

# **TOBACCO-FREE & VAPING-FREE POLICY**

## Tobacco-Free & Vaping-Free Policy A

#### COMMITMENT

We recognize that there is ample research demonstrating the health hazards caused by the use of tobacco and vaping products, including smoking, smokeless tobacco and breathing second-hand smoke, and understand our responsibility to the participants of our program to model and promote tobacco-free and vaping-free lifestyles.

We stress to leaders, teachers, coaches, officials, parents, spectators and all others involved, the importance of maintaining a tobacco-free/vaping-free environment while working with young people.

#### **POLICY**

All games, activities, tournaments, competitions, sponsored events, and other performances sanctioned by our organization will be tobacco-free and vaping-free. Tobacco-free/Vaping-free means no smoking, vaping, snuffing, dipping or chewing tobacco by players/participants, coaches/leaders, parents, spectators and officials.

We will promote the tobacco-free/vaping-free policy at all our activities by:

- Having coaches/leaders explain the policy to players/members and ask them to explain the policy to their parents and others who may come to their game/activity/performance.
- Including the policy in the first schedules/notices about the sport or recreation group so all, new and returning participants, their parents/guardians, coaches/leaders and officials/managers know about the policy from the start.
- Making the policy visible throughout the year/season using various messages, including logos on uniforms, banners at Events and encouraging coaches and older players/members to promote active, healthy, tobacco-free/vaping-free lifestyles.

We will reinforce the tobacco-free/vaping-free policy at all our activities by:

- Encouraging all coaches/leaders, players/members and parents to respectfully remind someone using tobacco or vaping products about the tobacco-free/vaping-free policy being able to point to a tobacco-free/vaping-free logo on a uniform or banner makes this easier.
- Consistently applying consequences with people who repeatedly break the policy repeated violations by players/members or their parent/guardian may result in a verbal and written warning from the coach/leader, or the association executive in the case of a repeat coach/leader violation. Following a written warning the individual violating the policy again may be asked to leave the activity or game.

## Tobacco-Free/Vaping-Free Policy B

#### **BACKGROUND AND RATIONALE**

The Kleinburg Nobleton Soccer Club is committed to providing a healthy environment for participants, volunteers and spectators involved with our organization. We recognize that there is significant evidence demonstrating the negative health impacts of tobacco industry and vaping industry products use and exposure (including second-hand smoke from the use of tobacco indoors and exposure to drifting smoke outdoors) and that no level of tobacco or vaping exposure is safe. We also recognize that children and youth gain positive images of being tobacco-free/vaping-free when they see role models, leaders and individuals modeling and respecting tobacco-free/vaping-free living. A tobacco-free/vaping-free environment is important to keep youth from trying, and using, tobacco and vaping industry products.

#### COMMITMENT

We believe that Soccer is a sport that promotes physical activity and healthy living and is not compatible with tobacco and vaping industry product use. Tobacco and vaping industry products use in all its forms is considered the single most preventable cause of premature death and disease in Canada. Our organization has a responsibility to provide a healthy environment for all those involved in our sport, and to model positive health behaviour with regard to tobacco and vaping use.

#### **POLICY**

Activities including but not limited to games, tournaments, competitions, practices, training sessions, events and other performances sanctioned by our organization will be tobacco-free/vaping-free. The use of all tobacco or vaping industry products by players, volunteers, officials, coaches, leaders and spectators is prohibited during any organization- sanctioned events. Our organization will not accept funding from the tobacco or vaping industries.

#### **DEFINITIONS**

Tobacco-free/vaping-free means no smoking, vaping, snuffing, dipping or chewing tobacco or vaping industry products by players/participants, coaches/leaders, parents, spectators and officials within 9 metres (30 ft.) radius of any Kleinburg Nobleton Soccer Club activity.

Tobacco and vaping industry products include any form of lit or unlit cigarettes, cigarillos, cigar, pipe, bidi, hookah, clove cigarette or spit (smokeless) tobacco and vaping products including the use of electronic nicotine delivery systems or electronic smoking devices. These are commonly called ecigarettes, e-pipes, e-hookahs and e-cigars.

### SCOPE AND LOCATION

The Kleinburg Nobleton Soccer Club tobacco-free/vaping-free policy will apply to all activities including but not limited to, games, tournaments, competitions, practices, training sessions, events (e.g., fundraising, meetings, press conferences, etc.) and other performances sanctioned by our organization. Locations for each of the activities may vary, however our policy will apply to all locations while the Kleinburg Nobleton Soccer Club sanctioned event is ongoing.