

Eclipse Club Return to Play Implementation Plan

INTRODUCTION:

These guidelines have been formulated based on directives and mandates from our governing bodies (USYS and AYSA) as well as State of Alaska and Fairbanks Northstar Borough policies/directives. The information in this document is NOT intended or implied to be a substitute for professional medical advice, diagnosis, or treatment. All content is provided for general informational purposes only. Keep in mind that the knowledge and circumstances around COVID-19 are changing constantly and, as such, US Youth Soccer, Alaska Youth Soccer, and Eclipse Soccer Club make no representation and assume no responsibility for the completeness of this information. Further, you should seek advice from medical professionals and/or public health officials if you have specific questions. These guidelines address only early phases of return-to-play and additional guidelines may, or may not, follow as the COVID-19 pandemic continues to evolve in Alaska and throughout the rest of the world.

Although the young and healthy may be subject to less severe cases of COVID-19, every case of this disease is potentially life-altering or deadly, particularly in those with risk factors that may occur within our community. Health consequences may be long-standing and only apparent weeks after initial infection and recovery. Eclipse members should be aware that until COVID-19 is either eradicated, a vaccine is developed, or a cure is found, there is no way of completely eliminating the risk of infection. Therefore, by participating in any organized soccer programs, including but not limited to Eclipse Soccer Club training and games, our players and our families are at risk no matter how careful and vigilant we all are.

Eclipse Soccer Club and Alaska Youth Soccer's highest priority is to ensure we provide a healthy and safe environment for activity within our soccer programs. Eclipse and AYSA will refrain from making any decision without first considering all information available from our national governing bodies along with the Federal, State and Local guidelines and requirements.

Reminder the Return to Play (RTP) implementation plan Eclipse is putting forward is designed to adhere to State gathering restrictions by reducing the total number of participants in activities to no more than the number allowed by the State. As per AYSA, due to the physical activity in sports, social distancing is increased to ten (10) feet rather than six (6) and total numbers of people at a facility is limited to 50.

Phase II “Individual and small group training” MAY 17

WHAT CAN YOU EXPECT FROM ECLIPSE CLUB AT PHASE II TRAININGS?

Coaches will be leading small groups of players in individual and small group training. Some of these activities will look similar to past exercises and others may seem different or constrained. During this phase strict social distancing will be maintained at at least 10 feet and activities that involve potential contact will be minimized or avoided. **Phase II is beginning May 17.** The following protocols and policies comprise **Phase II:**

- The Eclipse Soccer Club Acknowledges and supports decisions to “Not Return to Play” among youth, parents, and coaches who are uncomfortable participating for any reason.
- The Eclipse Club will endeavor to train and educate all staff and volunteers to protocols and requirements, including state and local regulations, CDC recommendations and other necessary information provided in this plan.
- Group training sessions will only take place outside and only in areas where social distancing can be maintained.
- Coaches will ask each athlete prior to the start of activity if they are experiencing any signs or symptoms of COVID-19 and if so they will be sent home and instructed to contact their healthcare provider as soon as possible. *[Symptoms of COVID-19 can include fever or feverishness, cough, shortness of breath or difficulty breathing, chills or shaking chills, muscle pain, headache, sore throat, and new loss of taste or smell]*
- Coaches and/or a designated volunteer will disinfect all training equipment utilized with disinfectant wipes or solution before, during, and after each training session. This sanitizing will be done in such a way to ensure appropriate infection prevention. Only coaches will handle equipment.
- Facilities Eclipse use will have porta-potties with sanitizer dispensers in place (FNSB & FYSA)
- Individual Teams will provide a sanitation station at each session where players can access hand sanitizer, disinfectant wipes, facial tissues, and facial coverings. Facial coverings will be available for any coach or volunteer who has contact with players and who does not have one.
- Facial coverings will be recommended for players and will be strongly recommended for coaches especially on entry and exit from the facilities.
- The Club will endeavor to ensure that training sessions begin and end times will not overlap if such overlaps would cause numbers to be too large for regulations (IE we will attempt to ensure breaks between team trainings)and the Club will avoid scheduling any combined training sessions in group sizes that exceed 50 persons (coaches, players, and volunteers).
- NO scrimmages, league games or tournaments will be played during this Phase.

WHAT WE EXPECT FROM PLAYERS?

Players Must Acknowledge and Agree to the following Guidelines:

- Players will use their own soccer ball.
- Players will set apart their bag from others.
- Players will only use their own equipment.
- Players will never share water bottles or snacks.
- Players will not do group celebrations. NO high 5's, hugs, handshakes.
- Players will use hand sanitizer before, during and after training; a cloth mask is encouraged.
- Players will ALWAYS practice social distancing (10 feet separation).
- Players will wear cloth masks before and immediately after all training or activity.
- Players may not assist with equipment set up or breakdown.
- Players and Families will limit carpooling to only members of the same household.
- Players will wash and sanitize Personal Gear and equipment before each training or activity.
- If players are sick or feel sick, or are an at-risk individual they agree to STAY HOME!

WHAT WE EXPECT FROM PARENT/GUARDIANS?

- **Health Status Agreement (Release of Liability and Assumption of Risk Agreement) must be signed by the Parent/ Guardian prior to participation.**

[the above form must be downloaded, signed and emailed to the manager of team cc: registrar]

- Parents Must Acknowledge and Agree to Guidelines--All Adults, youth and their families must be aware and agree that they MAY NOT attend sanctioned program activity if either they or a household member has had onset of illness with symptoms compatible with suspected or lab-confirmed COVID-19 in the prior 14 days or are within 72 hours of exhibiting significant symptoms or a fever and/ or recovering from a case of COVID-19, are less than 14 days from onset or less than 72 hours since the end of significant symptoms or fever.
- Parents will ensure that their Players have lived in our community for the past 14 days prior to beginning group training.
- Parents will notify the club immediately if their child becomes ill for any reason.
- Parents Agree to limit carpooling to only members of the same family.
- Parents Agree to Assist players in washing and sanitizing all personal gear and equipment before each training or activity.
- Parents Agree that if they or their child are sick or feel sick, or an at-risk individual they will please STAY HOME!

WHAT MUST BE DONE BEFORE PLAYERS CAN TRAIN WITH TEAM

- Players must be registered with the club (IE Summer Fee Registration) with all current contact info (so contact tracing is possible).
- Parent/Guardian must sign Health Status Agreement and Liability waiver and this must be emailed to the manager and documented by the manager.
- Parents and players must have read and initiated the Phase II training expectations document and this must be documented by the manager.

Club Action Plans; The following Action Plans are available to membership as addendums to this Return-to-Play Implementation Plan

- 1) **Action Plan 1** in case of a positive test in a participant: We Ensure to notify AYSA if players developed COVID-19 and may have been infectious to others while at a club/ league activity immediately; maintain confidentiality of the COVID-19 infected person.
- 2) **Action Plan 2** in case of a positive test in a Coach or Volunteer: Find a plan for all staff/ volunteers who may be symptomatic or ill; who may not attend sanctioned program activity and a return-to club/ league plan following CDC guidelines.
- 3) **Action Plan 3** in case of temporary closure of programs due to changing environment. COVID-19 is a fluid situation and if required by AYSA or the State or if in the best judgment of our club we see the need, we may issue temporary closure of our training programs.