

K-2 8U Program: Spring Season (2020) Begins First Weekend in April, 4-6 total sessions



The K-2 lacrosse program will consist of a spring mini season. Each of the practices will introduce fundamentals play in a clinic setting. The level of play will be focused on having fun, building teamwork and lacrosse skills. There will be between 4 and 6 total practice dates (with optional dates during Spring Break). Final schedule TBD in February.

Equipment:

All players are required to have a lacrosse stick, "junior" type sticks are great, like the Brine and Warrior junior sticks. Please contact the registrar (registrar@shorelinelacrosse.org) for specific recommendations. We will use soft style lacrosse balls this clinic. Full lacrosse equipment is not required! Players are welcome to bring equipment if they have it, and we will evaluate and help fit the equipment, however during instruction it won't be worn. Soccer cleats or sneakers with rough tread is best for running around on turf. Players should bring a water bottle.

Uniforms:

Although no uniform is required, players learn best when dressed with layers and prepared for the weather. Shoreline Lacrosse will provide practice pinnies for players to use for program clinics.

Practices & Games:

All practices will be posted and kept up to date at <https://shorelinelacrosse.org> and via the SportsEngine phone App. Generally, the clinics will happen on Weekend days in the morning or early afternoon. Locations include the Shoreline A/B Soccer fields, grass field parks and Shorecrest HS. We will try to schedule a few of the practices after the older boys and girls teams play.