



# OMGHA 2025–26 Recreation Hockey



## FAQ

### Who is the Recreation Program for?

The OMGHA Rec Hockey Program is intended to meet the needs of Squirt/U10 and Peewee/U12 players who want to play hockey but do not have the time or energy to participate in travel hockey. This co-ed program is also for kids who are just starting out in hockey and want to see what all the fun is about.

### How long will the season be?

The Rec season will run from December 2025 through March 2026. In December, players will participate in a series of OMGHA-run pre-season on-ice practices. In January the OMGHA teams will join the Minnesota Hockey Recreation League. From January – March, players will have one practice and one game per week for ten weeks (ten games and ten practices), concluding with a Festival Game at the end of March.

### What is the Cost?

The cost will be approximately \$550 depending on your skater's age. USA and MN Hockey registration fee \$79-\$99, OMGHA December activities fee \$100, Minnesota Hockey Recreation League fee \$360-400. Do not let the costs deter you as both OMGHA and the MN Rec League offer **scholarships!**

### When can I register?

**Registration is open now** and will close on November 1st and consist of registering with OMGHA for the December activities and Minnesota Hockey for the MH Recreation League.

**Register today at**  
[www.omgha.com/recleague](http://www.omgha.com/recleague)

### Where will the games be played?

The 5 league home games will be played at OMGHA Arenas. The five league away games will be played at arenas around the Twin Cities.

### How many teams will OMGHA have?

As many teams as we need! Last year we were able to form one U10 and one U12 team.

### Can I play in the OMGHA Rec Program even if I do not go to an OMGHA-zoned school?

Yes! Anyone can join our OMGHA Rec Program regardless of which association you are zoned to play for.

### Where can I find more information about the Minnesota Hockey Rec League?

Minnesota Hockey website at  
<https://www.minnesotahockey.org/recleague>

### How many teams are in the league?

It depends, but usually between 6-10 teams per age group.

### If I play in the OMGHA Recreation program for 2025-26 season, can I play on a Travel team next season?

Yes, absolutely. In fact, we see players transition from Rec to Travel every year!

### Will OMGHA Recreation player families be required to do volunteer (DIBS) hours?

No volunteer hours required!

### Who should I contact if I have a question?

Matt Doucette, Rec Director [rec@omgha.com](mailto:rec@omgha.com)