

**Albany High Cross Country
Fall 2021**

Invite Season

(dates tentative and attendance subject to Covid restrictions)

Saturday, September 11th—Farmers Invitational (on NCS course) at Hayward High School
Saturday, September 18th—De La Salle Invitational (at Newhall Park--Concord)
Saturday, October 9th—Clovis Invitational (Varsity Only)—at Woodward Park, Clovis, Ca.
Saturday, October 16th—Mariner Invite (Varsity Only)—at Hayward High School

League Meet Season

Host	Location
Thursday, September 30 th — Salesian Albany, St Mary's, Pinole, De Anza, Richmond Hoping for bus, but likely will need parents to drive—leave 1:30 pm; return about 6 pm	Pt. Pinole
Friday/Saturday, October 8-9 th —Clovis Invitational at Woodward Park in Clovis, Ca (Varsity Only) Leave Friday morning—back Saturday afternoon	
Thursday, October 14 th --- Albany El Cerrito, John Swett, Salesian, Kennedy, Pinole Need parents to drive—leave 2 pm; return about 6 pm	Cesar Chavez
Saturday, October 16 th ---Mariner Invite at Hayward High (varsity only)	Hayward High
Thursday, November 4 th —earlier start of 3:30 pm due to change in daylight savings time. Jesse Bethel/ Vallejo Pinole, Albany, Salesian, SPSV and Hercules	Hans Park (bus)
Wednesday, November 10 th --TCAL Championships (1 pm)--everyone	Pt. Pinole (bus)
Saturday, November 20 th NCS (Varsity only) Boys—9 am start ; Girls—10 am start	Hayward High
Saturday, November 27 th CIF XC Championships (at Woodward Park, Clovis, Ca) Boys—9 am start; Girls—10 am start	

League Meet Start Times---4:00 p.m. (except 3:30 pm on November 4th)

Practices: meet at track after school—Monday—4 to 5:30 pm; Tuesday—4:15 to 5:30 pm;

Wednesday—3:20 to 6pm; Thursday—4:15 to 5:30 pm; Friday—3:20 to 6pm; Saturdays—TBD.

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