morris Suah	12	St. Michael-	19.27
22 Chiwetaramonu Attama	11	Osseo	19.48
23 Deshaun Sturdivant	11	Champlin Par	19.83
24 Augustine Moran	9	Anoka	20.12
25 Nikabu Bagana	11	Champlin Par	21.59
--- Luke Bowe	11	Rogers	DQ

Boys 300 Meter Hurdles

Name	Yr	School	Finals
1 Jackson Smith	12	Coon Rapids	40.66
2 Christopher Dean	12	Coon Rapids	41.24
3 Linton McPherson	11	Osseo	41.45
4 Morris Suah	12	St. Michael-	41.77
5 Calvin Kolleh	11	Rogers	41.88
6 Edward Fields	12	Andover	42.42
7 Shae Wyszynski	11	Andover	42.51
8 Trey Borchers	10	Anoka	42.71
9 Max Miley	10	Maple Grove	43.23
10 Jacob Sterk	11	St. Michael-	43.24
11 Afanna Ibekwe	10	Anoka	43.57
12 Brecken Keoraj	10	Elk River	43.59
13 Charlie Hanson	10	Rogers	44.01
14 Chiwetaramonu Attama	11	Osseo	44.14
15 Dan Powell	12	St. Michael-	44.27
16 Ben Hickman	10	Elk River	44.36
17 Jarrett Moore	11	Coon Rapids	44.41
18 Aiden Rashid	12	Osseo	44.69
19 Thenic Yantambwe	11	Champlin Par	44.85
20 Benjamin Cataldo	12	Maple Grove	44.88
21 Darioh Balisidya	12	Elk River	45.18
22 Mason Reitmeier	12	Maple Grove	45.44
23 Mohammed Dukuly	12	Champlin Par	45.73
24 Augustine Moran	9	Anoka	46.43
25 Carl Anderson	11	Andover	46.64
26 Kyle Erickson	10	Champlin Par	47.00
27 Noah Strouth	9	Rogers	47.06

Boys 4x100 Meter Relay

Team	Relay	Finals
1 Champlin Park		42.67
2 Coon Rapids		43.53

Section 4AAA True Team

Elk River - 5/9/2023

Results - All

Finals ... (Boys 4x100 Meter Relay)		
Team	Relay	Finals
3	Elk River	43.96
4	Andover	44.30
5	Osseo	46.00
6	Park Center	46.02
7	Rogers	46.16
---	Anoka	DQ
---	St. Michael-	DQ

Boys 4x200 Meter Relay		
Team	Relay	Finals
Finals		
1	Coon Rapids	1:32.14
2	Andover	1:32.40
3	St. Michael-	1:32.50
4	Champlin Park	1:32.54
5	Anoka	1:33.53
6	Rogers	1:35.42
7	Maple Grove	1:35.55
8	Elk River	1:36.22
9	Osseo	1:38.46
10	Park Center	1:43.05

Boys 4x400 Meter Relay		
Team	Relay	Finals
Finals		
1	Anoka	3:30.02
2	Elk River	3:34.00
3	Coon Rapids	3:34.73
4	St. Michael-	3:36.54
5	Andover	3:36.62
6	Maple Grove	3:36.80
7	Champlin Park	3:39.26
8	Osseo	3:49.37
9	Rogers	3:53.77

Boys 4x800 Meter Relay		
Team	Relay	Finals
Finals		
1	Anoka	8:21.07
2	Champlin Park	8:21.97
3	Maple Grove	8:38.99
4	Andover	8:47.23
5	St. Michael-	8:48.58
6	Osseo	8:53.25
7	Rogers	8:55.52
8	Coon Rapids	9:12.20
9	Elk River	9:31.27

Boys High Jump			
Name	Yr	School	Finals
Finals			
1	Jackson Smith	12 Coon Rapids	6-04.00
2	Praise Jibunor	12 Anoka	6-04.00
3	Isaiah Salami	9 Anoka	6-02.00

4	Yube Badio	12 Elk River	6-02.00
5	Melvin Tarquio	12 Maple Grove	6-00.00
6	Sawyer Nelson	12 Osseo	6-00.00
7	Cinque Turner	12 Maple Grove	5-10.00
8	Christopher Dean	12 Coon Rapids	5-10.00
8	Morris Suah	12 St. Michael-	5-10.00
10	Levi Moore	12 Andover	5-10.00
11	Parker Klein	9 Elk River	5-08.00
12	Rupel Marshall	12 Maple Grove	5-08.00
13	Sean Sullivan	12 Coon Rapids	5-08.00
14	Jack Casassa	12 Andover	5-08.00
15	Logan Luckas	12 Anoka	5-06.00
16	Zavaan Powell	9 Champlin Par	5-06.00
16	Caleb Pederson	12 Elk River	5-06.00
16	Caden Johnson	11 St. Michael-	5-06.00
19	Shandon Anderson	11 Osseo	5-06.00
20	Charlie Hanson	10 Rogers	5-06.00
21	Maurice Counce	11 Andover	5-06.00
21	Jacob Bodin	12 Osseo	5-06.00
23	Dylan Salzsieder	9 St. Michael-	5-04.00
24	Zarek Khokhar	10 Champlin Par	5-04.00
25	Tyler Dube	11 Rogers	5-02.00
26	Jaden Christensen	11 Rogers	5-00.00
26	Nikabu Bagana	11 Champlin Par	5-00.00

