

2025-2026 BALLSTON SPA YOUTH WRESTLING CLUB

Club Cost: \$100.00 includes T-shirt

Practice Location: Ballston Spa High School AUX Gym

Registration is open from 10/01 to 11/30 at www.nyway.org.

Click on Ballston Spa logo on the homepage to be directed to club registration.

Season will start on December 2nd, ends March 28th, 2026

Practices will be held every Tuesday & Thursday

Grade K-3rd from 5:30-6:30 pm

Grade 4-6th from 6:30-8:00 pm

For more information, contact:

Robert Knox at robertknox10@gmail.com or 518-878-9481



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