

The Point After II

THE OFFICIAL PUBLICATION OF THE WISCONSIN FOOTBALL COACHES ASSOCIATION, VOL. 30, No.3 SPRING 2023

2023 WFCA CLINIC HEADLINERS



LUKE FICKELL
Head Coach, UW
Guaranteed Rate Bowl
Champions



LANCE LEIPOLD
Head Coach, Kansas
Jayhawks



JOHN STIEGELMEIER
Head Coach, South Dakota State
FCS National Champions



46TH ANNUAL WFCA
FOOTBALL CLINIC
MARCH 30 - APRIL 1, 2023

INSIDE THIS ISSUE

- Full Clinic LineupPage 14
- WIAA Advisory Committee Minutes
of November 29th 2022 Page 16
- This year's Hall of Fame Scholarship
RecipientsPage 12
- NCAA/NIL Rules
Clarification for HS PlayersPage 20

Editor: Tom Swittel • swittelt@gmail.com • 414-315-1131

WFCA Executive Director: Dan Brunner • brunnerd@wifca.org • 414-429-3139

Assistant Editor/Executive Assistant: Charna Kelsey • PO Box 8, Poynette, WI 53955 • office@wifca.org • 608-635-7318

www.wifca.org

Designer for the Pros for 100 Years

SAND KNIT



1921 - 2021

We've Been with You the Entire Way!



Ripon Athletic



*Athletes & Coaches,
Thank You for All of Your
Dedication and Hard Work.
Good Luck in Today's Game!*



Proud to Support **Wisconsin Football Coaches Association** & **Children's Wisconsin**

WWW.RIPONATHLETIC.COM

1-844-697-4766



TABLE OF CONTENTS

WFCB BUSINESS

DAN BRUNNER, WFCB Executive Director
From the Executive Director 2

TONY BIOLO, WFCB President, Head Coach, Wisconsin Rapids
Lincoln HS, *From the President* 4

TOM SWITTEL, Editor, WFCB Director of Communications
and Corporate Sponsors, *From the Editor*6

JOHN HOCH, Hall of Fame Chairman, *From the Hall of Fame
Chairman*8

2023 HALL OF FAME SCHOLARSHIP RECIPIENTS12

CLINIC SCHEDULE14

WIAA ADVISORY COMMITTEE MINUTES16

DON KENDZIOR, 8-Player League Chairman, *The History of
8-Player Football in Wisconsin*22

THE JASON FOUNDATION, *Recognize Risk and Save Lives*
.....24

GENERAL FOOTBALL

JASON WAGNER, Offensive Line Coach and Strength and
Conditioning Coord. UW-Platteville, *What is your Why?*26

GARTH COATS, Head Football Coach, Evansville HS
For the Love of the Game... The Blue Devil Way26

MIKE JANKE, Head Football Coach, Wisconsin Dells HS
Building Team Success28

PETER JENNINGS, Head Football UW-Oshkosh
Practice What you Preach30

STEF FAIR, Head Football Coach, Riceville HS, Iowa
Building a Program30

JOEL NELLIS, Head Football Coach, Brookfield Central HS
*Providing Your Players with the Best Tools for Growth &
Success*34

COREY RICKERT, Head Football Coach, Oakfield HS
Reflection on 8-Player Football36

DAVE KNUTH, Assistant Football Coach, Brodhead-Judea FB
The Importance of Leadership Training38

DEFENSE

MATT EBNER, Associate Head Coach, UW-Eau Claire
Use Practice to Facilitate a Culture of Creating Turnovers ..40

LOGAN ROSEMEYER, Defensive Coordinator, Colby HS
Stopping the Off-Tackle Runs42

DONAVON NATHANIEL, Defensive Coord., UW-Platteville
Emphasize the Value of Your Scout Team44

BRENT REIERSON, Defensive Line, Oconomowoc HS
Build a Competitive Edge for Linemen in the Spring44

ANDY BREHM, Defensive Coordinator, Abbotsford HS
*Defensive Game and Practice Planning in a Small School
Setting*46

TROY INGLI, Defensive Coordinator, Pepin HS
Hybrid Linebacker Play in Small School Football.....48

MIKE KRUIS, Defensive Coordinator, Algoma HS
Zone Coverage in 8-Man Football50

MITCH SHEPHERD, Defensive Coordinator, Lakeland Univ.
Defending Empty Formations52

OFFENSE

MATT WALKER, Head Football Coach, UW-River Falls
Increase Efficiency by Simplifying Progressions56

ADAM BISHOP, Head Football Coach, Regent Prep School,
Tulsa, OK, *The Vertical Concept*57

ANDREW MCGLENN, Offensive Line Coach, UW-La Crosse
Inside Zone Frontside Double-Teams58

GARRETT MYERS, Assistant Coach, Concordia Univ. WI
Everyday Offensive Line Drills59

NICK PESIK, Previous O. Coord/QB Coach, UW-Stout
UW-Stout Pass Game - Mesh60

TONY SHIFFMAN, Associate HC/O. Coord. Greenfield HS
Short Yardage Pin/Pull from a Tight Bunch61

MICHAEL MCGUIRE, Offensive Coordinator/QB Coach,
UW-La Crosse, *Using the Slip Screen in your Offense*63

GENERAL LIABILITY INSURANCE PROGRAM,
A Benefit of WFCB Membership 64

Executive Director, Dan Brunner



Dan Brunner

I hope this issue of the Point After II finds you healthy and having a productive offseason! The WFCAs Clinic and Combine are right around the corner. This is a great time of the year.

ALL-STATE BANQUET

The All-State Banquet was held at Lambeau Field's Atrium on Sunday, February 5th. The Green Bay Packers treated the players, their families and guests to complimentary HOF passes and guided stadium and locker room tours on Saturday night. Special thanks to Danny Mock and Ryan Fencel from the Packers for making this a great experience for all attendees. The banquet, emceed by HOF coach, Dave Keel, honors our All-State Team, All-Star

Game Head Coaches, College Coaches of the Year, Matt Janus and Mike McGuire, UW-La Crosse, along with Ron Ernst, Ripon College. We also honor the college Players of the Year, in addition to the WFCAs/GB Packer HS Head Coach of the Year, Andrew Selgrad, Columbus and the WFCAs Assistant Coach of the Year, Bill Turnquist, Bay Port. The highlight of the banquet is recognizing the 8-player, as well as, the large and small school All-State teams. Special thanks to Jerry & Kathleen Golembiewski, my wife, Kathie, Charna Kelsey and the WFCAs Exec Board for their efforts to make this the finest banquet of its kind anywhere. This was the largest banquet, to date, with over 675 attendees!

WFCAs CLINIC

Please remember to set aside March 30, 31 & April 1, 2023 for our Annual Gathering in Madison! This year's Clinic will feature Lance Leipold, Kansas HC, and his staff on Thursday. Friday will feature the Badger Coaching Staff, led by new HC, Luke Fickell! FCS Champion, South Dakota State HC, John Stiegelmeier, along with our State Championship coaches, also highlight Friday. We are thrilled to feature BADGER PRACTICE ON SATURDAY AM! Coaches will be allowed on the field as the Badger coaches conduct an extended Indy Session! Online Membership Renewal is required prior to the clinic! Go to www.wifca.org to register. Take advantage of discounted staff rates!

CLINIC REGISTRATION IS INCLUDED IN YOUR MEMBERSHIP!

WFCAs MENTOR MANUALS

WFCAs HOF member and Past President, Bill Collar, along with a select group of current and past WFCAs coaches have revised and updated the WFCAs Mentoring Manual. It is the finest of its kind anywhere. It is a valuable resource for coaches at all levels. We will be giving complimentary copies to clinic attendees. Future sales of copies will have 100% of the proceeds go toward the Bill Collar Lineman Scholarship Fund.

NATIONAL COY FINALISTS

A special congratulations to Ken Krause, Muskego and Mike Lecher, Pewaukee. They are both one of 8 finalists for the 2022 National High School Athletic Coaches Association, Football Coach of the Year and Assistant Coach of the Year, respectively. The award is given annually based on the career accomplishments of the coach. The winners will be announced in June.

CONCLUSION

The WFCAs continues to be the finest Coaches Association in the Nation. That is because of the proactive thinking and actions of our membership. We are always looking at what is best for the improvement for the sport of football. I look forward to seeing old friends and making new ones on March 30, 31 & April 1, 2023. See you at the Clinic!

JOIN THE WFCAs TODAY

TO TAKE ADVANTAGE OF THESE BENEFITS:

- \$2,000,000.00 LIABILITY INSURANCE POLICY (*details on page 63*)
- Eligibility to participate in the WFCAs Grant Program
- Three issues of *The Point After II* newsletter
- All-Star games, nomination rights and free attendance
- All-State nomination rights
- Scholarship nomination rights
- Hall of Fame nomination rights
- All-State Championship rings
- Annual awards and recognition including Regional and State Coaches of the Year.
- WFCAs membership enhances professional growth and gives you the opportunity to contribute to the improvement of your profession
- A professional network of new contacts, a line of communication and a forum for the exchange of ideas and information within your profession.
- www.wifca.org, our professional website with the latest information about football in Wisconsin which provides unlimited resources to meet the needs of member coaches.



**REMEMBER TO RENEW YOUR MEMBERSHIP AND REGISTER FOR THE CLINIC
REGISTRATION ON LINE AT WWW.WIFCA.ORG**

Elegance & Class



The Marriott Madison West delivers only the highest level of hospitality in food, beverage, service and accommodations.

- Over 50,000 square feet of exceptional meeting space
- Complimentary valet service and free parking
- Convenient location, only minutes from downtown Madison and the Dane County Regional Airport
- 10 story garden atrium and indoor waterfall
- Fitness center, soothing indoor saline pool, business center, concierge plaza and the sought-after rewards program by Marriott
- Surrounded by many unique attractions including all of the shops and restaurants located at Greenway Station, adjacent to the hotel

Marriott
MADISON WEST

1313 John Q. Hammons Drive
Middleton, WI 53562
608-831-2000
Marriott.com/msnwe



President, Tony Biolo



Tony Biolo

Winter is still hanging around, but spring is in the air! That means we are starting to gear back up for the next season of football...is there ever really an off-season?!? Regardless of last year...Good season, bad season...makes no difference...Everyone takes a bit of a break, and then we all go back to the grindstone.

Supporting your athletes that are involved in other sports, tracking grades, making sure your athletes are in the weight room (preventing injuries & getting bigger faster and stronger) are all just some of the things you will be doing this off-season. And then there are the clinics. What are you going to change, tweak or modify within your program to make it better for the next season? That is the constant question we (coaches) ask ourselves and evaluate during the off-season. Many of you have already attended various clinics to evaluate exactly that!

WFCa Clinic

The WFCa State Clinic at the end of March is a perfect time to get together with all the coaches from the state. Hear some great clinicians and get some ideas on how to improve your program. This year's clinic with the addition of a

New Badger Staff is sure to be a great one!

Not only is it a chance to interact with many coaches you do not see most of the year (great professional development/collaboration opportunities), and the speaker line up is another great one thanks to Dan Bruner and Bob Berezowitz.

All State & All Star Game

The WFCa has been "hard at work" during this time...doing some of their own wrapping up of sorts. The All-State Banquet at Lambeau Field was another HUGE success thanks to Dan (& Kathie) Brunner and Jerry (& Kathleen) Golembiewski. From players & families being able to stay at the Tundra Lodge to the Packer Hall of Fame and the Stadium Tours...this "All-State Weekend" is truly one of the memorable things these athletes (& families) will remember.

The WFCa All-Star staffs have been announced and teams have been selected thanks to the leadership of Doug Sarver. Those players that have been selected will need help from many of you with their fundraising efforts. The WFCa's partnership with Children's Hospital of Wisconsin for the All-Star Games has been a GREAT benefit for both organizations. Mark Friday & Saturday, July 14th & 15th down on your calendars and be sure to come support our HS All-Stars!

WFCa Combine

Our annual WFCa Combine will be held on Saturday, April 29th. It will take place at NX Level Sports Complex with Brad Arnett and crew. Please refer your athletes to our website to get signed up. This is a great service that our association has provided our state athletes. Last year many college coaches attended and there were several kids that left having a better idea of where they would be attending college after being able to be looked at "live" by the coaches. It has grown each year, and each year we need the help of volunteers, we are currently looking

for around 20-25 volunteers to make this day run quickly and efficiently, want to join us...please contact me at atony.biolo@wrps.net.

Annual Elections

This year after the clinic wraps up, we will be holding our annual elections (April 3rd-13th). We will be electing the (#2) Region Reps from all the Large and Small Regions as well as the 8-Player Region. We will also be electing a Northern Vice President (Regions 1 & 2 will vote on this) as well as a President-Elect (all regions vote on this. These are all 3-Year terms, except the President-Elect...that is a 6-year term. If you have ever thought about "giving back" to the association and the sport, this is an excellent way to do that. Talk to your current district rep to find out more details or feel free to contact me. Check the wifca.org website for more details on the election. If you would like to run for a position...please email me!

Finally, we have had quite a year for football. It felt like we were finally back to normal with the season coming off our years of COVID protocol's. We had our second time of Football-Only conference realignment that gave some teams some "new" conferences, realigned others and really has moved some people around. As frustrating as it can be, we must work hard to work together with the WIAA, the task force and make sure we are making positive changes for football in the state. Everyone wants the best for our sport and for ALL our teams. Sometimes that is hard to see and we will never make everyone happy. The goal is to keep moving forward and progressing. If you have thoughts, ideas or comments, please send them to a Region Rep or Executive Board member so we can discuss them, or better yet...Run for a position and make a difference.

Let's have a great clinic, spring and head into summer on top of our game.

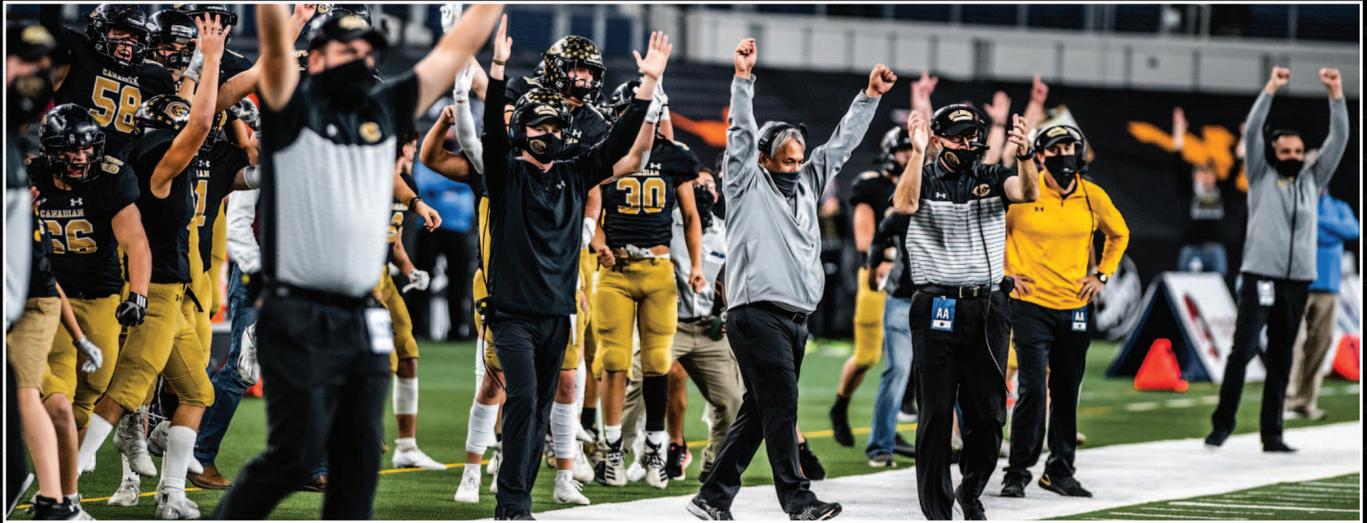
THANK YOU TO OUR WFCa CORPORATE SPONSORS WHO SO GENEROUSLY SUPPORT FOOTBALL IN WISCONSIN.



SUPPORT THEM BY USING THEIR PRODUCTS AND SERVICES WHENEVER POSSIBLE.



PROUD SPONSOR OF WFCA



HEADSETS FOR TEAMS THAT DEMAND THE BEST.

For over 30 years, CoachComm has been the name that more than 25,000 coaches have trusted for proven, reliable coaching communication. From small playing fields to large stadiums, CoachComm headset systems deliver clear and effective coaching communication on the sideline, across the field, and in the press box - even in the toughest game environments. Regardless of size or budget, CoachComm has a winning headset system to fit your team's needs.

SHOULDN'T YOUR TEAM DEMAND THE BEST?

Contact CoachComm today to discuss getting the best in headsets for your team.



COACHCOMM
COBALT
PLUS

COACHCOMM
X SYSTEM



Editor, Director of Communications and Corporate Sponsors, Tom Swittel



Tom Swittel

Simply put, the upcoming WFCB Spring Clinic (March 30 – April 1) is the biggest celebration of football I know of. In fact, the WFCB Spring Clinic is the largest football only clinic in the United States. Approximately three thousand football coaches will come together to share ideas, renew friendships, and have some fun. It is, perhaps, my favorite weekend of the year. I look forward to seeing my coaching friends from around the state at the end of this month in Middleton. Head coaches, please take advantage of the staff rates and get your coaching staffs signed up for the Clinic.

There are several items/events that I'd like to mention. The first is the WFCB Combine scheduled for Saturday, April 29, at NX Level in Waukesha. This is a great opportunity for current juniors and sophomores to showcase themselves for college coaches. Typically, over 100 college coaches attend the Combine, including coaches from FCS, D2, and D3. Combine results are posted on the WFCB and WSN

websites. Athletes attending the Combine can opt to purchase a WFCB Player Profile through Epoch Recruiting. The WFCB Player Profile is an online resume that can be a basis for the athlete's college recruiting. The WFCB Player Profile includes: official WFCB Combine results and ranking based on those results, official height and weights measured at the Combine, player contact information, parent names, high school coach's name and contact information, video highlight link, transcript, player stats, awards and honors, and an "About Me" narrative written by the player. The cost of the Combine is \$60 and the cost of the Combine and WFCB Profile is \$170. Paying \$110 for the Player Profile is a very affordable recruiting tool option when compared to other recruiting services out there. College coaches like the fact that Brad Arnett and his staff are the ones testing the participants. There is no question the results are real. Coaches, please encourage your players to take advantage of the WFCB Combine and the WFCB Player Profile. At the time of this writing, there are 471 players signed up. The Combine is filling up fast.

The WFCB Grant will once again be rolled out at the Clinic. As a reminder, the purpose of the WFCB Grant is to supplement high school football budgets beyond what a typical Grant will cover. That being said, basic equipment needs such as helmets, shoulder pads, uniforms, coach's salaries, etc., are not a part of the Grant as these items are covered in a typical football budget. The emphasis for the WFCB Grant is player safety and injury prevention. Requests that fall into these categories will carry the most weight. Grants will be for a maximum of \$3,000 but grants smaller than that will be considered.

Up to \$50,000 has been set aside by the WFCB for the Grants this year. All Grant applications will be online. Grant applications can be filled out after the Clinic. Please plan on attending the WFCB Business Meeting at the Clinic for more specific WFCB Grant information.

Sadly, after a nine-year run on WSSP 1250 AM in Milwaukee, the WFCB Radio Show is no longer. A decision was made by WSSP last September to drop all local sports talk radio shows in favor of national sports talk radio. I will miss co-hosting that show with Mike McGivern. Through the years, Mike has done so much for the WFCB and for football in the state in general. Thank you, Mike. I decided to start, in the Radio Show's place, a podcast. The WFCB Podcast dropped at the start of February. There have been three podcasts already. Dan Brunner discussed the history of the WFCB in episode 1. Doug Sarver was the guest in episode 2 and gave the background behind the 2019 Football Only Conferences initiative. In Episode 3, WIAA Assistant Director and Liaison to the Conference Realignment Task Force, Melissa Gehring, joined and gave a comprehensive overview of what is going on with current conference realignment. If you want to know how the system works, please listen to episode 3. I am joined on the Podcast by Tom Yashinsky of Onalaska, and Paul Nievinski of Mosinee. A new Podcast drops about every other week and is posted on the WFCB website under [Events](#). Please make the WFCB Podcast a regular listening experience.

I look forward to seeing all of you at the Spring Clinic. Thank you for your support of the WFCB. Please feel free to contact me at: or (414) 315-1131 with any thoughts or suggestions you may have.

THANK YOU to all who so generously submitted articles for

“The Point After II.”

If your article did not appear in this issue, please look in the next one!

Articles may be emailed to the WFCB office at office@wifca.org, or send paper copy to:
WFCB, PO Box 8, Poynette, WI 53955. Please include the title of the article, and the name, school and title of the author, along with the author's photograph. Again, our thanks!

Doing more for kids.

Thanks to you.

For more than 125 years, we've been there for the kids and families of Wisconsin — and you've been there with us.

Now, we're doing more for kids in more places than you could ever imagine.

- Launching a \$150 million initiative to improve the mental and behavioral health of kids
- Providing foster care and adoption services that help 9,000 kids annually find safe and loving homes
- Identifying the link between vaping and serious lung disease in teenagers — the first health system in the country to do so
- Giving the kids of our community the highest quality care available anywhere in the world — right here in Wisconsin

These are just a few examples of why we've evolved our name to reflect our commitment to giving kids and families what they need to grow and thrive.

As always, we are grateful for all the generous families, champions and donors who believe, like we do, that kids deserve the best.

Thank you to the Wisconsin Football Coaches Association for your partnership and for helping us help kids.



Kids deserve the best.

childrenswi.org



Hall of Fame Chairman, John Hoch



John Hoch

The WFCa Staff and especially Charna Kelsey are working hard to complete the planning for the annual spring clinic. Bob Brezowitz and Dan Brunner have a great lineup of speakers and events scheduled. On Saturday the HOF Banquet brings the clinic to a close where we will be honoring individuals that have contributed a lot to this great game of football.

The Hall of Fame banquet is scheduled for Saturday, April 1, 2023 at the Marriott West in Middleton. The reception begins at 4:30 pm with the banquet beginning at 5:30 pm. The tickets are \$50.00 each and can still be purchased on line until March 20. After that date you must contact Charna at the office for tickets. This year's honorees are listed to the right of this page.

Duane Rogatzkki and I are in charge of organizing the HOF Luncheon where past HOF members and spouses can get together to reminisce about the old days while enjoying a great meal. This takes place on Friday, March 31st, noon at the Spring Clinic. Charna is also helping

with the reservations, make sure you let her know right away if you haven't already about your plans to be our guest. Drop her an email at www.wifca.org.

Any member of the WFCa may nominate an individual for the WFCa HOF. The deadline for nominating an individual is **MAY 1ST OF EVERY YEAR** with selection taking place in June. There are forms and more detailed information on the WFCa Website to help you nominate an individual. After nominations are received the nominations go through a screening, information is put into a rubric, and information is passed on to the committee members. The new nominations will be evaluated against previous nominations from the past five years. The HOF Committee meets in June and goes through all nominations. After discussion about the candidates a vote is taken with the top individuals being selected to the Hall of Fame for the next year.

I want to personally thank everyone who has donated \$100 to the HOF Scholarship Fund. I also want to give a special thank you to Jerry Goleblewski on his fund raising efforts, without Jerry we would not be able to reach our goal of providing every one of the scholarship winners \$1000 scholarship. You can make a donation for the 2023 scholarship fund by sending your donation into the WFCa Office, PO Box 8, Poynette, WI 53955 before the end of this year. Contributions are recorded from January 1 – December 31 of each year.

As always every year we lose some great individuals that have dedicated themselves to making football great. Please keep them and their families in your prayers.

➤ An Memoriam ➤

RON KLESTINSKI

August 18, 1938 - March 1st, 2023

Ronald "Coach Ron" Klestinski, age 84, of Manitowoc, passed away unexpectedly on Wednesday, March 1, 2023, at Froedtert Holy Family Memorial Medical Center in Manitowoc.

Born to life, Ronald Anthony Klestinski, on August 18, 1938, in Stevens Point, WI. Son of the late Eleanore (Olbrantz) and Anton Klestinski. Born to eternal life at 84 on March 1st, 2023, in Manitowoc, WI. On June 9, 1962, he married the love of his life, the former Darlene Kulick. They celebrated their 60th wedding anniversary this past June.

Ron graduated from P.J. Jacobs High School in Stevens Point in 1957. He took pride in the fact that he had perfect attendance for four years. His senior year he served as Student Council President and Vice-President of his class. He participated in Football, Basketball and Baseball. He received the Col. Hirzy Student Athlete Award as a senior. He was the captain of the 1956 Valley Conference Football Championship Team and was selected 1st Team All Valley Conference on Offense and Defense.

