

MAISL VOLLEYBALL RULES (R. 8/25)

Unless noted differently below - the MAISL Volleyball Leagues will comply with WIAA and National Federation Rules

Two (2) Time-outs per set (30 Seconds each)

Time Between Sets 2min 30 seconds

Roster Size:

- 6 Players will constitute a full team.
- A team may start with 5 players. If a 6th player arrives they must enter the set at the first legal opportunity.
- If the sixth player does not arrive, the team opposing the team of five will get a point and the serve every time the missing 6th player would have rotated to the service position.
- All players who may play must be listed on the official roster prior to the start of the match.
- A team of four or less players does not constitute a full team.

RULE - Roster Substitution

Your team must submit a "Principal Verified Roster." If there is a substitution made to this roster a "Player Substitution Form" must be presented to the official prior to the start of the set/match. This will be forwarded to the Program Commissioner with the scoresheets. Since we play in many venues on a given day a player can be moved up to another team for the entire day (even if there is more than one match), in addition to playing on their rostered team that day. If a player substitutes more than once in a season s/he will be moved to the team s/he is substituting for, through the end of the season.

Defensive Specialist or "Libero"

It is still MAISL's belief that at our level all participating student/athletes should have the chance to play all positions, we will not institute the use of a Libero or Defensive Specialist.

Tardiness - ALL Leagues – If four or less players are present at the start of the match.

5 minutes - Forfeit Game #1

10 minutes - Forfeit Game #2

15 minutes - Forfeit match

Match Length:

- Matches will be scheduled for one (1) hour. This will include a warm-up (2 minutes min. - 5 min. max.) and up to 55 minutes of match play.
- A match will consist of a best of three (3) sets to determine a winner. If a team wins the first two (2) sets the final set will still be played. In case of ties total wins may be used in determining tournament seeding.
- During tournament play, if a team wins the first two sets, the third set will not be played.

Playing Time:

The MAISL requires a minimum of one quarter per match playing time. This is the equivalent of playing the entire third game which goes to 15 points.

Scoring:

- Rally Scoring for all grade levels.
- The first two (2) sets will play to 25 points with a cap of 30 points. This means you must win by 2 points up to 30, or be the first team to reach 30. Example: If the score is 29 – 29, the next opponent that scores is the winner of the set even though they did not win by 2 points.
- The third set will play to 15 points with a cap of 20 points. This means you must win by 2 points up to 20, or be the first team to reach 20.
- Each team is asked to keep score on their bench. Official score will be kept by the referee who will get coaches signatures at the end of the match. Officials will submit scores to a MAISL Representative.

Miscellaneous:

- Each team will be asked to supply a line judge at the opposite end of the court (must be over 16)
- Blessed Sacrament is the only gym where a step over the baseline will be allowed (if the equipment room door and/or the exit door at the opposite end of the gym are left open, players may step back into the door opening. If this is done, no step over will be allowed)
- Equipment - Net height - 7ft 4 1/8 inches
- Volleylite balls will be used for 5/6th grade leagues
- Coaches must remain seated at all times unless they are calling a time-out or acknowledging a good play. They cannot come out on the floor.