Boys Pole Vault			
Name	Yr	School	Finals
Finals			
1	Joshua Graske	12 Anoka	14-00.00
2	Calvin Takkunen	12 Anoka	13-06.00
3	Henry White	10 Maple Grove	13-00.00
4	Jackson Froslee	10 Andover	12-06.00
5	Matthew Katkov	11 Elk River	12-00.00
6	Logan Barker	11 Coon Rapids	11-00.00
7	Nathan Haglund	10 Andover	11-00.00
8	Ruben Fernandez	11 Anoka	11-00.00
9	Matthew Sweet	11 Andover	10-06.00
9	Devin Helling	12 Rogers	10-06.00
11	Hudson Stone	11 St. Michael-	10-00.00
12	Zachary Mayo	11 Champlin Par	10-00.00
13	Henry Bergstrom	10 Elk River	9-06.00
14	Tyson Mosher	10 St. Michael-	9-06.00
15	Colin Vaughn	12 Osseo	9-06.00
16	Raleigh Rundquist	9 Osseo	9-06.00
17	Samuel Stokes	Rogers	9-00.00
18	Akanimo Jones	12 Champlin Par	9-00.00
19	Gavin Nelson	9 Maple Grove	8-06.00
19	Harrison Brandt	11 Elk River	8-06.00
21	Sean Sullivan	12 Coon Rapids	8-06.00
22	Marek Dalton	10 St. Michael-	8-06.00
23	Matthew Trzynka	11 Osseo	8-00.00
24	Mason Lund	Rogers	8-00.00
---	Edward Tabla	12 Coon Rapids	NH
---	Pranav Gupta	12 Maple Grove	NH

Section 4AAA True Team

Elk River - 5/9/2023

Results - All

Boys Long Jump

Name	Yr	School	Finals
Finals			
1	Emmit Tutt	12 Champlin Par	22-00.00
2	Praise Jibunor	12 Anoka	21-07.25
3	Matthew Beaudry	12 Elk River	21-03.75
4	Maverick Kneefe	11 St. Michael-	20-09.00
5	Shae Wyszynski	11 Andover	20-05.50
6	Aloysius Nyapan	11 Coon Rapids	20-04.50
7	Levi Moore	12 Andover	20-03.25
8	Thenic Yantambwe	11 Champlin Par	20-03.00
9	Keynan Allee	9 Maple Grove	20-01.25
10	Logan Luckas	12 Anoka	19-09.75
11	Caden Johnson	11 St. Michael-	19-09.50
12	Sawyer Nelson	12 Osseo	19-09.50
13	Adrian Onyiego	11 Rogers	19-08.00
14	Cade Osterman	12 Elk River	19-06.25
15	Maurice Counce	11 Andover	19-05.75
16	Sean Sullivan	12 Coon Rapids	19-05.25
17	Isaiah Salami	9 Anoka	19-04.50
18	Ben Midthun	10 Rogers	19-03.25
19	Yube Badio	12 Elk River	19-01.50
20	Anthony Powell	12 Rogers	18-08.00
21	Parker Ardakani	12 Maple Grove	18-06.50
22	Brayden Waldren	10 Coon Rapids	18-04.50
23	Gavin Steel	12 Maple Grove	18-03.00
24	Zavaan Powell	9 Champlin Par	17-11.00
25	Shawn Lakeman	11 Osseo	17-09.00
26	Joshua Nystrom	12 Osseo	17-08.00
27	Oneboy Park Center	Park Center	17-03.50
28	Kenneth Langat	12 Park Center	15-08.50
---	Jarod Timlin	11 St. Michael-	ND

Boys Triple Jump

Name	Yr	School	Finals
Finals			
1	Matthew Beaudry	12 Elk River	44-01.00
2	Sawyer Nelson	12 Osseo	44-00.00
3	Isaiah Salami	9 Anoka	42-10.00
4	Edward Tabla	12 Coon Rapids	41-06.00
5	Lance Quiah	10 Osseo	41-06.00
6	Jarod Timlin	11 St. Michael-	40-10.00
7	Parker Ardakani	12 Maple Grove	40-08.00
8	Jacob Dinius	11 St. Michael-	40-04.00
9	Elijah Tabla	12 Coon Rapids	40-00.00
10	Maverick Kneefe	11 St. Michael-	39-09.00
11	Cade Osterman	12 Elk River	39-08.00
12	Khan Mangok	12 Champlin Par	39-04.00
13	Gavin Steel	12 Maple Grove	39-02.00
14	Kevin Tran	11 Maple Grove	39-01.00
15	Caleb Prosper	11 Anoka	39-00.00
16	Shae Wyszynski	11 Andover	38-01.00
17	Nathan Haglund	10 Andover	37-04.00
18	Yube Badio	12 Elk River	37-04.00
19	Alec Sullivan	12 Coon Rapids	37-02.00