Ron received his Bachelor of Science Degree in Secondary Education From the UW-Stevens Point in 1961. He received his Master of Science Degree from St. Mary University,



WFCa HALL OF FAME CLASS OF 2023

Mike Beck, Racine Park/Franklin HS

Louis Brown, Franklin HS

Bob De Keyser, Niagara/Lena HS
& St. Norbert College

Scott Erickson, Hurley HS

Kevin Grundy, Marshfield Columbus
Wausau Newman/Antigo/Wausau West
Wausau East & Northland Pines, West Allis
Central HS

Ken Krause, Muskego HS

Bruce Larson, Somerset HS

Brian Leair, Cedarburg HS

Rick Muellenberg, Bangor HS

Bill O'Leary, Milton/Janesville Craig HS

Jon Steffenhagen, Gale-Etrick-Trempealeau

DAVE McCLAIN

Distinguished Service Award

Jerry Hannack, Elmwood HS

MARGE & DICK RUNDLE

Positive Influence of Coaching Award

Andrew Troxel, Richland Center HS

NHSACA HALL OF FAME

Dan Juedes, Sheboygan Falls HS

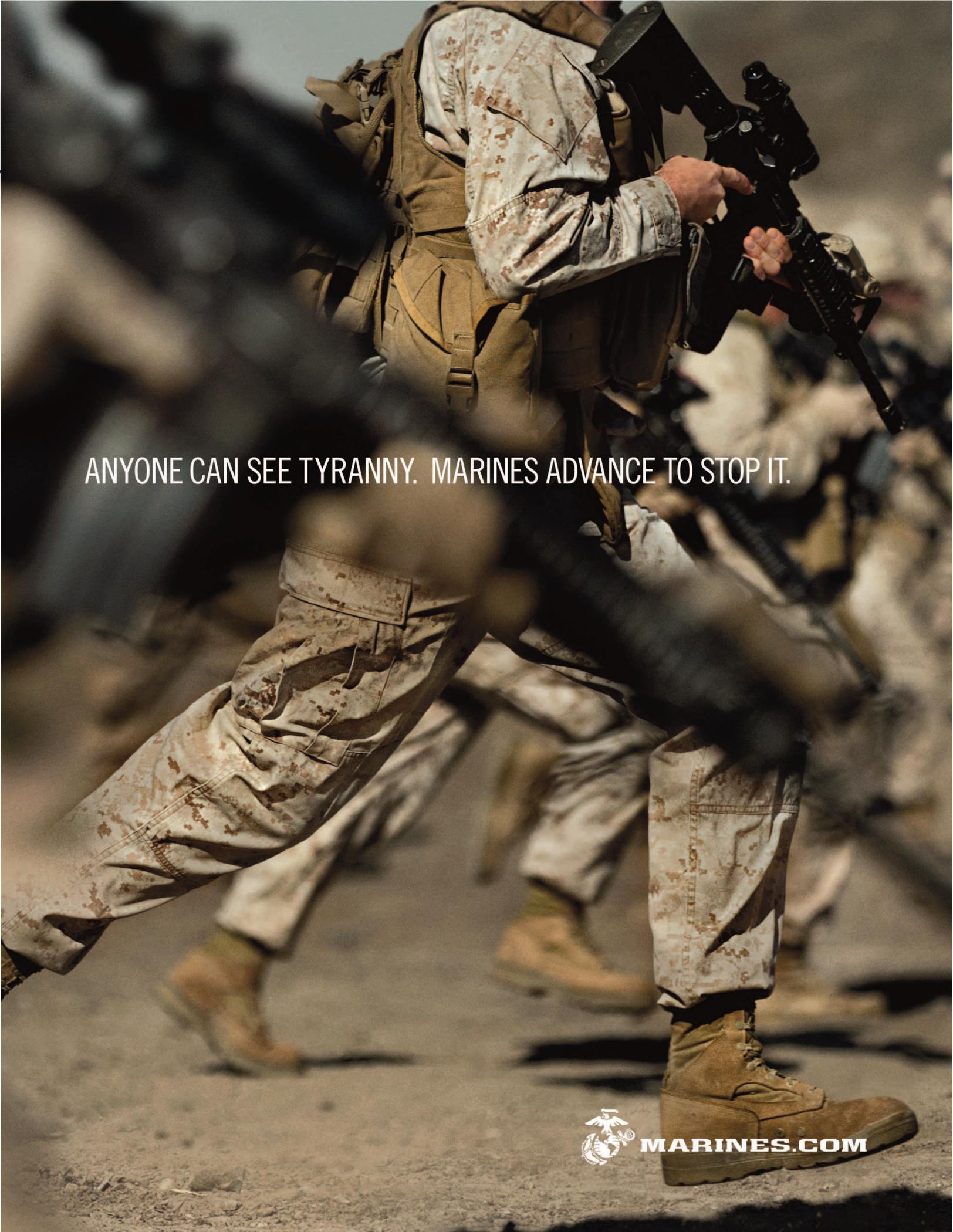
Jerry Golembiewski, Racine St. Catherine's
Milwaukee West/Arrowhead
Milwaukee Marshall High Schools & UW-M

This Year's Hall of Fame Banquet

Saturday April 1, 2023

TICKETS - \$50

*Tickets available on line at www.wifca.org
or by sending your check to
WFCa, PO Box 8, Poynette, WI 53955*



ANYONE CAN SEE TYRANNY. MARINES ADVANCE TO STOP IT.



MARINES.COM

Winona, MN in 1968. At UWSP, Ron lettered in Football for four years and Track his senior year. He was the Co-Captain of the 1960 Pointer football team. Ron received the Senior Athlete Award in 1961 and also the Goodrich Student Athlete Award.

Ron began his teaching career at Wisconsin Dells High School from 1961-63. He taught Biology and assisted coaching Football. In 1963, Ron began teaching with the Christian Brothers at Stevens Point Pacelli High School where he taught Biology and assisted in both Football and Basketball coaching. He accepted a teaching position at Roncalli High School in 1966. He was a Biology Instructor and Head Football Coach. Over the years, he was also Head Track Coach as well as staffing Assistant Basketball and Track Coaching positions.

Coaching played a large role in Ron's life. He was a member of the WISAA Football Committee from 1973-2000. He coached the first WISAA State Football Championship Team at Lambeau Field in 1969. His teams won two FVCC Championships. His teams made the WISAA Playoffs twice after the State Championship year. He was named FVCC Coach of the Year three times. As an Assistant Track Coach for ten years and Head Track Coach for eight years, he coached seven Individual State Champions.

In 1987, Ron received the UW-Stevens Point Excellence in Coaching Award. In 1981 he received the Lakeshore Hall of Fame Achievement Award and in 1990, he was inducted into the Lakeshore All Sports Hall of Fame. Ron was also inducted into the Roncalli High School Athletic Hall of Fame in April, 2005. In April of 2008, Ron was inducted into the Wisconsin Football Coaches Association Hall of Fame. Shortly thereafter, Roncalli established the Ron Klestinski Service Scholarship and the Ron Klestinski Teammate Character Award. Both awards are presented annually at the Roncalli Senior Awards Convocation. In 2016, Ron and Darlene were presented with the Roncalli Stewardship Award for fifty years of dedicated service to Roncalli High School.

WARREN L. ROSIN

November 14, 1942- January 3rd, 2023

Warren L. Rosin age 80, passed away January 3rd, 2023 at Meadowbrook in Black River Falls, Wisconsin. He was born November 14, 1942 in Fergus Falls, Minnesota to Lorenz and Mable (Nordby) Rosin. He attended country grade school near Barrett, Minnesota through the fourth grade. In 1954, Warren, along with his parents and brother Roger Rosin, moved to Howard Lake, Minnesota where he grew up on the family farm.

Warren graduated from Howard Lake High School in 1960, then attended Moorhead State University where he earned a BS in physical education. He also attended Winona State University and earned an MS in Administration.

His first teaching job was in Gilmanton, Wisconsin, where he was the physical education teacher and athletic director, and served as the coach for basketball, cross country, and baseball.

Warren married Priscilla Marie Davidson on August 29, 1964. They eventually settled in Black River Falls, Wisconsin in 1969 to raise a family.

Warren taught physical education at the junior high school and eventually became the middle school principal. He also served as the head coach for the Black River Falls Tigers football team for 29 years, and led the team to State in 1999. In 2000, Warren was inducted into the Wisconsin Football Coaches Association Hall of Fame.

Warren had a great love for coaching football, but above all, he took great pride and enjoyment in working with his players and fellow coaches. His wife Priscilla attended every game, missing only one in 29 years. His daughters also supported their father on the sidelines, taking stats for a number of years.

Samuel A. "Sam" Young

April 30, 1927- December 31st, 2022

Samuel A. "Sam" Young, 95 of Black River Falls died peacefully in his home on Saturday, December 31, 2022.

Sam was born in Augusta, Wisconsin on April 30, 1927 to William A. and Emilie (Gerike) Young. After graduating from Augusta High School in 1944, where he was a talented and respected athlete, he attended River Falls Teacher's College before being called up to serve aboard the U.S.S. Walker for the U.S. Navy (1945-1946). After his discharge from the Navy, Sam attended Eau Claire State Teachers College (now UW-Eau Claire) where he received his teaching degree. During his studies at Eau Claire, he lettered in baseball, football, and basketball. He was Team Captain of the 1948 Wisconsin State College Conference Football Championship Team and all-conference in 1947 and 1948. Sam furthered his education in later years receiving his Master's Degree from Western State Colorado University in Gunnison, Colorado.

Sam married Corinne Rindahl on August 12, 1949 and they settled in Black River Falls where Sam taught Physical Education, Math, and Science until his retirement in 1988. During his teaching career, Sam coached football for 23 years and basketball for 39. His basketball coaching career, exceeding 500 wins, included five conference championships, seven regional titles and two trips to the state tournament. Sam was also the Athletic Director for 25 years, High School Vice-Principal for 16 years and served as a coach for baseball, track, and golf.

In addition to coaching, Sam spent 30 years officiating at the high school and college levels. In 1976, Sam was selected to travel to Europe to officiate in a series of five college football games for the Intercontinental Football League.

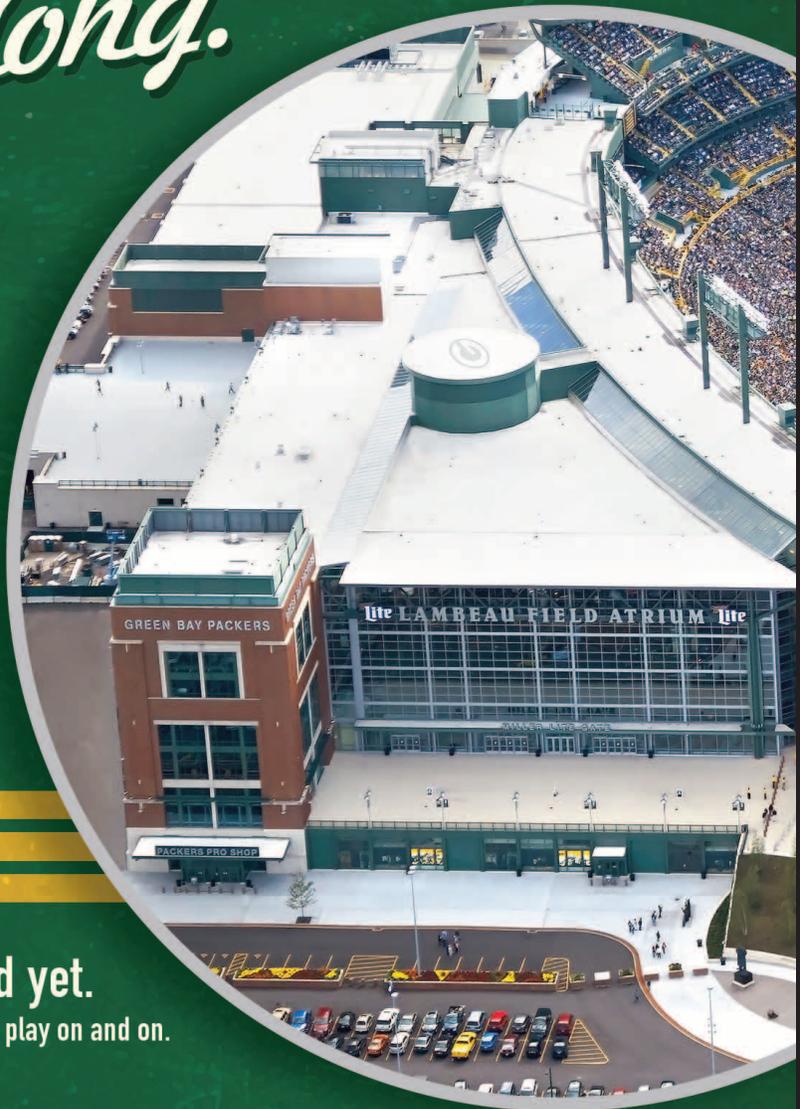
Sam became one of the earliest members voted into the Bugold Hall of Fame in 1975 and is also in the State Football Coaches Hall of Fame. He was a Charter Member of the Wisconsin High School Basketball Hall of Fame, the Wisconsin Football Coaches Association, and the Wisconsin Basketball Coaches Association. Sam was one of three inducted into the Augusta Area School District Hall of Honor, Inaugural Class of 2017.

2023 CONTRIBUTIONS TO THE WFCA HALL OF FAME SCHOLARSHIP FUND.

Peter Baganz	\$100.00	Tom Fugate	\$100.00	Ken Mueller	\$25.00
Michael Bartholomew	\$100.00	Jerry Golembiewski	\$200.00	<i>In Memory of Bruce Larson</i>	
Michael Bartholomew	\$100.00	Jerry Griffin	\$100.00	John Phelps	\$100.00
<i>In Memory of Bill Bartholomew</i>		Doug Hjersjo	\$100.00	Bob Prah	\$100.00
Tom Bauer	\$100.00	John Hoch	\$100.00	Jerry Sinz	\$100.00
Tony Biolo	\$100.00	Duane Jensen	\$100.00	Dan St. Arnaud	\$100.00
Dan Brunner	\$300.00	Robert Knight	\$100.00	Mark Traun	\$100.00
Frank Budzisz	\$100.00	Carlos Kreibich	\$100.00	Jeff Trickey	\$300.00
John Curtis	\$100.00	Clayton Lynde	\$100.00	Carey Venne	\$100.00
Bill Ehnerd	\$100.00	Jim Meckstroth	\$100.00	Bob Wurdinger	\$100.00
Bill Forster	\$100.00	Ken Mueller	\$100.00		

THANK YOU FOR YOUR GENEROSITY!

*Packers strong
all year long.*



Visit the most legendary Lambeau Field yet.

With ongoing tours, events, shopping and dining, your passion can play on and on.

1919 KITCHEN & TAP • PACKERS PRO SHOP • HALL OF FAME • STADIUM TOURS • BOOK AN EVENT



Remember to visit the Wisconsin Football Hall of Fame located in the Lambeau Field Atrium.

packers.com

2022-23 WFCA HALL OF FAME SCHOLARSHIP RECIPIENTS



Easton Abel
Beaver Dam HS



Brady Belisle
St. Croix Falls HS



Molly Berezowitz
Burlington HS



Nathan Brazgel
Lake Country Lutheran HS



Kaden Clark
St. Croix Falls HS



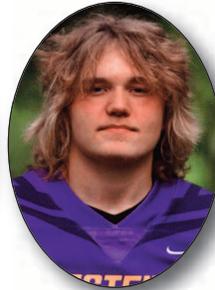
Hunter Cronauer
Laona HS



Bennett Hatfield
Hudson HS



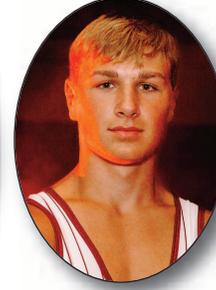
Erin Hensler
Badger HS



Kashton Kangas
Westfield HS



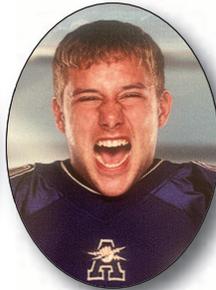
Rhett Koenig
Prairie du Chien HS



Ryder Koenig
Prairie du Chien HS



Eli Laube
Fall Creek HS



Damien Lee
Aquinas HS



Anna Lindner
Loyal HS



Brayden Reimer
Roncalli HS



Cole Shepherd
Crandon HS



Gracie Tallier
Gilman HS



Jake Thome
Bruce HS



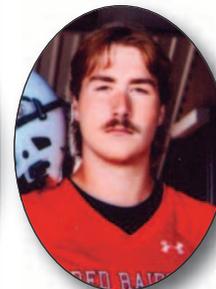
Caleb Ulhorn
Manitowoc Lutheran HS



Alexander Wallack
St. Francis HS



Travis Zander
McFarland HS



Jackson Marsh
Pulaski HS
*Bill Collar Lineman's
Scholarship*

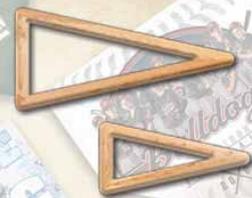


INTRODUCING UNITED FUNDRAISING PROMOTIONAL PRODUCTS!

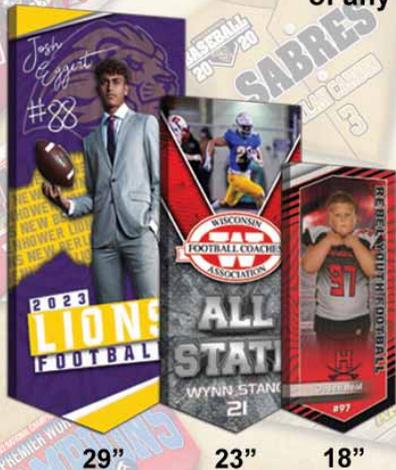
Contact Us for more info: support@united-fundraising.com or call 800-313-8050



Collectible Canvas



Collectible Canvas offers high quality, personalized, artwork that is printed on canvas and is stretched over solid wood frames. Not only does our product work as tournament awards for any sport but they can also be used as home decor, memoirs, to honor achievements, or as great gifts for athletes and coaches. We've created a new standard of sports memorabilia that allows any athlete of any age to feel and look like a professional athlete.



- Just Plug and Play
- Easy Set-Up
- XL Storage
- High Powered Sound
- Instant Video Review
- Customized Vinyl

- Big Audio on Board
- 8 Inch Solid Casters
- Multiple Sizes Available
- All Customized for Your Team
- Protective Case on Large Wheels
- Segment Timer Can Be Added

2023 CLINIC SCHEDULE

THURSDAY, MARCH 30

1:00-8:00 p.m.		CLINIC REGISTRATION	12:00 Noon	GB/LaX Rm	HALL OF FAME LUNCHEON
4:30-5:50	Room 1	BRIAN BORLAND , DC, Kansas Jayhawks "Easy and Effective Pursuit Drills"	12:10-1:20	Room 1	ANDREW SELGRAD , HC, Columbus HS D-4 State Champs, WFCA/Packer COY, "Installing the 3-4 Defense with Adjust- ments to Multiple Formations"
	Room 2	JIM ZEBROWSKI , QBs' Kansas Jayhawks "KU Quarterback School: Mental and Physical Development"		Room 2	PETER JENNINGS , HC, UW-Oshkosh & CRAIG STENBROTEN , DC "Playing Linebacker in the 3-4"
5:55-7:15	Room 1	ANDY KOTELNICKI , OC, Kansas Jayhawks "Developing a Run Game Out of a Multiple Offense"		Room 3	MIKE SCHMITT , WR/TE/SPT, Ripon College, Support Team Culture through Special Teams & the Punt Block/Return Unit"
	Room 2	CHRIS SIMPSON , LBs', Kansas Jayhawks "Development of the Complete Linebacker"		Room 4	TOM & MISHELLE LEE , Aquinas HS, D-5 State Champs, "Putting Healthy Players on the Field on Friday; Activation and Recovery Used by the Back-to-Back Champion Aquinas Blugolds"
7:20-8:55	Room 1	LANCE LEIPOLD , HC, Kansas Jayhawks "Program Development: How to Sustain & Grow Your Culture"	1:30-2:40	Room 1	MATT McDONALD , HC, Kettle Moraine HS, D-2 State Champs "Utilizing Unbalance and Unique Formations to Attack Defenses"
Room 1		DRAWING FOR PACKER TICKETS (Must be Present to Win!)		Room 2	ROB ERICKSON , NEW HC UW-Eau Claire "Developing Pride on special Teams Through Drills & Competition for All Units"
9:10-10:10	Rooms 2&3	WFCA HS COACHES BASH! MIKE GNEWUCH , Mukwonago, (OL), CHRIS GREISEN , West DePere (QB), BRANDON WIESE , Belmont (RB), TOM YASHINSKI Onalaska (Receivers), KEVIN SHILLCOX , Two Rivers (DL) JEFF RONDORF & JORDAN SHULL West Bend East (DE), JUSTIN JEHN , West Salem (ILB), CRAIG LOSCHIEDER , Mondovi, (DB), TODD GRANT & JOSH CHAPLIN , Bangor (OLB)	2:50-4:00	Room 3	BEAU MARTIN , LB, UW-Whitewater, "LB Fundamentals and Tackling"
10:10-12:30	Rooms 2&3	WFCA BASH CONTINUES With Free Pizza & Beer, Refreshments & Snacks, Plus Raffle & Door Prizes.		Room 4	BRYANT BRENNER , HC, Regis, D-7 State Champs, "Preventing the Big Play"

FRIDAY, MARCH 31

7:45-8:45 a.m.	Room 4	FCA BREAKFAST	4:00-5:00	Room 2	WFCA BUSINESS MEETING
8:00 a.m. - 8:00 p.m.		CLINIC REGISTRATION		Room 2	DRAWING FOR PACKER TICKETS (Raffle tickets will be handed out as you enter the meeting room)
9:30-11:30	Greenway	NEWMAN CATHOLIC STAFF , 8-Man State Champs, "Cardinal Overview" BELMONT STAFF , 8-MAN State Runner- up, "Braves Overview", RYAN HUMPAL , HC, Amery HS "Drills; Pursue Drills, 2-Unit Drills, etc." DON KENDZIOR , WFCA 8- Man Chairman, "8-Man Updates – Tourna- ment, All-State, All-Star, etc."	4:00-5:00	Green Bay Rm	VENDOR HOSPITALITY HOUR
		JOHN STIEGELMEIER , HC, South Dakota State FCS National Champs "Developing a Blueprint to a Championship Program."	5:10-6:20	Room 1	MIKE TRESSEL , DC/ILB, WI Badgers "Installing the UW Defense"
9:30-10:40	Room 1	JASON TUBBS. , HC, Stratford HS, D-6 State Champs, "Six Tackling Stations"	6:25-7:35	Room 1	DRAWING FOR PACKER TICKETS (Must be Present to Win!)
	Room 2	KYLE STELTER , Special Teams University "Introducing Long Snapping to Your Athletes"	7:40-9:10	Room 1	PHIL LONGO , OC/QBs, WI Badgers, "Installing the UW-Offense"
	Room 3	DAVE RICHARDSON , HOF, Verona HS, "Weekly Development of a Game Plan and Practicing the Plan."	9:25-10:25	Rooms 2&3	LUKE FICKELL , HC, Wisconsin Badgers Guaranteed Rate Bowl Champions "State of Badger Football"
10:50-12:00	Room 1	TOBY GOLEMBIEWSKI , HC, Monroe HS D-3 State Champs "Practice for Success – Organize and Use Your Valuable Time Efficiently at the D-3 Level"			WFCA BADGER BASH , UW Position Coaches JACK BICKNELL, JR. (OL) , MIKE BROWN , (WR), NATE LETTON (TE), DEVON SPALDING (RB), GREG SCRUGGS (DL), MATT MITCHELL (OLB), PAUL HAYNES (CB), COLIN HITSCHLER (S/SP Teams), BRADY COLLINS , (Strength /Conditioning) answer your questions in an informal chalkboard sessions with refresh- ments and snacks provided
	Room 2	DAN BAUDER , DC, UW-Platteville, "3rd Down Coverage and Pass Rush Concepts"	10:25-12:30	Room 2&3	BASH CONTINUES with free beer, soda & pizza, along with raffle and door prizes.
	Room 3	MIKE MCGUIRE , OC, UW-La Crosse, "Packaging RPO's With Various Run Schemes"			
	Room 4	MICHELLE MARSHAL , Team Nutritionist, "Use of Recovery Snacks During Off-Season Lifting, Increasing an Athlete's Dynamic Muscle Mass"			

SATURDAY, APRIL 1

10:00-Noon	McClain Center Camp Randall	BADGER PRACTICE Attendees on the Field with Badger Coaches Conducting Individual Drill Sessions!
4:30-5:30	Room 1	HALL OF FAME RECEPTION
5:30-7:30	Room 1	HALL OF FAME BANQUET

Dreaming of a Weight Room **FIT FOR CHAMPIONS?**

ST. CROIX FALLS

GREEN BAY



HUDSON

OSHKOSH

**WE'RE BUILDING
DREAMS
ALL ACROSS
WISCONSIN.**

BEST QUALITY. BEST VALUE.
BEST SUPPORT. BEST PEOPLE.

