



Skills Training

Throughout the year, there is various opportunities for players to receive soccer skills/drills training. The club currently offers the following:

1. **Regular Team Practices:** LS Croatia S.C. teams practice 2-3x per week, depending on game schedules, team age groups and season. Practices are normally one hour in length during the winter and 1 ½ hours during the summer. In the winter, teams train at least one day on indoor turf at the BMO Centre and one day in a local school gym. In the gym, teams have the opportunity to train with futsal balls and programming. Coach Isa (TD) assists coaches from all teams to develop training session plans based on the club's Technical Plan and LTDP aligned with Canada Soccer.
2. **Goalie Training:** At no cost for goalies who are part of LS Croatia S.C teams. Goalies belonging to other teams or organizations pay a fee. Goalie training is offered throughout the winter season (one time per week) at the BMO Centre in London, Ontario and once a week in the summer on our practice fields.
3. **Winter Skills and Drills Training:** LS Croatia S.C. offers winter training two times per week for players who would like to continue to build on technical skills and who are not playing in the EMDSL indoor league.
4. **Beach Soccer:** This summer (2019), LS Croatia S.C. players will have an opportunity to join Coach Isa (TD) at beach soccer training on Sundays for the months of July and August. This is not mandatory for all players. Those who are interested will register and train with players from various teams.
5. **CAMP: ACTION PLAN:** LS Croatia S.C. is working to set up a youth training camp in London, Ontario with Dinamo Zagreb –Croatian Association Football Club. Initial contact with the organization has been made, planning for the camp has not commenced yet. The goal is to organize the camp for the Winter 2019-2020 season or in the Summer 2020 season.