20	Afanna Ibekwe	10 Anoka	37-00.00
21	Zarek Khokhar	10 Champlin Par	36-10.00
22	Austin Back	11 Rogers	36-03.00
23	Alex Euphosin	11 Rogers	35-07.00
24	Marcus Larson	9 Andover	34-10.00
25	Kenneth Langat	12 Park Center	34-03.00
26	Jaden Freeman	10 Osseo	34-01.00
27	Jack Ellingson	12 Rogers	28-05.00

Boys Shot Put

Name	Yr	School	Finals
Finals			
1	Ethan Hogan	12 Elk River	50-02.75
2	Harry Massey	12 Champlin Par	49-00.50
3	Ryan Steinhilber	12 Anoka	48-01.50
4	Alexander Wimmer	11 Anoka	48-00.75
5	Sam Dennis	11 Coon Rapids	46-05.50
6	Jalen Graham	11 Champlin Par	45-07.50
7	Ben Bremer	12 Champlin Par	45-06.75
8	Griffin Thom	12 Coon Rapids	44-08.25
9	Bailey Taylor	11 Andover	44-02.50
10	Alexander Froslee	12 Andover	43-04.00
11	Wyatt Bell	11 Rogers	41-06.75
12	Andrew Dotzenrod	12 Maple Grove	40-11.00
13	Anthony Powell	12 Rogers	40-10.25
14	Mason Zimmer	10 St. Michael-	40-06.00
15	Jack Diehl	11 Anoka	40-05.75
16	Frankie Montano	11 Rogers	40-02.25
17	Hunter Wiitanen	11 Coon Rapids	39-08.00
18	Jace Green	12 Andover	39-06.50
19	Taylor Grant	12 Osseo	39-04.00
20	Landon Albeck	10 Maple Grove	38-09.00
21	Ishaza Mugabi	11 Osseo	38-06.50
22	Luke Sipple	11 St. Michael-	38-00.50
23	Simon Bicek	9 Elk River	37-07.50
24	Shandon Anderson	11 Osseo	37-07.00
25	Alexander Jensen	9 Elk River	37-06.25
26	Christian Lundstrom	10 St. Michael-	36-09.25
27	Carson Lund	10 Maple Grove	36-05.25
28	Great Ndego	11 Park Center	35-10.00
29	Reginald Kamara	10 Park Center	28-03.00
---	Peter Okafor	10 Park Center	ND

Boys Discus Throw

Name	Yr	School	Finals
Finals			
1	Sean Erickson	12 Champlin Par	156-05
2	Taylor Grant	12 Osseo	133-11
3	Wyatt Bell	11 Rogers	131-04
4	Ben Bremer	12 Champlin Par	128-10
5	Ethan Hogan	12 Elk River	128-00
6	Hayden Skillings	10 Coon Rapids	128-00
7	Simon Bicek	9 Elk River	126-06
8	Blake Halleckson	12 Andover	122-10
9	Mason Zimmer	10 St. Michael-	121-05
10	Wyatt Gilmore	11 Rogers	120-07

Section 4AAA True Team**Elk River - 5/9/2023****Results - All****Finals ... (Boys Discus Throw)**

	Name	Yr	School	Finals
11	Andrew Dotzenrod	12	Maple Grove	118-00
12	Jalen Graham	11	Champlin Par	117-09
13	Jacoby Peterson	10	Coon Rapids	117-00
14	Jack Diehl	11	Anoka	114-05
15	Sam Dennis	11	Coon Rapids	114-03
16	Alexander Froslee	12	Andover	113-11
17	Bailey Taylor	11	Andover	110-07
18	Alexander Jensen	9	Elk River	110-07
19	Alexander Wimmer	11	Anoka	108-07
20	Matthew Steffl	11	St. Michael-	105-05
21	Connor VanderHeyden	10	Rogers	103-10
22	Peter Okafor	10	Park Center	100-00
23	Pete Gandah	11	Anoka	98-11
24	Zachery Clark-Garber	12	Maple Grove	97-09
25	Blake Underwood	10	St. Michael-	97-06
26	Ismael Tamba	12	Maple Grove	96-03
27	Kena Tilahun	12	Osseo	94-11
28	Ishaza Mugabi	11	Osseo	84-09
29	Quentin Moore	12	Park Center	77-07
30	Hayu Abdulmalik	12	Park Center	70-02

Women - Team Rankings - 18 Events Scored

1)	St. Michael-Albertville	1062.5
2)	Rogers	981.5
3)	Maple Grove	946.5
4)	Elk River	831
5)	Andover	726
6)	Anoka	697.5
7)	Osseo	692.5
8)	Champlin Park	622.5
9)	Coon Rapids	468
10)	Park Center	286

Men - Team Rankings - 20 Events Scored

1)	Anoka	942
2)	Coon Rapids	883.5
3)	Andover	875
4)	Champlin Park	854.5
5)	Elk River	793
6)	St. Michael-Albertville	782
7)	Maple Grove	768
8)	Osseo	754.5
9)	Rogers	526.5
10)	Park Center	113