DYNAMIC[®]
FITNESS & STRENGTH



1-844-678-7447
www.mydynamicfitness.com

MORE STRENGTH PER SQ FT[®]

**PROUD SPONSOR
OF THE WFCB**

We're a Wisconsin manufacturer
ready meet your strength
equipment needs.

2023 WIAA FOOTBALL ADVISORY COMMITTEE

Meeting Minutes of November 29, 2022

This summary represents the recommendations of the Football Advisory Committee and is not to be construed as a change or revision of existing rules or regulations. The Board of Control will take final action on all items.

Committee in attendance: Paul Ackley (McFarland), Brian Kaminski (Sun Prairie East), Jason Gorst (Spencer/Columbus), Don Kendzior (WFCB Board, 8-Player FB Rep), Doug Sarver (Saint Francis), Tony Biolo, (Wisconsin Rapids Lincoln), Dave Hinkens (Xavier), John Hoch, (WFCB Board), Dan Brunner (WFCB Executive Director), Charna Kelsey recorded the minutes. Excused: Tom Swittel (Milwaukee Vincent)

WIAA Staff in attendance: Tom Shafranski, Deb Lepak, Todd Clark and Eric Dziak.

Meeting called to order by Tom Shafranski at 8:30 a.m. The committee was greeted by Executive Director, Stephanie Hauser.

I. 2021 MEETING MINUTES

- A. How rules are developed or changed — Tom reviewed the 5-step process to develop rules and initiate change.

Motion by Tony Biolo to accept the minutes of Nov. 30, 2021, as presented. The motion was seconded by Brian Kaminski and without further discussion was approved unanimously. 5-0.

II. SEASON REGULATIONS

- A. Review of 2022 Season Regulations Topics/Points of Emphasis and Interest The change of equipment handout on the first day of practice was well received. Paul Ackley discussed consideration of additional non-school contact days during the off-season. Tom suggests bringing a specific proposal back to next year's meeting if it garners support from membership. No action was taken.

1. Coach/Player Ejections

Review of 2022 Football DQs document. Tom addressed the reason for concern. 24» of the 51» Ejections were for fighting. The committee discussed looking at tiered consequences to specifically address the difference between a player being out of control or simply making a mistake. Appeal opportunities already exist in the case of a misapplication of a rule which happens occasionally because the NFHS/NCAA rules are different than the WIAA rules. There was one ejection reversal this year.

a. Ejection Policy/Procedures

The committee discussed the occasion when an ejection occurs during a contest but a player is misidentified. In this case the player should have U15 opportunity to be reinstated and the correct player to be identified. Officials are already conferring on ejections. Additionally, they discussed the level of the penalty and the importance of getting it right The committee reviewed the Michigan High School Activities Association Ejection Review and Protocol.

Motion by Tony Biolo, seconded by Paul Ackley, to adopt the ejection protocol as it relates to the misidentification (if officials confuse or mixed up a player's number) of an individual player, and in the case of the misapplication of a NFHS rule that directly results in an ejection, to recommend member school administration

must submit the school's request to the WIAA office. Email must include only: sport, level, location, date the ejection occurred: date of next day of competition for the ejected individual: names of officials involved in contest. Reviewable categories are: Rules misapplication and Individual misidentification. Ejected athlete's name: uniform number: include unedited video clip. WIAA decision is final. No further appeal to the WIAA Board of Control. After further discussion, the motion passed unanimously.(5-0)

2. Length of Season

- a. Start one week later - No support.
b. Reduce to 8 games -
This does not have the support of the WFCB membership. Generally, coaches would welcome more games not less. No action was taken.

3. Forfeits & No Contest

- a. Conference game replacement - Loss
The committee reviewed forfeitures, seeding and cancelled games in the "Key Football Interpretation for Contests in 2022" document along with the email from DC Everest regarding a non-conference no contest to consider possible changes to the language. WIAA will highlight current policies on the Football page of their website. No action was taken by the committee.

4. Football-Only Conference Realignment

- a. Conference crossovers
This should be addressed by the Conference Realignment Task Force and at the Conference level in the by-laws, therefore no action was taken.
b. Review of FB-Only schedule/Alignment of 2022 There was no discussion.
c. Conference Realignment Process - two-year cycle — Deadline Change. The October 1st deadline worked very well.
d. 8-player Changes
Conferences are well established. Currently there are 9 official conferences. It is expected that this will level off at some point.
e. Co-op Deadlines — The October 1st deadline worked very well.
f. Conference Realignment Task Force Update – Melissa Gehring

Tom introduced Melissa to describe the Task Force's process for realignment. They will be reviewing all football requests for relief. There were initially 75 Requests for relief by October 1. After sharing ideas by the Nov. 1st deadline for finalization this number was down to 55. Some requests are broad others are simple switches within a Conference. Currently 30 plans are being looked at. All involved schools are notified and asked for feedback. The December 6 meeting to address all plans will look at geographical regions. This is only the first step, look for more information at that time.

The 8-player league will be looked at as a single plan.

CHAMPIONSHIP RINGS



THEY

NEVER SAID IT WOULD BE EASY

THEY ONLY SAID IT WOULD BE

WORTH IT



Midwest Scholastic has partnered with the WFCFA to provide the State Championship Rings throughout the state of Wisconsin. Simplified, streamline process makes it easy on the coach. Great pricing makes it affordable for the parents. Contact us for more details.

Mark Fredrickson

markf.mws@gmail.com

mwscholastic.com

J.C. Fish

jcf.mws@gmail.com

The Committee reviewed the initial objective of Football only Conferences which was to create uniformity in the number of schools in each conference. The Advisory Committee does not support big changes “blowing up” multiple conferences to solve a few individual problems. “We do not want to create new problems for multiple schools and conferences.” The Advisory Committee expressed concern regarding Super Conferences and All-Play without identifying an opinion about a potential solution.

The Task Force will focus on those teams getting beat up repeatedly during the regular season. They will prioritize conference size, geography and enrollment. Melissa acknowledges the complexity of the issues. Individual programs that are not satisfied by their placement will be allowed to appeal through the Board of Control. No action was taken.

5. Constitutional Items - Four-Year Sanction changed to two-years. No further discussion.
6. Calendar — 3 Year | NFHS 2024 is a roll-back year. The committee reviews the calendar each year. In 2029 the calendar will roll to earliest possible date on August 1st. No action was taken.
7. Overtime Procedures
NCAA rule is called after two (2) overtime periods, HS is after three (3). No current conversation as currently no issues have been identified.
8. Running up Scores
Motion by Tony Biolo to recommend a rule change to initiate a mandatory running clock when the point differential reaches 35 points in the 2nd quarter of a contest. Conversely, the running clock will stop if in the 3rd quarter the point differential if the score differential falls below 35 points. Brian Kaminski seconded the motion. Being no further discussion, the motion was approved by a unanimous vote. (5-0).
 - a. First half score cap — None needed, the earlier motion addresses this issue.
9. Wilson Footballs (price and quality - email Iola)
No action taken. In the experience of the active coaches the Wilson Reps have addressed any quality issues when brought to their attention. Teams are free to use the ball of their choosing in regular season games.
10. Other Items from the Regular Season
None were identified; therefore, no action was taken.

III TOURNAMENT PROCEDURES

A. Review of Qualifying criteria:

1. 8-player qualifying — enrollments over 200 do not count. The committee does not recommend change to this rule. 16 Team tournament means 10+ teams with winning records will not participate.

The 8—player league Rep., Don Kendzior, recommends increasing the field by 16 teams (32 teams/2 Divisions). The divisional break would be based on the enrollment of the qualifying playoff teams each year. All enrollments above 200 remain ineligible.

Motion by John Hoch to recommend establishing in 8-player football: 2 divisions of 16 teams and 2 State games with no impact to Division 7 in the 11-player league in 2021 as follows: The 32 8-player teams qualifying for the playoffs will be grouped by enrollment (Lg/Sm), on the basis of enrollment in the 2024-2025 WIAA Directory of Member

Schools. Cooperative teams will be listed on the basis of the enrollment of both schools. Dave Hinkens second the motion. There was no additional discussion and the vote was unanimous. (5-0)

2. Teams reaching State not dropping to a lower division
Early discussion about competitive balance and divisional placement. Also, the opt-down criteria which should be established using past success with some exception. (For example, the loss of a significant number of senior players). The WIAA will also track the success after a team is pushed up a Division. The WIAA acknowledges that some teams may be affected without the opportunity for appeal; however, appeals must end at some point.
 3. Forfeits and the effect on qualifying - conference & non-conference – The committee took no action.
 4. Enrollment numbers (Wrightstown email)
WIAA staff is adjusting enrollment language for divisional ties. It will be consistent with other sports where the previous year’s enrollment is used.
- B. Auto-seeding Factors
1. Head to Head
Currently the higher seed hosts. Some instances occurred where a higher seed was given to a team that had just lost to the lower seed in a head to head contest. The group discussed considering putting weight on the head to head competition. Example - 4/5 seed, when in a head to head contest the identified 4 seed has beat the 5 seed, flip the seeds. WFCA reps will continue to work with WIAA reps on the Head to Head consideration in seeding. No action taken.
Motion was made by Tony Biolo and seconded by Paul Ackley, to suggest a change in the process for seeding to 2 geographical groupings of 16, instead of the 4 groupings of 8 currently employed, minimizing first round conference matchups to begin in 2023. Being no further discussion, the vote was unanimous. (5-0)
 2. Overall wins more weight
The committee feels this is correctly applied in the seeding process.
 3. Forfeits and Exhibition games - No change recommended.
- C. Other Concerns from Level 1-Level A
- D. State Tournament Format
1. All-Play - There is currently no support for all-play where a #1 seed will play a #16 seed among members.
 2. NIT Addition - The WFCA Survey was in favor the current Playoff format by a small majority.
 3. POD Addition - Not supported by the majority of the WFCA.
 4. All teams must play or ID one month prior
45.6% would like some kind of tournament competition for those not qualifying for the playoffs. The committee recommends no change to the 9-game regular season and the 224 playoffs satisfying the majority concern. Then considered the following 2 additional tournament options to address the concerns of the additional 45.6% of teams.
 - a. Consider a consolation bracket. First round of defeated teams from the 224 tournament advance to the consolation tournament. First-round winners of this bracket would play a championship game.
 - b. Teams not qualifying divide into 2 geographic areas (N/S). Teams would be seeded and paired to play teams with similar enrollment records and computer rankings 8 or A team winner/consolation groupings.



We're changing the game (again).



Hudl Focus Outdoor

Our hands-free AI cameras for indoors is now equipped for stadiums. Automatically record, upload and livestream in HD without having to pan or zoom. Plus, subscribers get exclusive access to the Focus Exchange Network film library.

"Quality-wise, it's spot on. It's great. It's brilliant."

Todd Witten
Rejoice Christian High School (Okla.)

Hudl Beta

Video and tendencies side by side. Group chatting on screen. Add and edit data on the fly with a click. More and more coaches are making the switch to Beta, and saving even more time with Hudl Assist reports, for their most important gameplanning work.

"It's so much faster than filtering in Classic and building out those library reports. This is an instant library report."

Spencer Dorn
Former Division 1 FCS video coordinator



Blitz '22 is coming soon. Check out our Rewind to catch up on Blitz '21.
hudl.com/blitz



BLITZ21

THE HUDL FOOTBALL COACHES SUMMIT

Motion by Brian Kaminski to recommend that football expands to an 11-game season, defined by a maximum of nine regular season games and at least two (2) post season brackets. Seconded by Tony Biolo. Being no further discussion, the motion passed unanimously. 5-0.

- E. 8-Player Tournament - Edits
200 Enrollment Number for Tournament Eligibility - This should stand no action taken.
- F. The “Reveal” Show
TV Coverage Announcing the Football Tournament Field Great; Please continue.
- G. Other Items from Tournament Series
Allow heated benches at a neutral site - Sideline heaters are currently allowed, should benches be added to the language, specifically disallowed or remain as is? The Committee discussed this, but felt no action was warranted at this time. Sideline heaters only will be allowed at neutral site contests.

IV. MISCELLANEOUS

- A. Competitive Equity - Public & Private School success - No discussion or action was taken.
- B. Seasonal Placement - No discussion.
- C. Sport Meeting Video and Exam - Review of uniform situations would be helpful. Key football interpretations would also help from Tom’s document.
- D. Items from Coaches

V. ITEMS FOR 2022 FOOTBALL Meetings

WIAA staff suggests considering one north, and one south at-risk Head coach added to the Football Advisory committee as voting members in order to add perspective.

Motion by Tony Biolo in support of adding two head coaches from at-risk programs. One from the north, and one from the south, selected by the WIAA, as voting members of the Football Advisory Committee beginning in 2023. The motion was seconded by John Hoch and after some discussion passed unanimously. (5-0).

Motion to adjourn the meeting by John Hoch and seconded by Tony Biolo at 2:45 pm

Respectfully submitted by Charna Kelsey! Deb Lepak.

NCAA/NIL
RULES – Clarification for HS Players

On Jan 1, 2023 the NCAA issued a new bylaw that enables the NCAA to act on the “**Presumption of a Violation Related to NIL Activities**”. What is important to note on this topic for high school student-athletes is that no longer does the NCAA need to collect written evidence (text, email or phone records) to justify that there was an impermissible contact or offer made to a prospective student-athlete. In accordance with the new bylaw, “*when available information supports that the behaviors leading up to, surrounding and/or related to an NIL agreement or activity were contrary to NCAA Division I legislation and/or the interim NIL policy, the enforcement staff and NCAA Division I Committee on Infractions shall presume a violation occurred.*” From that point it will be up to the institution to rebut this claim.

It is important that high school student-athlete understand that they;

1. Can not be in contact with a third party representative (booster/collective) of a university about NIL deals until after they sign with the institution
2. Can not receive an offer from institution’s staff for an NIL opportunity during the recruitment process
2. Can not enter into a NIL agreement or announce it prior to the student-athlete enrolling in the institution.
3. They can not participate in an NIL activity until after they enroll in the institution.

This document outlines the impermissible contacts, offers and benefits that the NCAA is concerned with and how it will conduct its investigations.

Make Your Reservations Now!

WFCA SPRING FOOTBALL CLINIC

MARCH 30 - April 1, 2023

Marriott Hotel in Middleton, Wisconsin

Your 2023 membership includes this year’s clinic.

The WFCA Clinic in Middleton has long been regarded as the largest all football inservice event in the nation! Plan to attend and take full advantage of the benefits of membership in the Wisconsin Football Coaches Association.

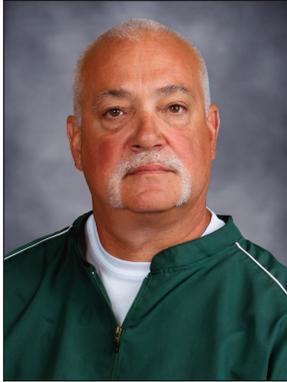
2023 clinic speaker schedule is printed in this issue.



FUEL YOUR GAME FROM KICKOFF TO THE FINAL WHISTLE. WIN FROM WITHIN.®

8-Player League Chairman, Don Kendzior

The History of 8-Player Football in Wisconsin



Don Kendzior

The history of reduced - player football in the state of Wisconsin runs deeper than you think.

Dating to 1937 with six - player football the sport evolved into primarily eight - player football by 1956. Just over a decade later, 11 - player football became the norm and continues to rule Friday nights.

Since 2012, eight - player football has seen a resurgence across the state. Following its reinstatement by the WIAA, the sport has grown to over 67 teams for the 2024 season. In 2018, the state of Wisconsin saw its first ever reduced player state championship game.

Coaches and administrators from Abundant Life, New Auburn and Luck spearheaded eight -player football in the 2010/11 school years, after a 43 year hiatus spanning 1969 - 2012.

2012/2013

- 16 teams participated in eight - player football
- A WIAA organized 8 team jamboree event was played at DC Everest.
- The first ever all star game was played in Rice Lake spearheaded by Don Kendzior (North 40) and Mark Martinez (South 24)

2013/2014

- Several more teams joined eight - player football
- A WIAA organized 8 team jamboree was once again played at DC Everest
- The second eight - player all star game was played in Middleton spearheaded by Ryan Humpal (North 40) and Mark Martinez (South 0)
- WFCFA recognized eight - player football by adding representation to its organization

2014/2015

- Several more teams joined the eight - player field
- A WIAA organized 8 team jamboree was once again played at DC Everest
- WFCFA agreed to add eight - player football to their all star events
- WFCFA added an eight - player liaison for the all star week and game
- Eight - player all star coaches and players were housed in Oshkosh for a week leading up to the first ever WFCFA reduced football all star game
- All star game was held the third Saturday in July and were coached by Ron Hanestad (North 20) and Pat Keehen (South 14)
- WIAA and WFCFA added a eight - player representative to the Football Advisory Committee.

2015/2016

- Eight - player field continued to increase
- WFCFA included and recognized all region and all state eight - player members
- WIAA once again hosted a Jamboree event
- All star activities and game was in Oshkosh coached by Don Kendzior (North 48) and Pat Keehen (South 14)
- WFCFA hosted their first eight - player round table at their annual spring clinic

2016/2017

- WIAA jamboree was held at the end of the season
- All star activities were in Oshkosh coached by Matt Dunlap (North 32) and Jeff Supernaw (South 20)
- WFCFA football advisory committee proposed a 16 qualifying field with a state championship game, being played at level 4 at a neutral site in 2018. **WIAA approved.**
- 2 round table sessions at the annual spring clinic were held
- Surveys taken on length of season, games per season, and future playoffs
- WFCFA increased number of all state players

2017/2018

- Survey results - 80% wanted an 8 game season starting a week later than 11 player and playing a state championship game at level 4 of playoffs at a centrally designated site.
- WFCFA advisory committee proposed these at the WIAA meeting

- **WIAA approved** for 2020 season (canceled) implemented 2021
- Oshkosh and Whitewater housed eight - player coaches and players for the all star week with the game played at Oshkosh, which were coached by Ryan Humpal (North 36) and Corey Richert (South 18)

2018/2019

- Eight - player teams increased to over 50
- WIAA hosted the first ever state championship game at Stanley Boyd - Luck 30 Sevastopol 38
- Whitewater and Oshkosh hosted the all star week activities with a game played at Oshkosh, which were coached by Ryan Karsten (North 6) and Paul Michlig (South 21)
- WFCFA expanded its executive board by adding an eight - player chairman and increasing its region representatives to two
- WFCFA annual spring clinic lineup included (State Champion and runner up teams)

2019/2020

- State Championship game was played in Chippewa Falls between Luck 42 and Wausau Newman 27
- All star games and activities were canceled because of the pandemic
- Spring clinic was also canceled because of the pandemic

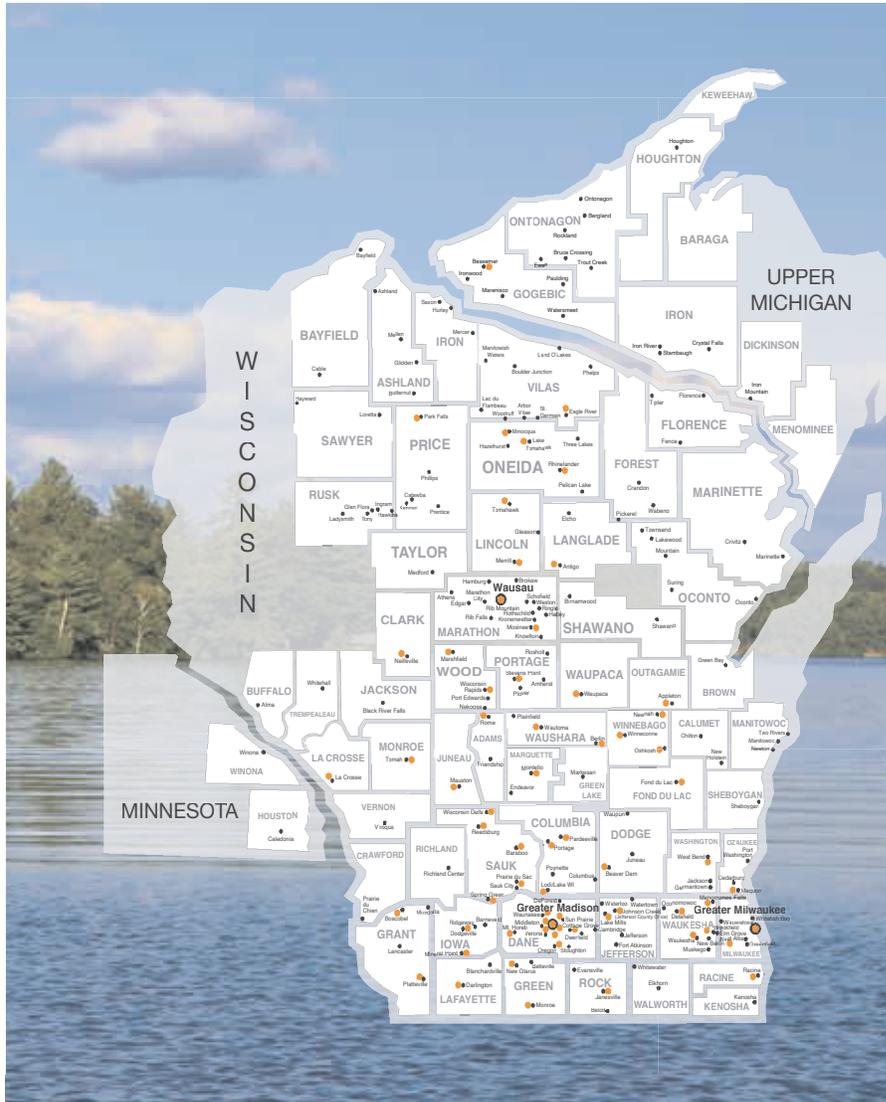
2020/2021

- Football season started 1 week later than 11 player
- Eight - player football played 8 games
- No State Championship game played because of the pandemic - WIAA modified a 9th game to those teams interested
- Oshkosh and River Falls housed eight - player teams and coaches for a modified week with Oshkosh hosting the game coached by Matt Schoeneman (North 16) and Brandon Wiese (South 35)
- WFCFA spring clinic lineup included 2019 State Champions and runner up speakers

2021/2022

- Eight - player started 1 week later than 11 - player and played 8 games.
- State Championship game was designated in advance at Wisconsin Rapids and played by Luck 6 and Wausau Newman 49
- Surveys taken on future playoffs due to expansion of over 50 plus teams and teams with .500 and above left out of the 16 team field

First Weber Is EVERYWHERE



Southeast & Northeast WI

- 🏠 Brookfield Corporate Commercial Concierge Desk
- 🏠 Appleton
- 🏠 Berlin
- 🏠 Brookfield/Elm Grove
- 🏠 Fond du Lac
- 🏠 Lake Country
- 🏠 Menomonee Falls
- 🏠 Mequon
- 🏠 Metro South
- 🏠 Neenah
- 🏠 North Shore
- 🏠 Oshkosh
- 🏠 Racine
- 🏠 Waukesha
- 🏠 Waupaca
- 🏠 Wautoma
- 🏠 West Bend
- 🏠 Winneconne

South Central & Southwest WI

- 🏠 Madison Corporate Relocation Commercial Concierge Desk
- 🏠 Baraboo
- 🏠 Beaver Dam
- 🏠 Boscobel
- 🏠 Cambridge
- 🏠 Capitol
- 🏠 Darlington
- 🏠 Dodgeville
- 🏠 East Madison
- 🏠 Fitchburg/West Madison
- 🏠 Janesville
- 🏠 Jefferson County
- 🏠 La Crosse
- 🏠 Lake Mills
- 🏠 Lodi/Lake Wisconsin
- 🏠 Mauston
- 🏠 Middleton
- 🏠 Mineral Point
- 🏠 Monroe
- 🏠 Montello
- 🏠 Mount Horeb
- 🏠 New Glarus
- 🏠 Oregon
- 🏠 Pardeeville
- 🏠 Platteville
- 🏠 Portage
- 🏠 Prairie Du Sac
- 🏠 Reedsburg
- 🏠 Spring Green
- 🏠 Sun Prairie/East Towne
- 🏠 Tomah
- 🏠 Waunakee
- 🏠 West Towne
- 🏠 Wisconsin Dells

Central, Northwoods, West Central WI & Upper MI

- 🏠 Antigo
- 🏠 Bessemer
- 🏠 Eagle River
- 🏠 Marshfield
- 🏠 Merrill
- 🏠 Minocqua
- 🏠 Mosinee
- 🏠 Neillsville
- 🏠 Park Falls
- 🏠 Rhinelander
- 🏠 Rome Lakes
- 🏠 Stevens Point
- 🏠 Tomahawk
- 🏠 Wausau
- 🏠 Wisconsin Rapids



Ingrid Swittel

Relocation Specialist

414.315.3069

iswittel@firstweber.com

ingridswittel.firstweber.com



FIRSTWEBER
— REALTORS® —

The human side of real estate.

firstweber.com

- All star week and game was run the same as 2021 and coached by Ryan Karsten (North 23) and Tyler Maney (South 6)
- Survey results - Members wanted to see 2 - 16 team fields with 2 State Championships played at the same site during level 4 playoffs
- WFCFA advisory committee proposed eight - player playoff recommendation from its members - **WIAA denied**
- WFCFA clinic lineup included 2021 State Champion and runner up

2022/2023

- State Championship played at Wisconsin Rapids between Belmont 0 and Wausau Newman 54
- WFCFA increased its all state players to 14 individuals
- Oshkosh and River Falls will host the all star players and coaches coached by Jordan La Blanc (North) and Mike Peck (South)
- 2024 eight - player field increased to over 67 teams
- WFCFA advisory committee once again proposed a 2 - 16 team field with 2 State Championship games played at level 4 in Wisconsin Rapids for the 2024 season. This proposal was because of an increase in teams in 2024 and teams being left out with .500 and above records in 2022. **WIAA denied**
- WFCFA clinic lineup includes 2022 State Champion and runner up teams

Conversations continue to take place between the WFCFA and WIAA to promote and maintain eight - player football in the state of Wisconsin.

RECOGNIZE RISK AND SAVE A LIFE

By: The Jason Foundation, Inc.

The statistics are almost overwhelming. Suicide is the second leading cause of death for youth aged 12-18 in Wisconsin, resulting in one death every 9 days within this age group. Many people consider suicide an event that only happens “to someone else.” That couldn’t be further from the truth. Though it’s easy to think of suicide as a tragedy that happens to other families or schools, it’s important to understand that suicide crosses all racial, economic, social, and ethnic lines. For every suicide, roughly 147 people are directly or indirectly affected by that death. That’s where the work of The Jason Foundation is so vital.

You may be wondering, Who’s Jason? Yes, The Jason Foundation is named for a person.

In the summer of 1997, Jason Flatt was an average 16-year-old. He loved his friends. He loved sports, especially football. A solid B-student, he was active in his youth group and was always up for trying new things. All that changed on July 16 that summer. On that day, Jason transitioned from student to statistic when he took his life.

Jason’s father, Clark Flatt, discovered his son at the family’s home that afternoon when he failed to reach him by phone. In the almost 25 years since, Clark and the JFI staff have reached untold numbers of youth, educators, parents, and coaches through their work.

The Jason Foundation, Inc. (JFI) is a nationally recognized leader in youth and young adult suicide prevention and awareness. Its mission is to provide programs and resources for students, educators, parents, and communities to help recognize and assist young people who may be struggling with thoughts of suicide. JFI teaches the warning signs and risk factors of youth suicide so that everyone from peers to coaches to grandparents can get help for the young people in their lives who need it.

JFI refers to youth suicide as a “silent epidemic,” because so few people talk about it. They don’t discuss it among family members or with friends and colleagues. There’s a belief that if someone talks about suicide, then it plants the idea in a young person’s mind. The opposite is true. Talking about suicide doesn’t give someone the thought that ending their life is something to consider.

A frank, open, and honest discussion with your child or student athlete about your concerns shows them how supportive you are in helping them cope with their feelings. Though

death is an uncomfortable subject for many people, it is important to be able to talk about it openly and honestly. There should be no fear in talking to young people about suicide.

Approximately 80 percent of those considering suicide exhibit some sign of their intentions, either verbally or behaviorally. The following is a list of warning signs that a person contemplating suicide may present. It is, by no means, an exhaustive list.

- Talking about suicide
- Making statements about feeling hopeless, helpless, or worthless
- Deepening depression
- Preoccupation with death
- Taking unnecessary risks or exhibiting self-destructive behavior
- Out-of-character behavior
- Loss of interest in the things one cares about
- Making final arrangements
- Giving away prized possessions

Everyone needs to be aware of the warning signs associated with suicidal thoughts and know how to respond if someone’s behavior causes concern.

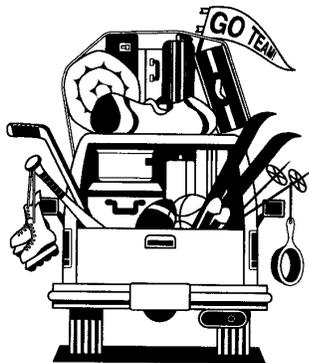
JFI is proud to offer the training module Suicide Prevention for Student Athletes: A Training for Coaches and Athletic Personnel. In this presentation, we delve into the problem of suicide within student athletes, the unique pressures that they face, and hear from several experts on the subject. You can access the training on our website ([www.jasonfoundation.org](#)) and looking for the Educator/Youth Worker/Coach heading under the How to Get Involved Tab.

Through the affiliation between WFCFA and The Jason Foundation, you have access to a wealth of information that can be utilized in your professional and personal life. Visit our website, [www.jasonfoundation.org](#), to learn more about the programs available through this affiliation, and how you can become involved in suicide prevention.

The National Suicide Prevention Lifeline, 1-800-273-TALK (8255), is a free resource that is available 24 hours a day, seven days a week, for anyone who is in suicidal crisis or emotional distress. The Crisis Text Line is a free, 24/7 text line where trained crisis counselors support individuals in crisis. Text JASON to 741741 to speak with a compassionate, trained crisis counselor.

If you are experiencing a crisis, call 911 or go to your nearest emergency room.

**HAVE YOU MOVED
OR CHANGED YOUR
EMAIL ADDRESS?**



Let us know!

Drop us a line at:
P.O. Box 8
Poynette, WI 53955
or by email at:
office@wifca.org

THANK YOU!

CARROLL UNIVERSITY FOOTBALL



CARROLL UNIVERSITY IS STARTING OUR SUMMER CAMP SERIES. JUNE 15TH AND JULY 21ST AT CARROLL UNIVERSITY. IF YOU WOULD LIKE TO ATTEND, PLEASE CONTACT RECRUITING COORDINATOR COACH HOLLEY FOR DETAILS.

WE ARE OPEN TO TEAM CAMPS THIS SUMMER. IF YOUR STAFF WOULD LIKE TO COORDINATE A CLINIC WITH US, DON'T HESITATE TO CONTACT HEAD FOOTBALL MIKE BUDZISZEWSKI.

2023 SCHEDULE

SEP 9-6 PM HOME VS. WLC
SEP 16-1 PM AWAY VS. NORTH PARK
SEP 23-1 PM HOME VS. IWU
SEP 30-1 PM AWAY VS. AUGUSTANA
OCT 7-6 PM AWAY VS. NORTH CENTRAL
OCT 14-1 PM HOME VS. ELMHURST
OCT 21-1 PM HOME VS. WHEATON
OCT 28-1 PM AWAY VS. CARTHAGE
NOV 4-1 PM HOME VS. MILLIKIN
NOV 11-1 PM AWAY VS. WASH U-ST. LOUIS



CONTACT EMAIL: MBUDZISZ@CARROLLU.EDU



GENERAL FOOTBALL

WHAT IS YOUR WHY?

By: Jason Wagner, Former Associate Head/0-Line Coach/Strength & Conditioning Coordinator, UW-Platteville



Jason Wagner

I would like to start out by thanking the Wisconsin Football Coaches Association for allowing me the opportunity to contribute this article. Also thank you to Head Football Coach Mike Emendorfer and the University of Wisconsin-Platteville football staff for all their support. Together all of us can make a difference in individuals lives.

Most coaching books start with a discussion of the importance of creating a coaching philosophy and follow up with a section on creating goals. But to define a coaching philosophy and set goals, you must first understand and express WHY you coach and what principles will guide how you coach.

A coaching purpose defines why you do what you do; it is your fundamental reason for being a coach. Your purpose also represents your enthu-

siasms for coaching. Coaches by description are competitive and driven to succeed. This attribute combined with outside pressure from others to win can easily cause coaches to lose sight of their true purpose. A traumatic life moment is often the trigger that causes a coach to pause and reflect on the why. The recent COVID-19 pandemic has allowed me to reevaluate my WHY, it has changed my coaching outlook.

Whereas clarity of a coaching purpose serves as an inspiration for navigating the rough waters of coaching, core values are the expectations and standards that coaches and their athletes use to hold each other accountable and build a culture of excellence. Some coaches core values are a pledge or agreement that holds teams together. Successful coaches ensure that their programs core values are clearly aligned with their coaching purpose. This is very important to me and something that I try not to stray away from.

One of the most successful coaches of the 21st century is Bill Belichick. His coaching purpose was formed early in life. His coaching purpose is rooted deeply in the pursuit of excellence and a love of football. The single core value that has long served as the guiding principle for all the teams he has coached is summed up in the simple mantra “Do your job!” Unwavering commitment to this core value is demonstrated through relentless preparation, incredible attention to details, a team-first attitude, and an intense work ethic. As the great Bill Belichick says it “Do your job!” is also an expression of

Hall of Fame Coach Mike Emendorfer. What I have found is that it takes many people to make our program successful. We all have to do our job to be successful.

You will know you have found your coaching purpose when your purpose is inseparable from who you are as a person. Your purpose and core values, then, serve as a window into your coaching soul which is the essence or embodiment of who you are as a coach and why you coach. The most effective coaches are acutely sensitive to this basic concept. I know that I am.

Your coaching purpose and core values need not be validated by others. Your purpose and values are right if they are personally meaningful and inspirational. Together, your purpose and core values make up what is sometimes referred to as your core belief – your continuing character and identity as a coach. Your core belief as a coach matters because it gives meaning to your work and has the power to ignite passion and sustain the long-term commitment required to become an effective coach.

I hope that this article inspires you to relocate your WHY. In order for any of us to be a successful coach and to get buy-in from our players we really need to know who we are before any of that can happen. Identify your why and do great things. This was a great time for me to reflect on my why. I truly enjoyed taking the time to write down my thoughts and reflect on something that not only improved me but I hope will help you as well. If there is anything that our staff or I can do for you please do not hesitate to contact us.

FOR THE LOVE OF THE GAME... THE BLUE DEVIL WAY

By: Garth Coats, Head Football Coach Evansville High School



Garth Coats

I would like to thank Jim Matthys for reaching out to me to write this article for *The Point*

After II. I have regularly read these articles since my own coaching career started back in 2010, at age 22, fresh off my playing days at UW-Whitewater and thinking that the success I attained at both the high school and collegiate levels would provide me with all of the answers and knowledge needed in my new role as a coach. I was wrong, but in the process had my eyes opened to what it truly took to run a program from the ground up. I was extremely fortunate to learn from and alongside WFCFA Hall of Famer and my own Coach as a player, Ron Grovesteen, and through our 10 years working together was able to see first hand the time, effort and care he put into the program to turn it into and sustain it as one of the most revered programs in the south central part of the state over his nearly 50 years on the Blue Devil sidelines.

When I was announced as the next Head Coach at Evansville in late June of 2020, I was faced with the realization that my inaugural season may not take place due to the ongoing pandemic. Coupled with expectations to live up to and hopefully exceed the foundation and legacy that Coach Grovesteen had established during his time here, it was quite a lot to process. Everyone in Evansville has a son, brother, uncle or relative that has played for the Blue Devils and Coach Grovesteen so the pressure was present and inquiries into how things would work moving forward were plenty. Without my time under Coach Grovesteen, I may not have been equipped with the skills necessary to be the lead man in charge. I want to thank Coach Grovesteen for all of our time shared on the sideline, in meetings, on and off the fields. To have become friends and colleagues through football



FIREBIRD FOOTBALL TEAM CAMP

SESSION 1 ***SESSION 2***

JUNE 25TH - JUNE 27TH

JUNE 27TH - JUNE 29TH

SESSION 3

JUNE 29TH - JULY 1ST

CAMP INCLUDES:

3 DAYS - 2 NIGHTS

6 PRACTICE SESSIONS

MAX FOUR TEAMS PER SESSION

***<40 PLAYERS - \$250 40-50 PLAYERS - \$240
50-60 PLAYERS - \$230 60+ PLAYERS - \$220***

has been an amazing reward for me, and I hope to have made and continue to make you proud.

From day-one, I made it clear that new ideas and concepts were not introduced because I felt the old way was wrong, or that I was right, it was simply because I have a different way of doing things, as every head coach does. Tradition is important to recognize and celebrate. Hard work is non-negotiable. And you must have Pride in what you are doing, and what you are a part of. To understand and acknowledge those that have worn the uniform, used the terminology, run the same plays and drills as you are currently running, and played on the same game field as you makes you realize you are part of a far-reaching family. One that has your back even if they have never met you personally. As an alum, I can say this was, and is, an amazing feeling and atmosphere that Evansville is lucky to have.

The cycle of Blue Devil football development begins at a young age through our K-4

flag football league that takes place during the varsity season each Saturday morning. In addition, a 5th and 6th grade full-padded tackle season also takes place. The unique thing about our set-up is that after our JV and Varsity finish their recovery workouts/lifts and film study, they are able to put their coaching hats on and give back to the youth of the community and work as coaches to our youngsters. The Varsity coaches also help to facilitate and supervise, but overall, after initial set-up, the joy and engagement that our youth get out of being coached and instructed by our high school players is second to none. It helps foster a love of the game without the negative player-coach experiences or burn out factors that affect so many of our youth programs today. It is an added time commitment for both our players and staff, but extremely rewarding to establish a Blue Devil foundation at a young age.

When our players reach high school, much of the foundation has already been built. From there we “build our own house” each day we step onto the practice field. Our players are coached hard as we want them to learn how to execute outside of their comfort zones, and at the end of the day we remind them that sometimes coaches tell you the things you need to hear, instead of what you want to hear, as a means of getting you to play up to your full potential.

Every season brings with it a new set of challenges, obstacles and opportunities. In Evansville, I am very lucky to have worked as part of a staff and now in a position to lead a staff that understands how to work with student-athletes to get them to realize that hard work pays off, being coachable is a life skill, and holding yourself accountable is the baseline for sustained success. I am looking forward to many years to come, building upon these principles, and pushing future Blue Devils teams to heights they themselves may not have realized are attainable.

BUILDING TEAM SUCCESS

By: Mike Janke, Head Football Coach, Wisconsin Dells High School



Mike Janke

After taking over the Wisconsin Dells football program in the spring of 2020, our coaching staff came up with the same goals many coaching staffs across the country preach every year: Win the conference championship, qualify for the WIAA playoffs, win a playoff game, and win the state championship. Then came the hard part... Getting 60 or so high school kids on the same page and seriously buying into those goals. Our program had not won a conference championship since 2007 and not qualified for the playoffs since 2012. The last playoff win was in 1986.

After assembling the coaching staff and setting our team goals for the 2020 season, we immediately started putting together a Leadership Council composed of seniors, juniors and sophomores. We had Zoom meetings regularly throughout the spring and summer to make sure that everyone was on the same page. Remember, spring of 2020 we were all locked in our homes watching countless hours of film, thinking of crazy ideas to use, etc. Fun times. My main concern was, however, there were no or-

ganized strength and conditioning programs due to the COVID pandemic. This Leadership Council gave our staff a 2 way system at contacting our players: 1. through us and countless texts and emails on a daily basis and two. 2. A trusted player who had to apply and interview to be a focal part of getting the program to the next level.

Each senior and junior on the Leadership Council was in charge of 8 or so other players (freshmen-seniors) which included tracking their workouts on a Google Sheets document and making sure they were putting in the work to make sure they were ready for the season. We used the Plt4m strength and conditioning app to distribute at-home workouts and track progress to determine which players were working on a daily basis. The 2-way approach helped create an environment of accountability. These were the building blocks to team success on the football field. The 2020 team finished with a 4-3 record and qualified for the WIAA playoffs for the first time since 2012. This was the first step to creating team success in our football program: strength and conditioning accountability.

Now fast forward to summer of 2021: we are mostly back to normal in our weight room and summer strength and conditioning class has the green light to go forward. Our main goals this year were to build those S/C participation numbers even more, get more program buy-in, and work towards the other two goals- a conference championship and a playoff win. As a football program, we focused on the number 80 all summer: 80% of our players in the strength and conditioning program, 80% attendance throughout the summer, and if those happened we would win 80% of the games we played in the fall. We have always tracked our max lifts and speed numbers

in the past, but we were more focused on our participation numbers this time around. The Leadership Council was still engaged in this process, but now that we could be together we needed to get to that next level.

We all know the benefits that team weight room lifting has for our kids physically, mentally, and socially. This was the 2nd step we needed to compete for a conference championship. Day in and day out, we had just over 80% of our juniors and seniors in the weight room. Freshmen and sophomore numbers reached about 90%. We had all but one starter working out every day as a team, pushing each other and always reminding each other why we were in this room 4 days a week. The beginning of this process started over a year ago, but it was finally starting to come to fruition with these participation numbers.

The 2021 football season was a success and we finished with an 11-1 record, a South Central Conference Championship, and 2 playoff wins. Making it to Level 3 of the playoffs was a great ride and we accomplished all but one goal we had. However, the success we had in October/November started in March of 2020. A plan that was put in place to help build a winning culture was centered around accountability and having the players invested in themselves and a Leadership Council working remotely and making sure each player was being responsible for their individual investment. Then that was carried over to being back in-person and getting 80% of everybody in the weight room. Success is not built overnight, it is a process that takes all student-athletes and coaches to buy-in. Trust the process and invest in each other, the results will be great.

CONCORDIA UNIVERSITY WISCONSIN



SUMMER VISIT DATES FOR 2024 SENIORS



**FRI 6/9
9:30AM**



**MON 7/17
9:30AM**



**MON 7/31
9:30AM**

PRACTICE WHAT YOU PREACH

By: Peter Jennings, Head Football Coach, UW-Oshkosh



Peter Jennings

As football coaches, teachers, mentors, and lifelong learners, we are constantly looking for ways that we can improve our program. One area that, at times, may get lost in the shuffle of program improvements is HOW and WHAT you practice. Practice time and reps are absolutely invaluable and wasting one minute, or one rep can be costly on game day. With that being said, I am going to use this article to discuss 5 areas of our practices that can be easily adapted and implemented.

What's important to you? Teach it, repeat it, expect it, and be relentless in pursuit of it. We feel the most important stat in football (outside of the final score) is Turnover Margin. It is because of this that we are constantly teaching, repeating, expecting and pursuing perfect ball

security. Players are not allowed to carry a football in practice without the wrist being above the elbow. There is no ball on a hip, being palmed, etc. Every coach on both sides of the ball is looking for proper technique in this area. We do not accept the alternative. Ball security may not be the emphasis your program needs, but whatever you find important be sure to hold your players and staff members accountable. Teach it, repeat it, expect it, and be relentless in pursuit of it.

Stay on schedule! Like many programs in today's world of football we do not condition after practice. Instead, when our players hit the field they are running. There is no walking inside the white lines, and similar to our emphasis on ball security, our coaches do not accept the alternative. In conjunction with how we get to and from drills, we absolutely STAY on schedule. We do not start group drills late. If the OL is going against the DL for 1-v-1, they may leave their individual drills 30 seconds early to ensure there is no wasted time in the upcoming period. As I stated above we cannot afford to waste a rep! Run from drill to drill, start your drills on time, and you will maximize your players' opportunities to succeed.

Your practice is your thesis, your game film is how you defend it. Every couple weeks we as coaches need to do a self-evaluation of our practice drill work. If the drills we are doing during the week are not showing up on the game film we are not utilizing our practice time effectively.

This may seem extremely obvious, however I can vividly visualize drills that I have come across in my years of coaching that have absolutely no application to game day. We all have a finite time during the week, we have to make sure we are holding ourselves accountable with the drill work we implement. If you see it on game day, rep it. If not, toss it.

Group practice reps must mimic game day. Taking the last paragraph one step further, we insist that our Group reps (skelly, inside, team) have a direct correlation to the number of times we will call something on game day. If we believe inside zone will be 20% of our calls on game day, then we need to be repping inside zone 20% of the time in our group periods. Your players will excel at what you emphasize.

Practice doesn't make perfect. Perfect practice makes perfect. We all need to be exceptional teachers before we hit the practice field. This allows our players to practice perfect reps. At UW-Oshkosh we focus a ton of our efforts on being great prepractice teachers. If a play or technique is installed wrong, or in a way that our players cannot understand we will waste valuable time on the practice field correcting it. We all must find engaging ways to teach our players so that when they hit the practice field they are fully prepared mentally and physically. This will encourage and allow the perfect practice that is needed for a perfect product.

BUILDING A PROGRAM

By: Stef Fair, Football Coach, Riceville High School, Iowa



Stef Fair

I would be willing to estimate that the goal of many football coaches is to either build or maintain a successful program at their school. It is certainly on the top of my list as I am starting my 3rd year as head coach. The one thing I believe to be of top priority is to have your play-

ers believe in you as a coach and in the program you are installing. It is much more motivating for players to go the extra mile, put in the time, and give maximum effort if they believe they belong to something important. The tough question is how to embed that belief into the program.

Trust is one key element. As a coach, you need to put your money where your mouth is. If you preach certain things to your players, you better be able to back it up. For example, the weight room, if you emphasize the importance of using the weight room, you better make yourself present in the weight room. When players see you spending time in there, it shows you are serious about it and they will be more inspired to get in there as well.

Motivation, some players are internally motivated to put forth great effort, and just as many need that extra push that will help keep them motivated. I try to find things that will feed their motivation. Little things can go a long way in this department. Having scheduled max-out

days to work for, having a top five or ten list of best offseason or in season accomplishments posted in the weight room or locker room. I also find it beneficial to have group sessions or workouts. It lets them keep each other accountable and motivated.

Keeping it fun. There is no doubt that winning can make things fun. Doing the things that make you win can sometimes not be fun. Some things that I do to fire up the competition and have a change from the daily grind is to have tire flipping races using old tractor tires. Using cement blocks for circuit weight training (outside) or have relay races carrying the blocks can give you a great workout without being in the weight room.

I haven't found, and don't believe there is magic formula that will fit every program, but I do believe that you need trust, motivation, and fun in a program. How you get there is a different path for everybody. Of course it doesn't hurt to have talented, motivated and savvy kids.

THANK YOU WISCONSIN FOOTBALL COACHES

UPCOMING CAMPS

**BLUGOLD NORTHERN
EXPOSURE COMBINE**
MAY 14TH

**BLUGOLD BIG
MAN CAMP**
JULY 14TH

BLUGOLD YOUTH CAMP
JUNE 7TH-9TH

SIGN UP BELOW



A NEW ERA
IN EAU CLAIRE



MINI HELMETS



OAK CREEK FOOTBALL

OFFENSE

OG	C	SG	ST
RB	QB	RB	TE
			Z

DEFENSE

T	N	T	
WILL	MIKE	S	C
		M	

FOOTBALL

CONFERENCE CHAMPIONSHIPS

1927 1936 1940 1941 1942
 1943 1956 1957 1959 1960
 1967 1981

WIAA STATE CHAMPION

S

LEADERS

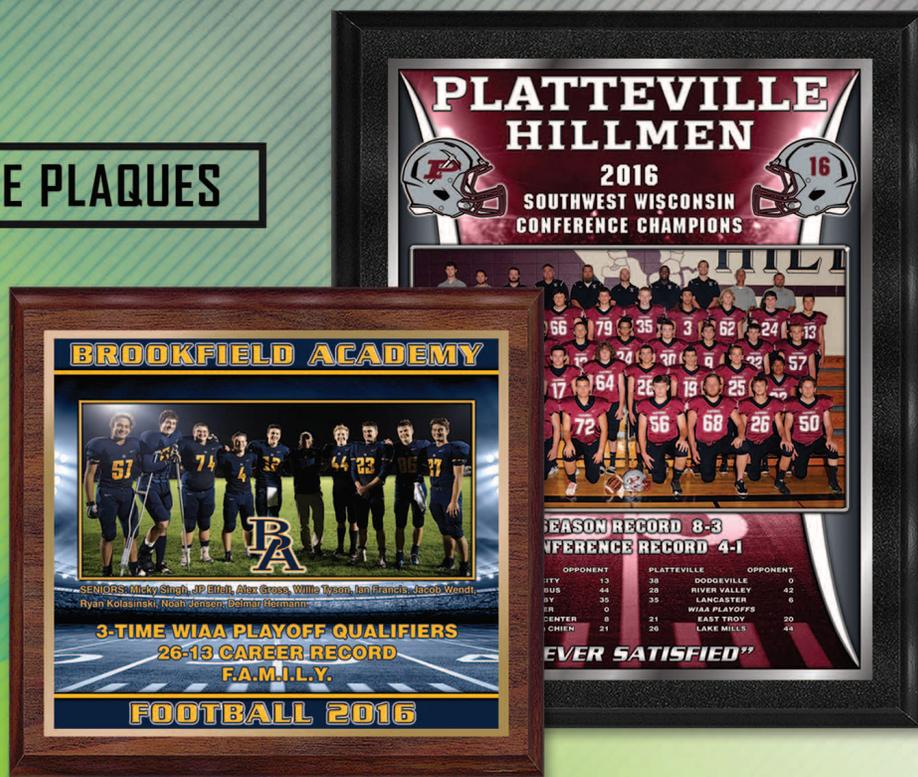
TEACH ENCOURAGE CHALLENGE

SIGNS & RECORD BOARDS

PHONE (800) 558-1696

EMAIL sales@healyawards.com

TEAM PICTURE PLAQUES



HELMET DECALS & ACCESSORIES

25% OFF
ALL YEAR LONG



ONLINE

healyawards.com

CONNECT

@HealyAwards



PROVIDING YOUR PLAYERS WITH THE BEST TOOLS FOR GROWTH & SUCCESS

By: Joel Nellis, Head Football Coach, Brookfield Central High School



Joel Nellis

“Pride will kill us all one day.” I don’t remember where I heard or read that line, but it is one that I could have used earlier in my coaching career. Had I wisely taken that advice, I could have better navigated the times that my pride got in the way of doing what was truly best for my players or my program. I’ve been humbled more than a few times in my relatively short career, and most always by trying to haphazardly hold onto “the way it’s always been done.” As a 40 year-old, many coaches my age and older still can remember the way it “used to be.” Whether it was a style of coaching, a drill, a type of post-practice conditioning, two-a-days, etc...there was always a deeply rooted sense of continuing a tradition. Why? Because tradition validates our past actions that got us where we are today. But what is fascinating about tradition is that unfortunately, it is entirely possible to continue a tradition at the expense of getting results. The best tradition should provide **VALUE, GROWTH, and SUCCESS**. As all good coaches know, the goal is to provide our program and our athletes with the best tools, strategies and instruction, whether that occurs inside or - bear with me - outside of ourselves, our staff or our building! I know it’s hard to believe, but kids really can benefit from skill coaches, trainers and professionals outside of what we as football coaches can adequately provide.

I think back to my own playing days at Madison Memorial High School in the late 1990s. I was a kid hungry for quarterback instruction, and at the time, the college multi-day camps were the only thing offered. However, my high school coach, Gary Kolpin, shared a flier with me from the Jeff Trickey QB camp. That two day camp gave me position-specific drills I could work on independently, and fed to me a vision for personal leadership that I still abide by today: “Accept The Risk Of Leadership.” Also at that time, I was trying to figure out how I could increase my speed. Speed training was uncommon for high schools to provide (and in many cases, still is uncommon), but

there was a place in Madison that offered speed treadmill training that I thankfully tried. Once again, that opportunity yielded results I was unable to get anywhere else and it gave me a chance to be a better athlete for my team.

Today, I’m well aware that the youth sports performance market is flooded with people offering opportunities to help players with skill development, recruiting and speed & strength training. These are often accompanied by gimmicks, promises, stats, and alluring results that others can’t claim to give. I’m in no way proposing that all of them are quality practitioners or should be trusted unconditionally. What I am recommending, as the head coach of your program, is that you communicate with these professionals in your area and learn more about the relationships you can build that may benefit your players and program’s performance. Perhaps, just maybe, they could fill a need for which your own program is not trained/equipped, or where your program capacity could be increased by what they offer.

In the Milwaukee area, I have great relationships with a number of quality professionals. Dan Fodrocy of AREN Recruiting, has coached at the college level for 15 years and now helps our Brookfield Central Football families with recruiting resources and guidance through the process. I can focus on helping exposure and he can directly help parents and players with any questions they have along the way. If my players want extra performance training, I steer them to Matt Gifford at Ethic Sports Performance, or Brad Arnett at NX Level, both of whom I’ve known for close to 15 years. When I want help improving our performance program I’ve consulted with Brian Bott at Sports AdvantEdge (who used to be my strength coach while playing at Wisconsin) and who’s seen great results leveraging the Conjugate method. My program at Brookfield Central hosts the Jeff Trickey QB camp and I consider it an honor to be able to still be a part of the camp that ignited a fire within me as a young player.

A few years back I was able to connect with two former Badger offensive linemen, Steve Stark and Glenn Derby, who were just starting off doing offensive and defensive line training through a company called TRENCH TRAINING. Their mission was to help keep the “big kids” in the game by building their belief and technique through proper position-specific training. I’ve since had the opportunity to join them in training youth and high school linemen for the past six years. One of my initial concerns when I began training athletes was, “How am I going to feel training athletes that compete against our team?” I decided to not let selfishness get in the way of helping others. The true reward and joy in coaching lies in the work of impacting lives through the game of football

and creating unifying bonds through a common experience. **TRENCH TRAINING** was just another opportunity to build on that impact. I’ve fostered great relationships with the players and their parents regardless of what local program they play for on Friday nights. It’s been fun to watch the bonds form between players at rival high schools and to see them push each other to compete at a high level each week they train together. While we know that we’re a small piece of a player’s development, it’s rewarding when we see the player translate their training into performing at an All-Conference or All-State level and help lead their team to conference championships and deep playoff runs. If my pride had gotten in the way, and I hoarded my passion or under-coached kids because they went to a rival school, I’d have missed the opportunity to create a positive impact.

As a head coach in today’s high school football world, it is harder and harder to give ourselves permission to trust people outside of our own program. But what I encourage you to consider is that we also have the opportunity to build powerful relationships with a network of people that can serve us ALL; coaches and athletes alike. That opportunity can extend to any person/business you’d like to have a positive impact on your program. But that can only happen if we are willing to put our pride aside, and wonder if **MAYBE** we don’t have all the answers working within our own programs alone. Do you end with something like, “what do you have to loose?”

**Mark Your
Calendar!**

**WFOA
Football Clinic
March 30-April 1**

**MEMBERSHIP FEES
INCLUDE ADMISSION TO
THE 2023 CLINIC.**

**MARRIOTT HOTEL
1313 John Q. Hammons Dr.
Middleton, WI**

2023 PROSPECT CAMP JUNE 12 & 16 UWLCAMPS.COM

UW-LA CROSSE

EAGLES



#THEEXPERIENCE



REFLECTION ON 8-PLAYER FOOTBALL

By: Corey Rickert, Head Football Coach, Oakfield High School



Corey Rickert

8-player football has been around the state of Wisconsin in its current form for more than a decade. 8-player football is designed to give players and schools the opportunity to keep the passion of football alive. The following is a reflection of the time that Oakfield Football has played 8-player football.

Oakfield's first season of 8-player football was in the 2013 season. At the time, Oakfield had 13 players signed up for football, and eventually finished the season with 15 players. If the decision was not made to move to 8-player football, we wouldn't have been able to field a team and the likelihood of keeping a team in the future was slim. At the time of the switch to 8-player, I was an assistant coach in the program. I took over as head coach to start the 2015 season.

After the 2012 season, with only one win in two seasons, we had to reflect on what was necessary to keep football alive in Oakfield. Tim Sievert, the head coach at the time, was instrumental in leading the change to 8-player. The task was not easy as we needed to convince the community, the players, and the administration that a change was needed. We looked at two options: Stay in 11-Player but co-op with another team, or move to 8-Player. With only 13 players willing to commit to the next season, you think it would be an easy discussion, but there were so many people with the belief that playing with less than 11-players wasn't real football. In the end, we decided against the co-op as we felt it was important to keep our identity as Oakfield, and not share it with another school. Even now, after only one losing season in nine years of 8-player football, there are still some who bring up moving back, but those people have now become the minority.

Like most schools that are trying to "sell" 8-player to their administration and community. We presented a plan to move to 8-player foot-

ball for two to four years to help our numbers come back. We were under the belief that if we just got a few more players, found a little success, that we would be able to return, and sustain an 11-player team. Little did we know at that time how much we would love the 8-player game, and how beneficial it was to us in the future. We had a 4-4 record in our first year and did not qualify for the Jamboree, which was the WIAA version of an 8-player playoff. It was a showcase of the top four north teams against the top four south teams in a four game day at DC Everest. After the number 4 team in the south had to pull out of the Jamboree with a lack of healthy players, we were called up on the day we were to have the players turn in their gear. After some discussion, it was decided that we would play and we were able to pull out an exciting 47-46 win over Bowler/Gresham. This propelled us to more than 20 players the following year. In the years that followed, we reached 39 players for our high school program in one season. In that group, however, there were only about half of the players that were truly ready for varsity football. This past year we had 23 players for the majority of the year, and are looking at 28 coming out next year.

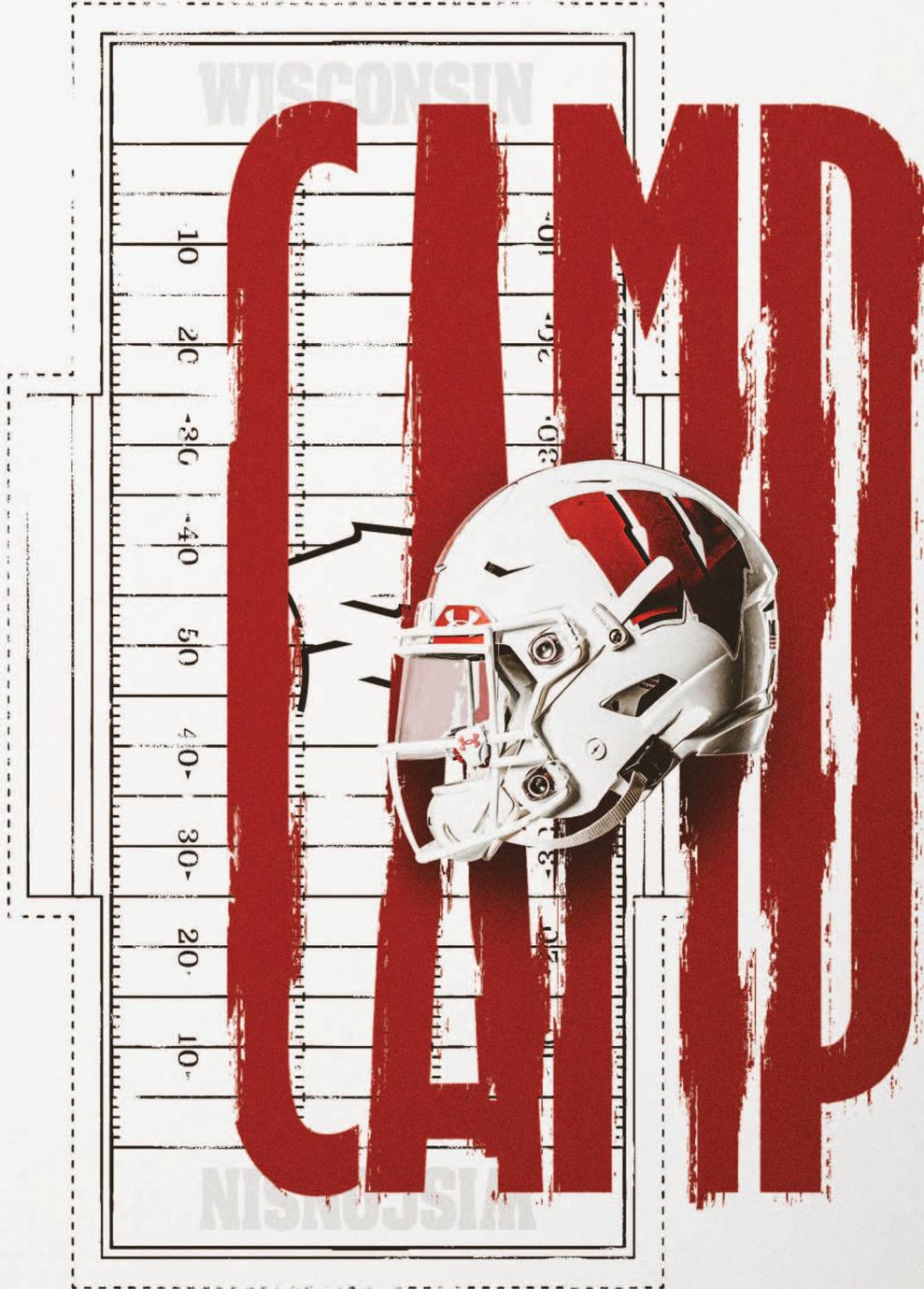
Although we have had numbers that were more than some 11-player teams in the WIAA, there are many reasons why we still continue to play 8-player football. First and foremost, numbers fluctuate at an alarming rate in small schools. Also, many high schoolers are fickle... if the team isn't winning, or they think that they are going to get hurt, they won't play. This is not fair to our 11-player conference to commit to games and either cancel or not provide any competition if we do play. In addition, we have always asked at least a few freshmen to participate in varsity games. Other than our 10-0 season in 2017 (where we were loaded with upper class talent), we have generally had at least one freshman who either started games, or played a major role on the team, other than just special teams. There are very few exceptions in Wisconsin to this rule, most of the 8-player teams depend on freshmen and sophomores; which makes it very difficult to compete in conferences with schools that are playing all juniors and seniors. The biggest reason in my mind that I will not want to stop playing this brand of football is offensive lineman. In 8-player football, you only need 3 offensive linemen. Even in our best years, we did not have 3 guys that started the season as "varsity ready" linemen. We had to give them experience. If we were asked to put five offensive linemen on the

field, we wouldn't survive, our skilled position players would get hurt, and our numbers would decline. We feel strongly as a program that it isn't fair to other schools to bounce around between 8-player and 11-player... if a switch can be made, it should be made for the long term. Being able to spread the field is beneficial to teams that do not have many big players capable of playing on the line, and it lends itself to smaller/quicker lineman that can get down-field. Creative coaches on both sides of the ball do very well in 8-player football, there are a variety of formations and plays that are legal and difficult to stop. Although the width of the field is 40 feet less than an 11-player field, the amount of space makes it difficult to defend. Fast, elusive players find a lot of success on an 8-player field.

Over the years in Wisconsin, the number of schools in 8-player has grown dramatically. When we started playing, there were around 20 schools and now we have about 60 schools preparing to play next year. As I was preparing for this essay, I looked back to previous teams and saw a fair amount of teams that have come and gone in 8-player football. In fact, there are a couple of schools that came, went, and have come back. The range of reasons for leaving are: The team co-oped with another school to play 11-player or even 8-player, the school stopped playing football, or the school moved back to 11-player football. 8-player football is stronger than ever and the top teams are extremely competitive. A rap against 8-player football is that the players won't be recruited, which couldn't be further from the truth. If you look at the All-State lists, as well as the All-Star game teams, you will see up and down a group of players that move on to college football in all divisions. There are players in the NFL today that once played in 8-player football in the country.

To sum it up, football is football. All players in Wisconsin need to know how to block and tackle. Turnovers play the same role in 8-player as they do in 11-player. The only major difference that the average fan will see is that numbers don't matter. It is not unusual to see a lineman with the number 5 and a quarterback with the number 50. If you are a school struggling to play football, I highly encourage you to talk to coaches who are playing 8-player football. I understand co-oping with other teams to remain in the 11-player league has worked for some schools, but in Oakfield, we believe the 8-player league is what kept football in our community thriving.

BADGER FOOTBALL SPRING CAMP



JUNE 6 | JUNE 8 | JUNE 13 | JUNE 15 | JUNE 17 | JUNE 21

WWW.UWCAMPS.COM/FOOTBALL



THE IMPORTANCE OF LEADERSHIP TRAINING

By: Dave Knuth, Assistant Coach, Brodhead-Juda Football



Dave Knuth

I would like to start by thanking the WFCAs for the opportunity to share this article with other coaches. I appreciate and have learned a lot from others through *The Point After II* and am very honored to give back to the WFCAs.

Our football program has had a long-standing tradition of success over the past 30 years. In that span, we had made the playoffs for 25 straight seasons and had some very deep playoff runs. About 5 years ago we had a run of 3 seasons in which we did not make the playoffs, and our entire boy's athletic program hit a dip in the road with little success. After a lot of self-reflection from our football coaching staff, we knew we needed to rebuild in order to find success moving forward. This was a tough thing to do when our coaching staff of veteran coaches was used to success and rebuilding was something we never thought we would need to do.

We started by interviewing players and finding where the missing gaps were. We looked back on past successful teams and looked at what we were missing. We came to the realization that we had a leadership problem. Here are a few things we found out:

1. The wrong kids were in leadership positions.
2. We had negative leadership.
3. The majority of our players didn't know how to lead.

4. We found out the competition in practice was frowned on by leaders. Our best players didn't want the others to make them look bad in practice and workout.

So we had the information and we needed to find a solution. We found we needed to address leadership as we do in the weight room or practice. We need to teach our players how to lead the right way and it had to be the players who wanted to be leaders. We now treat playing time and leadership separate from each other. Some of our best leaders are not our best players and vice versa. We knew we needed to develop a leadership council but we needed a process. Luckily Jim Matthys, our head coach, had the opportunity to hear Brian Kaminski from Sun Prairie speak on his leadership program. We were lucky to get a lot of resources from Coach Kaminski as well. And we developed a process that fit our program.

We started by developing an application our players needed to complete to even be considered for our leadership group. The next step is for the players to schedule an interview with a panel of coaches who have a set of questions for the candidate to answer. After interviews are complete our coaches discuss the applicants and then create our group. Once the group is formed the next step is teaching players how to be positive leaders. We developed a four-class curriculum that spans four different days in which we meet and have activities. The classes are mandatory and if anyone misses they are off the leadership group.

At our last meeting, we conduct a team draft in which we partner two leaders together and they draft a team of players that they will be in charge of for the summer and into the season. Groups have a mix of students in grades 9 - 12. We developed a motto for these leaders of each group "Am I making someone else better?" Our leaders of each group are responsible for the following:

1. Make sure their group of players feels welcomed.

2. Make sure individuals are at workouts/practices. Provide rides if needed.
3. Push their groups in workouts to get better.
4. Must do one activity with your group non-football-related.
5. Help them in practice with any questions.

Throughout the summer and into the season we have weekly leadership meetings to gauge the team morale and discuss different issues as they come up. We also provide time for individual leaders to address our team at the beginning and end of each practice. Our leadership group is responsible for having our team ready for each practice. They stretch the team and then address them to begin each day. We have removed and added players to the leadership group throughout the season based on certain situations.

I cannot emphasize the impact leadership has had on our program since starting our leadership group. Our players strive to be a part of it and want to be recognized as leaders. Many of these players aren't even starters but have great leadership skills. Our entire program has benefitted from our leadership group and I have firsthand seen the following improvements in the past two years:

1. The weight room atmosphere is through the roof. Players help and cheer each other on. Pushing each other to be their best.
2. Coaching is easier because the expectations are shared by our leaders.
3. Our practices have become competitive making everyone better.
4. Our players keep each other in check. Resulting in fewer player issues in and out of the season.
5. Most of all our players feel ownership in the program and the skills that they will use beyond high school. Resulting in better young men!



Contact the WFCAs office at:

Phone: 608-635-7318

Email: office@wifca.org

PO Box 8 • Poynette, WI 53955

OFFICE HOURS

8:00 - 4:00, Monday - Thursday

8:00-12:00 p.m. on Friday



UW-Oshkosh Football Camps

**YOUTH & HIGH SCHOOL CAMP
APRIL 23RD**

**PROSPECT CAMP
JUNE 9TH**

**YOUTH OVERNIGHT
JUNE 14TH-15TH**

**HIGH SCHOOL OVERNIGHT
JUNE 19TH-20TH**

**7v7 STATE CHAMPIONSHIP
JUNE 25TH**



DEFENSE

USE PRACTICE TO FACILITATE A CULTURE OF CREATING TURNOVERS

By: Matt Ebner, Former Associate Head Coach, Defensive Coordinator, UW-Eau Claire



Matt Ebner

It doesn't matter if you are new to coaching or have been a part of it your entire life. We have all seen the statistics and heard the old cliché that the team that wins the turnover battle wins the game. Clichés can often seem old and outdated, but there is a reason why this tidbit of information continues to be regurgitated and passed down to every generation of football coaches: it is the truth. This truth leads many coaches to search high and low to find ways to create turnovers. I am no different in this regard. I believe it needs to be a part of your culture, ingrained into the DNA of your defense. That is something we take very seriously at UW-Eau Claire, and we strive to create that culture everyday in practice.

The first step in emphasizing turnovers in practice is making sure time is allotted in every practice to work on base techniques to give players the tools they need to physically generate turnovers on the field. One of the most effective ways we have done this is by executing a turnover circuit. These circuits consist of 4 separate drills, each one set up in individual corners of a half field. We split our players up by position group, and start each position at a different drill. Through the course of a single 5-minute period in practice, each position group will execute all 4 drills, with every individual player completing 2-3 reps. Players will work a drill for 1 minute before rotating to the next drill, this includes transition time. So, it is critical that there is an up-tempo conversion from drill to drill. In addition, each drill must be executed with a sense of urgency to make sure everyone is getting enough reps. The rapid transitions and execution creates an added benefit to the circuits. In addition to performing the fundamental skills of the drill, it also creates an environment that will mentally and physically tax the players, forcing

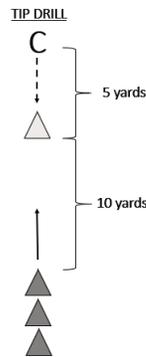
them to execute while fatigued. This is a very important part of the circuit. If our players do not transition efficiently or execute the drills properly with good technique and effort, we will restart the circuit. Restarting the circuit puts in another added level of stress, and can help teach players how to respond in a stressful environment.

Precise timing is obviously important for all of this. Therefore, it is a good idea to have a coach specifically dedicated to keeping time and signaling when the position groups need to rotate to the next drill. As I stated earlier, everything moves very quickly, so it is important to be consistent with the drills used in these circuits, otherwise they lose their effectiveness.

Here is an example of some of the drills we use in our typical Take-Away Circuit:

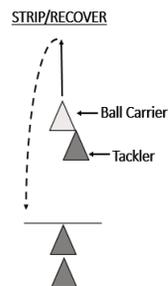
1. Tip Drill – Works on tracking & picking off a tipped pass

- Start in a single file line with the first player aligned 10 yards in front of everyone else, everyone should be facing the coach
- The coach is aligned 5 yards directly in front of the first player, with a football
- The coach initiates the drill by saying “go” and tosses the football toward the first player
- That player then tips the ball into the air
- The next player in line charges the tipped ball, to catch it. With an emphasis on high-pointing the ball
- When caught the player tucks the ball away and returns it to the coach



2. Strip & Recover – Works on securing a tackle and ripping the ball from the ball carrier, then scooping and scoring

- Start with player in a single file line
- The first player is the ball carrier, with the ball in their right hand.
- The second player is the tackler, and be-

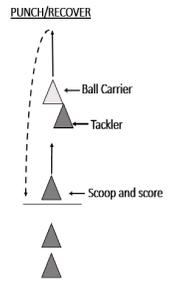


gins with his inside hand grabbing the jersey of the ball carrier at his opposite hip (secure the tackle)

- On “go” the ball carrier begins to move straight forward at $\frac{3}{4}$ speed
- The tackler moves with the ball carrier and secures his outside hand over the tip of the ball
- He then rips the ball out by pulling forcefully with both his arm, shoulder and hip to generate maximum force
- The tackler then scoops and scores back to the starting line

3. Punch & Recover – Works on jarring the ball loose from a ball carrier with a physical punch

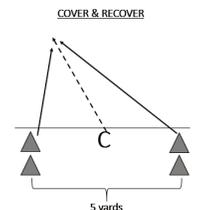
- Start with player in a single file line
- The first player is the ball carrier, with the ball in their right hand
- The second player is the tackle, and begins with his inside hand grabbing the jersey of the ball carrier at his opposite hip (secure the tackle)
- The third player begins 3 yards behind as if in pursuit, he is the “scoop and score” player
- On “go” the ball carrier begins to move straight forward at $\frac{3}{4}$ speed
- The tackler moves with the ball carrier and punches the ball out using an upper-cut motion
- The tackler then finishes the tackle (stay wrapped up and drive feet but stay off the ground)



- The third player then scoops and scores back to the starting line

4. Cover & Recover – Works on falling on a loose ball and covering it up.

- Start with 2 single file lines 5 yards apart
- The coach stands directly between the 2 lines
- The coach will roll the ball in a random direction to initiate the drill
- The first player to the ball recovers the ball, and secures it in a fetal position



PROSPECT CAMPS

FRESHMEN-SENIORS

MAY 21

JUNE 8

JUNE 9

YOUTH CAMP

GRADES 4-8

JUNE 12-14

MORE INFO



UNIVERSITY OF WISCONSIN-PLATTEVILLE 2023

FOOTBALL CAMPS



SUCCESS STARTS HERE

Learn more at: UWPLATT.EDU

LETSGOPIONEERS.COM

HOME

WEEK 3 9/16 VS MICHIGAN TECH 1 P.M.	WEEK 6 10/7 VS UW-STEVENS POINT 1 P.M. HOMECOMING	WEEK 7 10/14 VS UW-LA CROSSE 1 P.M.	WEEK 10 11/4 VS UW-OSHKOSH 1 P.M.	WEEK 11 11/11 VS UW-STOUT 1 P.M.
---	--	---	---	--



UW-PLATTEVILLE FOOTBALL

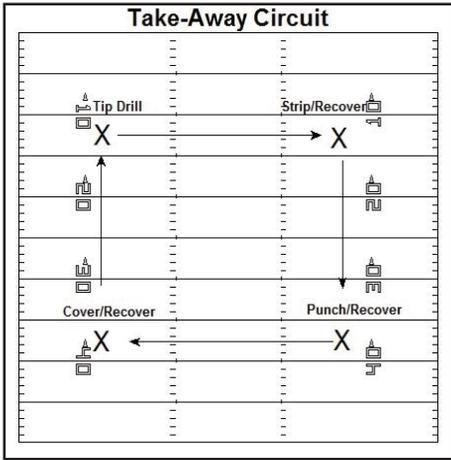
2023 SCHEDULE



WEEK 1 8/31 AT LAKELAND 6 P.M.	WEEK 2 9/9 AT DUBUQUE 1 P.M.	WEEK 5 9/30 AT UW-RIVER FALLS 1 P.M.	WEEK 8 10/21 AT UW-EAU CLAIRE 1 P.M.	WEEK 9 10/28 AT UW-WHITEWATER 1 P.M.
--	--	--	--	--

- The second player covers up the first, to protect him from other players jumping on the pile

Here you can see what the on-field layout generally looks like:



The bottom line is that this is a great way to efficiently incorporate important fundamental defensive skills into practice every day. However,

to really generate turnovers, the emphasis needs to go beyond drill work. It needs to be replicated out on the field. We do this by practicing with 2 different tempos in our team settings: Pin-the-Hip, and Thud.

Pin-the-Hip tempo puts an emphasis on pursuit. The ball carrier will finish 30 yards down field every play, whether it be a receiver catching the ball, or a RB carrying the ball. The defensive players allow the ball carrier to finish the play, but “pin his hip” with both hands to demonstrate they are in a good position to execute a tackle. As a defender, until you have pinned the hip of the ball carrier you must continue in pursuit. This tempo is incredibly important in creating turnovers because it focuses on finishing the play. The more players you have attacking the ball carrier and straining to finish, the higher the probability you have to create a turnover simply because you have more people available to recover the ball if it does pop out. We emphasize this to our players every day. It is the understanding that you never know when the opportunity to create a turnover will happen, but when it does it can change the course of a game. One

of the best ways to make sure we are capitalizing on those opportunities is getting as many people to the football as possible.

Thud tempo puts an emphasis separating the ball from the ball carrier. In Thud tempo, instead of allowing the ball carrier to finish down field, the goal is to wrap up the ball carrier and physically stop his momentum. It is absolutely critical that emphasis is placed on being under control and keeping the ball carrier up. If you can't do this you are not in the best position to make the tackle. Now this creates an opportunity for the tackler, as well other defenders rallying to the football, to attempt to strip the ball from the ball carrier. The defenders are expected to attempt a strip on every play if possible. This creates a habit of attempting to create turnovers.

These strategies are by no means revolutionary, nor my own original thoughts. Like anyone in this profession, I have learned from those that came before me. I have been blessed to learn from some extraordinary coaches over the years. I hope that you can take something from this article to help better prepare your team to create turnovers on the field.

STOPPING THE OFF-TACKLE RUNS

By: Logan Rosemeyer, Defensive Coordinator, Colby High School



Logan Rosemeyer

I would like to start out by thanking the WFCFA for giving me the opportunity to write an article for *The Point After II*. I have read so many articles from some amazing coaches around the state and it is an honor to contribute.

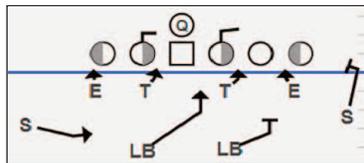
I got my start in coaching at Altoona High School where I coached for three years under Kevin Garnett. Then, during student teaching, I spent a year at Menomonie High School under Joe LaBuda. After that, I spent a year under Jake Knapmiller at Abbotsford High School. The past three years I have been at Colby High School under Jim Hagen, serving as the defensive coordinator for the last two years. I have been very fortunate to be able to learn from these amazing coaches.

At Colby, we run a 4-2-5/4-4 defense. In my opinion, this defense gives us the best chance at stopping off-tackle runs. Because of our alignments and reads, we are able to get 9-10 guys in the box to make a tackle. For this article, I am

going to focus on the run fits for our front 8 defenders and how the DBs fit in the box.

Our DTs base out of a 2-technique. From there, we can shade or slant them to a shoulder of the guard. In 2021, we were fortunate enough to have 3 DTs we could rotate in that we felt comfortable two gapping. Our DEs align in a 6i technique. This is where we feel we stop the run the best. Our DEs are typically the most versatile defensive linemen we have. We want to get offenses going east and west on us so we can use our speed to track the ball. Because of this we always tell our DL if the ball gets bounced to the outside they are doing their job.

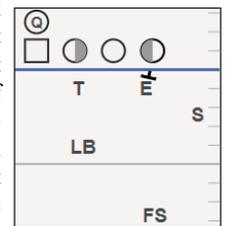
The first place we feel like we can get extra defenders to the ball is at linebacker. Our ILBs are stacked on the guards. Our OLBs are 2-3 yards outside the EMOL and 2-3 yards off the ball. Our OLBs are our force players. They can't let the ball outside of them. Where I feel like most gap control defenses would have the ILB be responsible for the A or B gap that the DT in front of him leaves available, we give our linebackers keys that will essentially shift them over to the play side. Our weak side ILB will get to the center and try to cross his face.



This leaves all gaps play side filled with our play side ILB free to find the ball. When our OLBs get a read away from them, they shift inside to

help on cutback. Once we get a read one direction, we don't worry too much about having an edge defender away from the play. I have only seen players who are by far the best players on the field be able to start a run one direction, then change direction and get to the opposite edge to make an impact play. If we are playing a player like that, I would rather get more defenders to where the offense wants to run than worry about a crazy cutback that might happen once a year.

Where we really get extra numbers into the box is with our DBs, particularly when the offense has tight ends. We are primarily a cover 0 team. This allows our DBs to worry about one and only one receiver. Against a TE, our safeties will play at about 7 yards and don't backpedal. We want them to play like linebackers. Once they get a down block from the TE, we want our safeties to sprint down and fill right off of the TE's butt. If we are playing against a team that has a real burner at TE, we might back the safeties up or put them



in a slow backpedal, but most of the teams we play use TEs as blockers first and foremost. When the offense uses two tight ends as a significant part of their offense, we will switch personnel (if we can) on defense to get 2 safeties and 1 corner instead of 1 safety and 2 corners. We have even put linebackers at safety against TEs because they end up playing in the box for most of the game. This allows us to get 9 or 10 defenders to the ball in a hurry.

PROSPECT CAMP



JOIN RIPON COLLEGE
RED HAWKS FOOTBALL
FOR VALUABLE 1-ON-1
COACHING WITH OUR
EXPERIENCED STAFF.

SUNDAY
JUNE 4, 2023

INGALLS FIELD
RIPON, WI

THE
RED
STANDARD

JAKE MARSHALL

HEAD COACH & OFFENSIVE COORDINATOR

920.748.8128

MARHSALLJ@RIPON.EDU

RIPONREDHAWKS.COM

EMPHASIZE THE VALUE OF YOUR SCOUT TEAM

By: Donavon Nathaniel, Former Defensive Line Coach, UW-Platteville



Donavon Nathaniel

First, I would like to thank the WFCAs for this opportunity to contribute to this magazine. I had the pleasure of playing high school and college football here in the Badger State. I'm fortunate enough to still be a part of Wisconsin Football and the WFCAs as I enter my second-year coaching the defensive line at UW-Platteville. Before I begin my article on "Scout Team Management", I want to give my thanks to the WFCAs for giving me this opportunity to share this article. Our staff is always grateful to work with the WFCAs at clinics and with these articles.

My hope is in this article is to give you some core concepts that we use as a defensive staff to prepare our offensive scouts to be successful.

UW-Platteville Football values the scout team highly. The scout players have a huge impact in our program now and in our future successes. As

a staff, we ensure the scout team requires these things: top notch preparation matters to the games, keeping it simple, playmaking ability on scout is a showcase every day, and how the plays they run on the cards have similarities to our offenses plays/techniques.

Our scout team players get consistent praise from our head coach and throughout our staff. Football is a beautiful game because of the strategy that goes into it. Our scout guys know the direct impact they have on our games on Saturday's because we value their work on the scout team. That is the recipe to get the freshman to feel they made an impact right away on the program even when they are 5th on the depth chart. It is the truth and we like to remind them often. The benefits of continuous positive reinforcement show young players investment in them and it keeps practice fresh knowing they are valued.

The next thing our defensive staff tries to do is keep things simple for our guys on scout. This takes extra time for our staff but the reward is great. Our defensive staff will spend an hour or two a day drawing cards for each practice. The cards are easy to understand, color coordinated and have the details in what to do position by position. We want these guys to play fast and give a great look to our defense. This requires them to understand their job completely before the snap. The other thing to keep this simple is to have a defensive assistant responsible for changing players after two or three reps. These players entering the field were shown the next play to ensure they are ready to go full speed. We use a high

tempo/shorter practice format which makes this important because reps are valuable.

The next thing we make sure to communicate to our scout players is that every day is a showcase. This is as simple as it sounds. There are a few examples of how we show this has meaning. The first is our weekly rewards. On Sunday's we give the weekly top performer rewards in-front of the team. Every single week scout players are recognized both in the meeting and on social media. This gives an incentive to the players to not go through the motions but to compete! The next thing that is utilized is the communication between our staff to get young players chances who are performing well in scout. We have had scout players have an outstanding day at WR that get reps with the 2's the next day. It shows our guys that they are close to the action and to stay fresh and motivated.

The last thing we emphasize are any similarities our next opponent has compared to our offense. If we play a team that runs inside zone we will use our IZ rules to block it typically. It could be anything from blocking schemes to route combinations. We try to teach how the schemes correlate to encourage our players to continue to work on "our stuff". I like to tell players that it is a great opportunity to put together film of the good things they are doing.

Scout team production has a direct impact on our programs success. We use these tools above to motivate and produce quality scout teams. I want to thank the WFCAs for this opportunity to share what we do to emphasize our scout teams.

BUILD A COMPETITIVE EDGE FOR LINEMEN IN THE SPRING

By: Brent Reiersen, Defensive Line Coach, Oconomowoc High School



Brent Reiersen

I would like to thank the WFCAs for giving me this opportunity to express my thoughts in the *The Point After II*, on a topic that I am very passionate about when it comes to developing linemen for football. I have spent half of my 26

year life living, breathing, and consuming shot put and discus every spring. My favorite time of the year is the championship series of outdoor track and field which includes conference championships, regionals, sectionals, and state. These meets put the biggest, strongest linemen in the state against each other in the rawest form of competition. Many great Wisconsin high school linemen performed highly at these meets every spring—it is almost a right of passage. Joe Thomas (2003), Brandon Brooks (2007), Tom Newberry (1981), J.J. Watt (2007), and most recently Cole Van Lanen (2016) made it to the NFL as linemen and performed well in the spring championship meets before they pursued their football careers in college. Throughout this article, I want to inform you of the importance for linemen to participate in throwing for track and field. I will be discussing how throwing develops strength, mental toughness, and a competitive mindset that better prepares young athletes to

have a successful fall football season.

A good offensive or defensive lineman is an individual that excels in the categories of strength, explosiveness, and short bursts of quickness. All three of these categories are covered for a typical training session for throwing. It is undeniable that the best asset of a lineman is their strength. An offensive lineman can hold his ground or drive players out of the way with significant leg and upper body strength. In throwing, the athletes train the same important muscles, and it is emphasized that the power comes from the ground up as well. This leads into training of hip drive and becoming more explosive in the hips. The same hip finish in throws is a great explosive tool that older high school linemen develop to help with putting an athlete on their heels. Finally, the best training an athlete gets when they throw is a constant improvement in footwork and foot speed. Strength and explosiveness won't help if the lineman can not get into the right location and position with his feet. All of these aspects of

RIVER FALLS

CAMP SERIES

River Falls WI



GET RECRUITED!

RIVER FALLS

PROSPECT CAMP

MAY 7TH

MEGA SHOWCASE

JUNE 7TH

training for throwing has a deep connection to movements performed on the football field.

Something that can't be measured on a football field, but is just as important, is being mentally tough. This last winter, I was looking through M.A.S.S., *Monthly Application of Strength and Sport* and found a reference to an article titled "Mental Toughness Training Manual For Football" by John Lefkowitz. This article highlights the importance of managing intensity levels when playing football. The best way to prepare for high pressure situations is to get exposed to those situations so the athletes can better understand their intensity levels. These situations appear all the time when athletes throw in track and field. When throwers compete, they learn the power of intensity. If they have little to no intensity, the athletes will move muscles slower and perform poorly. The other side is when the athlete performs with an extremely high intensity. The problem with high intensity is technique starts failing and muscles stay tight. Both football players and throwers need to find a happy middle ground, some may call this the "zone." Getting linemen exposed to these situations will better prepare them for football during game days.

The last benefit for throwing in the spring is truly knowing how to compete. My emphasis towards this discipline for my athletes is based off of the book *The Twin Thieves* by Steve Jones and Lucas Jadin. The twin thieves are the fear of failure and the fear of judgment. Through my own experience, I understood these fears when I competed in the spring. At times, these fears will consume you—I would be a liar if I didn't admit that I have fallen victim to these fears. I now try to educate my athletes to better understand these fears because it directly relates to the football field in the fall. These high school throwers are competing against the same linemen they will see on Friday nights. I see the fear of judgment consume athletes in track more so than anywhere else. Each meet is an opportunity to display the work you have done throughout the week, in front of the same linemen that will line up against you in the fall. When an athlete steps in the circle, they know that fellow competitors in football are watching and judging their performance. This is human nature, we want to see how we compare to those similar to us. These situations at track meets are helpful for athletes to be exposed to these fears and help them un-

derstand the best way to combat them.

Lastly, the fear of failure embodies track and field across the board. I have seen track meets that have finished and every competitor believes they have failed in some aspect of their performance. Failure is a part of track and field. On the football field, a lineman throughout the game is expected to fail on a step, on a block, or on a tackle. This is expected throughout the game, but the reaction to those mistakes is the most important part. In most cases, a thrower gets three attempts at shot put or discus. When failure occurs during the first or second throw, the fear of failure can not creep in on that last chance. Giving these athletes an opportunity to learn to move past these failures and perform at a high level will translate to the football field. This is why getting linemen to buy in and compete in track is a critical step to have a successful line in the fall.

I would like to finish by saying thank you for reading, and I encourage you to invest time or support your track and field or throws program at your high school. It gives student athletes an opportunity to better themselves for the football season soon approaching, if done correctly. You can not find a more pure competition than throwing. Excuses are few and far between, and what happens in the spring will shape what happens in the fall.

DEFENSIVE GAME AND PRACTICE PLANNING IN A SMALL SCHOOL SETTING

By: Andy Brehm, Defensive Coordinator, Abbotsford High School



Andy Brehm

I would like to thank the WFCA and Colby Head Coach Jim Hagen for giving me the opportunity to write this article for *The Point After II*. Over the past 20 years of coaching, I have picked up many nuggets of information from extremely knowledgeable coaches I have applied to my own coaching. I hope to give all of you reading this issue one thing that could be useful to your players and program.

Just a little about my history with the game of football before we dive in. I am a 1994 graduate of Colby High School. I learned the attitude and mental and physical toughness of playing the game from Duane Teska, Jeff Rosemeyer, Steve LaFave and Jim Hagen. These men taught me through the game of football

how to be emotionally, mentally and physically tough throughout the game of life. I owe them a debt of gratitude. Once I began coaching in 2000, I learned the art of coaching and building positive relationships with players from Ken Martine, Reed Welsh, Eric Elmhorst, Jake Knapmiller and many other great assistants I have worked with. I feel the game of football is the greatest metaphor for living life that a high school student can experience...from doing the "knocking down", to having to pick yourself up after getting knocked down yourself.

Having grown up in central Wisconsin, I am surrounded by small communities with great football programs...Edgar, Stratford, Colby, Owen, and Stanley-Boyd are just a few to mention. As time has gone on, the participation in some of these smaller schools have dropped for reasons that any group of coaches could argue about for hours! The programs that remain in the 11-man realm now have a few less numbers than before. The kids in our programs are incredible!! Not only are they learning algebraic equations, Chaucer, World War II and Fab Lab skills, but now have to learn and master two or more positions on both sides of the ball. When they get done with practice many go home to work on the farm, or just work in general! What follows are some of the things I do as a defensive coordinator to try to make it not so burdensome on our players mentally, but still give them the ability to be competitive on Friday nights.

I. PRE-SEASON CHECKLIST

I got this idea from a video on Glazier Drive. A defensive coordinator was talking about how before the season, he writes down all the things he needs to address during two-a-days. What he listed was everything from how to align and defend trips, to auto checks against overload formations, swinging gate, no huddle, etc. He designed his practices to include a couple of these things, and when he coached them to comfortability, he crossed them off his list. I adopted this last year. The checklist is in my classroom, and when I have it coached, I cross it off. It is meant to have the basics of alignment and communication between players practiced well before game planning during the regular season.

II. THE UNKNOWN

Every defensive practice during or at the end of the team period I install something the kids have never seen. For example, I might yell out that the next 3 plays are goal line out of spread...from a team that runs two tight ends and throws the ball once every solar eclipse! Or I might have our scout team pick up the tempo and break out of the huddle as fast as they can or go no huddle. Offensive coordinators use tempo, formations and situations to their advantage. The more I can get my kids to see and have to work through in practice, the more prepared they are for Friday night and can play fast.



St. Norbert College Green Knights Football

snc.edu/football

179-52

SINCE THE YEAR 2000

17

titles in 35 years
of conference play

19

total conference
championships

13

NCAA Division III
playoff appearances

Recognition ...

Our football players have earned 13 All-American awards in the last seven years. And our athletes excel in the classroom, as well. Across all sports, St. Norbert has been home to more than 70 CoSIDA Academic All-Americans. We have one of the best four-year graduation rates in the Midwest, backed by a four-year graduation guarantee.

Want to know more? Just ask!
snc.edu/go/footballinfo

III. “JOHNNY’S HURT!”

At the beginning of the season, I write every kid’s name down and assign him/her two position groups. I post it in the locker rooms and have kids alternate during the week. For example, I might have a player practice a one-gap defensive tackle on Monday and Wednesday but also practice an inside backer on Tuesday. During primarily team practice

Wednesday and Thursday, I yell out a “hurt” player’s name, and the “2nd” team has to fill in. Keep in mind, we want our kids to be successful and developed physically, mentally and emotionally. If I know a kid needs reps at a lower level, they stay at that level. I’ve made enough mistakes over the years to know if I put a kid at a level he can’t handle, he will get discouraged and quit football entirely.

Once again, I wish to thank the WFCa and Coach Hagen for given me this opportunity to write on the game of football. The sport has given me a lot over the years, and I hope to give just as much back. I hope this article gave you a chance to think about how to better your programs and kids, or potentially add something to it. The best of luck to all of you, your programs, and your players!!

HYBRID LINEBACKER PLAY IN SMALL SCHOOL FOOTBALL

By: Troy Ingli, Defensive Coordinator Pepin-Alma High School Football



Troy Ingli

Our ‘hybrid’ linebacker position is our most versatile, and our biggest ‘need’ year in and year out. Like many small schools, we play our base personnel in all of our defensive fronts, we need to have an adjuster, or someone that we move to accomplish various fronts and multiple coverages.

Over the years we have developed the ‘VIPER’ concept. For us at Pepin-Alma, our Viper is equal parts *defensive end*, *weak safety*, and *inside linebacker*. He is a player who year in and year out is our smartest player that has great instincts. He must be a film watcher and able to equally defend the run and pass. We ask more of our **VIPER** than of any of our other defenders.

A special thank you goes out to the following people who have helped develop our ‘Hybrid’ Philosophy. John Pollock and Dave Kadlec from my days at Plum City. Head coach, Mike Olson, here in Pepin, and the other members of our great staff. Casey Brownell, Adam Sticht, Cole Engstrand, Bryan Killian, Jim Riesgraf, and Jake Luff. I appreciate you all.

The Name Game-

A few years back we ‘renamed’ our hybrid linebacker and started calling him **VIPER**. This seemed a better fit than ‘drop LB’ or ‘Contain End’ or ‘Weak Safety’ which I had used in the past.

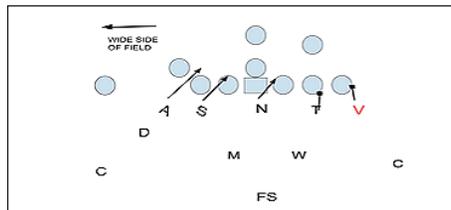
The position of Viper can take on many forms. We believe in small school football, the more you can keep responsibilities the same for **most** defenders, the more success you will have. If defenders are confused, or thinking while the ball is snapped, you are in trouble.

We want our players to do three things every defensive snap.

- Align Perfectly
- Read your key and ‘Fly’ to your responsibility
- Get to the ball and **MAKE A PLAY!**

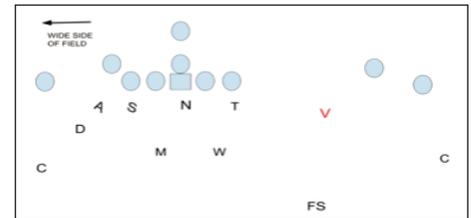
The following figures and charts show how our VIPER will play in some of our fronts.

Fig. 1 – Viper playing as OLB/DE in our 4-3 or 5-2 base



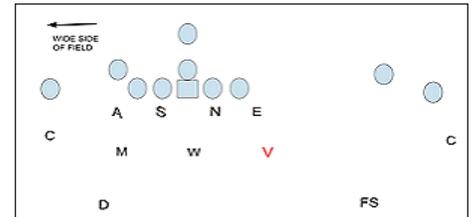
- Alignment – Outside Shad vs. TE or Slot
- Key/Change – Jam TE with outside shoulder free
- Run Responsible – D-Gap
- Pass Responsible – Carry #2 three steps to outside, Look for dangerous #1 route
- Alerts – Potential Crack block, Motion to you widen out.

Fig. 2 – Viper ‘walks out’ vs. a spread team. (Similar to Weak Safety in 4-2-5)



- Alignment – Apex Endman on LOS and #2 or #3 receiver
- Key/Change – Flat foot read, with O tackle key
- Run Responsible – D-Gap
- Pass Responsible – Collision most dangerous route from #2 or #3 Look for dangerous #1 route breaking inside
- Alerts – Potential Quick Screens, May need to run with a wheel from #3 to help corner

Fig. 3 – Viper as a Weak Side ILB in our 4-3 (Slide Front)



- Alignment – Stack (60) behind or DE on Weak Side
- Key/Change – Key guard to your side, Look for an open window to run through
- Run Responsible – B or C-Gap depending on call
- Pass Responsible – Hook to Curl, Looking for most dangerous receiver
- Alerts – Look for TE, Quick on Pass

WHEN YOU MOVE OR CHANGE YOUR EMAIL ADDRESS, PLEASE LET US KNOW

Send your new email or home address to:

WFCa Office • PO Box 8 • Poynette, WI 53955

Phone: (608) 635-7318 • office@wifca.org



2023 UWSP FOOTBALL SCHEDULE



HOME AWAY



AT LINDENWOOD
AUG. 31 - 6 P.M.



VS ST. NORBERT
SEPT. 9 - 1 P.M.



AT ALBION
SEPT. 23 - 12 P.M.



VS UW-EAU CLAIRE
SEPT. 30 - 1 P.M.



AT UW-PLATTEVILLE
OCT. 7 - 1 P.M.



AT UW-STOUT
OCT. 14 - 1 P.M.



VS UW-RIVER FALLS
OCT. 21 - 1 P.M.



AT UW-OSHKOSH
OCT. 28 - 1 P.M.



VS UW-WHITEWATER
NOV. 4 - 1 P.M.



VS UW-LA CROSSE
NOV. 11 - 1 P.M.

ZONE COVERAGE IN 8-MAN FOOTBALL

By: Mike Kruis, Defensive Coordinator, Algoma High School



Mike Kruis

Algoma transitioned to 8-man in 2019 and one of the things our staff ran into was a severe lack of information about the 8-man game in general. We had done some scouting of local teams a few years prior so we got to see different offenses and defenses but that did not help with verbiage, especially when it came to formations. *The Point After II* has some good information about transitioning to 8-man but I encourage more 8-man coaches to share some of their insights from a schematic point of view. There are a lot of great coaches for 8-man out there.

While we were scouting before our transition, one thing that was immediately clear was teams almost exclusively ran cover zero on defense. After three seasons (Algoma had no games in 2020) of playing teams and seeing their opponents on film, almost every team plays cover zero for nearly every snap. Depending on the season, Algoma has played zone coverage between 70-80% of our defensive snaps and we feel that it is something that all 8-man teams should consider using as a part of their scheme.

Algoma is a small school. The student population is just above 200 students, and we have between 18-28 players each season. We can't platoon our players and a lot of starters play on special teams as well. With a staff of three coaches and limited individual practice time, we

have been able to install and run zone coverages effectively. We do dedicate a lot of practice time to chalk talk, film, and scouting to make this work, but it is do-able for a small school.

8-man provides unique challenges from a defensive standpoint. There are a lot of designed QB runs where the numbers advantage is with the offense. Any player who is the last man on the line of scrimmage is eligible for a pass, even if that player is a Center. Add in play action, motions, and crossing routes and it is easy for a player in man coverage to get lost and leave a receiver wide open.

With the best athletes often times being at the Quarterback position, it is understandable that teams want to have six players in the box to stop the run. Against double tight formations with three runners in the back field, we will play what looks like a 5-1 front. Against 2x1 formations where there are no attached receivers to the formation, does a defense still need six in the box?

If so, the middle of the field is going to be wide open for a passing attack. The design of our defense is to limit explosive pass plays (20+ yards). When looking at our three seasons of games, we are confident that we are doing a good job of that. Algoma surrendered 7, 14, and 10 explosive pass plays in the 2019, 2021, and 2022 seasons, respectively. During the 2019, 2021, and 2022 seasons, 84.7%, 65.1%, and 87.9% of completed throws were to the flats or behind the line of scrimmage, usually some kind of WR screen or a HB swing. We gladly give up throws there to deny explosive pass plays.

Algoma's defense has also generated a lot of takeaways. The defense had 19 (12 interceptions) in 2019, 20 (14 interceptions) in 2021, and 14 (6 interceptions) in 2022. Most interceptions happen with overthrows and underthrows are the second most common interception for us. I surmise that part of the reason we get so many interceptions is because opposing Quarterbacks are not used to seeing our pass coverages so factor that into your decision to play some zone.

What does a zone coverage defense look like? Algoma's base structure is a 3-1 defense (We have also dabbled in a 2-2 defense in 2019 and 2021) with four defensive backs. This allows us to play nearly any coverage, but we play a lot of 2 read, cover 3, and quarters. We also play cover 1 and cover zero, but not very often. Our Safeties make coverage checks based on formation and scouting and each of the three seasons they have preferred checking to zone. Our two safeties have a lot of responsibilities, but it is the most rewarding position on the field. Depending on the formation or coverage, they could be playing deep half or middle, playing a flat coverage, or even up on the line of scrimmage and have defensive end responsibilities.

Corners typically play eight yards off the line of scrimmage to keep them from getting beat deep, in 2 read they might play at five or six yards. Our safeties play between seven to ten yards deep depending on the situation and if they are in the run fit or not. We do not see that having a run support defender at eight yards surrenders more rushing yards than having a second linebacker at five yards of depth, especially since we are trying to spill runs to the outside. Our two safeties are typically at the higher end of tackles for the team each season. One of them led the team in tackles and takeaways this most recent season.

Zone coverages might not be the preference for your defense or style of play, but it could be an answer you can go to during a game to put you over the top in a tight matchup. It is not a total solution. Our run defense was bad in the 2022 season, and we had growing pains with a young, inexperienced Safety and Linebacker but their play drastically improved over the eight games we played. Playing cover zero every snap would have exposed our defensive flaws even more.

I look forward to more 8-man coaches sharing their perspectives and ideas for the style of football we play. If anyone has questions or would like to talk about anything related to 8-man football, please feel free to contact me at mkruis@algomaschool.org.



Contact the WFCA office at:

Phone: 608-635-7318

Email: office@wifca.org

PO Box 8 • Poynette, WI 53955

OFFICE HOURS

8:00 - 4:00, Monday - Thursday

8:00-12:00 p.m. on Friday

UNIVERSITY OF WISCONSIN-STOUT

BLUE DEVILS

2023 SCHEDULE



SEPT. 2 at **ST. AMBROSE**

SEPT. 9 vs **DICKINSON STATE**

SEPT. 16 vs **GUSTAVUS**

SEPT. 23 **BYE**

SEPT. 30 at **UW-LA CROSSE**

OCT. 7 vs **UW-OSHKOSH**

OCT. 14 vs **UW-STEVENS POINT**

OCT. 21 at **UW-WHITEWATER**

OCT. 28 vs **UW-RIVER FALLS**

NOV. 4 at **UW-EAU CLAIRE**

NOV. 11 at **UW-PLATTEVILLE**



DEFENDING EMPTY FORMATIONS

By: Mitch Shepherd, Previous Defensive Coordinator, Lakeland University



Mitch Shepherd

LABELING EMPTY FORMATIONS

The first step in game planning against empty formations is breaking down the types of empty formations that we will face. Different types of empty formations dictate different types of attacks from an offense. Shown below are the four most common empty formations that we encountered at Lakeland in 2021 (accounting for over 95% of all the empty sets we faced).

1. EMPTY



We simply refer to this 5-wide, 3-2 set as Empty. Empty accounted for over 70% of all the empty formations we faced last season. Teams tend to be pass heavy out of this set, throwing the ball over 95% of the time.

2. EMPTY-H



When the offense keeps an H-Back in the empty formation we refer to it as Empty-H. Regardless of the width of the H-Back (slightly inside or outside of the OT) we still label it as Empty-H. As we get further into our game planning process we will identify why the width of his alignment changes in particular scenarios. Teams typically use Empty-H for one of two reasons:

1. Spread a defense thin and then utilize their QB in the run game.
2. Dictate a defense's empty check and then keep six in protection.

3. QUADS



We label a 5-wide, 4x1 formation as Quads. We typically see screen or quick game to the quads side, or an offense trying to isolate a favorable matchup to the single receiver side.

4. EMPTY-B

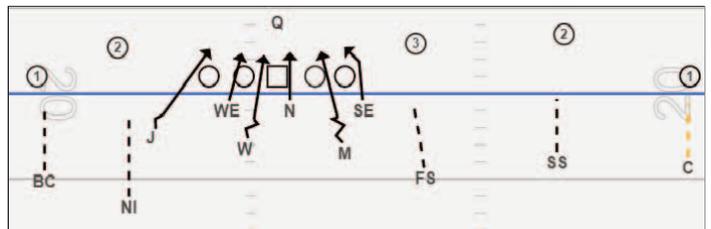


We refer to any empty set with the formation into the boundary as Empty-B. The largest threat from Empty-B is the space and matchup created to the single receiver side. If I have any doubt in the single receiver matchup then I will make sure to give our field corner help from our safety.

Defending Empty Formations

It is important to have more than a couple empty calls going into each game. The following are some of our go-to calls against empty.

BLITZ-0



Early on in the game it is important for me to send 6 and play man behind it. It's not something I'm extremely comfortable doing, but it's a great opportunity to open up your playbook against empty for the remainder of the game.

2023 WARHAWK FOOTBALL CAMPS



PASSING JAMBOREES

JUNE 17TH & 24TH

JULY 15TH & 22ND

YOUTH CAMP

JUNE 18TH - 20TH

PERIMETER CAMP

JUNE 21ST - 22ND

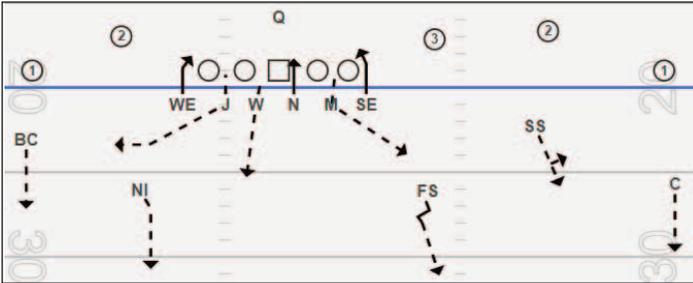
LINEMAN CAMP

JUNE 25TH - 26TH

This play call creates math that even I can understand, 6>5. As a play caller, you must ensure that you call a straight line pressure (meaning there are no twists or long developing stunts). DL and LBs must understand that it's a race to the QB, and whoever is unblocked must affect the throw of the QB. In addition, running a Blitz-0 builds value in a bluff. The offense has to respect that we're willing to pressure after running a cover-0 blitz.

It is important to consider the big play opportunity that you're creating. DL and LBs must affect the throw, and tackle the QB when presented the opportunity. We align our DBs at 4-8 yards and play off-man. If the ball is completed, it is crucial that we tackle because there is no deep S.

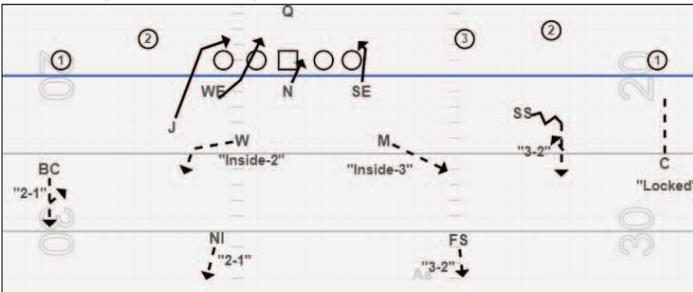
DROP 8 - SHOW



Most teams that see 6 across the defensive line will check to a full slide protection. We align both of our DEs as edge rushers for this reason, anticipating that one of them will be unblocked. When executed as planned, we steal a free rusher while also dropping 8 into coverage

It is important to consider the run/pass tendencies of an offense. Based on D&D and offensive formation, is there any sort of tendency for the offense to run the ball? If the answer is yes, I never run a 6-up look. The result is LB's bailing into zone coverage while the ball is being run at them.

"NAVY" (MINI/PALMS)

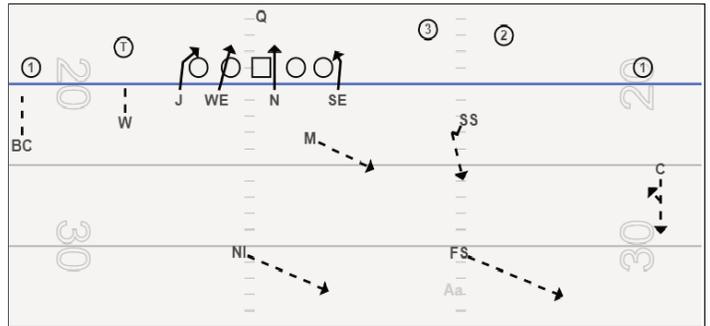


“Winning isn’t everything, but wanting to win is.”
 — Vince Lombardi

We run a fair amount of Palms coverage in our base defense. Our “Navy” empty check allows us to run Palms to the 2 receiver side, and a variation of Palms (Mini) to the trips side. As a result, we take away the quick game to the boundary which can be a problem for us in some of our other empty coverages.

It is important to consider the ability of your overhang to the field (who we call our SS) to run with the #2 receiver. If an offense can anticipate this coverage they will tend to isolate their #2 receiver on a team's overhang defender.

COVER3-CLOUD



We simply take this trips check (3-cloud to the field, and our boundary corner locked) and turn it into an empty check. Our deep safeties roll to the field, our field corner is clouded, and we play man coverage to the backside. If a team is attacking us to the field, especially with any type of flood concept, this coverage is great to combat it.

It is important to consider who you're playing in man coverage on the backside. We have been willing to place our Will linebacker on a RB in most matchups. If that's uncomfortable for a defense, there is always the option to run cover-3 to the backside as well.

Different opponents will have different reasons for running empty. In each case it is important to ask yourself: What types of empty formations are they running? What is their objective when in empty? And what tools do we have to defend them? Feel free to contact me with any questions. I am happy to share more concepts that we run against empty, or dive deeper into the concepts above.

GOOD LUCK TO ALL PLAYERS & COACHES!



1314 Canal Street • Black Earth, WI. 53515
(608) 767-3447 or (608) 231-4445

Mon. - Fri. 9:00 am - 8:00 pm

Saturday 9:00 am - 5:00 pm

Sunday 10:00 am - 5 pm

www.theshoebox.com

Steve Schmitt, Owner



RB MIKE DUPREE | MILWAUKEE, WI



MILWAUKEE'S FOOTBALL TEAM

WISCONSIN



LUTHERAN



SCAN ME

"GREATER LOVE HAS NO ONE THAN THIS: TO LAY
DOWN ONE'S LIFE FOR ONE'S FRIENDS"

JOHN 15:13



OFFENSE

INCREASE EFFICIENCY BY SIMPLIFYING PROGRESSIONS

By: Matt Walker, Head Football Coach, UW–River Falls



Matt Walker

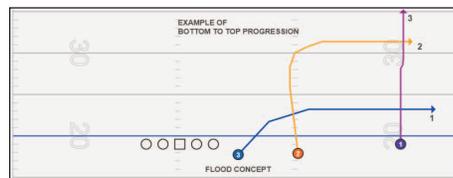
At every level of football, from Middle School to the NFL, we are all searching for ways to make our pass game more efficient. Whether you are a team that throws it 70 times or 7 times a game, we are all looking for ways to get more production out of the pass game. One of the ways we have been able to create this is to simplify the progressions for our QBs.

After some in-depth review of our pass concepts, we determined that we were asking a lot out of our QBs to read the concept correctly. While we had some simple ones, we had others where we were asking the QB to decide on the type of coverage after the snap of the football, and base his progression on that coverage. Defenses have become better at disguising coverage pre-snap, using multiple coverages in a given game, and began to use more combination coverages on the same play. It sounds great to educate your QBs to be able to recognize coverage after the snap and we definitely spend time doing this with our guys to understand the game. But, it has become my opinion, that I am

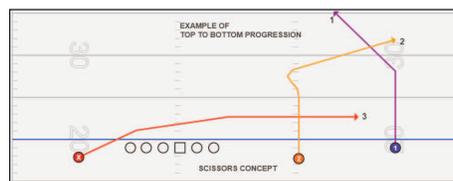
simply kidding myself if I think it is the best thing for our pass offense to tie our entire pass progression philosophy into our QB recognizing exact coverage post-snap. I would like to think that there is never anyone in our football program that understands coverage recognition better than me...and if I have to rewind a clip 3 to 4 times to truly understand what a defense is doing with a certain coverage, then how in the heck can I expect my 19 year old QB to get it right in real time. While we still have a couple simple ‘coverage based’ progressions, we have tried to adjust or hold onto pass concepts that fit into more of a true ‘progression based’ (1 to 2 to 3) philosophy regardless of the coverage thrown at the QB.

Within this “Progression-Based” Philosophy, we have worked hard to simplify it even further so that QBs can play fast and eliminate as much of the confusion as possible. To do this, we have created a system where almost every concept fits into one of our 4 main categories of Progressions:

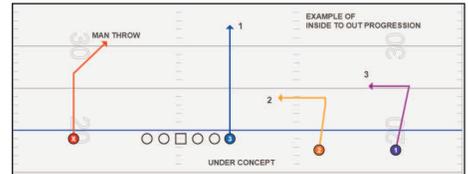
1. Bottom to Top



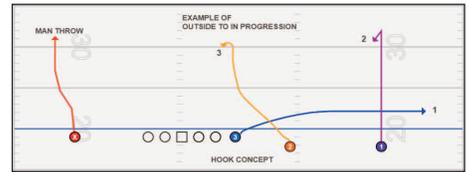
2. Top to Bottom



3. Inside to Out



4. Outside to In



This seems very elementary, but by talking about your progressions this way with your QBs, it allows them to visualize a progression before even seeing it in action. It also simplifies our entire pass game because the QBs understand that the group of plays that fit into the same categories are all read the same way and it tends to ‘shrink’ the amount of information a QB has to memorize from a playbook. The other advantage I have found committing to these categories of progression, is that it helps limit the number of concepts I try to install. Most of us are guilty of continuing to add and add all the next greatest pass concepts out there. While, I will always continue to tweek, adjust, edit, and learn from others in the game, this system of progression is a good check for me to try and only stick to concepts that fit one of our categories.

I hope this idea of simplifying pass progressions into categories creates more efficiency in your pass game.



The WFC A GRANT PROGRAM

will kick off again this year at the
Spring Football Clinic.

ANNUAL BUSINESS MEETING

Friday, March 31, 4:00 pm – Room 2

THE VERTICAL CONCEPT

By: Adam Bishop, Head Football Coach, Regent Prep School, Tulsa, OK



Adam Bishop

The 4 Verticals concept is used by 11-man teams all over the country. When we started playing 8-man football a few years ago I felt it was very important to convert this concept to our 8-man offense.

The Vertical concept is basically running receivers straight down the field as quickly as possible. The key teaching points are:

- 1) Keep the field spaced horizontally as players run vertically. You never want to be close enough that one defender can guard two receivers.
- 2) Get your head around (glance) on the third step of your route. If the quarterback is getting early pressure or you are unable to run with your defender you can break (or bend) the

route. We practice running vertically glancing back at the quarterback without losing a step and without veering off of the route.

- 3) "Stack," this is accomplished when a receiver is able to get hip to hip with his defender. At this point in the route the receiver steps in front of the defender as he continues the route.

We have had much success running this concept. We can run it from practically any formation. This is how we teach inside and outside receivers to run the vertical route. The outside receiver (and single receiver) will take an outside release unless the defender is playing outside leverage. In which case this receiver will take a vertical release. When releasing it is important not to drift to the sideline which becomes a 9th defender. The inside receiver will take an inside release unless the defender is playing inside leverage. In which case this receiver will take a vertical release. Again, it is important not to drift outside which would crowd the outside receiver. When running this play from a 2x2 formation it is important that the inside receivers not drift inside to far as that could allow one high safety to cover both inside receivers.

We also run this play from a 3x1 formation. The rules for the outside receivers do not change. The middle receiver uses the inside receivers rules and the inside (#3) receiver takes an inside release and crosses the field trying to

split the difference between the single side receiver and the middle receiver.

In addition to running the play from various formations, we also run many variations of the play. One variation is having the inside receivers take an inside release and the outside receivers taking an inside release. In this variation the inside receiver ends up outside and the outside receiver ends up inside. This can be effective against man-to-man coverage. Another variation is running the inside receiver on a "corner" route and the outside receiver on a "post" route.

Another variation is running your inside receiver on his normal vertical route while the outside receiver takes an inside release into the "trail" of the inside receiver. The outside receiver breaks his route off and works back to the quarterback at approximately six yards. The opposite works as well. The outside receiver runs his normal vertical route while the inside receiver takes an inside release and gets into the "trail" of the outside receiver and works back to the quarterback at approximately six yards.

This article was written by Adam Bishop. Coach Bishop is the head football coach at Regent Preparatory School of Oklahoma in Tulsa, OK. For questions or to follow up with Coach Bishop, reach out to him at: adamcbishop@yahoo.com



**PLAYER
COMBINE
PROFILES**

**SIGN UP AT
EPOCHRECRUITINGWI.COM**

 **@WIFCA
@EPOCHRECRUITING**



HIGHLY ENDORSED BY D1, D2 & D3 RECRUITERS

**PREMIER SOURCE FOR HELPING THE RECRUITING
PROCESS FOR COMBINE PARTICIPANTS.
PROFILES BUILT AROUND REQUESTED
INFORMATION DIRECTLY FROM RECRUITERS**

PROFILES INCLUDE

- **WFCU OFFICIAL COMBINE RESULTS**
- **VIDEO HIGHLIGHTS**
- **COMBINE RANKINGS**
- **SECURE CONTACT/TRANSCRIPT
INFORMATION FOR RECRUITERS**
- **AND MORE!**

INSIDE ZONE FRONTSIDE DOUBLE TEAMS

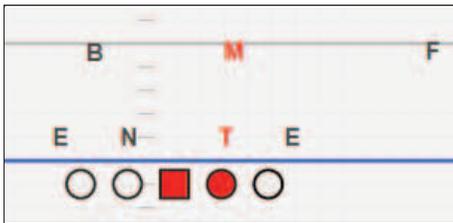
By: Andrew McGlenn, Offensive Line Coach, UW-La Crosse



Andrew McGlenn

When looking at running inside zone, the nuance of the frontside double team getting vertical and horizontal displacement on the DL and covering the LB is critical for the success of the play. I would like to look at the variation of technique that is used based on the leverage of the defenders.

Base Example:



The scenario is running inside zone to the right (field) and looking at the double team between the RG and C on the T and M. All of the examples will be in red.

The RG and C must evaluate the lateral leverage of the T and M, along with the vertical leverage of the M. The combo call they make is the same, but the pre snap read of these elements will give them an initial game plan on how to best execute the block. Post snap movements will require adjustments to the footwork of the OL. In the end, it is a two on two block. The RG and C must adjust to ensure displacement and cover both the T and M.

Double Team Fits:

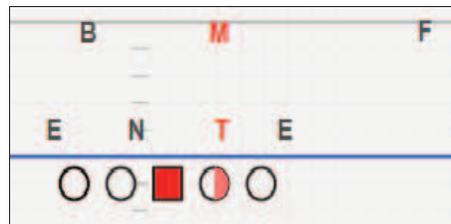
Based on the alignment and movements of the defender, the fit of a double team will change. The technique used by the OL is consistent in the fact that we will fit at the height of the waistline of the defender. The lateral fit will change based on how the DL plays.

A two handed fit will take place when the defender plays head up to outside on the play side combo blocker (The RG in this case). To cover the defender, the RG would cover both sides of the pelvis with his hands and match his nose to the sternum of the defender. A two handed fit would be used by the C if the T

makes a hard inside move going to the inside half or going inside of the RG.

A one handed fit would be used by the RG on an inside shaded DL. The RG would only use his backside hand to fit the T while working vertical. The C would use a one handed fit if the T plays outside to the RG. He would also work to fit with this backside hand. To use this technique, you must overlap your frontside half onto the RG (piggyback). Without the piggyback, the backside hand will not be able to reach the hip of the defender. Both the RG and C must remain square, only opening slightly to the direction of travel.

3 Technique:

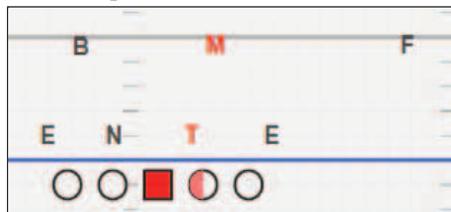


The presnap alignment of the T tells the RG that his first step with his playside foot will require he work lateral to achieve fitting the aiming point of the T. The backside foot will need to work vertical as it gains width to maintain a proper base. If the T has remained outside, two hand fit.

With a 3 technique on the G, the C needs to be more aware of the alignment of the M. If at normal depth and stacked, the C has time to ride the combo. The C can get a little depth along with the width on the first playside step. The backside step will also work forward as it comes back under base and into the T. If the T stayed outside the RG, one hand fit, the C will need to remain square on his path. If he angles out to the T, the M will fill the A gap behind him.

Both the RG and C need to be involved in the communication of the timing for when and who will block the M. The blocker with the one hand fit will typically have the better view for the M. We have allowed both the RG and C to make “you” and “me” calls to signify who will be blocking the second level player off a combo. In this example, if the T plays outside the RG, the C will block the M. If the T plays inside the RG, the RG will block the M.

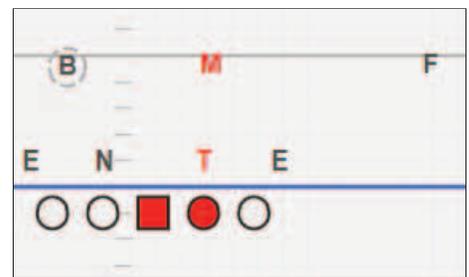
2i Technique:



Presnap alignment of the T allows the RG to work vertical on his first playside set. The backside step will follow vertically and will also time out striking the ground with contacting the T with a one handed fit. The fit will be one handed on the playside half of the T. The RG will be in control of communication and will need to keep eyes on the M. It is also imperative the RG stay square while fitting, only allowing a slight opening to the playside.

The lateral separation of the C to the T is cut down in this look. That will require the depth be cut out on the playside step of the C, only working lateral. The backside foot will also need to get in the ground fast while working vertical and to the right with the T being in the A gap. The fit should be two handed since the RG is leaving space to fit.

2 Technique:



The presnap alignment of a 2 technique forces the post snap adjustments of the combo to be sound and together. The RG should be vertical with his playside foot and looking for a two hand fit. This will hold true if the T plays head up to outside. The RG will need to adjust to a one hand fit if the T plays inside.

The inverse would be true for the C. He will look to one hand fit the T if he plays head up to outside the RG and two hand fit if the T plays inside. His footwork should mirror what he used on the 2i. If the T plays head up and the M does not plug, this should allow for a longer combo.

All Examples:

If walked up, or a plugging M will require the combo to be nonexistent or short. When the M is walked up on the line, no combo should take place. The RG and C will have to reach to their playside gap. The M working downhill will force the combo disengagement language to be used. Making this call too late will result in M being unblocked too often. If the vertical displacement of the T is happening so fast that the combo is running past the M, you don't need to be reading articles written by me.

EVERYDAY OFFENSIVE LINE DRILLS

By: Garrett Myers, Former Assistant Football Coach, Concordia University Wisconsin



Garrett Myers

Offensive line coaches often have to fill a large amount of individual time with drills and skills work. With this large amount of individual time, some coaches may want to run many different drills and cover a vast array of topics and techniques, but I found four individual period drills that I like to spend nearly all my individual time doing. I will work other drills in as I see fit in an attempt to work things such as cut blocking, but in my experience, these four everyday drills have the greatest amount of carryover to crossover/team periods. These drills also work the three areas I deem the most important for an offensive lineman: run blocking, pass blocking, and double teams. In this article, the four everyday offensive line drills, and the reasons why we do them, are outlined.

The blocking progression is where everything starts in the run game. I will break down whatever technique I am teaching step by step to make sure that the offensive linemen both understand and execute it correctly from day one. This drill can be done during pre-practice time, or it can be the first thing that is done when individual periods start. I like to start the first individual period of the day off with this drill (or the double team drill) because I want the offensive line to understand how important establishing a run game is. We do one of the two run blocking drills first because that is what is most important to us, establishing a run game. Repeating this drill over and over throughout the season ingrains the techniques taught and allows the drill to be sped up. More and more contact can be introduced until the offensive line is moving at near full speed. These are valuable reps that will translate to gameday.

When it comes to the passing game, there are many drills that coaches can do in order to develop and work pass pro technique and execution. Unlike most, I find that less is more when it comes to coaching the offensive line. While there are certain drills I will add from time to time to address a specific part of the

blocking (such as cut blocking), I try to keep my set of drills as small and efficient as possible. I want everything we do in individual to transfer over to crossover periods (BPU, inside run, team, etc.). If an individual drill is not translating to these crossover periods, then the drill is not worth the time it takes to do. The pass protection drill we spend the most time utilizing in individual periods is the classic mirror drill. This drill allows the offensive line to work their footwork and transition from kick to post many times in just one rep. Additionally, the offensive linemen get the opportunity to get a feel for making transitions in space without losing a good base. This drill provides a large bang for your buck in terms of time used and skills practiced.

In addition to the mirror drill, I will have my offensive linemen work sets out of a stance against a defender that is lined up in various techniques. I do this because being able to recognize what leverage a defender has on you pre-snap is important. I teach the offensive line to relate to the inside hip of the defender. Knowing this, the offensive line needs to identify where the inside hip of the defender is before the ball is snapped. If the defender is lined up

inside of the offensive lineman, then he needs to post immediately off the snap to reestablish inside leverage on the defender and relate to the inside hip. A head up technique requires less posting off the snap than an inside technique does, but the offensive lineman must still post off the snap in order to get to his landmark. This process continues for each technique a defender is playing. Offensive linemen need to be able to put themselves in the best position to succeed, and because of this, they need many reps identifying where the defender they are responsible for pre-snap is, and what initial set they must take in order to get to their landmark on that defender. The mental process of identifying and executing the correct initial set is the biggest aspect of this drill, but other techniques can be added later, such as fine hand power hand, punch re-punch, etc.

My favorite drill to do every day is the double team drill. The offensive line will set up in various pods (C&G, G&T, T&TE), and they will work all of our double teams in the run game. We will go through inside zone, outside zone, power, iso, etc. I am a big believer in establishing the run and creating as many double



From the entire JTQB family, a sincere hope that you, your families and your teams are well and looking ahead to 2023 with great expectation. Thank you for all of your hard work and the tremendous impact you have on kids. We're looking forward to seeing you this summer and helping your QBs and WRs take the next steps.

2023

- 14 QB only Developmental two day camps (Athletes grades 7-12)
- 6 Advanced QB – Receiver three day camps (Athletes grades 10-12)
- 3 Youth Camps, QB – Receiver camps (Athletes grades 4-6)
- Intense, high-energy, focused instruction with attention to detail.
- Leadership & team-building training, teaching character through the game we love!

2023 DATES, TIMES and REGISTRATION SOON !

www.jefftrickeyqbcamps.com



"Accept the Risk of Leadership"



teams as possible, so these drills are critical to our offensive production. We emphasize aiming points, getting hip to hip, vertical movement, etc. Each pod will have one defensive lineman and one linebacker. I will tell the defense where to go before each play to ensure the offensive line is getting a varied look, and that they are getting any specific look needed (if a team plays a particular stunt often, or the offensive line is going to see something new that they have not

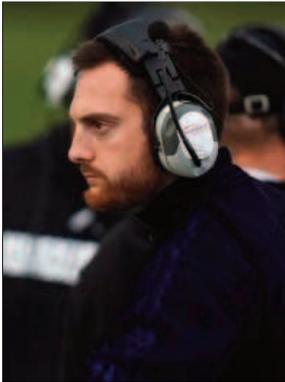
seen). This is my favorite individual drill, and I believe the results really show up in the crossover periods with the defense. With all the individual time offensive linemen receive during practice, there is a lot of reps to go around. I spend the majority of that extended individual time working double teams.

The most important thing to me when deciding what drills to run during practice is what carry over each drill will have to actual play. I do

not want to waste time running drills when the things repped in the drill do not show up in live crossover periods or on gameday. The everyday drills outlined above are simple and provide a large number of reps for each offensive lineman. This coupled with working key components of offensive line play lead to a huge amount of carry over to crossover periods/gameday.

UW-STOUT PASS GAME – MESH

By: Nick Pesik, Previous Offensive Coordinator and Quarterbacks Coach, UW-Stout



Nick Pesik

This article was submitted along with many others from UW coaches across the State during the Pandemic. Nick transferred to UW-Whitewater before the 2022 football season where he currently serves as the Warhawks Offensive Coordinator and Quarterbacks coach.

I would first like to thank the Wisconsin Football Coaches Association for allowing me to talk about how we run our offense and more specifically how we breakdown our Mesh concept at the University of Wisconsin – Stout. Mesh was a good concept for us last season in just about every situation as well as an all-purpose beater. It has a bunch of built in answers depending on how you want to teach and develop it. I thought it was important to share because it can fit in any type of offense that you are running. There are a ton of different ways to run or teach it here is just how we do it.

We tried to build this concept to make it as easy for our guys as we possibly could. We built in concrete rules to all of our wide receivers and tight ends so that they could play fast and not over think this concept at all.

- We label our Tight Ends / Wide Receivers like most do as: X / Z / Y / H
- Our X/Zs - Outside guys and are true receivers in our system.
- Our H/Ys - Slots or inline / split out TEs. The body type can change based on the personnel that we are in.

Base Rules – Z – Will always have a 10/12 yd or 6-step locked speed out.

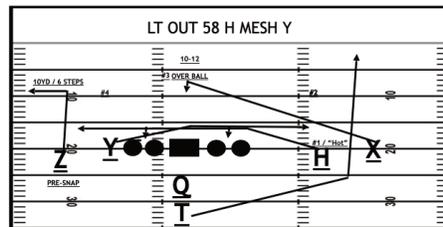
X/H/Y – Can all be tagged as “Meshers” if you are one of these three and you are not tagged

then you have a 10-12 yd Ball Curl. We will always go left over right with our Meshers and they are required to slap hands as they mesh.

Example:

Diving more deeply into this example:

Tailback (T) – Protection is 58 – 5 tells us it’s a 5 man protection and 8 tells us his route (even-releasing to the right, odd-releasing to the left) and the 8 or 9 puts him on a wheel. The back is told to take his arc release path his aim-



ing point to the boundary is holding the bottom of the numbers. To the field the back will take a bit wide path out of the backfield and split the hash and the numbers. He is required to peek back to the QB before he exits the backfield because he is the QB’s Hot.

Z – Like we mentioned before, the Z in this concept will always have a Locked 6-Step speed out.

Y/H – Both are tagged in the Mesh, again the player on the left will always set the mesh. We want to get no deeper than 3 yds. They are required to slap hands so we can assure that they are truly getting a mesh or a rub which is obviously important vs. man-to-man or if you’re getting a chaser. We give them a couple of rules after they slap hands. First, they cannot make their decision to sit or run based on the look they are getting until after they get to the opposite B Gap. Secondly, if they decide to sit they must clearly define it by turning and squaring their chest to the QB. The guidelines we give them for sitting or staying on the run are quite simple. If you feel a chaser in man keep it on the run and if you feel zone or have grass to sit down in then sit and don’t run thru the open window. The feel is so important here, you can add motion to give more pre-snap indicators. If they sit, secure the catch drop step, get vertical and get yards. If they continue and do not settle the same rules apply after we secure the catch, we want to drop the upfield foot get vertical and get yards.

X – Ball Curl – 10 to 12 yds directly over the ball. We tell him to cut his split down 2 Yds and to take his cleanest release to his aiming point. A little thing we talk about is giving a vertical stem at the top of the route to get you a few more yds of space vs. man coverage. At the top of the route it’s crucial to sit, get square and get big anticipate a contested catch. Same rules apply after securing the catch as our meshers. Drop step, get vertical and get yards.

QB – We are predominantly in the gun so we will take a 5-step from gun drop, this will be a full scan progression for us. Our Pre-snap read will be the Z, if we like his 1v1 or get off coverage we can take him. If we don’t like it we are off him. We know that it is a 5 man protection for us so anytime we get a 6th player coming we are going to be “Hot” to the Tailback on the Swing/Wheel. We will start there in our progression, then work to the first mesher, the ball curl and back to the 2nd mesher. This to us keeps it very simple in terms of progression and clean with our feet to get all the way through.

Again, this is just how we do it and how we found it easiest to build in our offense. I think it is something that can be run in any offense and be very successful. It can also be a comfortable call no matter the down and distance or area of the field that you may be in. Whether it’s to get you back on track on second down if you are behind the sticks or on a critical third and medium, we like calling it in a variety of situations.

“Character is determined in the second half.”

— Bernie Casey

SHORT YARDAGE PIN/PULL FROM A TIGHT BUNCH

By: Tony Shiffman, Associate Head Coach & Offensive Coordinator, Greenfield High School



Tony Shiffman

During my time at Lake Forest College we had only a few things that were guaranteed. One was we were going to run the football effectively and the other was we were going to do that while running Pin/Pull. Head Coach and Offensive Coordinator Jim Catanzaro implemented the Pin/Pull as their outside run play when he took over in 2009. This play has allowed them to shorten down the edge with down blocks and given space for pullers to get the alley defenders. At the time Lake Forest had bigger backs with less speed to threaten the edge so this scheme allowed them to attack the line of scrimmage quicker. Lastly, the down blocks are very similar to power and counter gap schemes so it was far easier to install Pin/Pull than a more traditional stretch outside zone.

As with everything in football there are always adjustments and adaptations being made to plays and we felt like running a tight formation for our Pin/Pull would be a necessity moving forward. We felt like we had a strong, athletic offensive line to pair with physical tight ends and running backs that would hit the hole and get vertical before worrying about running horizontally. We also felt that by certain defensive structures we knew that the alley player would end up being a smaller corner or safety. That put us at an advantage to having our pullers against that defensive back. Those are matchups we would much rather have. Because of these things we decided to adapt this play to be run from a tight bunch 13 personnel in Diagram one (One back, Three tight ends) and 22 personnel in Diagram



two (Two backs, Two tight ends). We knew that if we came out in a bunch look with our best WR isolated away from the bunch we would get either numbers to the bunch or single coverage on the WR. To us, that was like being a kid in a candy store. We would get the matchups we desired and we could take advantage of the fronts. This is also a great formation for

Is your picture day a hassle? Empire Photography can help.

Your team and individual photos taken in 30 minutes or less.

**No envelopes/order forms to hand out.
No print packages to distribute.
All athletes are photographed.
We bring our own bleachers.**

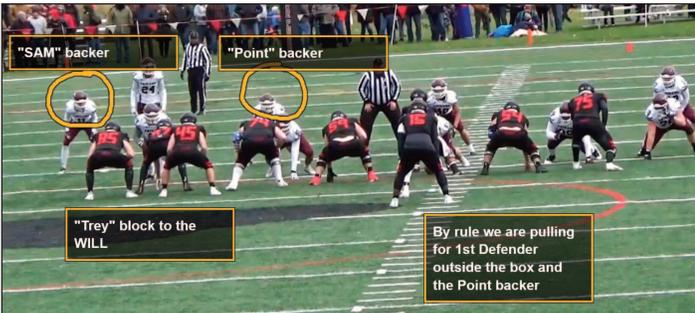


**WE HAVE BEEN PHOTOGRAPHING HIGH SCHOOL AND
COLLEGE ATHLETES FOR OVER 30 YEARS!
JUST SCHEDULE A DATE AND TIME - WE'LL DO THE REST.**

QUALITY YOU CAN SEE!



**www.EMPIREPHOTOS.com
608-257-2941
Madison, WI 53711**



and make sure that their defender stays blocked. We do not worry about direction as much as just making contact and keeping contact. The RB should be reading those blocks and finding his gaps. As you can see in Diagram 3 our RB tries to do his best to follow his second blocker into the defense and get vertical as quickly as possible.



For the Pin/Pull we would tell the pullers to pull for the SAM (first defender outside of the box) and the POINT (First linebacker to the play IN the box). Our base Pin/Pull rules were that if you had a defender in your backside gap you would block down and the man inside would pull for his WHO. This would be a simple communication piece for our players and was worked on from day one of camp. Who pulls doesn't matter as much as WHERE you are pulling, as you can see in the short yardage situation, it can often be a fullback/TE or traditionally an offensive lineman. I would often tell the Offensive Line to pull for your WHO and not the spot they are standing in. That would help them to find the defender and take him where he wanted to go. The second puller will usually be an offensive lineman and this second puller could change between guard and center depending on the front. Looking back at diagram 2 you can see the center is covered up so we felt it was easier for the PSG to block down and the center to pull around for the Point.

As you can also see in diagram 2 the defensive end is aligned inside the TE bunch look. This would tell our TEs they should block down and combo up to the backside backer. The decision of that combo block lets the inside player on the bunch know that he is now running for the alley and picking up the SAM defender. the line of scrimmage while being patient, as you can see in Diagram 3 he is looking to find the Alley and get as many vertical yards as possible. Some of the few alignment adjustments we have would be the wide 9 technique as you can see in diagram 4. This would still result in a double team by the TEs at the point of attack but now they take their path wider and the pullers would look to go inside of that block as opposed to outside of it. We would still pull for the SAM and POINT defenders and the aiming point of the back would not change.



In conclusion we felt that using this play from these formations gave us the simplest advantages in football; more players on offense than defense at the point of attack. If you can stress patience with the running back and sustainability in your blocking in space, this play can be dangerous and effective anywhere on the field.

short yardage as we would get more of ours to the party than yours. This was especially helpful since we would pull players out in space and force the defense into bad situations.

When we are installing and working on pulling the easiest and best drill we can do is having the defense line up and our players make their proper calls based upon the defense. That way we know what to expect from certain fronts and we can get all players involved in the action of pulling downfield. At the college level we are allowed to cut in open space and we will have every player work on cutting the defender by using a tackling ring. I have found that if every player knows how to cut it will then be up to their discretion to use that skill or not. Some players are far more comfortable with cutting than others so they are allowed to choose. We would also work down blocks almost every day. This was an incredibly important block in all gap schemes and we felt that if we could master the down block the rest of our schemes would benefit. Our two coaching points for the down-block are: 1.) make sure the first step is upfield into the crotch of the defender as in diagram one. And 2.) that the inside hand caves in the front side hip of the defender, as in diagram 2. If we can master these two coaching points we know we can win the majority of our down-blocks and get displacement on the defender. I've enclosed two clips of these blocks so you can see the basics of them.

The biggest teaching point we try to stress in this play is knowing where the defense is aligned and where your double teams and down blocks will occur. We tell our players if they have a backside defender in their gap then the rule states you should block down. This allows for better angles on the defense and doesn't put us in a bad situation where we have to try and reach the defender or base block him. This play is all about angles and getting the defense horizontally displaced. These base rules let the rest of the OL know who is down blocking and who is pulling by simple communication. We want our pulling players to pull with a purpose

USING THE SLIP SCREEN IN YOUR OFFENSE

By: Michael McGuire, Offensive Coordinator and Quarterbacks Coach, UW-La Crosse



Michael McGuire

The Slip Screen is a scheme that has been a part of football for a very long time. It's a play that can be very beneficial to an offense. I am going to discuss why and how we run our slip screen.

Our Offense at UWL is a No Huddle offense. We employ multiple personnel groups, formations, shifts, and motions with the No Huddle scheme. We are also heavily invested in the RPO game. The use of these concepts together makes it imperative that we keep our terminology to a minimum while teaching concepts that can be used in multiple ways. The slip screen does that for us.

Why the Slip Screen? There are multiple reasons why:

Versatility — The slip screen is a very versatile play. It can be run out of numerous formations (3x1, 2x2) and personnel groups. It can be run to the field or the boundary, and against any defense.

Risk/Reward — One of the leading indicators of successful football is winning the turnover battle. This play offers a low risk, high reward play. It is a high completion percentage play with minimal risk for a turnover. It also offers the potential for big, game changing plays.

Teachable — The rules for this slip screen are easy for players to understand. It has been used at the high school level with a very high success rate and has continued with its progres-

sion into the college ranks. It gives all 11 players on the field concrete rules that they can rely on when running it, regardless of the defensive alignment.

Playmakers — Offensive coaches are always looking for innovative ways to get the ball in their best players hands, both in the run and pass game. The slip screen is an easy way to get your playmakers touches in space.

OL Strengths — Many coaches, at the collegiate and high school level, are not blessed with massive road graders on the offensive line. Often these players are hard-nosed, undersized kids. The slip screen gives them a play where these smaller linemen can get out in space and make an impact.

SLIP SCREEN STRUCTURE

The Structure of this slip screen is the same regardless of formation, personnel, etc. It is a screen we are trying to complete outside the tackle box to a designated skill player. The playside has a specific blocking scheme while the backside has a V1 field route combination attached to it.

PLAYER RULES

Playside Eligibles — ALL eligible receivers on the playside will crack. This includes an attached TE. There are a couple reasons for this. One, we want to reduce the playside so we can get to the edge with the screen. Second, we must always account for the defensive player who has the screen player in man coverage. We can do that by cracking.

Backside Eligibles — Run the designated half-field route combo. Expect the ball! We recommend out breaking combos to pull defensive players away from the screen.

QB — 3-step drop, Read the V: field route combination, if it's open they can throw it. If they don't like the route combo come back to the slip screen, find a window, and put it on the back. Some QBs have a great feel for the timing of this screen, while others struggle. Having the QB read the half-field combo first helps those who don't have a great feel with the timing of it.

RB (FB/TE) — Insert in playside B gap, 2 count, and release flat behind the PSG and C.

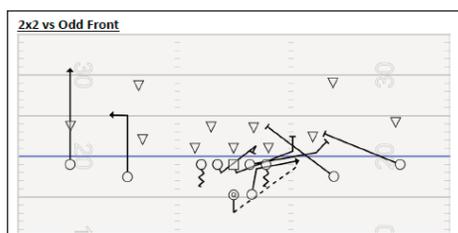
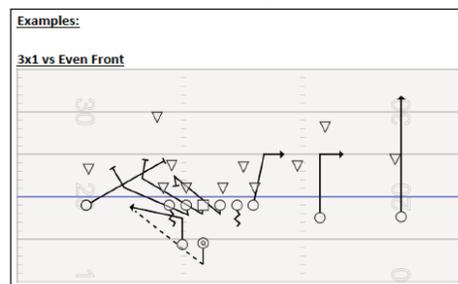
PST — Pass pro, don't be afraid to over set and give the edge rusher the illusion the inside is available. This helps clear the window for the throw. If edge rusher works upfield run them up the field. Most importantly engage them and keep their hands down!

PSG — Pass set, 1.5 count and release flat. Try to dispose of opponent inside to PS A gap on release. Eyes should be vertical to outside when they get to their landmark outside the tackle box.

C — Pass set, 1.5 count and release flat. Try to dispose of opponent inside to BS A gap on release. Eyes should be vertical to inside when they get to their landmark outside the tackle box.

BSG — Pass set, 2 count and release flat. Try to dispose of opponent in BS B gap on release. On release peel back to "Ratkill" and DL who have chased the PSG and C.

BST — Pass Pro, don't get beat inside.



This play has been very productive for programs I've been a part of and hope it will be for yours too!

THANK YOU to all who so generously submitted articles for
“The Point After II.”

If your article did not appear in this issue, please look in the next one!

Articles may be emailed to the WFCAs office at office@wifca.org, or send paper copy to:
 WFCAs, PO Box 8, Poynette, WI 53955. Please include the title of the article, and the name, school and title of the author, along with the author's photograph. Again, our thanks!



GENERAL LIABILITY INSURANCE PROGRAM

As a membership benefit, coverage is provided by the Commercial General Liability Policy issued to the National Organization of Coaches Association Directors. This policy will provide general liability coverage to the Wisconsin Football Coaches Association and its members.

CARRIER

HDI Global Specialty (A Rated)

POLICY PERIOD

August 1, 2022 – August 1, 2023

LIMITS OF INSURANCE

\$1,000,000	Each Occurrence
\$2,000,000	General Aggregate (per Member)
\$1,000,000	Products/Completed Operations
\$1,000,000	Personal & Advertising Injury
\$ 300,000	Fire Damage
\$ 50,000	Sexual Abuse (per Member)
Excluded	Medical Payments

COVERAGES

- ❖ Educator Professional Liability
- ❖ Participant Legal Liability for insured members
- ❖ Liability assumed under insured written contract
- ❖ Defense Cost outside limits

EXCLUSIONS

- ❖ The use of automobiles, buses, watercraft and aircraft
- ❖ Property of others in the care, custody, and control of the insured.
- ❖ This insurance does not apply to members that coach at an All-Star game that is not approved by your state coaches association.
- ❖ This insurance does not apply to any loss, cost or expense arising out of infectious or communicable disease.

CAMP INSURANCE

Today, most Coaches are involved in some type of sports camp. Please note that our General Liability Program follows insured members while working at camps and/or conducting their own personal camp.

In addition, Participant/Accident Coverage is required for coaches and/or participants. Should an accident occur during a camp, clinic or event, this secondary coverage helps offset the loss suffered by families affected by such accidents.

NEW PROCEDURE FOR CAMP INSURANCE

As a member benefit of your state coaches association, all members in good standing have a \$1,000,000 per occurrence General Liability policy limit that provides coverage for their coaching activities. In order to protect the General Liability policy from potential claims, the insurance company has mandated that all coaches must obtain signed waivers and provide Participant/Accident insurance for their participants.

In order to obtain a certificate of insurance showing proof of insurance or naming an additional insured, the following must be in place:

- ❖ **Waivers:** Signed waivers showing indemnification language
- ❖ **Participant/Accident Insurance:** You must have Participant/Accident coverage in place for all participants attending sports camps.

PURCHASE INSURANCE

- ❖ Camp Insurance Request form is available on our website: www.loomislapann.com

INSURANCE ADMINISTRATOR

LOOMIS & LAPANN, INC.

INSURANCE SINCE 1852

www.loomislapann.com

(P) 800-566-6479 | (F) 518-792-3426

Greg Joly
Lori George
Karen Boller

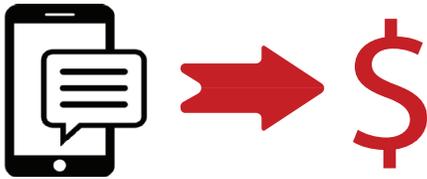
gjoly@loomislapann.com
lgeorge@loomislapann.com
kboller@loomislapann.com

Disclaimer: This is an insurance overview for summary purposes only; for complete policy terms and conditions please refer to the NOCAD Master Policy.

WFCA SUPPORTER FOR OVER 25 YEARS!



Your #1 Discount Card and Product Fundraiser



50 Minute Donation Fundraiser

Average online support is **\$62** per transaction.

Online Store

Increases sales by **28%** outside school district; **40%** outside of state.

Sweepstakes

NFL, NCAA, MLB and more unique sweepstakes programs!



Proud Sponsor of the WFCA

UNITED FUNDRAISING has contributed over **250,000 meals, 1000's of socks/apparel, and \$10,000's in scholarships for students through your teams fundraising efforts!**
Thank you!

ASK ABOUT: COOKIE DOUGH • PIZZA • JERKY
• FESTIVAL FOODS CARDS CUSTOM DRINKWARE
• POPCORN • SOCKS • MORE!



CONTACT US FOR MORE INFORMATION

www.unitedfundraisingandpromotions.com • 800-313-8050



BSN SPORTS

 **FOOTBALL IS EVERYTHING**



**251 Progress Way
Waunakee, WI 53597**

1-800-856-3488
www.indy.bsnsports.com